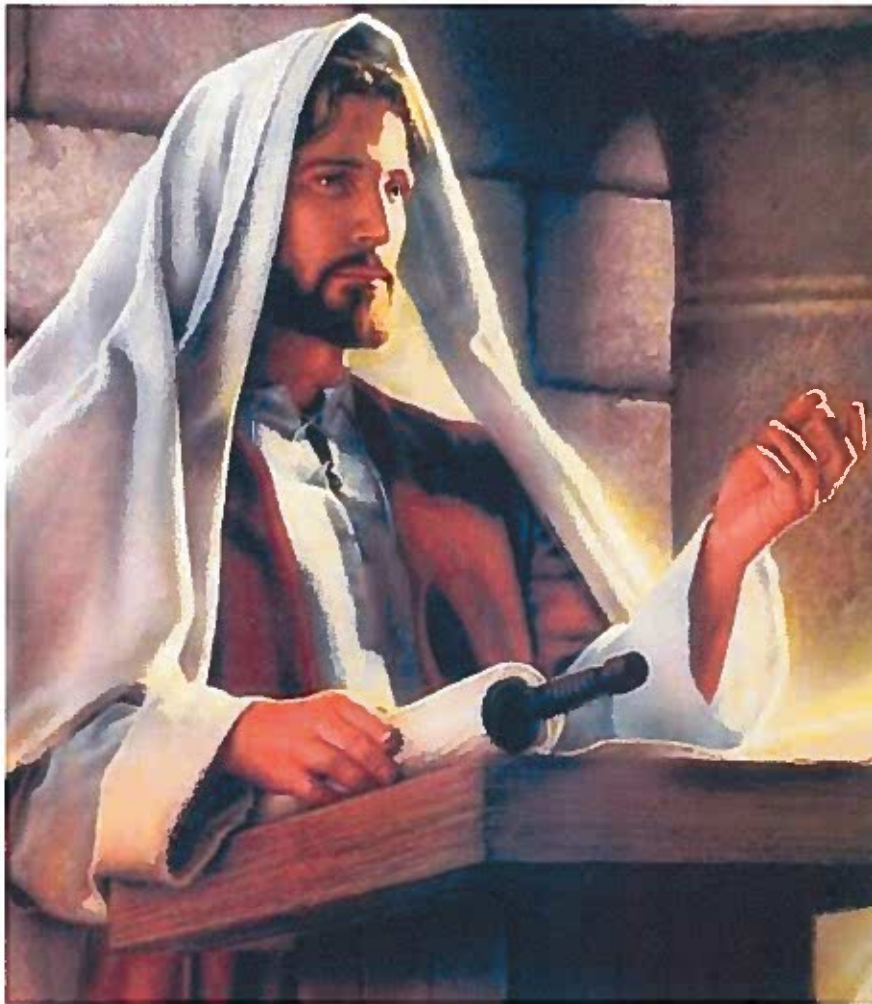


The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



“The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favour.”

Luke 4:18-20

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: smarys@cogeco.net,

Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12 noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

**Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm**

Third Sunday in Ordinary Time January 24th, 2016

Contacts

Rector: Father Shawn Hughes,
fathershawnjhughes@gmail.com
Associate Pastor: Fr. Stéphane
Pouliot, fatherstephane@gmail.com
Deacon Blaine Barclay,
blainebarclay31@gmail.com
Parish Office Administrator:
Suzanne, smarys@cogeco.net
Pastoral Caring Coordinator:
Ann Lyng, alyng@cogeco.ca
Sacristan: Leslie Darling,
lesliedarling37@gmail.com
Organist: Catherine Helferty,
catherinehelferty@hotmail.com
Parish Council Secretary; Ellen
Hawman,
ellen.hawman@sympatico.ca
Catholic Women's League:
Ellen Hawman
ellen.hawman@sympatico.ca
Knights of Columbus Council
#728: Doug Snider, dj53@live.ca
Finance Committee: Chair Mark
Levac, mark@levacsupply.com
University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca
Billings Method Natural Family
Planning: Jennifer Farah,
kingston@naturalfamilyplanning.ca
Creighton Model Fertility
Care™ System: Caitlin Fitzpatrick
cjfitzpatrick@outlook.com
Serena, Sympto-Thermal Method
of Family Planning:
www.serena.ca
serenakingston@gmail.com
Adoration: Karen King,
karenking333@gmail.com,
613-541-5010 ext. 2415
St. Mary's Refugee Sponsorship:
Angela Gambin
stmarysrefugee@gmail.com

