## Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



279 Johnson Street, Kingston, ON K7L 1Y5 Telephone: 613-546-5521,

Fax: 613-546-1947, email: <a href="mailto:smarys@cogeco.net">smarys@cogeco.net</a> Web Site: <a href="mailto:stmaryscathedral.ca">stmaryscathedral.ca</a>
Parish Office Hours: Monday to Friday 9-5, closed 12-1 pm

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; <a href="mailto:Sunday Masses">Sunday Masses</a>: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;

Wednesdays 1 pm - 5pm, Saturdays 4 pm - 4:50 pm

Contacts

Rector: Father Shawn Hughes, fathershawnjhughes@gmail.com Associate Pastor: Fr. Stéphane

Pouliot, fatherstephane@gmail.com

Deacon Blaine Barclay, blainebarclay31@gmail.com

Parish Office Administrator:

Suzanne, smarys@cogeco.net
Pastoral Caring Coordinator:

Ann Lyng, <u>alyng@cogeco.ca</u>
Sacristan: Leslie Darling,

lesliedarling37@gmail.com
Organist: Catherine Helferty,
catherinehelferty@hotmail.com

Parish Council Secretary; Ellen

Hawman,

ellen.hawman@sympatico.ca

Catholic Women's League:

Ellen Hawman

ellen.hawman@sympatico.ca

Knights of Columbus Council #728: Doug Snider, dj53@live.ca
Finance Committee: Chair Mark

Levac, mark@levacsupply.com University Chaplain:

University Chapiai

Fr. R. de Souza,

chaplain@newmanhouse.ca

Billings Method Natural Family Planning: Jennifer Farah,

Planning: Jenniter Paran,

kingston@naturalfamilyplanning.ca

**Creighton Model Fertility** 

Care™ System: Caitlin Fitzpatrick

cifitzpatrick@outlook.com

Serena, Sympto-Thermal Method of Family Planning:

www.serena.ca

serenakingston@gmail.com

Adoration: Natalie Holland.

nholland@cogeco.ca

613-876-1801

St. Mary's Refugee Sponsorship:

Angela Gambin

stmarysrefugee@gmail.com

EUCHARISTIC ADORATION IN ST. JAMES' CHAPEL: You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-8 pm, Sat. 8:15 am to 5 pm. ALL Hours are required. Please contact Natalie at 613-876-1801. Effective May 28th we will be closing at 6:00 pm Tues., Wed. and Thurs until June 19, 2016

#### Tenth Sunday in Ordinary Time

#### **Upcoming Events**

Latin Mass, THIS Sunday, June 5<sup>th</sup>, 3 pm in St. James Chapel CONCLUDES THIS TUESDAY & WEDNESDAY: Every Life Matters Series on Euthanasia and Assisted Suicide: Tues. & Wed., May 31<sup>st</sup>, June 1<sup>st</sup>, June 7<sup>th</sup> & June 8<sup>th</sup>. See ad.

St. Mary's Moms & Tots: THIS TUESDAY! Inviting all mothers in the Kingston area for faith formation and fellowship. Tues., June 7th & June 21st, 10-11:30 am. Babysitting provided. St. Mary's Parish Centre, 260 Brock St. st.marysmomsandtots@gmail.com

THIS UPCOMING WEEKEND: Lviv, Ukraine: FOLKLORE June 10, 11 & 12, 2016 at Regiopolis—Notre Dame High School, 130 Russell Street, Passport: \$5.

St. Mary's Cathedral Council of the Catholic Women's League will be having their final meeting before the summer break on Tuesday June 21st at 6 pm at the Mandarin Restaurant in the Frontenac Mall. Members who would like to attend should contact Lois Halligan at 613-548-3168 by Saturday June 18th so that we can know numbers for the reservation.

