

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

"The joy of the Lord is your strength"
(Nehemiah 8:10)

"No one has ever heard of a sad saint or a saint with a funeral face...Unheard of! It would be a contradiction. A Christian is a person who has a heart full of peace... knows how to find joy in the Lord even when passing through difficult moments of life"
(Pope Francis)



279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: smarys@cogeco.net

Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12-1 pm

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Regular Opportunities for Confession

One half hour prior to every Mass held in the Cathedral

Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm

Contacts

Rector: Father Shawn Hughes,
fathershawnjhughes@gmail.com
Deacon Blaine Barclay,
blainebarclay31@gmail.com
Parish Office Administrator:
Suzanne, smarys@cogeco.net
Pastoral Caring Coordinator:
Ann Lyng, alyng@cogeco.ca
Sacristan: Leslie Darling,
lesliedarling37@gmail.com
Organist: Catherine Helferty,
catherinehelferty@hotmail.com
**Parish Council Secretary; Ellen
Hawman,**
ellen.hawman@sympatico.ca
Catholic Women's League:
Ellen Hawman
ellen.hawman@sympatico.ca
**Knights of Columbus Council
#728:** Scott Sanderson
scottsanderson2@gmail.com
Finance Committee: Chair Mark
Levac, mark@levacsupply.com
University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca
**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca
**Creighton Model Fertility
Care™ System:** Caitlin Fitzpatrick
cjfitzpatrick@outlook.com
**Serena, Sympto-Thermal Method
of Family Planning:**
www.serena.ca
serenakingston@gmail.com
Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801
St. Mary's Refugee Sponsorship:
Angela Gambin
stmarysrefugee@gmail.com

EUCCHARISTIC ADORATION IN ST. JAMES' CHAPEL:

You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-8 pm, Sat. 8:15 am to 5 pm. Please contact Natalie at 613-876-1801.

Third Sunday of Advent

THIS SUNDAY: Knights of Columbus Pancake, Waffles & Sausage



Breakfast: Sunday, December 11th, 9 am to 12:30 pm in St. Mary's Parish Centre. Proceeds will go in support of students attending Catholic Christian Outreach's (the mission on campus) annual Rise Up conference.

Christmas Mass Schedule:

Christmas Eve: Sat., Dec. 24th, 5 pm & 7:30 pm
Christmas Day: Sun., Dec. 25th, 12 am Midnight,
8 am & 10:30 am

Christmas Day Lunch: A full Christmas dinner for whoever would like to join us that day, especially those who will be alone or who are not able to prepare their own Christmas dinner. Please note there will NOT be a Sunday Evening Mass Christmas Day.

New Year's Mass Schedule:

New Year's Eve: Sat., Dec. 30th, 5 pm & a special Holy Hour of Adoration from 11 pm to 12 am midnight to pray for our parish for the upcoming year.

New Year's Day: Sun., Jan. 1st, 8 am & 10:30 am
Please note there will NOT be a Sunday Evening Mass New Year's Day.

Confessions Schedule:

Usual Daily Schedule:

½ hour before every Mass that takes place in the cathedral: 11:30 am – 12:00 pm noon, Mon. to Fri., 4:00 pm to 4:50 pm on Sat., and Sundays 7:20 am to 7:50 am; 9:50 am to 10:20 am, & 7 pm to 7:20 pm and Wednesday afternoon from 1 pm to 5 pm.

AND ADDITIONALLY:

Sunday, Dec. 11th from 3 pm to 5 pm
Wednesday, Dec. 20th from 7 pm to 9 pm
Thursday, Dec 22nd from 7 pm to 9 pm

Campaign Life Coalition Christmas Cakes: will again be sold at St. Mary's Cathedral after all Masses. For a donation of \$25.00 to CLC's Pro-life work you will receive a beautiful boxed deluxe Christmas cake. They make great Christmas gifts! *Also we will be offering all-natural and hand-made chocolate bars from the COCO chocolate company.* Contact: Betty Roy or CLC at 613-389-4472.



CHILDREN'S CHRISTMAS PAGEANT:

We would love to have more children for our Christmas Pageant

For the 5 pm Mass at the Cathedral on Christmas Eve. Children and a parent/guardian will need to attend rehearsals: Last practise Saturday Dec. 17th at 11 am. Thank you for helping to make our Christmas Eve a very special time for all. Anyone interested in helping as well can reply to my email: laura.joel@hotmail.com



Masses:

Monday Dec 12th

7:45 am Aurora & Jesus Bautista

12:10 pm Augustino Bochnia

Tuesday Dec. 13th

7:45 am Amelia Barrett

12:10 pm Frank Bracciodieta, 3rd anni.

