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EUCCHARISTIC ADORATION IN

ST. JAMES' CHAPEL: You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration at any time Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-9 pm, Sat. 8:15 am to 5 pm. People are needed for the following; Sun 1-2, 4-5 pm; Mon 9-10 am; Wed 5-6, 6-7 pm; Thurs 5-6, 6-7 pm; Fri 6-7 pm, Sat 11-2 am, 1-2, 2-3 pm. Please contact Karen King at 613-541-5010 ext. 2415.

The Cathedral of St. Mary of the Immaculate Conception

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The Most Reverend Brendan M. O'Brien, Archbishop of
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Telephone: 613-546-5521, Fax: 613-546-1947, email:
smarys@cogeco.net,

Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12
noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am
Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am,
10:30 am, 7:30 pm

Opportunities for Confession: One half hour prior to
every daily Mass held in the Cathedral;

Additionally: Wednesdays 1 pm – 5pm, Saturdays 4 pm
– 4:50 pm

The Baptism of the Lord Sunday January 10, 2016

St. Mary's Refugee Sponsorship Committee will meet Wed.
Jan. 13th at 7 pm, Parish Centre.

Knights of Columbus Breakfast: January 17th, 2016

Catholic Womens' League will meet Jan. 19th, 1:00 pm at the
Parish Centre.

Parish Council Annual General Meeting will be held in St.
Mary's Parish Centre, Tues. Jan. 26th at 7 pm. This is an open
meeting. Anyone is welcome to attend.

Finance Committee Meeting: Wed., Jan. 13th at 4 pm.

The Mystery of God: Answering Atheists Wed. Jan. 20th,
Thurs. Jan. 21st & Wed. Jan. 27th 7-9 pm in St. Mary's Parish Centre

Healing the Church: January 28th, at 7 pm in the Parish Centre.

DEVELOPMENT AND PEACE – Make ShareLent a part of our
journey in this Year of Mercy. Join us Saturday Jan 23rd at St. Joseph
Parish in Kingston (392 Palace Rd.) from 10am-12:30pm for our
annual ShareLent workshop. You will experience a virtual pilgrimage
to visit the people Development and Peace is helping around the
world in this Year of Mercy. We hope it will inspire you to help make
ShareLent a success in your parish! For more information, contact:
Susan Kennedy (613) 549-2621, susan.kennedy1915@gmail.com.

Masses

Monday Jan. 11th

7:45 am Eddie Michael
12:10 pm Deceased members of the Cobb Family

Tuesday Jan. 12th

7:45 am Brendan McLaughlin, Francis Gillespie Sr.
12:10 pm Augustino Bochnia

Wednesday Jan. 13th

7:45 am In thanksgiving
12:10 pm Romeo Vergiere

Thursday Jan. 14th

7:45 am Hermina & Werenfried Van de Ven
12:10 pm James Lyng

Friday Jan. 15th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy, family members of Kelly & Healy families
12:10 pm Raymond Vienneau

Saturday Jan. 16th

7:45 am Hermina & Werenfried Van de Ven
5 pm Lillian Leclerc, 3rd anni.

Sunday Jan. 17th

8 am Robert Ford
10:30 am for the people
7:30 pm Joseph Patterson Healy, Mary Ellen Kelly Healy, family members of Kelly & Healy families

Ministries: Sat. Jan. 16th 5 pm

Altar Servers	Peter M. Lucas M. Elizabeth S.
Lectors	Ahyoung C Sandi W.
EM of the Eucharist	Mark M.

Sunday Jan. 17th 8 am

Altar Servers	Marcel R. Emily R. Betty R.
Lectors	Elizabeth N. Ann L.
EM of the Eucharist	Ellen H. Diane D.

Sunday Jan. 17th 10:30 am

Altar Servers	Nick B. Dominic B. Glen M. Simon B.
Lectors	Janice L. Larry R.
EM of the Eucharist	Dominica B. Bob C. Connie A. Betty G. Natalia A. Jose C.

Sunday Jan. 17th 7:30 pm

Altar Servers	Pene L. Doug S.
Lectors	Suzanne S. Ann L.
EM of the Eucharist	Ellen H. Catherine K.

Please pray for our Sick: Beverly Harris, Irene Haugh, James Hunter, Theresa Knott, Hermina Lawlor, Earl McDonald, Carmelita Orellano, Connie Tan, Réal Vienneau, Giordana White.



