

# The Season of Lent

*First Sunday*

## The Temptations Of Jesus



## The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: [smarvs@cogeco.net](mailto:smarvs@cogeco.net),

Web Site: [stmaryscathedral.ca](http://stmaryscathedral.ca)

Parish Office Hours: Monday to Friday 9-5, closed 12 noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;  
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm

## Contacts

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**Serena, Sympto-Thermal Method of Family Planning:**  
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613-541-5010 ext. 2415

**St. Mary's Refugee Sponsorship:**  
Angela Gambin  
[stmarysrefugee@gmail.com](mailto:stmarysrefugee@gmail.com)

**EUCCHARISTIC ADORATION IN ST. JAMES' CHAPEL:** You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration at any time Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-9 pm, Sat. 8:15 am to 5 pm. People are needed for the following; Mon 9-10 am, Tues 6-7 pm, Wed 5-6, 6-7 pm, Thurs 5-6 pm, Sat 11-12 am, 1-2 pm. Please contact Karen King at 613-541-5010 ext. 2415.

## **First Sunday in Lent: February 14<sup>th</sup>, 2016**

***PLEASE TAKE NOTE:*** We are pleased to announce that the parish bulletin will now be available in a convenient electronic format. To receive the new bulletin weekly in your email inbox, please send an email to [stmarysdispatch@gmail.com](mailto:stmarysdispatch@gmail.com)

### **Upcoming Events**

**BOOK CLUB:** Every Wednesday during Lent from 10 am -11:30 am at the Parish Centre. See details below.

**St. Mary's Moms and Tots:** Inviting all members in the Kingston area for faith formation and fellowship. Next meeting is Feb. 16th. Babysitting provided. 10-11:30 am, St. Mary's Parish Centre, 260 Brock St.

**St. Mary's Catholic Women's League:** Next Meeting THIS Tues. Feb. 16<sup>th</sup>, 1 – 3 pm in the Parish Centre.

**DVD Series: PSALMS: THE SCHOOL OF PRAYER** begins this Thursday, February 18<sup>th</sup>, 1-9 pm in the Parish Centre. See ad on p. 4.

**St. Mary's Refugee Sponsorship Meeting**-Wed., Feb. 24<sup>th</sup> at 7 pm in the St. Mary's Parish Centre. Contact Angela at [stmarysrefugee@gmail.com](mailto:stmarysrefugee@gmail.com) for more info.

**Parish Pastoral Council:** Next Meeting, Wed., March 2<sup>nd</sup>, at 7 pm.

**Finance Committee:** Next meeting, Wed., March 9<sup>th</sup> at 3 pm.

**Lenten Parish Mission:** March 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> see ad.

**The next Billings Ovulation clinic is on Monday, Feb. 22** at St. Paul the Apostle Church in Room D from 7-8 pm (patio entrance). Call us at 544-8495 or email: [kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca)

**Lenten Prayer Suggestion:** A great website to help your daily prayer throughout the year, but especially in Lent, is [sacredspace.ie](http://sacredspace.ie) Sacred Space offers new content every day. It is run by the Jesuits in Ireland.



**BOOK CLUB:** Every Wednesday during Lent from 10 am-11:30 am at the Parish Centre. We will be studying Pope Francis' new book, 'The Name of God is Mercy'. Facilitated by Deacon Blaine. Copies of the book are available at Chapters bookstore. For advance registration contact Ann Lyng, 613-546-5521, [alyng@cogeco.ca](mailto:alyng@cogeco.ca).

**St. Mary's Knitters' Club:** All women are welcome to come to the parish centre Sat., Feb. 27th from 11 to 12 pm for a morning of knitting, fellowship and fun! Join us as we learn/assist each other in knitting. We kindly ask that all advanced knitters please bring extra needles for our novices, until they can acquire their own. Bring yourselves and a ball of yarn to get started! Club will meet bi-weekly. Email Mary Farnand at [maryfarnand@gmail.com](mailto:maryfarnand@gmail.com) with any questions/comments!