Wednesday Dec. 14th

7:45 am Teresa Kwiatek

12:10 pm Odette Hill

Thursday Dec. 15th

7:45 am Intentions of Teresa Kwiatek's family

12:10 pm Joe & Linda Kenney

Friday Dec. 16th

7:45 am Anne MacNeil

12:10 pm Dorle Kromer

Saturday Dec. 17th

7:45 am Souls in Purgatory

5pm Lyman, Elizabeth, Harry, Teddy and Donnie Goddard

Sunday Dec. 18th

8 am Verna Hughes

10:30 am for the people

7:30 pm Raphaël

Ministries: Sat. Dec 17th, 5 pm

Altar Servers	Barry M.	Glen M.
Lectors	Cathy H.	Lynn P.
EM of the Eucharist	Rita F.	

Sunday Dec. 18th, 8 am

Altar Servers	Doug S.	Betty R.
	Emily R.	
Lectors	Elizabeth N.	Diane D.
EM of the Eucharist	Theresa D.	Betty R.

Sunday Dec. 18th, 10:30 am

Altar Servers	Doug S.	Jack R.
	Nick B.	Mario D.
Lectors	Sally R.	Larry R.
EM of the Eucharist	Dianne I.	Santina D.
	Carmen D.	Grace G.
	Sr. Shannon	Jose C.
	Bob C.	

Sunday Dec. 18th, 7:30 pm

Altar Servers	Students	
Lectors	Jake C.	Ann L.
EM of the Eucharist	Doug S.	Pene L.

Please pray for our Sick: Allan Barclay, Rosalie Bochnia, Patrick Duggan, Lidwien Gräfe, Beverly Harris, Pierrette Janzen, Theresa Knott, Hermina Lawlor, Rita Murray, Marcel Roy, Rose Rutherford, Cathy Veley, Gordon Zin, Patrick Zwicker.

Upcoming Events:



The Catholic Women's League will be having a **Christmas Potluck Supper and Not-So-silent-Auction** together with members of the Council at Holy Family Parish, CFB. At St. Mary's Parish Centre on **Wed. Dec. 14th**, 6 pm. Proceeds from the auction will be divided between **Birthingright** and **In From the Cold**. Please bring something for the potluck supper and a wrapped gift costing under \$10 for the auction! This is always a really fun time. For further info. please contact Ellen Hawman at ellen.hawman@sympatico.ca or 613-634-8635.

Alpha course testimonial – Mark Levac, December 4, 2016



This past August, when I was asked by Father Shawn to be a small group host for the Parish's first upcoming Alpha course, I was admittedly a bit reluctant and a little nervous. Though I had heard about the Alpha course, I really did not know what to expect.

Was my knowledge & understanding of my Catholic Faith adequate? Would I be able to commit the time? What would I gain from participating and host a small group discussion?

Despite my reluctance, I did commit to take the course and be a group host and now am very grateful that I did. As it turned out, Alpha was not a test of my Faith. Rather, it was an opportunity to renew my relationship with Jesus.

So what did Alpha do for me?

First, it was a wonderful social gathering, complete with an incredible meal every week. I can't discount the importance that food played in setting the stage at each session. Seated together with my group members, it gave me an opportunity to get to know them better, most of which I had never met before. I made new friends. Today, I am closer to this Parish community than I was before Alpha. I believe my experience in that respect is shared by many others who attended Alpha with me.

Second, I found the videos each and every week to be thought provoking and inspiring – inspiring in the sense that I came to appreciate that there are many people in this world searching for answers and for direction in their Spiritual Journeys and perhaps more importantly, the role that Jesus plays in their lives.

Alpha inspired me to stop and reflect on my own life.

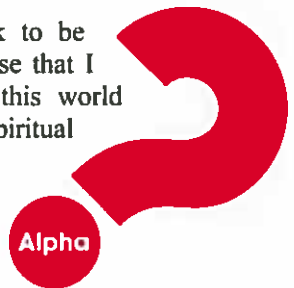
What is my personal relationship with Jesus? Alpha showed me that I can achieve a deeper relationship

with Him, by reading scripture and through prayer. The power of prayer is truly overwhelming.

