

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

THEY SHAL NOT GROW OLD
AS WE THAT ARE LEFT GROW OLD:
AGE SHALL NOT WEARY THEM
OR THE YEARS CONDEMN.
AT THE GOING DOWN OF THE SUN
AND IN THE MORNING
WE WILL REMEMBER THEM.
WE WILL REMEMBER THEM!!!!!!!!!!

TO REMEMBER IS TO END ALL WAR!!!

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: smarvs@cogeco.net,

Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12 noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm

Parish Staff

Rector: Father Shawn Hughes,
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Associate Pastor: Fr. Stéphane
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serenakingston@gmail.com
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Please pray for the Sick: Allen
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Cherniej, Maria Cordeiro, Rene
DeBernardi, Romeo Feola, Alice
Fowler, Marieta Freitas deLima,
Lidwien Gräfe, Irene Haugh, James
Hunter, Theresa Knott, Hermina
Lawlor, Brenda Lewis, Earl
McDonald, Shirley Schuurs, David
Tessier.

The Lighthouse Media Kiosk
has been restocked. Take a look
at the kiosk in the centre aisle at the
back. There are some excellent CD's
and books for a very reasonable
price, mostly \$5 or less...great food
to increase you spiritual growth.



UPCOMING EVENTS & MEETINGS

PRAYING FOR THE HOLY SOULS IN PURGATORY: November is
dedicated to praying for the holy souls in purgatory. Please be sure and place
the names of your loved ones in the book of the Faithful Departed and pray the
following prayer for them and for all those in Purgatory.

*"Eternal rest grant unto (say their names) oh Lord and let perpetual light
shine upon them. May their souls and all the souls of the faithful departed,
through the mercy of God rest in peace. Amen."*

THIS WEEKEND: November 7 & 8, 2015: The Priests' Retirement Fund
collection supports the archdiocesan program which provides elderly and infirm
priests with the financial support they have earned after many years of service. The
Fund currently provides monthly pensions and health benefits for twenty priests.
We thank you for the generosity you've shown in the past and we hope you will
generously support this year's collection.



The Knights of Columbus & the Royal Canadian
Legion #560 are holding their annual **Remembrance Day**
Service at St. Mary's Cemetery, Sun. Nov 8th at 1:45 pm.
All are welcome.

The Extraordinary Form of the Roman Rite: the Traditional Latin Mass
will be celebrated Sunday, November 8th at 3 pm in St. James Chapel. Father
Price will preside. The Extraordinary Form fulfills your Sunday obligation. All
are welcome.

St. Mary's Moms and Tots: Inviting all members in the Kingston area for
faith formation and fellowship. Babysitting provided. The first and third
Tuesday of each Month, 10-11:30 am, St. Mary's Parish Centre, 260 Brock St.
St.MarysMomsandTots@gmail.com Facebook event: St Marys Moms & Tots.

Oremus: Let us pray Concludes on Saturday, Nov. 21st, 10 am to 1 pm in
St. Mary's Parish Centre.

KINGSTON DIOCESAN COUNCIL OF THE CATHOLIC



WOMEN'S LEAGUE will be holding its ANNUAL RETREAT on
SATURDAY NOVEMBER 21st, 2015 from 9:00 am to 3:00 pm at
Our Lady of Lourdes Parish Hall, 490 Day's Rd, Kingston. We will
begin with Mass in the church at 9:00. Registration and refreshments
will immediately follow. Registration fee \$5.00. Please provide your own
brown bag lunch. Facilitator: Sister Helen Russell, CSJ (Providence Centre,
Kingston). "Reflecting ~ Preparing as Catholic Women's League members, for
Pope Francis' upcoming Year of Mercy, with the example of Blessed Klara
Ludwika Szczesna." Please advise St. Mary's CWL President, Ellen Hawman,
by Friday Nov. 13th if you plan to attend: ellen.hawman@sympatico.ca or 613-
634-8635.

Campaign Life Coalition Christmas Cakes: delicious custom baked
Christmas Cakes will be sold at St. Mary's Cathedral after all Masses on
December 5/6 and December 12/13, 2015. For a donation of \$25.00 to CLC's
Pro-life work you will receive a beautiful boxed 900g. Christmas cake in a
decorative tin. We also have a 680g. cake for \$15.00 They make great
Christmas gifts! **Parish Contact: Betty Roy or CLC at 613-389-4472.**

Masses

Monday Nov. 9th

7:45 am Repose Souls of Overvelde, Gerretsen, Kearns & Sullivan family

12:10 pm Joe Tukatsch

Tuesday Nov. 10th

7:45 am Frank Wasch

12:10 pm Patricia McDonald

Wed. Nov. 11th

7:45 am Adolf & Aloisia Böhn

12:10 pm Souls in purgatory

Thurs. Nov. 12th

7:45 am Adam Hughes

12:10 pm Augustino Bochnia

Fri. Nov. 13th

7:45 am Repose Souls of Overvelde, Gerretsen, Kearns & Sullivan family

12:10 pm Norman Caron, 14th ann

Sat. Nov. 14th

7:45 am Joseph Healy, Mary Ellen Kelly Healy, Deceased members of Kelly & Healy family