**NEW LIFE GROUP: A Catholic Ministry for the Separated & Divorced:** February 16th, 2016, 7:30-9:30 pm, at Francis J. Spence Pastoral Centre, 390 Palace Rd. Kingston. Information (613) 548-4461 ext. 113. "Let's Talk-Dealing with Daily Concerns"-Group facilitated

**Please pray for our Sick:** Darren Black, Father Robert Flurey, Beverly Harris, Irene Haugh, James Horan, James Hunter, Theresa Knott, Hermina Lawlor, Janice Lumb, Earl McDonald, Carmelita Orellano, Archbishop O'Brien, Karen Smith, Connie Tan, Réal Vienneau, Giordana White, Bill Wormes.

**2015 Charitable Donations Tax receipts are available at the back of the cathedral. Please pick yours up**

Masses

Monday Feb. 15th

7:45 am Mrs. Mary A Norris  
12:10 pm Danylo Luciuk, 2<sup>nd</sup> anni

Tuesday Feb. 16th

7:45 am Anna Ferguson  
12:10 pm Intentions of the CWL

Wednesday Feb. 17th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Intentions of Wolfgang Bollian

Thursday Feb. 18th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy and family members of Kelly & Healy families  
12:10 pm The Siegmund family

Friday Feb. 19th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Angelica & Ventura Dos Santos

Saturday Feb. 20th

7:45 am Joseph Patterson Healy, Mary Ellen Kelly Healy and family members of Kelly & Healy families  
5 pm Jim Hughes

Sunday Feb. 21st

8 am Robert Ford  
10:30 am for the people  
7:30 pm Hermina & Werenfried Van de Ven

**Ministries: Sat. Feb. 20th 5 pm**

Altar Servers	Elizabeth S. Doug S. Alec D.
Lectors	Mark M. Ann L.
EM of the Eucharist	Donna N.

**Sunday Feb. 21st 8 am**

Altar Servers	Marcel R. Emily R. Betty R.
Lectors	Diane D. Elizabeth N.
EM of the Eucharist	Theresa D. Ellen H.

**Sunday Feb. 21st 10:30 am**

Altar Servers	Bohdan Y. Glen M. Nick B. Michael G.
Lectors	Pat B. Sr. Sheila B.
EM of the Eucharist	Natalia A. Santana D. Domenica B. Dianne I. Connie A. Betty G. Marietta M.

**Sunday Feb. 21st 7:30 pm**

Altar Servers	Students
Lectors	Taylor C. Olivia M.
EM of the Eucharist	Doug S. Grace G.

Stations of the Cross will be prayed throughout Lent, Monday to Thursday, after the 12:10 noon Mass & Friday's at 7 pm

**THIS SUNDAY: Year of Mercy-Archdiocesan Celebration**

**The Rite of Election with Catechumens and The Rite of Calling Baptized Candidates to Lenten Renewal** February 14<sup>th</sup>, 2016 at 4 pm at St. Mary's Cathedral, Archbishop O'Brien will celebrate the Rite of Election with catechumens from the Archdiocese of Kingston. At the same celebration, all baptized candidates seeking full communion with the Catholic Church will be called to Lenten renewal. All parishioners are welcome to attend this special event and to support our new brothers and sisters in faith. Refreshments will be served afterwards at St. Mary's Parish Centre

**Share Lent - A Climate of Change pilgrimage starts in Haiti-**This year for Share Lent, Development and Peace invites you to join a Climate of Change pilgrimage. Together we will journey through Lent with people whose lives are being changed with your support. In Week 1 we meet Adonis Medjine from Haiti. A survivor of the 2010 earthquake, she is benefitting from a social enterprise project to raise chickens. "I have a husband and two children. Thanks to this job and the wages I receive, I can take care of my family, send my children to school and complete a few projects."



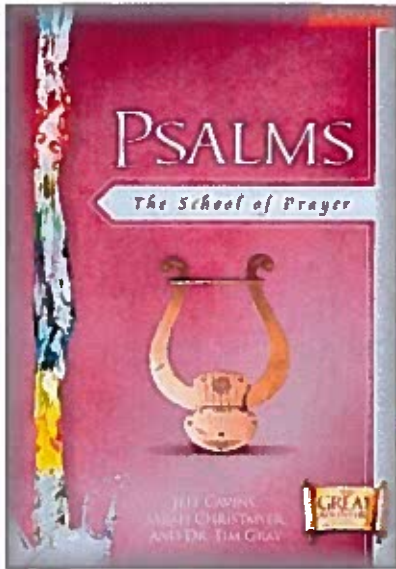
Isn't this the coolest shot????! Right up with the angels. This picture was taken Thursday by a drone operated by Jeff Reitzel of Skye Stream. We are using the drone to closely inspect the inside and outside of the cathedral for repairs in areas that are not easily accessible visually. Also you will have noticed that Luke Kroeker of Kroeker Photo has been meticulously photographing our stunning windows for future projects.