A huge thank you to Ms. Catherine Helferty, our music director here at St. Mary's, and the fabulous St. Mary's Choir and soloists for the spectacular music ministry throughout the Christmas Season. To sing is to pray twice!!! Thus, Heaven was surely stormed with prayer with the beautiful music we enjoyed this year!! God Bless you all!!

Many, Many thanks to all who help decorate the Church and make it so beautiful this Christmas Season. Thank you to:

Kevin Blaney, Mario Bozek, Pat Brady, Domenica Bracciodieta, Robert Brown, Peter Draper, Bill Duphney, Ella Duphney and her friend, Annie, Ann Hogarth, Cathy Holland, Kristen, Mark Levac, Janice and Richard Lumb, Chris Neely, Liz Neely, Dennis O'Connor, Kevin O'Connor, Terry, Margit and Bill Thompson. Thank you one and all!!!!

HELP NEEDED!!! To take down the decorations, Monday, January 11th at 9 am. Many hands make light work.



Many thanks to Nick Beadle for organizing all the servers over the Christmas Season and to all who served, your service at the Altar is deeply appreciated.



To all our Lectors who so beautifully proclaimed the Word of God over the Christmas Season, many, many thanks!!! Especially to Ellen Hawman who did the work of scheduling our readers!

St. Mary's Cathedral Council of the Catholic Women's League



will be having their winter general meetings on Tuesday afternoons January 19th and February 20th, following the noon Mass, from 1 to 3 p.m. at the Parish Centre. Please bring your own lunch; beverages (and perhaps dessert!) will be provided. Please note the change of time from the fall meetings. It is hoped that the afternoon time will encourage more women to attend who may find evening meetings difficult, especially in winter. At

our January 19th meeting, Taylor Currie, a Queen's doctoral candidate, will speak to us about Catholic Christian Outreach (CCO) and its mission. The theme of this year's meetings, *The Holy Year of Mercy*, will be developed under the direction of our spiritual advisor, Father Shawn Hughes. Women from our parish, of all ages and backgrounds, are invited to become members. The membership fee is \$20/year. We will be holding a membership drive beginning later in January and continuing throughout February. Look for our information table after weekend Masses beginning January 23/24, or place your membership fee in an envelope with your name and contact information and marked "CWL" in the collection basket. Meetings are monthly from September to May, the third Tuesday of every month, with some exceptions, either following the noon mass or in the evening. The meetings always have a spiritual, a business and a social component. For more information or to arrange for transportation, please contact the President, Ellen Hawman: ellen.hawman@sympatico.ca or 613-634-8635.

LOOKING AHEAD

St. Mary's Moms and Tots: Inviting all members in the Kingston area for faith formation and fellowship. Next meeting is January 19th. Babysitting provided. The first and third Tuesday of each Month, 10-11:30 am, St. Mary's Parish Centre, 260 Brock St. St.MarysMomsandTots@gmail.com Facebook event: St Marys Moms & Tots.

Healing The Church Workshop: A workshop on: 'Healing the Church: Addressing the Sexual Abuse Crisis in the Catholic Church' will be held on Thursday January 28, 2016 from 7:00 pm to 9:00 pm at St. Mary's Parish Centre. The material presented at the workshop by the Providence Spirituality Team is based on the extensive research of Dr. Sister Nuala Kenny, SC who is a physician and a member of the Sisters of Charity. This workshop is for every member of the parish but especially those who might have felt the effects of the crisis of clergy sexual abuse in the Catholic Church and the denial and secrecy that has sometimes accompanied it and those who have experienced a loss of trust in Church leadership, even a loss of faith and who find themselves apart from the Church. Please spread the news about this wonderful workshop to those who this may directly affect but who will not necessarily read it in our cathedral newsletter.

How should Christians Respond to Atheism?



Atheism is on the rise. Skeptical thinkers like Richard Dawkins, Christopher Hitchens, and Sam Harris vigorously attack belief in God as irrational or, even worse, dangerous. The so-called New Atheism has attracted millions of young people thanks to bestselling books such as *The God Delusion* and *God Is Not Great*. How should Christians respond? How can we turn the tide of secularism and draw people back to God? In a new six-part film series from Bishop Robert Barron titled "The Mystery of God: Who God Is and Why He Matters" you will reach into our rich intellectual tradition and learn how. Using the insights of St. Augustine, St. Thomas Aquinas, and Pope Benedict XVI, you'll uncover a clear yet sophisticated understanding of what we mean by "God".