5 pm Rosemary Kraushar, 4th anni

Sun. Nov 15th

8 am Holy Souls in Purgatory

10:30 am for the people

7:30 pm Terry Mulville

Ministries: Sat. Nov. 14th 5 pm

Altar Servers	Barry M. Peter M. Lucas M.
Lectors	Mark M. Cathy H.
EM of the Eucharist	Elizabeth S.

Sunday Nov. 15th 8 am

Altar Servers	Marcel R. Emily R. Betty R.
Lectors	Ann L. Bill M.
EM of the Eucharist	Theresa D. Adora J.

Sunday Nov. 15th 10:30 am

Altar Servers	Nick B. Dominic B. Doug S. Bohdan Y.
Lectors	Sr. Sheila B. Larry R.
EM of the Eucharist	Natalia A. Connie A. Rita F. Dianne I. Bob C. Betty G.

Sunday Nov. 15th 7:30 pm

Altar Servers	Students
Lectors	Mark D. Suzanne J.
EM of the Eucharist	Pene L. Jacqueline O.

HELP NEEDED! CHRISTMAS DAY DINNER: The Parish Pastoral Caring Team is beginning to organize the annual Christmas Day Dinner for those who are alone or who are unable to prepare a Christmas Day dinner for themselves. This year we are reaching out to serve the needs of more people within our local community. **In addition to our annual Christmas Day Dinner at St. Mary's Parish Centre immediately following the 10:30 am Christmas Day Mass, we will also hold a Christmas Day Dinner at Holy Family School in Rideau Heights.** At both venues, a complete turkey dinner will be served from 12 noon until 2 pm. Numerous volunteers are needed to assist with set up, with serving and with cleanup afterwards at both locations. Donations of home baked food items would be greatly appreciated. **This is a great opportunity for discipleship by giving of oneself in imitation of God's great gift of Himself, which we celebrate on Christmas Day.** We ask that you prayerfully consider volunteering at one of the dinners to serve the less fortunate in our community during this joyous time of the year. Individual volunteers, as well as entire families, who served at our previous Christmas Day dinners, stated that it was one of the best Christmases they have ever experienced, thus reaffirming that those who give of themselves to others receive many graces in return!!! Come and experience for yourself the joy of giving. If you are interested in volunteering or are willing to contribute baked items, please contact Ann Lyng at 613-546-5521 Ext 5 or alyng@cogeco.ca

When Was the Last Time You Had a Life-Changing Advent?

Earlier this year we experienced Best Lent Ever™. We did something bold to become a-better-version-of-ourselves. Continue that Lenten momentum and join us on another life-changing journey through Best Advent Ever™. Rediscover Mercy. What do you remember about Advent last year . . . or the year before that? Have you ever had a really memorable Advent? More importantly, have you ever had a life-changing Advent? Do something life-changing this year. Beginning the first Sunday of Advent (November 29), you will receive daily emails with either a short 1-2 minute video, an inspirational quote, or coaching that will help you live out the great works of mercy during the Advent season. These simple yet powerful messages from Matthew Kelly and six other incredible Catholic authors and speakers, including Dr. Allen Hunt, Daniel Burke, Jennifer Fulwiler, Sarah Swafford, Eliot Morris, and Father Mike Schmitz, will help you rediscover God's great mercy and inspire you to be an instrument of mercy to others. Advent is a time of preparation. But very often the world steals that time by distracting us in 100 different ways. Don't let this be just another Advent where you get distracted and busy. Make this your best Advent ever and you'll have the best Christmas of your life! Get the most out of your Best Advent Ever experience with a copy of our new book Beautiful Mercy. Best Advent Ever features content from six of the twenty-seven influential Catholic authors. To sign up or learn more about this free email program, visit BestAdventEver.com.

St. Mary's Cathedral Council of the Catholic Women's League will be having their November general meeting on Tues. Nov. 17th, from 7-9 pm at the Parish Centre. Please note the change from the usual time. It is hoped that the evening time will encourage more women to attend who may be working outside the home, or at home with their children, during the day. The theme of this year's meetings, *The Holy Year of Mercy*, will be developed under the direction of our spiritual advisor, Father Shawn Hughes. Women from our parish, of all ages and backgrounds, are invited to become members. The membership fee is \$20/year. Meetings are monthly, the third Tuesday of every month, with some exceptions, either following the noon mass or in the evening. The meetings always have a spiritual, a business and a social component. For more information or to arrange for transportation, please contact the President @ ellen.hawman@sympatico.ca or 613-634-8635.