The Knitting Group which has been meeting most Saturday mornings since February will take a break during the months of June, July and August and resume in the fall. For more information contact Ellen Hawman at 613-634-8635 ellen.hawman@sympatico.ca

FOURTH ANNUAL Strawberry Social will be held on Sunday, June 26th immediately following the 10:30 am Mass. The social will be held on the lawns beside the gardens and will feature fresh strawberries, delicious strawberry shortcake, strawberry ice cream and lemonade. Tickets are \$5 each with free admission for children under 10. Tickets will be on sale after all Masses on June 11/12<sup>th</sup> & June 18/19<sup>th</sup> and will be available at the office, 613-546-5521 ext. 3. Please join us for fun and fellowship.

The St. Mary's Cathedral Council of the Catholic Women's League of Canada invites you to join them in a prayer initiative for some of those in most need of God's mercy.

We are each committing to one hour per week of prayers of our own choice

from now until the end of June at which time we will reassess this initiative.

Young people in Cross Lake Nation and Attawapiskat First Nation are struggling with many social issues and many have attempted suicide while others have taken their lives. There has been a plea for prayers and cards/letters of support from the

youth of these communities. Write positive messages into cards, take a picture and post it on Twitter to #motherlove. The postal addresses to send positive messages to are: Youth in Cross Lake, Cross Lake Band Office, P.O. Box 10, Cross Lake, MB R0B 0J0 and/or Youth in Attawapiskat, Payukotayno Administrative Office, 50 Bay Road, P. O. Box 189D, Moosonee, ON P0L 1Y0

There is ongoing media attention to the plights and their causes of the First Nations people. Please stay current and ask your federal representative to be sure that the government honours their commitment to our First Nations peoples. There are two resolutions prepared by the Ontario Provincial Council of the Catholic Women's League that can provide you with more information:

ON 14.02 Feathers of Hope-Empowering First Nations Youth and

ON 11.01 Safe Potable Water for First Nation Communities

http://www.cwl.on.ca/resolutions

**Masses** Monday June 6th 7:45 am Hermina & Werenfried Van de Ven 12:10 pm Romeo Feola Tuesday June\_7th 7:45 am Hermina & Werenfried Van de Ven 12:10 pm Intentions of CWL Wednesday June 8th 7:45 am Hermina & Werenfried Van de Ven 12:10 pm Angelica & Ventura Dos Santos Thursday June 9th 7:45 am Father Stéphane Pouliot. intentions 12:10 pm Stanley & Myrtle Burns Friday June 10th 7:45 am Hermina & Werenfried Van de Ven 12:10 pm João Pedro & Olivia Dos Santos Saturday June 11th 7:45 am Hermina & Werenfried Van de Ven 5 pm Lewis Allan Sunday June 12th 8 am Augustino Bochnia 10:30 am for the people 7:30 pm Hermina & Werenfried Van

de Ven	
Ministries: Sat. June 11th, 5 pm	
Altar Servers	Barry M. Doug S.
Lectors	Mark M. Elizabeth N.
EM of the	Ann H.
Eucharist	
Sunday June 12 <sup>th</sup> , 8 am	
Altar Servers	David M Emily R.
Lectors	Diane D. Betty R.
EM of the	Theresa D.
Eucharist	Marcel R.
Sunday June 12th, 10:30 am	
Altar Servers	Doug S. Glen M.
	Nick B. Elizabeth S.
Lectors	Connie A. Callie M.
EM of the	Dianne I. Elizabeth S.
Eucharist	Domenica B. Betty G.
	Jose C Bob C Janet W
Sunday June 12th, 7:30 pm	
Altar Servers	Pene L.
Lectors	Ann L. Michelle S.
EM of the	Catherine K.
Eucharist	Natalia A.

Please pray for our Sick: David Cabral, Bel Dismas, Louise Doolan, Karen Emond, Kevin Emond, Taylor Emond, Lidwein Gräfe, Beverly Harris, Pierrette Janzen, Theresa Knott, Hermina Lawlor, & Janice Lumb.