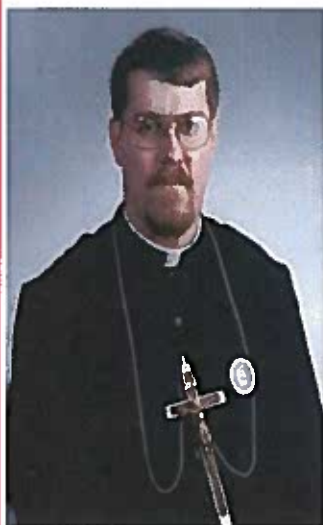
Who is God? And why does he matter? Watch this series and you'll not only learn the answers yourself, but you'll discover how to share them with others—especially those who no longer believe. This DVD series will be presented in St. Mary's Parish Centre, Wednesday, January 20th at 7 pm, Thursday, January 21st 7-9 pm & concludes Wednesday, January 27th 7-9 pm. Facilitated by Father Shawn.

SASE-Kingston Presents a Course on the Power of God's Salvation

St. Andrew School of Evangelization Kingston (SASE- Kingston) is offering another great opportunity to deepen our faith. The course 'New Life' will take place at St. Mary's Parish Centre from **Friday, February 19 to Sunday, February 21, 2016.** Registration fee is \$50, which includes all meals, breaks and course materials. **If you desire to bring your baptism to life, are willing to encounter Jesus as profoundly alive, are hungry to know God's love personally, are eager for your faith to grow and are hoping to have your life renewed by the Spirit of God, this is the course for you!!! To register or for more information, contact Ann Lyng, 613-546-5521 Ext. 5**



MARK YOUR CALENDARS FOR WHAT PROMISES TO BE A SPECTACULAR SPIRITUAL EXPERIENCE FOR OUR PARISH!!!!



IN THIS JUBILEE YEAR OF MERCY YOU ARE INVITED TO
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HERE AT ST. MARY'S CATHEDRAL

DIVINE MERCY IN THE GOSPELS

Father Ben Cameron, C.P.M., The Fathers of Mercy of Auburn, Kentucky
Saturday, March 13th & Sunday, March 14th, Homilist at all the Masses
At St. Mary's Cathedral

Monday, March 14th: *Ask for Mercy: The Prodigal Son*
Tuesday, March 15th: *Be Merciful: The Good Samaritan*
Wednesday, March 16th: *Confidence in Mercy: The Sinful Woman*
Thursday, March 17th: *The Cross: Wellspring of Infinite Divine Mercy*

Daily Mass: 7:45 am and 12:10 pm

Each Evening: 6 pm Exposition of the Blessed Sacrament & Confessions
7 pm to 8 pm: Mission Talk
8:00 pm: Confessions following the Talk

Psalms: The School of Prayer

by Jeff Cavins, Sarah Christmyer, and Tim Gray

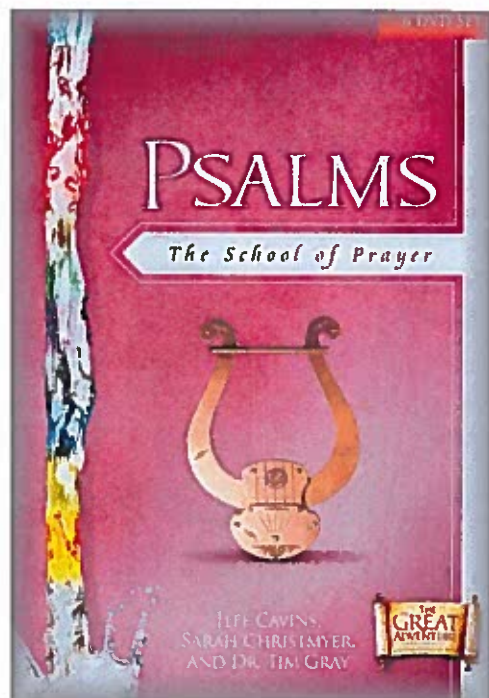
With *Psalms: The School of Prayer*, *The Great Adventure* moves from telling the Story to making it personal. While the historical books of the Bible recount God's creative and redemptive acts in history, the Psalms reveal Israel's response to God's covenant offer and serve as a model for our response to Him. Indeed, one could say that the historical books tell the "outside" of the story of Israel by giving an historical perspective, while the Psalms tell the "inside" story, which comes from the deeply personal perspective of one who is seeking God. Our communication with God is enhanced by a deeper understanding of the book of Psalms and of the individual psalms that reside in each of our hearts.

At the heart of the Bible are the Psalms, prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. These sacred hymns become our heartfelt response to God's loving and wondrous deeds for us. Their words captivate the imagination and draw us into a deeply personal encounter with God. Join us for this DVD series led by Jeff Cavins, Tim Gray and Sarah Christmyer as they show you how to

establish a deeply personal dialogue with God through the Psalms.

