

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



**“So the two
will become
one flesh.”**

Mark10:8

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: smarys@cogeco.net,

Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12 noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

**Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm**

Parish Staff

Rector: Father Shawn Hughes,

fathershawnjhughes@gmail.com

Associate Pastor: Fr. Stéphane

Pouliot, fatherstephane@gmail.com

Deacon Blaine Barclay,

blainebarclay31@gmail.com

Parish Office Administrator:

Suzanne, smarys@cogeco.net

Pastoral Caring Coordinator:

Ann Lyng, alyng@cogeco.ca

Sacristan: Leslie Darling,

lesliedarling37@gmail.com

Organist: Catherine Helferty,

catherinehelferty@hotmail.com

Other Contacts

Parish Council: Chair: Sergio

Valconi, suvcv@cogeco.ca

Catholic Women's League:

Ellen Hawman

ellen.hawman@sympatico.ca

Knights of Columbus Council

#728: Doug Snider, dj53@live.ca

Finance Committee: Chair Mark

Levac, mark@levacsupply.com

University Chaplain:

Fr. R. de Souza,

chaplain@newmanhouse.ca

Billings Method Natural Family

Planning: Jennifer Farah,

kingston@naturalfamilyplanning.ca

Creighton Model Fertility

Care™ System: Caitlin Fitzpatrick

cjfitzpatrick@outlook.com

Serena, Sympto-Thermal Method of Family Planning:

www.serena.ca

serenakingston@gmail.com.

Please pray for the Sick:

Allen Barclay, Darren Black,

Olga Cherniej, Rene DeBernardi,

Romeo Feola, Marieta Freitas

deLima, Lidwien Gräfe, Irene

Haugh, James Hunter, Theresa

Knott, Hermina Lawlor, Brenda

Lewis, Earl McDonald, Shirley

Schuurs, David Tessier.

A marriage is like a house. When a light bulb burns out you do not go and buy a new house, you fix the light bulb.

27th Sunday in Ordinary Time October 4th, 2015

UPCOMING EVENTS & MEETINGS

This Weekend: Lots going on!!!

- **Tickets for the Italian Dinner for sale after the weekend Masses** at the back of the church. See ad for details!
- **LAST CHANCE TO GET IN ON THE Catholic Women's League Thanksgiving Pie Fundraiser:** Why spend time making your own Thanksgiving Day Dinner Pies when the ladies of the Catholic Women's League will do it for you. The ladies will accept prepaid orders for apple and pumpkin pies, \$10 per pie, before and after all Masses at the Cathedral this weekend of October 3/4. Freshly-baked pies will be available for pick-up at the Parish Centre 9 am-3 pm, Saturday 9 am-noon. See ad.
- **Living Rosary:** Sun. Oct. 4th immediately following the 10:30 am Sunday Mass. We will be praying for all the intentions of parishioners of St. Mary's. To volunteer, please contact Ann Lyng, alyng@cogeco.ca.
- **The Traditional Latin Mass** will be celebrated Sunday, Oct. 4th at 3 pm in St. James Chapel. Father Price will preside. All are welcome
- **October 4, 2015, Life Chain** will be held once again in Kingston, across the country and in the U.S. We will gather at the Newlands' Pavilion (next to Murney Tower) for opening prayers and go from there to King St. across from Kingston General Hospital where more than 35,000 babies have been killed by abortion since 1971. Life Chain takes place from 2-3 pm, however, we meet at the Newlands' Pavilion, King St. at 1:45pm.

The Fathers of the Church: an Introduction: Monday, October 5th at 7 pm. Philippe Baille, an avid "amateur" of classical antiquity and the early Church invites you to join him one evening a month for 90 minutes of hands-on discovery of the documents of the Early Church Fathers. Meeting will be in St. Mary's Parish Centre. Please contact philippebaille@hotmail.com

Exploring the Feminine Genius: Women as Apostles in the Modern World. Guest speaker: Irene Freundorfer, St. John the Apostle CWL, Monday, October 5, 2015. 7 pm. St. John's Parish Hall. All are welcome.