**Girls:** Camp Camino is offering a camp for young women (ages 10 to 13 & 14 to 16) August 13th-19th 2016. The camp offers daily Mass, sports, games, bonfires and a whole lot more. Check out our video and early registration offers @: campcamino.ca.

Coins for Life: On June 11/12th containers will be available for you to take home after all Masses. Please fill the containers over the summer and return them on Sept. 17/18th. Your spare change will help to fuel our efforts on behalf of Life. Please take a container if you would like to participate. Sponsored by Campaign Life Coalition 613-389-4472 or 613-382-1084

142nd ANNUAL PILGRIMAGE to Sainte-Anne-de-Beaupré and Cap-de-la- Madeleine from the Archdiocese of Kingston and neighbouring Dioceses will be on August 13-14, 2015. Our weekend celebrant is Archbishop Paul-André Durocher, Archdiocese of Gatineau. Pope Francis has encouraged all of us to make a pilgrimage during the Year of Mercy. What an opportunity for all of us to participate in this 142nd Annual Pilgrimage. The Archdiocese of Québec designated a Door of Mercy at the Shrine of Ste-Anne-de-Beaupré. You will have an opportunity to participate Saturday evening at Ste-Anne in a "Stations of Mercy". Information: Mike Budge at 613-224-8110. Pilgrimage Web Site: www.ste-anne-de-beaupre.com

ROAST BEEF DINNER hosted by Sacred Heart of Jesus Parish, 2905 Westport Rd, Bedford will be held on Sat. July 16 from 4-7 pm. Homemade pies and cheesecakes will be served. There will be a Silent Auction and Jeff Code and Silver Wings Band will entertain you. There will be lots of fun for children, a petting zoo, air castle, Mickey and Minnie Mouse, face painting, cotton candy, games and prizes. Adults: \$15, Children \$5.





#### Please pray for the repose of the soul of Father Bill Powell

Father Bill had been residing in the rectory for the past year and a half, until three weeks ago, when he went to Providence Manor. He was a very gently and humble hearted priest. He will be dearly missed by us all. Father served as pastor in Brockville, Merrickville, Lanark and Cardinal. Please keep him and his family in your prayers.

### ENDS THIS TUESDAY & WEDNESDAY: Every Life Matters Series on Assisted Suicide and Euthanasia: Tues. & Wed. June 7<sup>th</sup> & 8<sup>th</sup> 7 to 9 pm

In the 2016 Easter season, Archbishop Smith of the Archdiocese of Edmonton hosted a series of presentations on the subject of physician-assisted suicide and euthanasia. We will be looking at the recorded webcasts at St. Mary's Parish Centre to learn more about this tragic situation and its consequences, about what our faith teaches, and about what we can do in response. Please come for one, two or all five of these very good presentations.

#### We will fit the three sessions into the two evenings:

#### Session 3 - It's my body, my choice

With special guests Father Eamonn McNerney, a hospital chaplain who shares his personal experience with a family whose loved one requested euthanasia, and Dr. Robert Hauptman, a specialist in pain management who maintains that with modern medical care, no patient should have to suffer intolerable pain. Archbishop Smith explains and illustrates Church teaching around freedom, choice, and personal autonomy -- concepts that are often used to justify assisted suicide and euthanasia.

#### Session 4 - I don't want to suffer

With special guests Jeri and Chuck Marple, who tell us how their disabled daughter Mary has been a blessing in their lives, and Dr. Anna Voeuk, a palliative care physician speaks on caring for the caregivers and families of those with severe illness or disability, or nearing end of life. Archbishop Smith teaches on the Christian understanding of the mystery of suffering.

#### Session 5 - What must we do? How we are called to respond to this new situation?

With special guests Mark Pickup, who tells of a very dark time when he came close to losing the will to live, and Dr. Anna Voeuk, who asks us all to defend doctors, nurses and pharmacists who refuse to participate in assisted suicide or euthanasia. Archbishop Smith offers four concrete ways we as Catholics can defend human life against such attacks.