EUCCHARISTIC ADORATION IN

ST. JAMES' CHAPEL: You are
invited to spend time with Jesus in
the Blessed Sacrament in
Eucharistic Adoration at any time
Sun. 11:30 am to 9 pm, Mon. to
Fri. 8:15 am-9 pm, Sat. 8:15 am to
5 pm. People are needed for the
following; Sun 1-2, 4-5 pm; Mon
9-10 am; Wed 5-6, 6-7 pm; Thurs
5-6, 6-7 pm; Fri 6-7 pm, Sat 11-2
am, 1-2, 2-3 pm. Please contact
Karen King at 613-541-5010 ext.
2415.

PLEASE TAKE NOTE: We are pleased to announce that the parish
bulletin will now be available in a convenient electronic format. To receive
the new bulletin weekly in your email inbox, please send an email to
stmarysdispatch@gmail.com

TODAY Hospitality Sunday: this weekend after the 8 am and 10:30 am
Masses. Stop for a quick cup of java, a sweet and meet some parishioners you
have not met before.

THIS WEDNESDAY: The Mystery of God: Who He is and Why it
Matters. Word on Fire Ministries with Bishop Robert Barron. DVD series
presented Wed. Jan. 27th, 7-9 in St. Mary's Parish Centre. See info further
inside.

THIS TUESDAY: Parish Council Annual General Meeting will be
held in St. Mary's Parish Centre, Tues. Jan. 26th at 7 pm. This is an open
meeting. Anyone is welcome to attend.

THIS THURSDAY: Healing the Church: January 28th, at 7 pm in the
Parish Centre.

St. Mary's Moms and Tots: Inviting all members in the Kingston area
for faith formation and fellowship. Next meeting is Feb. 2nd. Babysitting
provided. 10-11:30 am, St. Mary's Parish Centre, 260 Brock St.

Seniors' Lunches continue Wednesday February 3rd, 2016 after the
12:10 pm Mass in the Parish Centre. All are welcome. Hosted by the St.
Mary's Pastoral Care team.

Latin Mass will be celebrated February 7th, 2016 at 3 pm in St. James
Chapel.

Attention Parents of Public/Private School Students either in grade
2 and older (Sacraments of First Reconciliation/Confession/First
Holy Communion), or in grade 7/8 or older. (Sacrament of
Confirmation)! On Saturday mornings, beginning January 23rd, St. Mary's
Cathedral will offer classes over several months to prepare your
children. 9:30am for the children preparing for the Sacraments of First
Confession/First Holy Communion, and 11:00am for those preparing for the
Sacrament of Confirmation. We will meet at St. Mary's Parish Centre-corner of
Brock St. and Clergy St. Parents are encouraged to attend. Please contact
Father Stéphane Pouliot at fatherstephane@gmail.com as soon as possible to
register or at 613-546-5521 extension 6. Also please pass this along to
members of your families who might not see this.

Just a reminder that you can look up recent homilies, bulletins, contact
information, as well as print; registration forms (new parishioners),
automatic withdrawal sign-up forms and Mass offering forms all available
on our website...check out <http://stmaryscathedral.ca/>

Hotel Dieu Hospital/St. Mary's Coat Drive wraps up next Friday:
Warm winter coats will be distributed at St. Mary's Parish Centre (corner of
Clergy and Brock Streets) from 1-4 pm, Monday to Friday only **until Friday,**
Jan. 29. Coat distribution for the season will end on that date. Please note that
Hotel Dieu Hospital is no longer collecting winter coats. Many thanks to
everyone in the community for their coat donations over the past several
months.