Third and finally, in my small group discussions I was encouraged to share my life experiences and my opinions, but my privacy was also respected and often I would just sit and listen. There was no pressure to speak or to share. As a result, I gained much from the courage and experiences of others. We were all there to reflect and share our views; not to teach or to preach. We were not being judged.

So, I encourage you to consider getting involved in the next Alpha course in January, as a participant, a group host or a helper. If not you, perhaps someone close to you who you feel might benefit; a child, a brother or sister, a close friend; or someone who has fallen away from the Church and is searching for answers about their Faith or their relationship with Jesus. Or maybe they feel they don't have a relationship with Jesus – Alpha could be the first step.

Alpha is a safe place where I could be myself and it also provided an experience of warm hospitality; a sense of belonging. That is really the foundation we all need to develop a personal relationship with Jesus. We lead busy, often hectic and stressful lives, but I invite you to open your heart and make the commitment to try Alpha. It will be time well spent.



MANY, MANY THANKS TO THE MEMBERS OF OUR SENIORS' LUNCHEONS

TEAM: Many, many thanks to Catherine Allen, Marla Cases, Robin Cases, Walter Durante, Bridget Fagan, Betty Graham, Catherine Holland, Janice Lumb and Audrey Sims. This team provides all the food at no cost to the parish, chooses different themes each month and decorates accordingly as well as makes arrangements for musical entertainment during the luncheon. Each of these volunteers faithfully serve our seniors year after year. They generously give of their time, talents and treasure. On your behalf I would like to say thank you for their ongoing commitment to our senior parishioners!!! God bless you all!!



Christmas Day Lunch

Volunteers are needed to assist with the set up and decorating the Parish Centre and with advanced food preparation on December 22, December 23 and until noon on Christmas Eve. If you have some free time on those days, please consider volunteering a couple of hours to assist in advance preparations for the dinners. *Donations of home baked food items would be greatly appreciated.* This is a great opportunity for discipleship by giving of oneself in imitation of God's great gift of Himself, which we celebrate on Christmas Day. If you are interested in volunteering or are willing to contribute baked items, please contact Ann Lyng at 613-546-5521 Ext 5 or alyng@cogeco.ca

Christmas Flowers in Memory of Your Loved Ones: If you would like to make a contribution towards the Christmas Decorations in memory of a deceased member of your family, your family member will be remembered at the 5 pm and 7:30 pm Masses offered on Christmas Eve. Envelopes are available at the entrances of the cathedral.



MANY HANDS MAKE LIGHT WORK: Volunteers are needed to **HELP WITH THE CHRISTMAS DECORATIONS OF THE INTERIOR OF THE CATHEDRAL:** Anyone willing and able to assist with the putting up of the Christmas trees, assembling the Christmas Manger Scene or assisting in any other way we will be decorating on Thurs. Dec. 22nd beginning at 9:00 am. Please contact Janice Lumb if you can help: 613-389-1305. Many hands do make light work!!!!

Once in Royal David's City – A Christmas Celebration in Song: Sun., Dec. 18th @ 2:00 pm @ **St. John the Evangelist Church, 270 Stone St., Gananoque,** Featuring the choirs from: St. John the Evangelist, Gananoque; St. Columbanus, Elgin; St. Paul the Apostle; Kingston; St. Andrew's Presbyterian, Gananoque; Gananoque Youth Choir – Gananoque Choral Society Carpe Musica. Adults \$10; Children 12-under \$5:00 (see poster for further details).

The Hotel Dieu Hospital - St. Mary's Cathedral Coat Drive is in desperate need of men's coats—particularly L-XXL sizes—plus warm hats, mitts and socks. Large-sized women's coats are also welcome. We are accepting coats at the Sydenham Street entrance of Hotel Dieu until the first week of January.



St Mary's Moms and Tots: next meeting is *Tuesday, Dec.20th, 10-11:30* am at St Mary's Parish Centre. All mothers, babies and children welcome! Contact St.MarysMomsandTots@gmail.com or find us on facebook.



Annual Mass for those who have lost A Loved One this past year: December 15th, 7 pm in St.

