

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9 to 5 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour before each Mass held in the Cathedral

Wednesdays 1 pm – 5pm

Saturdays 4 pm – 4:50 pm

Masses:

Monday Oct. 30th

7:45 am Soul of Antonio Overvelde, deceased members of Overvelde, Kearns families

12:10 pm Victor Duarte

Tuesday Oct. 31st

7:45 am Teresa Kwiatek, 1st ann.

12:10 pm Walter Jakoblevich

All Saints' Day

Wednesday Nov. 1st

7:45 am Jon Conte's intentions

12:10 pm Joseph Tan

7 pm Solemn Vespers

All Souls' Day

Thursday Nov. 2nd

7:45 am For the intentions of all parishioners

12:10 pm For all the faithful departed

7:30 pm For the Holy Father's Intentions

Friday Nov. 3rd

7:45 am Jon Conte's intentions

12:10 pm Howard Kriger Sr.

Saturday Nov. 4th

7:45 am Filip Palda

5 pm Margaret & Roy McRoberts

Sunday Nov. 5th

8 am Ghetskowa (Geckova)

10:30 am For all parishioners

7:30 pm Intentions of Victoria

Wojtan

Ministries: Sat. Nov. 4th, 5 pm

Altar Servers	Paul M. Gabriel M. Jonathan M.
Lectors	Adora J. Elizabeth N.
EM of the Eucharist	Mark M. Theresa D.

Sunday Nov. 5th, 8 am

Altar Servers	Charles F. Doug S.
Lectors	Cathy S. Janet W.
EM of the Eucharist	Emily R. Betty R.

Sunday, Nov. 5th, 10:30 am

Altar Servers	Nick B. Glen M. Dominic B. Doug S.
Lectors	Ernesto F. Connie A.
EM of the Eucharist	Bob C. Jose C. Betty G. Sr. Theresa S. Grace G. Teresa K. Domenica B.

Sunday, Nov. 5th 7:30 pm

Altar Servers	Students
Lector	Dianne I. Carmen B.
EM of the Eucharist	Doug S. Anne H.

THIRTIETH SUNDAY IN ORDINARY **TIME**

COMING EVENTS:

Tues. Oct. 31st, 7 pm, RCIA, Parish Centre

Wed. Nov. 1st, 7 pm, Formal Sung Vespers for All Saints Day

Wed. Nov. 1st, Seniors Lunch after 12:10 pm Mass, Parish centre

Thurs. Nov. 2nd, Mass for All Souls, 7:45 am, 12:10 pm & full sung liturgy at 7 pm

Thurs. Nov. 2nd, Catholicism 201, 7 pm in the Parish Centre
First Friday

Friday, Nov. 3rd, Sacrament of the Sick after the 12:10 pm Mass

Friday, Nov. 3rd, Night Fever, 7:30 pm in the Cathedral

Friday, Nov. 3rd, All Night Adoration in St. James Chapel beginning at 9 pm



**ALL NIGHT
ADORATION IN
ST. JAMES' CHAPEL:
THIS FRIDAY,
NOV. 3RD COME AND
SPEND ONE HOUR (OR PART
OF AN HOUR) WITH THE
LORD!!!**

**THIS Wednesday, ALL SAINTS' DAY
Vespers (Evening Prayer),
NOV. 1ST, 2017**

7 pm here at St. Mary's Cathedral

Vespers is the sunset evening prayer service in the Catholic and Orthodox liturgies of the canonical hours. The prayer consists of an opening hymn, three psalms giving thanks for the day chanted, a brief reading from Scripture, the Magnificat, formal prayer intentions, the Our Father and a closing prayer. The choir, under the direction of Jeff Moellman, will lead us in the celebration of this solemn celebration of Vespers. Please join us on this Solemnity as we pray to all the Saints in heaven to intercede for us.

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

In Residence:

Father Dan Ryan
Father Killian Eke
Father Antony Werunga

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blainebarclay31@gmail.com

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Suzanne, smarvs@cogeco.net

**Co-ordinator of Ministries,
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Catholic Women's League
president:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Parish Council Secretary: Ellen
Hawman,
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**Knights of Columbus Council
#728 Grand knight:** Jude Thusiar
jthusiar@hotmail.com

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Serena, Sympto-Thermal Method
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www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

Please pray for our Sick: Dorthy Battalia, Anog Beltram, Jack Coleman, Carmen Davies, Lidwien Gräfe, Soon Duc Lee, Matthew McDonald, Sharon Willard and Jim Wakelin.