Facilitated by Ann Lyng and Father Shawn. Thursdays, Feb 18th, 25th, March 3rd, 10th & March 31st, April 7th @ 7-9 pm.

"This study has given me a renewed love of the Word, a desire to learn more, and most of all, a closeness to Jesus that I have not experienced before." –Linda Fort Smith, Arkansas



A Meditation on Our God Becoming One of Us in the Flesh
By the Vision of the Word Our Needs Will Be Fulfilled

by Saint Augustine

What human being could know all the treasures of wisdom and knowledge hidden in Christ and concealed under the poverty of his humanity? For *being rich, he became poor for our sake so that by his poverty we might become rich*. When he assumed our mortality and overcame death he manifested himself in poverty: his poverty was not a sign of riches lost but a promise of riches to come later.

How great is the abundance of the delights that he conceals from those who fear him but prepares for those that hope in him!

Until what is being prepared arrives, we can understand only in part. To make us worthy of this perfect gift, he, equal to the Father in the form of God, became like us in the form of a servant, and he re-forms us to be like God. The only Son of God, having become the son of Man, makes many sons of men the sons of God. Taking on the form of a servant, he takes those who were born and brought up as servants and gives them the freedom of seeing the face of God.

For we are the children of God, and what we shall become has not yet appeared. We know that, when he appears, we shall be like him, for we shall see him as he is. What, then, are those treasures of wisdom and knowledge? What are those divine riches unless they are what is sufficient for us? What is that multitude of delights unless it is what fills us? *Show us the Father and it is sufficient enough for us.*

In one of the psalms one of us — either with us or on our behalf — said to him, *I shall be filled when your glory appears*. But he and the Father are one, and whoever sees him sees the Father also, so *the Lord of hosts, he is the King of Glory*. He will bring us back, he will show us his face and we shall be saved; we shall be filled, and he will be sufficient for us.

Until this comes to pass, until he gives us the sight of what will completely satisfy us, until we drink our fill of him, the fountain of life — while we wander about, apart from him but strong in faith, while we hunger and thirst for justice, longing with a desire too deep for words for the beautiful vision of God, let us fervently and devotedly celebrate the anniversary of his birth in the form of a servant.

We cannot yet contemplate the fact that he was begotten by the Father before the dawn, so let us hold on to the fact that he was born of the Virgin in the night. We do not yet understand how *his name endures before the sun*, so let us acknowledge his *tabernacle placed in the sun*.

Since we do not, as yet, gaze upon the Only Son inseparably united with His Father, let us remember the *Bridegroom coming out of his bride-chamber*. Since we are not yet ready for the banquet of our Father, let us acknowledge the manger of our Lord Jesus Christ.

A HUGE THANK YOU !!!!



THE PARISH PASTORAL CARING TEAM WOULD LIKE TO TAKE THIS OPPORTUNITY TO EXPRESS OUR VERY SINCERE THANKS to all who were involved in our highly successful **third annual Christmas Day dinner** for those who are alone or unable to prepare a dinner for themselves. This year in order to reach out to better serve those in need within our community, Christmas dinners were held at two venues, St. Mary's Parish Centre and Holy Family School, where a total of 250 people enjoyed a full turkey dinner.

Thank you to the many, many businesses and associations who provided donations, especially financial or physical assistance with the preparation of the meal: Amy's Taxi, The Bank of Montreal (Bath Road), Bennett's Valu-Mart, Bob's Butcher Shop, The Bread Man, Canadian Forces Base Kingston, Card's Bakery, Day's Inn, Fardella's Classic Bakery, John's Delicatessen, Kevin Blaney Florist, Costco Wholesale, Farm Boy, Grant's No Frills (Division Street), Grizzly Grill, Loblaws (Princess Street), Metro (Barrie Street), Metro (Gardiners Road), Pan Chanco Bakery, Quattrocchi Specialty Foods, Ramekins (Bath Road), Sanisol, Starbuck's (Division Street), Swiss Chalet, Windmills Catering, the Wholesale Club and to the many other donors of turkeys, vegetables and dessert items who wished to remain anonymous.

A very special thank you to Brian and Nancy Cosgrove, Father Robert Flurey, Nora Ford, Lidwien and Gunter Grafe, Mary and Mark Hitchcock and Suzanne Brown-Stevenson for providing financial assistance and/or goods in kind for the dinners.