St. Mary's Moms and Tots: Inviting all members in the Kingston area for faith formation and fellowship. Babysitting provided. The first and third Tuesday of each Month, 10:00 – 11:30 am St. Mary's Parish Centre, 260 Brock St. beginning Tuesday, October 6th. See ad.

Seniors' Lunches This Wednesday, October 7th after the noon Mass. Please come out of join us for some good food and good fellowship.

The Bible Timeline: The New Testament continues Thurs. Oct. 8th at 7 pm.

Oremus: Let us pray Continues on Saturday, Oct. 17th, 10 am to 1 pm in St. Mary's Parish Centre

IS GOD CALLING YOU TO BE A DEACON? The next Diaconal Vocation Inquiry Day scheduled to be held at the Diocesan Centre, 390 Palace Rd., Kingston, on Sat. Oct. 17th, 2015 beginning at 9 am.

Save the date: Knights of Columbus 728 Fish Fry, Sat. Oct. 17th, 5 to 7 pm in St. Mary's Parish Centre

St. Patrick's Napanee Annual Harvest Bazaar: Sat. Oct. 17, 10am – 1pm in the parish hall, 179 West Street, Napanee.

19th ANNUAL ST. JOHN BOSCO CRAFT SHOW: 175 Windsor Drive, Brockville. Sat. Oct. 17, 9am-3pm.

Project Rachel: Are you still hurting from an abortion experience? We can help. Call 416-629-8264 or e-mail ProjectRachel@StMarysRefuge.org. A weekend retreat for women whose hearts have been broken by abortion: Oct. 23-25, 2015.

Theology of the Body Workshop: The workshop will be held on Fri., Oct 23rd, Sat., Oct. 24th & Sun., Oct. 25th at St. Mary's Parish Centre. To register contact Caitlin: [613-766-1246](tel:613-766-1246), lifeandhopekingston@gmail.com Check out our facebook page: www.facebook.com/lifeandhopecentre. On line registration: <https://tobfall2015.eventbrite.ca>

Masses

Monday Oct. 5th

7:45 am Joseph Healy Patterson, Mary Ellen Kelly Patterson, deceased & living members of Kelly and Patterson families

12:10 pm Clair Kearns

Tuesday Oct. 6th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Patricia McDonald

Wed. Oct. 7th

7:45 am Joseph Healy Patterson, Mary Ellen Kelly Patterson, deceased & living members of Kelly and Patterson families

12:10 pm Rita Turgeon

Thurs. Oct. 8th

7:45 am Verna & James Hughes

12:10 pm Leonard Charboneau

Fri. Oct. 9th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Mary & James Lyng

Sat. Oct. 10th

7:45 am Joseph Healy Patterson, Mary Ellen Kelly Patterson, deceased & living members of Kelly and Patterson families

5 pm Remi Sison, Intentions

Sun. Oct. 11th

8 am D. M. Flurey family, David Evans

10:30 am for the people

7:30 pm Hermina & Werenfried Van de Ven

Ministries: Sat. Oct. 10th 5 pm

Altar Servers	Barry M. Peter M. Lucas M.
Lectors	Mark M. Callie M.
EM of the Eucharist	Donna N.

Sunday Oct. 11th 8 am

Altar Servers	David M. Elizabeth S.
Lectors	Betty R. Diane D.
EM of the Eucharist	Betty G. Marcel R.

Sunday Oct. 11th, 10:30 am

Altar Servers	Nick B. Barry M. Mario D. Alec D.
Lectors	Marietta M. Larry R.
EM of the Eucharist	Connie A. Dianne I. Sr Theresa S. Jose C. Santana D. Domenica B. Bob C.

Sunday Oct. 11th, 7:30 pm

Altar Servers	Pene L. Doug S.
Lectors	Suzanne J. Olivia S.
EM of the Eucharist	Pene L. Jacqueline O.

PRAYER CARDS: You will notice that there are prayer cards at each of the entrances of the Church for all our priests, seminarians and religious sisters in the archdiocese. There are names for each day of the month. You are asked to take the prayer cards home with you and pray each day for the particular priest, seminarian and religious sister designated for that particular day of the month.