#### A HUGE THANK YOU!!!!

Sincere thanks to all the wonderful, dedicated volunteers who worked so diligently to make the reception on the occasion of Father Grainger's 50<sup>th</sup> Anniversary of Ordination to the Holy Priesthood such a truly spectacular event! People couldn't believe how beautiful the reception was. The word that kept surfacing was elegant. The food was delicious, beautifully presented and bountiful. Many, many people commented on how nice the gardens and grounds looked.

There is a lot of hard work that goes into the preparations leading up to and during such an event. Special thanks to our great team of volunteers: Cathy Allen, Deacon Blaine Barclay, Marla and Robin Cases, Leslie Darling, Walter Durante, Bridget Fagan, Mary and Mark Hitchcock, Catherine and Stephen Holland, Michelle King, Ann Lyng, Glen MacDonald, Sharon Musgrave, Mary and Herman Overvelde, John Palmer, Audrey Sims, Margit and Bill Thompson and Margaret Vallieres. Thank you also to Mark Levac of Levac Supply Ltd. for providing tables and chairs for the reception and to Lidwien Gräfe for contributing delicious home baked goods!

Many, many thanks to everyone involved for all your great work in making the reception such a tremendous success!

#### What is wrong with Euthanasia and Assisted Suicide

The following are Archbishop Richard Smith's (Archbishop of Edmonton) remarks in Session One of the *Every Life Matters Series*;

#### Seeing with God's Eves

Now that we have heard from our two presenters, how do we begin our response? What are we to make of all this? As I mentioned in the introductory message, the mindset informing and shaping our new legal landscape is decidedly unchristian. The message conveyed by the decision of the Supreme Court of Canada, together with the recommendations of the Special Joint Committee, is both clear and chilling: there are some lives that are simply not worth living. Of course, we beg to differ. Our approach to life is in no way shaped by the legal findings of the Justices of the Supreme Court or the particular views of select Parliamentarians. As a Catholic people we allow our mindset to be shaped by Jesus Christ, who is God's Word made flesh, and by the teachings of his Church.

Allow me to share a story. Once as a priest I was substituting in a parish where the pastor was on vacation. This parish had responsibility for pastoral care in the local hospital. Before leaving, the pastor showed me where he kept the oils for the sacrament of the sick and the ritual book, because I was likely to receive calls to anoint patients. Sure enough, one night I received a call indicating that a woman was in need of the sacrament. Assuming it was an emergency I grabbed the oils and book and raced to the hospital. I went quickly to the room, only to find an elderly female patient sitting up in bed reading a book. I learned that she was having major surgery the next day and was wanting to celebrate the sacrament of the sick beforehand. I realized then that I had some time to prepare the ritual book, so I took a few minutes to turn pages, set ribbons, then turn some more pages and set some more ribbons. The woman patiently watched all this with a rather amused expression, until finally she said, "Father! A person could be dead by the time you found the right page!"

I share this not to make light of a serious situation, of course. I want to draw your attention to a couple of points. First, the woman's words now prove to be rather prophetic. We all need to be "on the right page" in matters of illness, suffering and death. The legalization of assisted suicide and euthanasia is placing our country squarely on the wrong one. None of us wants to die before we are on the right page. That is why this series of presentations aims to open for us the sources on which that page is to be found: Sacred Scripture and our Catholic Tradition. Second, notice the instinct that moved the woman to call. There is a Catholic instinct that comes to the fore when we are gravely ill, facing serious surgery, or approaching death: Send for the priest! This has its roots in Sacred Scripture, in the letter of James: "Are any among you sick? They should call for the [priests] of the Church and have them pray over them, anointing them with oil in the name of the Lord." (James 5:14)

Our calling for the priest and the consolation we receive from the sacrament of the sick form a clear signal that our approach as Catholics to sickness, suffering and death is very different from the attitude we now see manifested through the Supreme Court decision and subsequent legislative developments.