The Knights of Columbus, and The Royal Canadian Legion, invite you to attend their annual Remembrance Day Service, at St. Mary's Cemetery, 718 Division St. Kingston, on Sun. Nov.5, 2017 @ 1:45 pm. ALL WELCOME

ST. MARY'S CATHEDRAL PARISH / HOTEL DIEU HOSPITAL 2017 COAT DRIVE:

HOTEL DIEU HOSPITAL WILL COLLECT THE COATS: Hotel Dieu

Hospital is looking for clean, gently used winter coats for the 2017 Coat Drive. Down-filled style coats and ski jackets (washable- no wool or fur), warm mitts, hats, scarves and winter boots in good condition for men, women and children are urgently needed. Large, XL and XXL sizes for men and women are particularly needed.

ST. MARY'S CATHEDRAL PARISH WILL DISTRIBUTE THEM: **Volunteers are needed to help with the Winter Coat Drive:** The distribution will be located ONLY at St. Mary's Parish Centre, Monday to Friday from 1 to 4pm, November 13, 2017 to January 12, 2018. Any assistance during that time would be most appreciated. **To volunteer or for more information about volunteering, contact Ann Lyng 613-546-5521 Ext. 5 or alyng@cogeco.ca**



Fish Fry at Holy Cross on THIS Friday Nov. 3 - Join us for our annual Jamaica Fish Fry in the school cafeteria from 3:30 to 6:30 p.m. Mike Mundell is providing the Fish & Chips. Salad & dessert included. All for \$15.00 (\$10.00 for children 10 or under). All proceeds to this year's Jamaica Mission trip. Call Chris Forster at Holy Cross (613-384-1919) for tickets or information.

Regiopolis-Notre Dame CHS would like to invite parents for a screening of *Screenagers*, a movie about growing up in the digital age. The screening is happening on November 8th at 6:30pm in the RND Cafetorium. It's being put on by the RND Parent Council. Admission is free. For more information about the program, go to screenagersmovie.com

Priests' Retirement Fund Parish Collection November 11 & 12, 2017-The *Priests' Retirement Fund* collection supports the archdiocesan program which provides elderly and infirm priests with the pension and health benefits they have earned after many years of service. We hope you will generously support this year's collection.

**LAST OPPORTUNITY TO GET TICKETS ITALIAN DINNER FUNDRAISER
TO RESTORE THE SANCTUARY FLOOR...Saturday, November 4th!**

**TICKETS ARE GOING QUICKLY;THERE ARE ONLY ABOUT 20 LEFT,
AVAILABLE AFTER ALL MASSES...**Authentic Italian Dinner includes homemade lasagna, salad, chicken marsala, mashed potatoes, vegetables, dessert, coffee/tea and a glass of wine...all for \$ 45.00. For tickets, please contact Suzanne at the Parish office 613-546-5521 ext. 3 or Domenica Bracciodieta 613-546-4934. Volunteers needed for serving and cleaning, please contact Suzanne/Domenica to sign up to help.

BIRTHRIGHT needs volunteers who are committed to the spirit of nurturing life and dedicated to the belief that women are important. Birthright offers love and care to show a woman there are ways for her to give birth to her baby and face the future with dignity and hope. If you would like to volunteer or simply want more information, you can contact us 613-546-5433 or text 613-893-4533 or email info@kingstonbirthright.ca. Visit our website at www.kingstonbirthright.ca. Many thanks to parishioners at St. Mary's for your generosity to Birthright. Out of 80 baby bottles distributed, 43 were returned and collectively you donated \$1616.25. We are grateful to Natalie Holland and her assistants for helping to distribute and collect baby bottles. If you still have a baby bottle at home, it is not too late to return it. On behalf of our babies and the moms who visit us, thank you and may God bless you abundantly. "The essence of Birthright is love; and where love is, miracles happen."