Thank you to the Chefs who volunteered at the dinner: Laurie and Clark Day of Bayview Farms Restaurant, and Rikki Wieczorek.

Many thanks to the numerous volunteers from St. Mary's Cathedral, other city Catholic Churches and various city organizations who were involved in advance preparations and who served the Christmas dinner at St. Mary's Parish Centre: Deacon Blaine Barclay, Rose Bell, Suzanne Bodner, Jana Clark, Brian Cosgrove, Nancy Cosgrove, Carol-Anne Dalton, Barbara Delaney, Walter Durante, Faustina Dzyickan, Ron Ellsworth, Rita Fjarlie, Caitlin Fitzpatrick, Grant Fitzpatrick, Elizabeth Griffiths, Donna Guiney, Liz Guiney, Matt Guiney, Noel Guiney, Bev Heyman, Ron Heyman, Jody Hill, Mark Hitchcock, Mary Hitchcock, Catherine Holland, Natalie Holland, Steven Holland, Jill Holland-Reilly, Beth Horton, Ruth Hughes, Aaron Kennedy, Adrian Kennedy, John Kennedy, Kathy Kennedy, Niall Kenny, Robyn Lalonde, Shirley Legris, Fred Light, Adam Levac, Erin Levac, Ethan Levac, Mark Levac, Noah Levac, Pene Lucas, Connor King, Mark King, Michelle King, Sr. Isabelle MacLaughlin, Kevin Maloney, Bruno Mathieu, Kelly Mathieu, Liliane Mathieu, Sophia Mathieu, Vanessa Mathieu, Yves Mathieu, Brian Melady, Carol Miernicki, Donna North, Korie Ocolison, Wayne Ocolison, Ninette O'Donnell, Susan Overvelde, John Palmer, Theresa Paloschi, Mary Porter, Vicki Powers, Kate Reilly, Jim Reilly, Patrick Reilly, Ben Reinelt, Deacon Lindsay Reinelt, Doug Snider, Kathy Veley, Tim Wieczorek, Sandi Wilson, Doug Young and the Staff and Grade 1 to Grade 4 Students of St. Martha's Catholic School.

Thank you to the wonderful volunteers from Holy Family Parish who served the Christmas dinner at Holy Family School: Sue Al Raheb, Tom Black, Trish Black, David Borden, Cindy Carquez, Louisa Costa, Rick Coupland, Barb Cummings, Sarah Cummings, Brittany Da'Sa, Colleen Earle, Wendy Earle, Tess Eble, Ellie Ellsworth, Megan Erb, David Ibbott, Adam Joselin, Al Joselin, Mary Theresa Joslin, Marlene Joselin, Karen Keough, Louise Kim, Theresa Mayer, Barbara Meltz, Maggie Munt, Sandi Murchi, Kathryn Nickerson, Jini Rosen, Wally Samburski, Elizabeth Santos, Lidia Santos, Jason Sleno, Debbie Szumlanski, Phil Szumlanski, Brenda Murray, Maureen Wardle, Amber Wynn, Janice Wynn, Ron Wynn.

Special thanks to the Algonquin and Lakeshore Catholic District School Board, Mr. Dan Finn, Principle of Holy Family School and the Students and Staff of Holy Family School.

A very special thank you to the Kasaboski Family for providing the beautiful musical entertainment during the dinner at St. May's Parish Centre for the enjoyment of all and to Elizabeth Santos for providing the wonderful musical entertainment for the dinner at Holy Family School!

Also many, many thanks to all those who generously donated delicious home baked goodies and treats: Lynn Beasley, David Beresford, Michelle Black, Cara Brown, Suzanne Brown-Stevenson, Margaret Corrigan, Maureen Daily, Sarah Davidson, Ruth Dunlop, John and Assunta Gerritsen, Briana, Margaret and Nicholas Goslin, Lidwien Grafe, Lois Halligan, Anne Hogarth, Jane Kaduck, Robyn Lalonde, Erin Levac, Eulilia Martins, Kevin Michael, Zofia Miksa, Ian Moore, Shelley Morand, Sharon Musgrave, Cathy Murphy, Pat Murray, Debbie O'Grady, Mary Patterson, June Pritchard, Sharon Rose, Mary Shaughnessey, Erin Sheldon, Remy Sison, Karen Stephenson, Betty Turcotte, Kassandra White, and Stephanie Young.

With our sincere apologies to anyone we may have missed!

Many thanks to everyone who contributed their time, talents and resources to make our Christmas Day dinner a truly joyous celebration for those in need!! May God bless each and every one of you!!!

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