Our approach is one of Christian hope, arising from our faith that the Lord is near, present in our suffering, healing our souls and leading us through death to the eternal life his own dying and rising made possible.

Nevertheless, the events now unfolding around us have raised in the minds of many people questions of great depth and enormous consequence. What does it mean to be a human being? What is the meaning of life itself? How are we to understand the place of suffering? How am I supposed to face death? Did we do the right thing when we ended the treatment that was keeping our loved one alive? To these questions a myriad of conflicting and confusing answers is being offered. Terminology is fluid, as, for example, when it is proposed that the killing of someone who is suffering should be understood as medical care. This can leave us deeply perplexed and often unsure of the decisions we should be making.

From this very unclear situation arises a particularly clear urgency: the need for wisdom. Here I am not speaking of the wisdom of the most learned or experienced. I speak rather out of the Christian tradition that understands true wisdom as one of the seven gifts of the Holy Spirit. Pope Francis describes wisdom in terms that are very appropriate to the reality we face right now. He speaks of it as seeing with God's eyes (cf. General Audience, April 9, 2014). Here we are taken swiftly to the very root of the problem facing us. The decision in favour of assisted suicide and euthanasia is a decision to "close one's eyes," that is, to refuse to see the truth of the sanctity of every human life. Only with eyes thus closed can we begin even to think that some lives are less worth living than others. So the call is clear: we must open our eyes to truth and pray for the gift of seeing as God sees so as thus to receive and live from true wisdom.

How does God see? To answer this, let's turn briefly to Sacred Scripture.

Consider, for example, what the Bible teaches us in the first chapter of the Book of Genesis in the account given there of Creation. At the end of each day God looked upon what he had made and declared it good. After he created man and woman God looked upon creation and declared it to be very good. Only the man and woman, we are told, are created "in the image and likeness of God". This expression - "image and likeness" - means that God has created human beings to be his counterpart in the world, to be in a relationship of love with him. This establishes the basis of the inviolable and inalienable dignity of the human being. Looking with God's eyes we see that each and every human being is a unique unrepeatable subject; not a somebody or a something, but a someone, a person. Pope Benedict put it beautifully when he said in his first homily as Supreme Pontiff: "We are not some casual and meaningless product of evolution. Each of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary."

These truths of the human person brought to light by the contemplative gaze of God at creation are affirmed dramatically by the loving scrutiny of Jesus Christ. The Gospels recount a few episodes from the life of Jesus in which he so looks upon an individual as to see and reveal that person's true identity before God. Consider when he first met St. Peter. The Gospel of John tells us: "Jesus looked at him, and said, "So you are Simon the son of John? You shall be called Cephas" (which means Peter)." (John 1:42)

Or his gaze is one of mercy that makes clear how we need to change and grow. Think of the rich young man seeking to know what he must do to attain eternal life. The Gospel of Mark recalls that, "Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." (Mark 10:21)

The gaze of Jesus reveals that, in the eyes of God, we are precious. It matters not what we may have achieved in life or what now we are able to contribute; it is of no account how healthy we are or at what stage or in what circumstance of life we find ourselves. God's love is absolutely unconditional and irrevocable. In his sight there is no life that is not worth living. To him, every life matters, every life is "very good".

We can appreciate right away that there is an immediate consequence flowing from the gift of wisdom. Seeing with God's eyes expands our field of vision and, in so doing, limits our sphere of action. Since every human life is unconditionally the object of God's love, then we simply cannot - we dare not- presume to judge the worth of another person's life or pronounce upon its quality. All the more, the truth of human dignity as revealed by God's eyes imposes an absolute prohibition against the taking of innocent human life. God alone is the author and arbiter of human life, and God has pronounced every person's life worthy of being lived to its natural end.