ST. JOHN BOSCO PARISH HARVEST SUPPER: 175 Windsor Drive, Brockville, ON (Corner of Windsor Dr. & Laurier Blvd.). Sunday, November 5, 2017, 4 pm to 6 pm. ADMISSION: Adults \$14.00, children 6-12 \$ 6.00, *Children Under 6 Eat Free*, Tickets available at the door, Take-out orders also available, Free Parking, Wheelchair accessible.

Separated and/or Divorced? You are invited to participate in the annual Archdiocesan Retreat for Separated and/or Divorced at Providence Spirituality Centre, Kingston, Friday eve/Saturday, November 17-18, 2017. The retreat, '*Resilience vs Resistance: Welcoming New Life*', facilitated by Sr. Helen Russell, csj will be a time of reflection, rest, spiritual nourishment, and encouragement. Deadline for registration is October 27, 2017. Early registration is encouraged. For further info' and/or to register, contact the Family Ministry Office [613 548-4461, ext 113](tel:6135484461), or E-mail: family@romancatholic.kingston.on.ca

ATTENTION ALL CRAFTERS! Earn extra money for Christmas! Rent a table at Holy Family Parish, Kingston, for our ninth annual HOLLY JOLLY CHRISTMAS CRAFT SALE, Saturday & Sunday, December 2 & 3, 2017 at St. Francis of Assisi School, 114 Wiley Street, Kingston. Limited spaces available at \$20.00 per table, paid in advance. Tables will be supplied. For further information and to book your table, contact Sandy at 613-548-3761. Holy Family Roman Catholic Church, 130 Wiley St. Kingston, ON K7K 5B5 613-542-8587 holyfamilychurch@cogeco.ca



Archdiocesan Liturgical Conference 2017

"My Sacrifice and Yours"

How is the Mass a Sacrifice?

**What do we Bring and Offer? The Sacrifice of Praise and Thanksgiving.
Transformation of the**

Offering: Unity in Christ-Living a Sacrificial Life.

The Archdiocese of Kingston invites you to the Liturgical Conference that will take place on Friday evening, 24 November 2017, 7:30 pm-9:00 pm, and Saturday, 25 November 9:00 am-3:00 pm, at the Providence Spirituality Centre, 1200 Princess St., Kingston. Facilitator: Father John Hibbard, Chair of the Archdiocesan Liturgy Commission. Registration deadline is Friday, 4 November, 2017. Commuters: \$ 30.00, Overnight: \$ 80.00. To register, please visit the Archdiocese of Kingston website at <http://www.romancatholic.kingston.on.ca/>, or contact Gorett DaSilva at the Diocesan Office, tel. 613-548-4461, ore@romancatholic.kingston.on.ca

SPECIAL MASS

THE FEAST OF ALL SOULS, THURSDAY, NOV. 2ND, AT 7 PM

FULL CHOIR; BEAUTIFUL SOLEMN CHANTED MASS

All Souls Day is a solemn celebration in the Roman Catholic Church commemorating all of those who have died and are now in Purgatory, being cleansed of their venial sins and the temporal punishments for the mortal sins that they had confessed, and being made pure before entering into the presence of God in Heaven.

On All Souls Day and at Christmas each priest is permitted to celebrate up to three Masses and the faithful are permitted to attend and receive Holy Communion at all three. The norm is to celebrate only one Mass per day, or attend one Mass per day and receive Holy Communion once per day. However, on special occasions like funerals or weddings, at the bedside of a sick loved one, one can receive a second time. (See directions below)

Here at St. Mary's we will have our usual Masses at 7:45 am, 12:10 pm and a beautiful chanted liturgy at 7 pm in the evening. You are permitted to receive Holy Communion at all three

Detailed guidance from the *General Instruction of the Roman Missal* and other authoritative books for the ceremonies regarding the feast of All Souls.

DIRECTIONS

394. On the Commemoration of All the Faithful Departed the Church gathers in solemn suffrage for the souls in purgatory, and the liturgy should express this clearly. The colour of the day is black or violet.¹ If the commemoration falls on a Sunday, it is celebrated on that day and the propers for All Souls replace the Sunday texts.

395. A sense of sobriety and restraint should characterize All Souls Day. Flowers are not placed on or near the main altar, and the organ or other instruments are only used to sustain singing.²

396. On this day every priest may celebrate three Requiem Masses: (1) for a specific intention, (2) for all the faithful departed and (3) for the Holy Father's intentions. This privilege was granted by Pope Benedict XV in *Incrumentum altaris* (1915) and has never been revoked.