Queen's Chinese Catholic Community: (QCCC) is composed of a group of students from Queen's University. The essence of this community is to facilitate personal sharing, caring, loving, and spiritual growth among our brothers and sisters. We learn, support, and care for each other on the path of life during the years at Queen's. Join us for sharing, volunteering, music, Mass and much more! Weekly Cell: Fridays @ 7pm (Newman House, 192 Frontenac St.) Mass: Sundays 10:30am @ St Mary's Cathedral)

Overnight Retreat: "Living with a Grateful Heart: A Thanksgiving Retreat" with Deacon Bill Gervais Fri. Oct 9th, 4 PM – Sat. Oct 10, 4 PM The aim of this overnight retreat offered on the eve of Thanksgiving is that you will come away with a joyful heart, ready to grow closer to God and eager to celebrate all His abundant gifts. Through prayerful reflection, meditation and dialogue participants will be invited to adopt a spirituality of gratitude which leads to an awareness that grace abounds everywhere, even in the midst of our personal hurdles. Call to register Sept 25, 2015 /Cost \$75. Providence Spirituality Centre [613-542-8826](tel:613-542-8826)

Comedy & Praise Event for Adults: As a World Youth Day Faith Event, the pilgrims from our archdiocese are hosting a comedy & praise evening for adults of all ages on **Sat. Oct. 17th. 7-9 pm** at Holy Cross S.S, Kingston. Chris Bray will be leading us in music and performing a short concert. Catholic Comedian Judy McDonald will be our featured presenter and will be sharing a comedic routine about joy-filled faith. Refreshments included. Tickets are \$20 each and can be purchased in advance through Nadia at 613-484-2446, youth@romancatholic.kingston.on.ca or can be purchased at the door.

Al-anon and Alateen: Alcoholism can tear a family apart. Al-anon and/or Alateen can help families and friends of problem drinkers. For information in the Kingston area please call 613-384-2134.

Canadian Food for Children: Canadian Food For Children is a registered charity with the Canadian government. Our goal is to feed the poor. All donations collected go towards feeding the poorest of the poor in developing countries throughout the world. Each dollar that you donate can provide 20 nutritious meals. CFFC is entirely run by volunteers and no one gets paid. Joan and Andrew Simone started working with Blessed Mother Teresa in 1980. In 1981, Mother Teresa requested that they send food to the poor in Tanzania and Ethiopia where people were suffering from malnutrition due to severe drought. Food could not be purchased there and therefore the food they sent was a tremendous blessing. With the approval of Mother Teresa, CFFC became an official charity in 1985 and presently sends food to 18-22 developing countries throughout the world. The teachings of Jesus in the Gospels and their Catholic faith inspire them to do this work. www.canadianfoodforchildren.net



Come and See! Open House October 17: In honour of the Church's Year of Consecrated Life, we welcome all to visit us for an open house and to have a cup of tea with our communities and our associates – Congregation of Notre Dame,

Religious Hospitallers of St. Joseph, Sisters of Providence, and Franciscan Friars. Explore the building and learn about the ministries undertaken here, as well as future plans. **Saturday, October 17, 1-4 pm.** Providence Motherhouse, 1200 Princess Street, Kingston, ON.



ST. MARY'S MOMS & TOTS

Inviting all mothers in the Kingston Archdiocese for faith formation & fellowship. Babysitting is provided.
1st and 3rd Tuesday of the month, 10-11:30 AM
St Mary's Parish Centre, 260 Brock St.

October 6th: Mary, Our Mother

October 20th: Social

November 3rd: Saints in Catholic Family Life

November 17th: Social

December 1st: Advent Workshop

December 15th: Social

January 19th: Social

February 2nd: Prayer

February 16th: Social

March 1st: The Ultimate Relationship

March 15th: Social

April 5th: Refugee Project

April 19th: Social

May 3rd: Theology of the Body

May 17th: Social

June 7th: Natural Family Planning panel

June 21st: Social

Email: St.MarysMomsandTots@gmail.com

Facebook event: St Marys Moms & Tots

C.W.L. Thanksgiving Pie Fundraiser. The women of

the St. Mary's C.W.L. are preparing to wield their rolling pins in a pie-baking frenzy! They will be taking prepaid orders for their apple and pumpkin pies, at \$10 per pie, after all Masses at the Cathedral the weekend of October 3/4. Freshly-baked pies will be available for pick-up at the Parish Centre from 9 am to 3 pm on Friday October 9th and from 9 am to 12 noon on Saturday October 10th.