James' Chapel: After one of our dearly beloved family members or very close friends have died, each of the firsts (birthdays, anniversaries, family gatherings etc.) in the following year are very difficult especially that of the celebration of Christmas. At this time of year it is good for us to gather and prayerfully remember them and your pain and sadness without them. All spouses, family members and friends of

someone who has died this year are invited to come for this very meaningful celebration of Mass which will be offered for each one of you and for the souls of your loved one. Those whose loved one's death is longer than one year and who wish to join us also are more than welcome. Each family will receive a blessed 8 day candle which you will take home with you. You are encouraged to keep the candle lit throughout the Christmas season, especially the days immediately before and after Christmas especially those times that family gathers.

I am thrilled to announce a new member hired for Our St. Mary's Leadership Team: Scott Sanderson.

Scott is a 26-year-old who is passionate about sharing the love of Jesus and the truths of his Church.



Originally from Cornwall, Ontario, Scott has lived in Kingston since 2008, when he began his studies at Queen's University. Upon graduating with a Bachelor of Arts in English Literature in 2012, he proceeded to earn a Bachelor of Education in 2013. Scott met his wife, Annie, when they were both students at Queen's, and they were married November 21, 2015 at Sacred Heart of Mary Church on Wolfe Island.

For the past three years Scott has served in the role as the Manager of the Newman House Catholic Chaplaincy at Queen's University and assistant to Fr. Raymond de Souza. His interest in the Church and Evangelization has taken him throughout Canada and around the world to Jerusalem, Rome, Poland, New York, and Chicago, and he has been blessed with opportunities to learn from some of today's great Catholic witnesses such as Bishop Robert Barron, Cardinal Timothy Dolan, George Weigel, and the missionaries of Catholic Christian Outreach, one of whom is his wife, Annie.

Since July 2016, Scott has served as the Grand Knight of our parish Knights of Columbus council #728, which also comprises the parishes of St. John the Apostle and Holy Family.

Scott will be very involved in reaching out to those who do not regularly come. Together with Ann Lyng he will be involved in coordinating Alpha. His official title will be Coordinator of Evangelization. He will be involved in marriage and pre-marriage ministry, is excited about starting a men's ministry program at St. Mary's, and developing many evangelization initiatives. Scott is particularly excited to reach out to those who do not regularly come to church through the use of creative strategies, bold witness, and the new media.

Together with Ann Lyng, the St. Mary's Coordinator of Ministries, and all staff and parishioners, I wish to warmly welcome Scott to St. Mary's Leadership Team and encourage you to do the same in person. You will be seeing lots of him in the New Year.



Billings Ovulation Method: Sending you warm Advent greetings as the Birth of the Christ child approaches. In the same spirit, our Billings Ovulation Method teachers across Ontario are preparing for the future. In 2017 we are starting a new campaign to recruit and train a new generation of women to share our mission of teaching fertility awareness to women across the province. In today's world when there are so many couples struggling with infertility, we can offer hope and education to achieve a pregnancy, as well as help to couples in planning and spacing their children naturally. Supplies and

training costs for new teachers can be as high as \$500.00 per person, as they may need to travel to larger centers for education, and accommodation costs are high. As you discern your end of the year charitable donations, we ask you to remember us. Our Pro-Life efforts ensure access to an inexpensive and effective means of regulating fertility without harm to a woman's body, health or relationship. On-line donations can be made by clicking the Canada Helps Button on our website at www.naturalfamilyplanning.ca. Cheques may be made payable to the *Natural Family Planning Association - Ontario* and mailed to 279 Johnson Street, Kingston, Ontario K7L 1Y5. If you have any questions, we can be reached toll-free at [1-877-637-5486](tel:1-877-637-5486). Please pray that the wisdom and beauty of the Billings method of natural family planning will become widely known and loved at a time when it is so desperately needed. God bless you! Ann Murray, RN, President, Natural Family Planning Association – Ontario. (Ann lives here in Kingston)

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Step 1: Go to formed.org. **Step 2:** Click on Register. **Step 3:** Enter St. Mary's Parish Code which is QHVJWV.

Step 4: Enter your email address **Step 5:** It will ask for your name address and a password you create. **Step 6:** A Verification email will be sent to your email. Click on confirm and you will have all the great content mentioned above (AND MORE!!!!) at your fingertips in the comfort of your home or wherever you are. (You only have to go through this process once and you then Login with your email and password!)



*ST. MARY'S
CATHEDRAL*

**CHRISTMAS
DAY
DINNER**

For those who are alone
this Christmas or who are
unable to prepare a meal for
themselves

*December 25, 2016
at 12 noon immediately
following the 10:30 am
Christmas Mass*

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