**PLAN TO ATTEND THIS FANTASTIC LENTEN OPPORTUNITY!!!**

**BEGINS THIS THURSDAY!!**

## **Psalms: The School of Prayer**

Another great DVD series in the Catholic GREAT ADVENTURE BIBLE TIMELINE facilitated by Jeff Cavins, Sarah Christmyer, and Tim Gray. With *Psalms: The School of Prayer*, The Great Adventure moves from telling the Story to making it personal. While the historical books of the Bible recount God's creative and redemptive acts in history, the Psalms reveal Israel's response to God's covenant offer and serve as a model for our response to Him. Indeed, one could say that the historical books tell the "outside" of the story of Israel by giving an historical perspective, while *the Psalms tell the "inside" story, which comes from the deeply personal perspective of one who is seeking God*. Our communication with God is enhanced by a deeper understanding of the book of Psalms and of the individual psalms that reside in each of our hearts.



At the heart of the Bible are the Psalms, prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. These sacred hymns become our heartfelt response to God's loving and wondrous deeds for us. Their words captivate the imagination and draw us into a deeply personal encounter with God. Join us for this DVD series led by Jeff Cavins, Tim Gray and Sarah Christmyer as they show you how to establish a deeply personal dialogue with God through the Psalms. Facilitated by Ann Lyng and Father Shawn. Thursdays, Feb 18<sup>th</sup>, 25<sup>th</sup>, March 3<sup>rd</sup>, 10<sup>th</sup>, April 7<sup>th</sup> & April 14<sup>th</sup> at 7-9 pm. Study Guide will be available for those who wish to purchase one. *"This study has given me a renewed love of the Word, a desire to learn more, and most of all, a closeness to Jesus that I have not experienced before."* –Linda Fort Smith, Arkansas

**GREAT LENTEN MEDITATION:** From the Catecheses by Saint Cyril of Jerusalem, bishop (313 to 386 A.D.)

*Even in time of persecution let the cross be your joy*

The Catholic Church glories in every deed of Christ. Her supreme glory, however, is the cross. Well aware of this, Paul says: *God forbid that I glory in anything but the cross of our Lord Jesus Christ!* (Galatians 6:14)

At Siloam, there was a sense of wonder, and rightly so. A man born blind recovered his sight. (John 9:1-41) But of what importance is this, when there are so many blind people in the world? Lazarus rose from the dead, but even this affected only Lazarus. (John 11:1-44) What of those countless numbers who have died because of their sins? Those five miraculous loaves fed five thousand people. (Matthew 15:32-16:10, Mark 6:31-44, Mark 8:1-9, Luke 9:10-17 and John 6:5-15.) Yet this is a small number compared to those all over the world who were starved by ignorance. After eighteen years a woman was freed from the bondage of Satan. (Luke 8:43) But are we not all shackled by the chains of our own sins?

For us all, however, the cross is the crown of victory! It has brought light to those blinded by ignorance. It has released those enslaved by sin. Indeed, it has redeemed the whole of mankind! Do not, then, be ashamed of the cross of Christ; rather, glory in it. Although it is a stumbling block to the Jews and folly to the Gentiles, (1 Corinthians 1:23) the message of the cross is our salvation. Of course it is folly to those who are perishing, but to us who are being saved it is the power of God. For it was not a mere man who died for us, but the Son of God, God made man.

In the Mosaic law a sacrificial lamb banished the destroyer. But now *it is the Lamb of God who takes away the sin of the world*. (John 1:29) Will he not free us from our sins even more? The blood of an animal, a sheep, brought salvation. Will not the blood of the only-begotten Son bring us greater salvation?

He was not killed by violence, he was not forced to give up his life. His was a willing sacrifice. Listen to his own words: *"I have the power to lay down my life and take it up again."* (John 10:18) Yes, he willingly submitted to his own passion. He took joy in his achievement; in his crown of victory he was glad and in the salvation of man he rejoiced. He did not blush at the cross for by it he was to save the world. No, it was not a lowly man who suffered but God incarnate. He entered the contest for the reward he would win by his patient endurance.