The celebrant may choose from the three Masses provided in the Roman Missal. According to the options available in the wide range of readings provided in the lectionary, the homily may well develop: our paschal hope of eternal life; the reality and meaning of purgatory; the propitiatory and impetratory nature of the Eucharistic Sacrifice; and the need to pray for the dead as an act of faith, hope and charity within the Body of Christ.³ The celebrant should also announce the indulgences granted on this day.⁴

The breviary recommends the public celebration of Lauds and/or Vespers on All Souls Day.⁵ As much as possible of the hour should be sung, preferably led by cantor(s) and choir. It may be found more convenient to join the celebration of Lauds or Vespers to a Mass, either combining it with the rite of Mass or adding it to the Mass.⁶

The Visit to the Cemetery

399. In some places, it is customary to visit the cemetery to bless the graves of the faithful, even to celebrate Mass there, if this can be carried out with proper dignity and under suitable conditions. The Requiem Mass, Lauds, Vespers or a para-liturgy is followed by the sprinkling and incensing of burial sites.

Footnotes: 1. Wearing white on All Souls Day tends to make the liturgy a repetition of All Saints Day. However white would be appropriate in a culture where it is the color of mourning, for example, in Japan.

2. Cf. CB, no. 397. 3. See CCC, nos. 954-58, 988-1019, 1010-14, 1020-21, 1030-32, 1051-55.

4. The faithful who visit a church or cemetery to pray for the faithful departed, saying the Lord's Prayer and the Creed, may gain a plenary indulgence once only under the usual conditions: sacramental confession, Eucharistic Communion and prayer for the Pope's intentions. Through prayer, this indulgence may be given over to the Holy Souls. *Enchiridion of Indulgences*, revised edition, 1986, concession 67. 5. The *Office of Readings* would also be appropriate as a public celebration on this day. 6. See CMRR, nos. 765-70.

Church History Book Group: will study the Reformation of the 16th Century. The First meeting will be this **Monday October 30th 7:30p.m. to 9p.m.** at the Parish Centre (260 Brock at Clergy). We will be reading: *"Reformations", the Early Modern World, 1450-1650*, by Carlos M.N. Eire, which can be found on Amazon. The first 5 chapters are accessible for free at the site below. We hope you will join us and invest some very profitable 90 minutes per month with our small and friendly group. If you have any questions please contact Deacon Blaine or Philippe Baille: blainebarclay31@gmail.com (613-542-6689), or philippebaille@hotmail.com (613-389-8122)
<https://play.google.com/books/reader?id=R3g8DAAAQBAJ&printsec=frontcover&source=ebookstore&pg=GBS.PP1>

THE THEOLOGICAL AND THE MORAL VIRTUES:



The theological virtues of faith, hope, and charity furnish a strong basis for all other virtues.

The cardinal virtues of prudence, justice, fortitude, temperance, are the foundation of all moral virtues.

The theological virtues define our relations with God; the moral virtues define our relations with ourselves and our fellow human beings.

If we have these virtues, we are on the way to perfection.

Moral Virtues

Are there any other virtues besides the theological virtues of faith, hope, and charity? --Besides the theological virtues of faith, hope, and charity, there are other virtues, called moral virtues.

1. These virtues are called moral virtues because they dispose us to lead *moral*, or good lives, by aiding us to treat persons and things in the right way, that is, according to the will of God. Moral virtues are opposed to the capital sins.

For example, *humility* is opposed to pride; *liberality* is opposed to avarice; *chastity* is opposed to lust; *meekness* and *patience* are opposed to anger; *temperance* is opposed to gluttony; *brotherly love* is opposed to envy; and *zeal* and *diligence* in what is good are opposed to sloth.

2. Moral virtues are an outgrowth and *completion* of the theological virtues. The theological virtues perfect our interior being; the moral virtues perfect our *exterior*. If we sincerely strive after these virtues, we are on the road to perfection.

The theological virtues affect our relations with God; the moral virtues affect our relations with our neighbor and our own selves. For example, faith makes us believe in the existence of God. Temperance makes us regulate our appetites.