Forming Intentional Disciples Workshop: Sat. Nov. 28th, 2015; 9 am – 4 pm Providence Spirituality Centre \$30 registration fee which includes materials and lunch. This workshop is based on the best-selling book by Sherry Weddell. It will be facilitated by Deacon Mark Cesnik, a member of Sherry's St. Catherine of Siena Institute in Colorado. An interactive day on how we can awaken our personal faith in Christ and become intentional disciples that effectively evangelize others. To register contact Nadia Gundert at youth@romancatholic.kingston.on.ca or call 613-484-2446. This Workshop is sponsored by the Youth Office of the Archdiocese, the Diaconate Formation and St. Mary's Cathedral.

Annual Liturgical Conference: The Jubilee of Mercy: "Merciful like the Father"

The Holy Father, Pope Francis has announced an Extraordinary Jubilee of Mercy that will be celebrated from the feast of The Immaculate Conception, 8 Dec. 2015, to the Solemnity of Christ the King, 20 Nov. 2016. In preparation for this special year of grace, the Archdiocese of Kingston invites you to our Annual Liturgical Conference which will focus on the meaning of the Jubilee Year. Please join us on **Fri. evening, 13 Nov. 7–9 pm**, and **Sat., 14 Nov. 9 am–3:30 pm**, at the Providence Spirituality Centre, 1200 Princess St. Kingston. Facilitator: Father John Hibbard, Chair of the Archdiocesan Liturgy Commission. Commuters: \$ 35, overnight: \$ 75. To register, please visit the Archdiocese of Kingston website at <http://www.romancatholic.kingston.on.ca/> or contact Mariola Gozdek at the Diocesan Liturgy Office, 613-548-4461 ext.114, liturgy@romancatholic.kingston.on.ca

What is the Extraordinary Jubilee of Mercy?

The **Extraordinary Jubilee of Mercy** will be a major event in the Catholic Church, held from the Feast of the Immaculate Conception (December 8), 2015 to the Feast of Christ the King (November 20), 2016.

Like other previous jubilees, will be a special, holy year of remission of sins and universal pardon, in this occasion focusing particularly on God's forgiveness and mercy. It's an *extraordinary* Jubilee because it wasn't predetermined long before; usually ordinary jubilees take place every 25 or 50 years. In fact, the 2016 Jubilee was first announced by Pope Francis on March 13, 2015. It's going to be the 27th Holy Year in history, following the ordinary 2000 Jubilee during John Paul II papacy. The opening day will also be fiftieth anniversary of the closing of the Second Vatican Council.

In prior months it was stressed that the Pontiff wishes the Jubilee to be celebrated not only in Rome but in all local churches around the world: for the first time holy doors will be open in dioceses around the world usually in the main cathedral or in local historical churches.

Holy Years allow the faithful to receive special indulgences, ways to repair the damage of sin beyond the absolution granted by going to confession. The year begins with the symbolic opening of the Holy Door of St. Peter's Basilica.

In his homily announcing the Jubilee, Pope Francis said the church must always keep its doors open so no one is excluded from God's mercy.

"The bigger the sin, the greater must be the love that the church shows to those who convert," he said.



St Mary's Cathedral Refugee Sponsorship Update: and Nov 13/14 Volunteer Training Session

It is quite possible our family will arrive before the end of November!!!!

As the arrival of our Burundian refugee family nears, we are happy to report that a house has been secured for them. A four bedroom townhouse has been rented that is very close to grocery stores, pharmacy, bus stops, and the YMCA. The large backyard includes a park. We are currently arranging preparation of the home, including cleaning and moving in furniture.

After the family arrives, we will need a dedicated group of volunteers to assist the family daily. These will be divided into three crews: 'Daytime', 'Evening' and 'Weekend'. There should be someone available every day of the week at least for the first month. Other sponsoring groups have reported 'volunteer burn-out' during the first weeks -- as it is a very intensive time -- so it will be good to have a large rotation.

Daytime: Attending appointments, completing registrations, banking and administration.

Evening: Grocery shopping, public transit, handling laundry, cooking.

Weekend: Tours of the town, parks, libraries, YMCA, faith community.

In addition to the above, we need volunteers for the following:

1. Tutoring the school age children in English. (If volunteering in the school, a criminal record check will be needed, at a cost of \$25, obtainable from city police.)
2. Finding a computer and software.
3. Setting up telephone and internet connections.
4. Repairs and handyman (handywoman) work on the house (basement work, blinds, etc.).