Masses

Monday Jan. 25th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy, members of Kelly & Healy families

12:10 pm Murray Carswell

Tuesday Jan. 26th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy, members of Kelly & Healy families

12:10 pm Patricia McDonald

Wednesday Jan. 27th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Katherine Bermingham Macklem

Thursday Jan. 28th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Raymond H. Hutchings

Friday Jan. 29th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy, members of Kelly & Healy families

12:10 pm Knights of Columbus # 728, living and deceased members and family

Saturday Jan. 30th

7:45 am Catherine MacLachlan, 18th anni.

5 pm Marianne van de Vrande

Sunday Jan. 31st

8 am Hermina & Werenfried Van de Ven

10:30 am for the people

7:30 pm Barbara Chrisman, 7th anni.

Ministries: Sat. Jan. 30th 5 pm

Altar Servers	
Lectors	Cathy H. Mark M.
EM of the Eucharist	Donna N.

Sunday Jan. 31st 8 am

Altar Servers	
Lectors	Diane D. Elizabeth N.
EM of the Eucharist	Marcel R. Betty R.

Sunday Jan. 31st 10:30 am

Altar Servers	
Lectors	Sr. Sheila B. Larry R.
EM of the Eucharist	Elizabeth S. Doug S. Sr. Shannon Connie A. Dianne I Jose C Betty G

Sunday Jan. 31st 7:30 pm

Altar Servers	
Lectors	Olivia M. Mark D.
EM of the Eucharist	Grace G. Catherine K.

Please pray for our Sick: Darren Black, Beverly Harris, Irene Haugh, David Holland, James Hunter, Theresa Knott, Hermina Lawlor, Earl McDonald, Carmelita Orellano, Connie Tan, Réal Vienneau, Giordana White.

The Week of Prayer for Christian Unity is being celebrated around the world from January 18 to 25, 2016. This universal week of prayer encourages Christians from all denominations to meet, to participate in various liturgical and community activities, and to pray together that all may be one, as Christ desires. By annually observing the Week of Prayer, Christians move towards the fulfillment of Jesus's prayer at the Last Supper, "that they all may be one" (*John 17:21*)

The theme of this year's Week of Prayer for Christian Unity is "Called to proclaim the mighty acts of God", which is taken from *1 Peter 2:9*. Resources can be found at www.weekofprayer.ca.

Healing The Church Workshop: A workshop on: 'Healing the Church: Addressing the Sexual Abuse Crisis in the Catholic Church' will be held on **Thursday January 28, 2016 from 7:00 pm to 9:00 pm at St. Mary's Parish Centre**. The material presented at the workshop by the Providence Spirituality Team is based on the extensive research of Dr. Sister Nuala Kenny, SC who is a physician and a member of the Sisters of Charity. This workshop is for every member of the parish but especially those who might have felt the effects of the crisis of clergy sexual abuse in the Catholic Church and the denial and secrecy that has sometimes accompanied it and those who have experienced a loss of trust in Church leadership, even a loss of faith and who find themselves apart from the Church. Please spread the news about this wonderful workshop to those who this may directly affect but who will not necessarily read it in our cathedral newsletter. Father Shawn will be present for this wonderful presentation to field questions aimed uniquely at priests. Please register with Suzanne at 613-546-5521 ext. 3 or Ann at alyng@cogeco.ca

January Twenties and Thirties event. You are all invited!! Movie Night and Discussion on Friday January 29th at 7 pm at 33 Dedrick Dr. Kingston. **DETAILS:** We will be watching the documentary *Into Great Silence*. This excellent film, directed by Philip Gröning, was released in 2005. It is an intimate portrayal of the everyday lives of Carthusian monks of the Grande Chartreuse, a monastery high in the French Alps. <http://www.imdb.com/title/tt0478160/> Feel free to bring along your favourite movie snack to share. We will have lots of popcorn!