Which are the chief moral virtues? --The chief moral virtues are prudence, justice, fortitude, and temperance; these are called cardinal virtues.

All other moral virtues spring from the cardinal virtues. These are called *cardinal* from *cardo*, the Latin word for *hinge*, because all our moral actions turn on them as a door turns upon its hinges. All other moral virtues depend on them.

How do prudence, justice, fortitude, and temperance dispose us to lead good lives? --Prudence, justice, fortitude, and temperance dispose us to lead good lives, as indicated below:

1. *Prudence* disposes us in all circumstances to form right judgments about what we must do or not do.-It teaches us when and how to act in matters relating to our eternal salvation. Prudence perfects the intelligence, which is the power of forming judgments; for this virtue, knowledge and experience are important.

Prudence shows us how to leave earthly things in order to earn riches for eternity. It is the eye of the soul, for it tells us what is good and what is evil. It is like a compass that directs our course in life. It is opposed to worldly wisdom. "Be prudent therefore and watchful in prayers" (1 Pet. 4:7). Prudence is a virtue of the understanding.

2. *Justice* disposes us to give everyone what belongs to him.-It teaches us to give what is due to God and to man. It makes us willing to live according to the commandments. Justice perfects the will and safeguards the rights of man: his right to life, freedom, honor, good name, sanctity of the home, and external possessions. The just man is an upright man. He gives to every one his due: he gives God worship; the authorities, obedience; his subordinates, rewards and punishments; and his equals, brotherly love. "Render to all men whatever is their due; tribute to whom tribute is due; taxes to whom taxes are due; fear to whom fear is due; honor to whom honor is due" (Rom. 13:7).
3. *Fortitude* disposes us to do what is good in spite of any difficulty.-It gives us strength to do good and avoid evil in spite of all obstacles and afflictions. We possess fortitude when we are not hindered by ridicule, threats, or persecution from doing what is right; when we are ready, if necessary, to suffer death. The greatest fortitude is shown by *bearing great suffering* rather than undertaking great works. No saint was ever a coward. The martyrs had fortitude.
4. *Temperance* disposes us to control our desires and to use rightly the things which please our senses.-It regulates our judgment and passions, so that we may make use of temporal things only in so far as they are necessary for our eternal salvation. We have temperance when we eat and drink only what is necessary to sustain life, preserve health, and fulfill our duties. We should strive to be like St. Francis of Sales, who said: "I desire very little, and that little I desire but little." However, temperance does not consist in refusing or denying ourselves what is necessary, thus unfitting ourselves for good works.

Which are some of the other moral virtues? --*Filial piety* and *patriotism*, which dispose us to honor, love, and respect our parents and our country. It is, however, no virtue but a sin if we are so prejudiced in favor of our parents that we find no good in others; or if we are so "patriotic" that we see no good in other nations. The division and mutual antagonisms of nations and peoples in which certain ones profess to find themselves as "superior" can certainly not please God; from them come war and revenge. God is Father of all nations and peoples, without exception.

1. *Obedience*, which disposes us to do the will of our superiors. Obedience consists not only in *doing* what is commanded by our superior, but in being *willing to do* what is commanded. One who grumbles and murmurs while doing what his mother asks him to do is not obedient. Obedience is a virtue only when one subjects his will to that of another for God's sake, not for material or natural motives. Christ is the model of obedience, for He obeyed completely and lovingly, even to the death of the Cross. "An obedient man shall speak of victory" (Prov. 21:28).
2. *Veracity*, which disposes us to tell the truth. We should always be truthful, as children of God, Who is Truth itself. Veracity, however, does not require us to reveal secrets, or to reply to questions about which the questioner has no right to ask. In cases such as these, we should either remain silent, or return an evasive answer. "Wherefore, put away lying, and speak truth each one with his neighbor, because we are members of one another" (Eph. 4:25).
3. *Patience*, which disposes us to bear up under trials and difficulties. In sickness and ill fortune, in the difficulties of our occupations, in our weaknesses, let us have serenity of mind, for the love of God: "And bear fruit in patience" (Luke 8:15). "Be patient in tribulation, persevering in prayer" (Rom. 12:12).

Besides these, there are many other moral virtues. Religion is the highest moral virtue, since it disposes us to offer to God the worship that is due Him. Religion is classed under the virtue of justice.



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