Proceeds from the fundraiser will help to support C.W.L. initiatives in the parish which include: hosting first communion and confirmation receptions; assisting youth with registration and travel expenses to church-related events; giving crucifixes to couples married in the Cathedral and offering monthly mass intentions for C.W.L. members of our parish.

For further information, or to volunteer to help with the baking (while learning from three expert pie-bakers), or to make a contribution toward purchasing ingredients, please contact the President, Ellen Hawman: ellen.hawman@sympatico.ca or 613-634-8635.

Calling all YOUTH 13 – 19 years of age! Join us for our annual "Shine Like The Son" Youth Conference. Saturday, October 17th, 2015 from 9 am -5 pm at Holy Cross S.S. in Kingston. The theme is "Fearless". We are excited to have comedian Judy McDonald coming to do a humorous keynote presentation. The day includes praise and worship music with Chris Bray & Band, icebreakers, drama skit, break-out sessions, Eucharistic Adoration, Confessions, Mass and social time. Cost is \$15 and includes lunch, snacks and a t-shirt! To register and for more information visit www.shineliketheson.com. Any questions contact Nadia at the Archdiocesan Youth Ministry Office 613-484-2446 or email youth@romancatholic.kingston.on.ca

Forming Intentional Disciples Workshop: Sat. Nov. 28th, 2015; 9 am – 4 pm Providence Spirituality Centre \$30 registration fee which includes materials and lunch. This workshop is based on the best-selling book by Sherry Weddell. It will be facilitated by Deacon Mark Cesnik, a member of Sherry's St. Catherine of Siena Institute in Colorado. An interactive day on how we can awaken our personal faith in Christ and become intentional disciples that effectively evangelize others. To register contact Nadia Gundert at youth@romancatholic.kingston.on.ca or call 613-484-2446. This Workshop is sponsored by the Youth Office of the Archdiocese, the Diaconate Formation and St. Mary's Cathedral.

Canadian Conference of Catholic Bishops 2015 Federal Election Guide: MAKING OUR VOICES HEARD

Voting: a right and responsibility

Canadian Catholics are being called upon as citizens to exercise their right to vote. The Church encourages and reasserts its belief in “the political freedom and responsibility of citizens.”¹ By exercising their right to vote, citizens fulfill their duty of choosing a government and at the same time send a clear signal to the candidates being presented by the political parties.

Political candidates are citizens too. In addition, they assume responsibility for the wellbeing of the public. Their commitment and dedication are a generous contribution to society’s common good. Indeed, the purpose of the political community is the common good.² What is the common good? It is “the sum of those conditions of ... social life whereby people, families and associations more adequately and readily may attain their own perfection.”³

Examples of the application of Catholic moral and social teaching

The following are examples of how Catholic moral and social teaching is to be applied. They do not constitute a political platform but a magnifying glass by which to analyze and evaluate public policies and programs.

1. Respect for life and human dignity: from conception to natural death

Choosing life means:

- Demanding the right to life for even the smallest among us –the human embryo and the foetus–since they too belong to the human family, while also providing assistance to pregnant women facing difficulties;
- Respecting the life and dignity of the dying, accompanying them until their natural death and promoting greater access to palliative care;
- Raising our voices against practices like physician-assisted suicide and euthanasia, which deny the intrinsic value of human life, endanger the lives of vulnerable people, and threaten to morally compromise medical professionals;
- Protecting all persons from being exploited by biomedical technologies;
- Rejecting capital punishment;
- Defending and caring for individuals in all circumstances, beginning with the poorest and most vulnerable;
- Supporting and accompanying individuals with disabilities, the elderly, the sick, the poor and those who are suffering.