BOOK CLUB: Every Wednesday during Lent from 10:00 am -11:30 am at the Parish Centre. We will be studying Pope Francis' new book, 'The Name of God is Mercy'. Facilitated by Deacon Blaine. Copies of the book are available at Chapters bookstore. For advance registration contact Ann Lyng, 613-546-5521, alyng@cogeco.ca



"The Mystery of God: Who God Is and Why He Matters"

How should Christians Respond to Atheism? Atheism is on the rise. Skeptical thinkers like Richard Dawkins, Christopher Hitchens, and Sam Harris vigorously attack belief in God as irrational or, even worse, dangerous. The so-called New Atheism has attracted millions of young people thanks to bestselling books such as *The God Delusion* and *God Is Not Great*. How should Christians respond? How can we turn the tide of secularism and draw people back to God? In a new six-part DVD series from Bishop Robert Barron titled **"The Mystery of**

God: Who God Is and Why He Matters" you will reach into our rich intellectual tradition and learn how. Using the insights of St. Augustine, St. Thomas Aquinas, and Pope Benedict XVI, you'll uncover a clear yet sophisticated understanding of what we mean by "God".

Who is God? And why does he matter? Watch this series and you'll not only learn the answers yourself, but you'll discover how to share them with others—especially those who no longer believe. This DVD series will be presented in St. Mary's Parish Centre, **concludes Wednesday, January 27th 7-9 pm.** Facilitated by Father Shawn.



SASE-Kingston Presents a Course on the Power of God's Salvation

St. Andrew School of Evangelization Kingston (SASE- Kingston) is offering another great opportunity to deepen our faith. The course 'New Life' will take place at St. Mary's Parish Centre from Friday, February 19 to Sunday, February 21, 2016. Registration fee is \$50, which includes all meals, breaks and course materials. **If you desire to bring your baptism to life, are willing to encounter Jesus as profoundly alive, are hungry to know God's love personally, are eager for your faith to grow and are hoping to have your life renewed by the Spirit of God, this is the course for you!!! To register or for more information, contact Ann Lyng, 613-546-5521 Ext. 5.**

Young adults from **St. Paul the Apostle Church will be hosting a Pancake Supper on Shrove Tuesday (Tues. Feb. 9) from 5-7pm at Holy Cross Catholic Secondary School in the cafeteria** (1085 Woodbine Rd). Funds raised will help support their pilgrimage to World Youth Day in Krakow, Poland this summer. Join us for pancakes, sausages, dessert & refreshments. Tickets can be purchased by contacting Nadia Gundert at 613-484-2446 or picked up at the door. \$5 a person, \$15 a family.

BUS TRIP FROM ST. MARY'S CATHEDRAL TO THE 24TH ANNUAL LIFT JESUS HIGHER RALLY IN TORONTO, SATURDAY, MARCH 5, 2016, 9:00 am to 5:30 pm at the Metro Toronto Convention Centre. **Keynote Speaker: Deacon Larry Oney and the Renewal Ministries Team: Ralph Martin, Sr. Ann Shields, Peter Herbeck.** Holy Mass (with Sunday readings) celebrated by His Eminence Thomas Cardinal Collins. There is a separate Youth Event (13-18 yrs.). Music, inspiring personal testimony, Prayer Ministry for Healing and Empowerment, Confessions, Divine Mercy Celebration, Eucharistic Procession, Power-Packed talks. Bus will leave St. Mary's Cathedral at 5:30 am sharp. We will stop for dinner on the return trip and should be back home by 9:00 pm. Cost for round trip transportation (admission ticket and dinner not included) is \$45. In addition, tickets to the rally are available at \$20 for adults and \$15 for youth. This rally always is, and promises to be this year, a fantastic spiritual experience of great speakers and wonderful liturgies and prayer. Bus reservations will go quickly. Call as soon as possible. **For reservations and tickets contact Ann Lyng at 613-546-5521 Ext 5 or at alyng@cogeco.ca**

The Canadian Conference of Catholic Bishops and The Evangelical Fellowship of Canada Declaration on Euthanasia and Assisted Suicide

Assisted suicide and euthanasia raise profound social, moral, legal, theological and philosophical questions — questions that go to the very core of our understanding of who we are, the meaning of life, and the duty of care we owe to each other. The recent Supreme Court of Canada decision has brought this issue to the forefront of public discussion and compels each of us as Canadians to reflect upon our personal and societal response to those who need our compassion and care.