Certainly in times of tranquility the cross should give you joy. But maintain the same faith in times of persecution. Otherwise you will be a friend of Jesus in times of peace and his enemy during war. Now you receive the forgiveness of your sins and the generous gift of grace from your king. When war comes, fight courageously for him.

Jesus never sinned; yet he was crucified for you. Will you refuse to be crucified for him, who for your sake was nailed to the cross? You are not the one who gives the favour; you have received one first. For your sake he was crucified on Golgotha. Now you are returning his favour; you are fulfilling your debt to him.



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# **NEW LIFE**

**Last Chance to Register.....  
Course Takes Place Next Weekend!!!**



**AT ST. MARY'S PARISH CENTRE, 260 BROCK STREET**

**COURSE DATES:** FRIDAY FEBRUARY 19, 2016: 6:00 PM - 9:30 PM  
SATURDAY FEBRUARY 20, 2016: 8:30 AM - 8:30 PM  
SUNDAY FEBRUARY 21, 2016: 8:00 AM - 4:00 PM

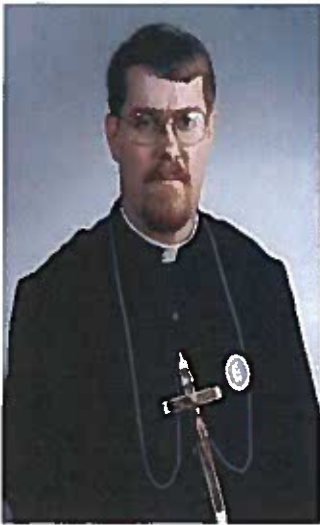
**COST:** \$50 includes all meals, breaks and course materials

**TO REGISTER:** PHONE OR EMAIL WAYNE MARTINS:  
613-767-4848; waynemartinsdd@hotmail.com

**PAYMENT:** MAIL OR DROP OFF PAYMENT ***BY FEBRUARY 12, 2016*** TO:  
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279 JOHNSON STREET  
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ATTN: ANN LYNG

TO REGISTER ONLINE VISIT OUR WEBSITE: [www.sase.ca](http://www.sase.ca)

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IN THIS JUBILEE YEAR OF MERCY YOU ARE INVITED TO  
A LENTEN MISSION

HERE AT ST. MARY'S CATHEDRAL

**DIVINE MERCY IN THE GOSPELS**

Father Ben Cameron, C.P.M., The Fathers of Mercy of Auburn, Kentucky  
Saturday, March 12th & Sunday, March 13th, Homilist at all the Masses  
At St. Mary's Cathedral

Monday, March 14th :        *Ask for Mercy: The Prodigal Son*  
Tuesday, March 15th:       *Be Merciful: The Good Samaritan*  
Wednesday, March 16th:   *Confidence in Mercy: The Sinful Woman*  
Thursday, March 17th:      *The Cross: Wellspring of Infinite Divine Mercy*

Daily Mass: 7:45 am and 12:10 pm

Each Evening: 6 pm Exposition of the Blessed Sacrament & Confessions

7 pm to 8 pm: Mission Talk

8:00 pm: Confessions following the Talk

**Works of Mercy: Great Lenten Actions to Undertake.**

The Corporal and Spiritual Works of Mercy are actions we can perform that extend God's compassion and mercy to those in need. God works through each of us as we undertake any work of mercy. Choose one to work one, or two..... or each of them! As we were counselled in last week's gospel: "Put out into the deep!" (Luke 5:21) When we risk what makes us most uncomfortable there we find God's grace!

**Corporal Works of Mercy**

The Corporal Works of Mercy are these kind acts by which we help our neighbours with their material and physical needs.

They are:

Feed the hungry  
Give drink to the thirsty  
Clothe the naked  
Shelter the homeless  
Visit the sick  
Visit the imprisoned  
Bury the dead

**Spiritual Works of Mercy**

The Spiritual Works of Mercy are acts of compassion, as listed below, by which we help our neighbours with their emotional and spiritual needs.

They are:

Counsel the doubtful  
Instruct the uninformed  
Admonish sinners  
Comfort the afflicted  
Forgive offenses  
Bear wrongs patiently  
Pray for the living and the dead



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