What do the political parties say about these issues? What positions are the candidates taking?

¹Second Vatican Council, *The Church in the Modern World*, n. 76.3.

²Second Vatican Council, *The Church in the Modern World*, n. 74.1.

³Second Vatican Council, *The Church in the Modern World*, n. 74.1.

2. Building a more just society

The desire to create a more just society includes:

- Ensuring respect for the freedom of conscience and religion of all, in private, public, and professional life;
- Standing in solidarity and dialogue with Indigenous communities, and responding to the Calls to Action from the Truth and Reconciliation Commission by providing adequate funding for Aboriginal education, health and housing;
- Adopting measures to reduce poverty;
- Introducing equitable fiscal policies for companies and individuals;
- Ending excessive, unjustified spending;
- Promoting access to safe, affordable housing for destitute families;
- Coming to the aid of the homeless;
- Fighting child poverty;
- Ensuring a basic income that is sufficient for the basics of food and housing;
- Facilitating access to drinking water for communities that are lacking.

What do the political parties say about these issues? What positions are the candidates taking?

3. The person and the family

Promoting the integrity of the person and family includes:

- Promoting a better balance between familial and professional responsibilities;
- Ensuring pay equity between men and women;
- Guaranteeing sufficient basic income for an adequate quality of life;
- Providing access to quality hospital care for all;
- Supporting the reunification of immigrant and refugee families;
- Facilitating the recognition of the skills of immigrants;
- Taking actions against human trafficking;
- Promoting the rehabilitation of criminals through restorative justice and ensuring support for their victims;
- Protecting people from addictions to drugs and gambling.

What do the political parties say about these issues? What positions are the candidates taking?

4 Canada in the world: providing leadership for justice and peace

Believing in justice and peace includes:

- In developing nations, striving to reduce poverty and hunger and supporting universal primary education and improved health care;
- Choosing policies that promote dialogue leading to peace rather than confrontation among nations;
- Working to eliminate nuclear, chemical and biological weapons, and encouraging strict worldwide controls on the sales of small arms and personal weapons;
- Honouring international treaties on human rights;
- Protecting the dignity of immigrants and refugees when handling their files;
- Protecting the rights of seasonal workers from abroad;
- Combating business and industry practices that have little regard for workers' rights and dignity, including holding to account Canadian commercial interests that commit abuses abroad.

What do the political parties say about these issues? What positions are the candidates taking?

5. A healthy country in a healthy environment

Protecting the environment means, among other things:

- Implementing responsible stewardship practices for the environment;
- Honouring international agreements to reduce greenhouse gas emissions;
- Reducing our dependence on fossil fuels;
- Taking steps to control urban pollution;
- Introducing forms of transportation that are less harmful to the health of citizens and the environment;
- Encouraging companies to invest in renewable energy and energy efficiency;
- Developing natural resources without harming the quality of life in communities;
- Protecting water as an essential resource;
- Bequeathing a sustainable and healthy environment to future generations.

What do the political parties say about these issues? What positions are the candidates taking?

Voting means using your judgment

Exercising the right to vote means making enlightened and well-thought out judgments about the choices available. There are times, however, when these choices may prove very difficult. The Church reminds us that: "in this context, it must be noted also that a well-formed Christian conscience does not permit one to vote for a political program or an individual law in which the fundamental content of faith and morals is replaced by the introduction of proposals differing from this content or opposing it." (Congregation for the Doctrine of the Faith, Doctrinal Note: On Some Questions Regarding the Participation of Catholics in Political Life, no. 4 See also the Catechism of the Catholic Church, # 2242)

It is a sign of a healthy community when informed and responsible citizens engage in an ongoing dialogue on major social issues with their political leaders. This is precisely the kind of community we should strive to support and develop. No less is expected of us, since we are all called to be truly responsible for one another, especially for the most vulnerable members of our society.

August 2015

Episcopal Commission for Justice and Peace
Canadian Conference of Catholic Bishops

For key social and political issues of importance to the Bishops of Canada, see the website of the Canadian Conference of Catholic Bishops at www.cccb.ca.