We, the undersigned, each from the basis of our sacred teachings and enduring traditions, affirm the sanctity of all human life, and the equal and inviolable dignity of every human being. This is an affirmation shared by societies and cultures around the world and throughout history. Human dignity is not exclusively a religious belief, although for us it has a significant religious meaning. Furthermore, we affirm that reverence for human life is the basis and reason for our compassion, responsibility and commitment in caring for all humans, our brothers and sisters, when they are suffering and in pain.

The sanctity of human life is a foundational principle of Canadian society. It has both individual and communal import: it undergirds the recognition of the equal dignity of each individual regardless of their abilities or disabilities and shapes and guides our common life together, including our legal, health care and social welfare systems. It engenders the collective promotion of life and the protection of the vulnerable.

While Canadian society continues to affirm the importance of human dignity, there is a worrisome tendency to define this subjectively and emotionally. For us, human dignity is most properly understood as the value of a person's life before her or his Creator and within a social network of familial and societal relationships. We are convinced the only ways to help people live and die with dignity are: to ensure they are supported by love and care; to provide holistic care which includes pain control as well as psychological, spiritual and emotional support; and, to improve and increase resources in support of palliative and home care.

On the basis of our respective traditions and beliefs, we insist that any action intended to end human life is morally and ethically wrong. Together, we are determined to work to alleviate human suffering in every form but never by intentionally eliminating those who suffer.

The withholding or withdrawal of burdensome treatment must be distinguished from euthanasia and assisted suicide. The intention in such cases is not to cause death but to let it occur naturally. We understand that under certain circumstances it is morally and legally acceptable for someone to refuse or stop treatment. The refusal of medical treatment, including extraordinary measures, is very different from euthanasia or assisted suicide. Euthanasia is the deliberate killing of someone, with or without that person's consent, ostensibly in order to eliminate suffering. Assisted suicide occurs when one person aids, counsels or encourages another person to commit suicide. There is a fundamental difference between killing a person and letting her or him die of natural causes.

Euthanasia and assisted suicide treat the lives of disadvantaged, ill, disabled, or dying persons as less valuable than the lives of others. Such a message does not respect the equal dignity of our vulnerable brothers and sisters.

Health care systems must maintain a life-affirming ethos. Medical professionals are trained to restore and enhance life. They are not trained or expected to administer death. Any change in this regard would fundamentally distort the doctor/patient relationship. Similarly, all members of society are called upon to do their utmost to protect their neighbours when their lives or safety are threatened. This basic care and concern, so fundamental to society, is evident in the continuing efforts to provide better, readily available palliative and home care.

Health Canada defines palliative care as “an approach to care for people who are living with a life-threatening illness, no matter how old they are. The focus of care is on achieving comfort and ensuring respect for the person nearing death, and maximizing quality of life for the patient, family, and loved ones, and is a societal affirmation of caring for the most vulnerable amongst us. Palliative care addresses different aspects of end-of-life care by: managing pain and other symptoms; providing social, psychological, cultural, emotional, spiritual and practical support; supporting caregivers; providing support for bereavement.” Assisted suicide and euthanasia are contrary to the philosophy and practice of palliative care.

In light of the recent decision of the Supreme Court of Canada, we urge federal, provincial and territorial legislators to enact and uphold laws that enhance human solidarity by promoting the rights to life and security for all people; to make good-quality home care and palliative care accessible in all jurisdictions; and to implement regulations and policies that ensure respect for the freedom of conscience of all health-care workers and administrators who will not and cannot accept suicide or euthanasia as a medical solution to pain and suffering.

Humanity's moral strength is based on solidarity, communion and communication – particularly with those who are suffering. It is personal attention and palliative care and not assisted suicide or euthanasia that best uphold the worth of the human person. It is when we are willing to care for one another under the most dire of circumstances and at the cost of great inconvenience that human dignity and society's fundamental goodness are best expressed and preserved.