As you can see, there will be a great deal of help required to provide the family with the settlement and emotional support to which we have committed. The outpouring of support from our parish community thus far has been enormous (and enormously inspiring). We are confident that this will continue, and we ask you please to sign up for the tasks listed above. Please contact Angela Gambin at stmarysrefugee@gmail.com

Finally, Professionals from the Refugee Sponsorship Training Program will be travelling to Kingston November 13 and 14 to provide training to all of the sponsoring groups in Kingston. The main session will take place Saturday, Nov 14, with an abbreviated session on Friday, Nov 13. All volunteers are highly encouraged to attend, as it should be a very helpful, informative and interesting session. Please sign up!

Refugee
Sponsorship
Training
Program



JOIN US FOR A FREE SESSION ON
Welcoming Newcomers

How to best help your new refugee friends

Facilitated by the Refugee Sponsorship Training Program (RSTP), Toronto

Topics include:

- Settlement challenges
- Managing expectations
- Communication with newcomers
- Cultural issues, including religion & gender
- Easing culture shock
- Financial matters – raising and allocating funds
- Volunteer engagement

DATE: SATURDAY, NOVEMBER 14, 2015

TIME: 10:00 AM – 3:00 PM (REGISTRATION 9:30)

**LOCATION: IMMIGRANT SERVICES KINGSTON AND AREA (ISKA) IN KINGSTON
COMMUNITY HEALTH CENTRES (KCHC), 263 WELLER AVENUE, KINGSTON**

LUNCH INCLUDED

FOR THOSE WHO CANNOT ATTEND ON SATURDAY:

AN ABBREVIATED SESSION WILL BE HELD ON

FRIDAY, NOV. 13 FROM 7-9 P.M. AT ST. JOHN'S ANGLICAN CHURCH, 41 CHURCH STREET

FROM THE CATECHISM OF THE CATHOLIC CHURCH

PART II: SERIES ON HEAVEN, PURGATORY, HELL AND THE LAST THINGS

HELL

1033 We cannot be united with God unless we freely choose to love him. But we cannot love God if we sin gravely against him, against our neighbor or against ourselves: "He who does not love remains in death. Anyone who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him."⁶¹² Our Lord warns us that we shall be separated from him if we fail to meet the serious needs of the poor and the little ones who are his brethren.⁶¹³ To die in mortal sin without repenting and accepting God's merciful love means remaining separated from him for ever by our own free choice. This state of definitive self-exclusion from communion with God and the blessed is called "hell."

1034 Jesus often speaks of "Gehenna" of "the unquenchable fire" reserved for those who to the end of their lives refuse to believe and be converted, where both soul and body can be lost.⁶¹⁴ Jesus solemnly proclaims that he "will send his angels, and they will gather . . . all evil doers, and throw them into the furnace of fire,"⁶¹⁵ and that he will pronounce the condemnation: "Depart from me, you cursed, into the eternal fire!"⁶¹⁶

1035 The teaching of the Church affirms the existence of hell and its eternity. Immediately after death the souls of those who die in a state of mortal sin descend into hell, where they suffer the punishments of hell, "eternal fire."⁶¹⁷ The chief punishment of hell is eternal separation from God, in whom alone man can possess the life and happiness for which he was created and for which he longs.

1036 The affirmations of Sacred Scripture and the teachings of the Church on the subject of hell are a call to the responsibility incumbent upon man to make use of his freedom in view of his eternal destiny. They are at the same time an urgent call to conversion: "Enter by the narrow gate; for the gate is wide and the way is easy, that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard, that leads to life, and those who find it are few."⁶¹⁸

Since we know neither the day nor the hour, we should follow the advice of the Lord and watch constantly so that, when the single course of our earthly life is completed, we may merit to enter with him into the marriage feast and be numbered among the blessed, and not, like the wicked and slothful servants, be ordered to depart into the eternal fire, into the outer darkness where "men will weep and gnash their teeth."⁶¹⁹

1037 God predestines no one to go to hell;⁶²⁰ for this, a willful turning away from God (a mortal sin) is necessary, and persistence in it until the end. In the Eucharistic liturgy and in the daily prayers of her faithful, the Church implores the mercy of God, who does not want "any to perish, but all to come to repentance":⁶²¹

Father, accept this offering
from your whole family.

Grant us your peace in this life,
save us from final damnation,
and count us among those you have chosen.⁶²²

612 *1 Jn* 3:14-15.

613 Cf. *Mt* 25:31-46.

614 Cf. *Mt* 5:22,29; 10:28; 13:42,50; *Mk* 9:43-48.

615 *Mt* 13:41-42.

616 *Mt* 25:41.

617 Cf. DS 76; 409; 411; 801; 858; 1002; 1351; 1575; Paul VI, *CPG* § 12.

618 *Mt* 7:13-14.

619 *LG* 48 § 3; *Mt* 22:13; cf. *Heb* 9:27; *Mt* 25:13,26,30,31-46.

620 Cf. Council of Orange II (529):DS 397; Council of Trent (1547):1567.

621 *2 Pet* 3:9.

622 *Roman Missal*, EP I (Roman Canon) 88.

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