Let me conclude tonight's remarks with reference to the particular moment in history in which we find ourselves. Pope Francis has declared this time to be a Jubilee of Mercy. He asks us not only to understand the Christian meaning of mercy but also to make it the central reality that governs our relationships with one another. In God's sight, killing is not mercy. Killing can never be mercy. To speak, as some do, of assisted suicide and euthanasia as acts of mercy is a gross distortion of the term. We understand true mercy only when we return the gaze of Jesus and recognize in him "the merciful face of the Father." (Cf. Bull of Indiction) He alone teaches what mercy is. He is mercy Incarnate.

This opening session of our series of reflections coincides with Divine Mercy Sunday, the day instituted by St. John Paul II, who eleven years ago died on the vigil of this Feast. Let us entrust these days to the intercession of this great defender of the sanctity of human life. By the help of his prayers, may we all learn to be merciful as our Heavenly Father is merciful (cf. Luke 6:36) and to affirm, by our acts of authentic mercy, the beauty and goodness of each human life and the truth that every life matters.

+Richard W. Smith Archbishop of Edmonton April 3, 2015

Archbishop Smith

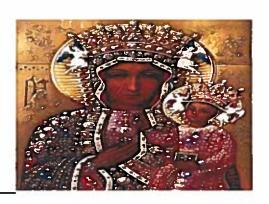
# ST. MARY'S CATHEDRAL JUBILEE OF MERCY PILGRIMAGE TO THE SHRINES OF

THE DIVINE MERCY STOCKBRIDGE, MASS.

AND

OUR LADY OF CZESTOCHOWA DOYLESTOWN, PENN





#### **ITINERARY**

#### **SEPTEMBER 25, 2016:**

Depart Kingston at 1:30 pm. Travel from Kingston to Stockbridge, Mass. Dinner and overnight in Stockbridge. Breakfast is included.

#### **SEPTEMBER 26, 2016:**

Visit Shrine of Divine Mercy. Lunch included at the Shrine. Mass with Father Shawn concelebrating. Eucharistic Adoration, Confessions, Rosary for Life, Novena, Chaplet of the Divine Mercy and Benediction. Blessing of religious articles plus an opportunity to venerate a first class relic of St. Faustina.

Dinner and overnight in Stockbridge. Breakfast included.

#### **SEPTEMBER 27, 2016:**

Travel from Stockbridge, Mass. to Lancaster, Penn. Attend **Sight & Sound Theatre** presentation of Samson. Dinner and overnight in Lancaster, includes breakfast.

#### **SEPTEMBER 28, 2016:**

Travel from Lancaster, Penn. to Doylestown, Penn.
Guided tour of the **Shrine of our Lady of Czestochowa** with Mass concelebrated by
Father Shawn. Lunch is **not** included but can be pre-ordered at a cost of \$12.00 USD/person.
Travel from Doylestown, Penn. to Kingston arriving by 10:00 pm.

COST PER PERSON: \$705.00 CD (double occupancy only available)
Cancellation and /or medical insurance extra

#### **INCLUDES:**

- 3 ½ days plus 3 nights accommodation (3 breakfasts and one lunch included).
- Admission to the Shrine of Divine Mercy in Stockbridge Mass., Our Lady of Czestochowa in Doylestown, Penn. and Sight and Sound Theatre in Lancaster, Penn.
- Round trip transportation by McCoy deluxe coach.

For reservations or for more information contact Ann Lyng, 613-546-5521 Ext 5, alyng@cogeco.ca



RESURRECTION CATHOLIC CEMETERY Call and recieve your Free Planning Kit Today.