Catechism of the Catholic Church 2242 The citizen is obliged in conscience not to follow the directives of civil authorities when they are contrary to the demands of the moral order, to the fundamental rights of persons or the teachings of the Gospel. *Refusing obedience* to civil authorities, when their demands are contrary to those of an upright conscience, finds its justification in the distinction between serving God and serving the political community. "Render therefore to Caesar the things that are Caesar's, and to God the things that are God's." "We must obey God rather than men":

When citizens are under the oppression of a public authority which oversteps its competence, they should still not refuse to give or to do what is objectively demanded of them by the common good; but it is legitimate for them to defend their own rights and those of their fellow citizens against the abuse of this authority within the limits of the natural law and the Law of the Gospel.

FUNDRAISER TICKETS AVAILABLE AT THE BACK AFTER EVERY MASS THIS WEEKEND:



Saturday, November 14th!!! Domenica, Santina, Pina and their Italian Friends are back... COOKING UP A STORM St. Mary's Cathedral Fundraiser Dinner at 5:30 pm in St. Mary's Parish Centre-260 Brock St. Authentic Italian Dinner includes vegetable, spinach cannelloni, ricotta cannelloni, meat cannelloni, chicken roll with prosciutto, salad, dessert, coffee or tea and a glass of wine..... all for \$ 35.00! Funds will go towards the

Sanctuary Floor Fund. The hope of the ladies is to have fundraisers until we can replace the very old thread bare carpet with marble which will never need to be replaced again. For tickets, please contact Suzanne at the Parish office 613-546-5521 ext. 3 or Domenica Bracciodieta 613-546-4934 or Santina Donini 613-569-8826, Pina Cappelli, pcappelli@astswitch.com. Please phone for a ticket and support this very generous group...all the expertise and all the food are being donated so the cost of admission goes 100% to replacing the sanctuary floor. Volunteers needed for serving and cleaning, please contact Suzanne to sign up to help.

SHINE LIKE THE SON

The Archdiocese of Kingston
Annual Youth Conference

Psalm 27
Fearless

Saturday, October 17, 9AM-5PM

Holy Cross Secondary School, Kingston
Youth 13-18 Years of Age
\$15 (includes lunch, snacks, and T-shirt!)



Judy MacDonald—Comedian



Chris Bray Band

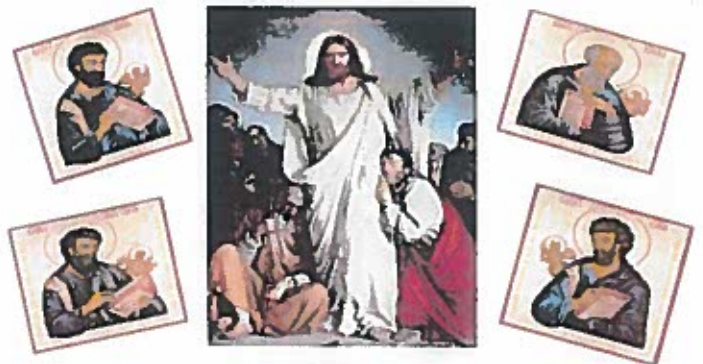
For more info and to register visit:
www.shineliketheson.com

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NOVEMBER 5-8, 2015

Thursday, Nov. 5: 6:00 pm – 9:00 pm

Friday, Nov. 6 & Saturday, Nov. 7: 8:30 am – 8:30 pm

Sunday, Nov. 8: 8:30 am- 4:00 pm

LOCATION: ST. MARY'S PARISH CENTRE, 260 BROCK STREET

COST: \$ 80.00

(INCLUDES ALL MEALS, BREAKS AND COURSE MATERIALS)

Prerequisite: Must have taken one of the following courses: New Life, Emmaus or John. Full payment is due at time of registration. After October 22nd, there is a \$30 non-refundable deposit on all cancellations.

TO REGISTER OR FOR INFORMATION CONTACT:

Jackie Litalien at 613-546-1332 or jlitalien@live.com

To register online or for an overview of the St. Andrew School of Evangelization, visit our website: www.sase.ca



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