Signatures to the Declaration are made on line. The Declaration (see next page) and the signatory option may be accessed at the following links: English - <http://www.euthanasiadeclaration.ca/sign-the-declaration/>
French - <http://www.euthanasiadeclaration.ca/fr-signer-la-declaration/>

SOMETHING FOR JUST US MEN!!!!

I'D ENCOURAGE ALL OF OUR MEN IN THE PARISH TO CONSIDER ATTENDING THIS CONFERENCE!!!

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(Proverbs 27:17)

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Email: info@ServiamMinistries.com or 1-888-522-2070

*VST and Ticket fees apply for non-rev and processing fees through Eventbrite



St. Mary's Cathedral is sponsoring a bus for this event. It will leave at 6 am March 19th and return by 9 pm. To register (\$39) & reserve and pay for your seat (\$38) for the bus please contact alyng@cogeco.ca. (Total \$77). See posters on the bulletin boards for more information. Father Shawn will be going on the bus and attending what promises to be a great day!!!

Band of Christian Brothers

“Iron sharpens iron; so a man sharpens the countenance of his friend.” (Proverbs 27:17)

With Matt Fradd & Deacon Harold Burke-Sivers

Saturday March 19, 2016

Schedule of Event

8:30AM – Doors Open

9:00AM – Opening

9:10AM – Talk 1 – Matt Fradd (*God, the Universe and Everything*)

Where did we come from? Why are we here? Where are we going? Everyone wants the answers to these questions. Some people have found their answers in God; others are still on the path of discovery. And some have grown discouraged—and stopped looking. Don't give up! With all the energy, humor, and down-to-earth realism that have made him a sought-after speaker around the world, Matt shares his own story of being shaken out of the agnostic apathy he suffered as a young adult. Challenged to find reasons to believe that life has meaning—no matter how messy or senseless or full of suffering it may get—his long search finally led him to belief in the God of Christianity, and in his Church. Now he offers that same challenge to anyone: from teen to adult, from hardened skeptic to lukewarm believer. Don't back down before the absurdity of a world without God. Don't pass on the most important question of your (eternal) life. Watch God, the Universe, & Everything and be refreshed in your journey to the truth.

10:10AM – Break

10:25AM – Talk 2 – Deacon Harold Burke-Sivers (*Clothed and in His Right Mind: Reclaiming the Heart of the Spiritual Man*)

The God of Love sent his Son into the world to remind us of the unchangeable principles of reason and faith. This presentation will examine Luke 8:35 and explore how conscience formation prepares us to live as men of God. Catholic speaker Deacon Harold Burke-Sivers will show how the formation of conscience empowers men to cooperate with the Holy Spirit to make the kingdom of God present in the world.

11:25AM – Rosary / Confession

11:55PM – Lunch / Confession

1:10PM – Talk 3 – Matt Fradd (*Taking Down Goliath*)

Pornography is a great deceiver. We watch it to fill a craving for intimacy... yet it leaves us feeling alone. We want our manhood affirmed by the bodies of fantasy women... and wind up emasculated. Porn is also a powerful foe. It's a roaring lion seeking to devour, a sumo wrestler looking for a fight. It is Goliath: eight feet tall, armor-clad, and seemingly impossible to take down. But all things are possible with Christ.

In his powerful talk, *Taking Down Goliath*, Apologist and Speaker, Matt Fradd uses his infectious and engaging speaking style to help you with five strategies to get porn out of your life.

2:10PM – Mass and blessing with St. Joseph relic. (Cardinal Collins will be the celebrant and will give a homily.)

2:50PM – Adoration / Confession

3:35PM – Break

3:50PM – Talk 4 – Deacon Harold Burke-Sivers (*Putting on the Armor of God: Preparing for Spiritual Combat*)

This presentation the Catholic Speaker and Evangelist, Deacon Harold Burke-Sivers, will examine Satan's strategy for destroying a man's relationship with God. Dynamic Catholic speaker Deacon Harold Burke-Sivers will develop a battle plan to combat the effects of sin in the hearts and lives of men and their families, and provide the tools men need to be spiritual leaders in the family and society.

5:00PM – Prayer and dismissal

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