> Denis Valente (613) 542-3577

2563 Division Street, Kingston (Gienburnie), ON

#### R. MICHAEL RODE

BARRISTER AND SOLICITOR

303 Bagot St., Sune 3, P. Cl. Box 2278 Kingston, Untario K7L 339 Phone, (613) 531-8897 - Fax. (613) 531-9022 michaelgirmdelawca - www.rndelaw.ca

Mr. Fil Scarpazza (613).546-4598

Proudly a part of Kingston's

Catholic Community

Gordon F. Tompkins

Funeral Homes

Central Chapel

(613) 546-5454

for Generations ~

#### MMM GROUP

Andy Huctwith, P.Eng., CAHP T: 613.546.2227

ENGAGERS FOR THE RESTOURTION OF THE CATHEDRAY



#### www.laterlifelearning.ca MICHAEL A. McCUE **Barrister & Solicitor**

Later Life Learning

(613) 546-2625

837 Princess St. (613) 542-3700



#### VINCENT A. RAMSAY

Barrister and Solicitor

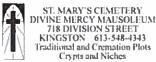
Family Law, Wills & Estate Legal Services

3 Rideau Street 613-546-3274 e-mail: vramsay@rideaustreetlaw.ca



SMITH ROBINSON BUILDING SUITE 300 - 27 PRINCESS STREET KINGSTON, ON K7L 1A3 Tel: 613-544-0211 WWW.CSWAN.COM





#### EB Conpositions

It Starts With a Note



613-531-1332

alex\_dorego@hotmail.com

www.ebcompositions.com eugenebycok@ebcompositions.com 613 532 0611



#### www.gftompkinscentral.ca Township Chapel

(613) 546-5150

www.gftompkinstownship.ca





875 Portsmouth Ave Kingston, ON KYV 1W8 Stephen Overvelde

Tel: 613-542-7690 / Fax: 613-542-9313



Gas . Plumbing . Heating . Furnaces Sheet Metal Work

Tel: 613-548-7747 | Fax: 613-548-3466 Email: btv@bellnet.ca

Formerly Murphy Bros Plumbing & Heating

RONEY



**BarristerandSolicitor** 388 King Street East 613-546-0587 ifblack@cfa.on.ca



ENGINEERING

Join us for Sunday Lunch starting at \$6.69 Delivery / Call Ahead

1-866-439-0439 (613) 547-0100

(613) 542-3092

- LIMITED

#### ST. LAWRENCE **EPPOOLS**

Trimity, Thung Theres

#### ROYAL LEPAGE

Marlen Meaghe

Complete Real Estate Services t Backbare Move. game, Comes 677 204 ga ja (3) 204-1208 1bs. (613) 544-4721.



Service is Our Success

Safety Supplies & Equipment

& Safety Training

25 Railway Street

104 Clergy St. Ex Kingston C K7L 3

Helping You **Build and Renovate** Since 1972

5 Terry Fox Drive 613-544-9145



Industrial & Automotive Industrial Health

(613) 546-6663



New Take Out Menu \*delivery available Breakfast a la Carte Sat. & Sun. 9am-2pm Let us Cater your next event! 1540 Bath Road 613 384 0793

#### CONSULTING STRUCTURAL ENGINEERS Structural Engineers for three generations... Since 1926

Weddings . Portraits 285 King St. E. (613) 541-1098 www.taylorstudios.ca

TAYLOR STUDIOS

Horticulturist Gariepy Lawn & Garden

25 yr. experience

lawn and garden clean-up seasonal lawn maintenance perennial garden care pruning, mulching

Free consultation We provide Personalized service Liability insured

Registered Seniors Association Service Provider

613-542-8077

Email: ggariepy@cogeco.ca



Bridget Walker-Payne Providing Insurance & Financial 1335 Princess - 544-1335

it's the haircut that counts!"



#### Francenas Mail HAIR STYLIST 613-544-6166

Prize winners in hair styles Judge at the New York International World Supreme

#### Kevin J Blanev Florist



Free deliveries to the hospitals and funeral homes

## Nelson Law

HONEST and SUCCESSFUL LEGAL REPRESENTATION 295 Queen Street Kingston K7K 1B7

613-544-1618