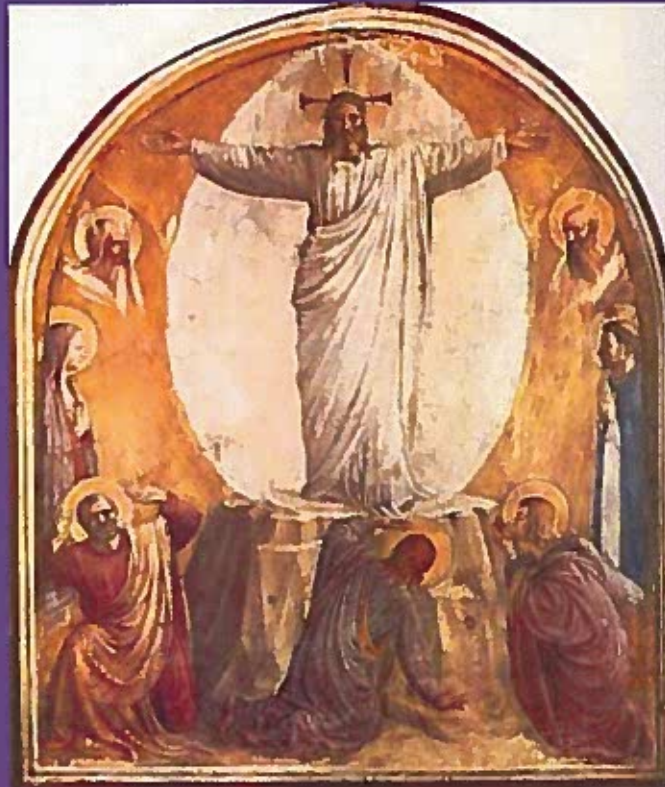


# The Season of Lent

*Second Sunday*

## The Transfiguration of Jesus



## The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947, email: [smarvs@cogeco.net](mailto:smarvs@cogeco.net),

Web Site: [stmarvscathedral.ca](http://stmarvscathedral.ca)

Parish Office Hours: Monday to Friday 9-5, closed 12 noon-1 pm.

Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;  
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm

## Second Sunday in Lent: February 21<sup>st</sup>, 2016

**PLEASE TAKE NOTE:** We are pleased to announce that the parish bulletin will now be available in a convenient electronic format. To receive the new bulletin weekly in your email inbox, please send an email to [stmarysdispatch@gmail.com](mailto:stmarysdispatch@gmail.com) 107 have already signed up!!!!

### Upcoming Events

**BOOK CLUB:** Every Wednesday during Lent in the Parish Centre: 10 am-11:30 am. Pope Francis' new book, 'The Name of God is Mercy'.

**DVD Series: PSALMS: THE SCHOOL OF PRAYER** continues this Thursday, February 25<sup>th</sup>, 1-9 pm in the Parish Centre. See ad on p. 4.

**St. Marys Refugee Sponsorship Meeting**-Wed., February 24<sup>th</sup> at 7 pm in St. Mary's Parish Centre. Contact Angela at [stmarysrefugee@gmail.com](mailto:stmarysrefugee@gmail.com) for more info.

**St. Mary's Moms and Tots:** Inviting all members in the Kingston area for faith formation and fellowship. Next meeting is Tues., March 1<sup>st</sup>. Babysitting provided. 10-11:30 am, St. Mary's Parish Centre, 260 Brock St.

**The Psalms: The School of Prayer** (continues), Thursday, Feb. 25<sup>th</sup> 7 pm -9 pm in St. Mary's Parish Centre.

**Seniors' Lunch:** Wed., March 2<sup>nd</sup>, after 12:10 pm Mass in the Parish Centre. All are welcome.

**Parish Pastoral Council:** Next Meeting, Wed., March 2<sup>nd</sup>, at 7 pm.

**Latin Mass:** Sun., March 6<sup>th</sup> at 3 pm in St. James Chapel. Father Price presiding.

**Finance Committee:** Next meeting, Wed. March 9<sup>th</sup> at 3 pm.

**St. Mary's Catholic Women's League:** Next Meeting Tues., March 15<sup>th</sup>, 1 - 3 pm in the Parish Centre.

**Lenten Parish Mission:** March 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> see ad.

The **next Billings Ovulation clinic is on Monday, Feb. 22** at St. Paul the Apostle Church in Room D from 7-8 pm (patio entrance). Call us at 544-8495 or email: [kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca)

**St. Mary's Knitters' Club:** All women are welcome to come to the parish centre Sat. Feb. 27<sup>th</sup> from 11 am to 12 pm for a morning of knitting, fellowship and fun! Join us as we learn/assist each other in knitting. We kindly ask that all advanced knitters please bring extra needles for our novices, until they can acquire their own. Bring yourselves and a ball of yarn to get started! Club will meet bi-weekly. Email Mary Farnand at [maryfarnand@gmail.com](mailto:maryfarnand@gmail.com) with any questions/comments!

**Share Lent Pilgrimage** - Working to end inequality in Paraguay. This week our pilgrimage travels to Paraguay where we meet Liz Benitez. Her country is one where 1% of the landowners hold 77% of arable land. Liz's family are part of a peasant movement supported by Development and Peace who work to gain access to land for the poorest farmers in the country, the campesinos. They have been threatened by the state and police because of their work. "I just want to live peacefully with my family," she says. This year consider stretching your Share Lent donation across the whole year with our Share Year-Round monthly giving program. Brochures are available on our display tables at the front entrance and parish centre entrance.

**Please pray for our Sick:** Darren Black, Father Robert Flurey, Beverly Harris, Irene Haugh, James Horan, James Hunter, Theresa Knott, Hermina Lawlor, Janice Lumb, Earl McDonald, Archbishop O'Brien, Carmelita Orellano, Connie Tan, Réal Vienneau, Giordana White, Bill Wormes.

### Contacts

**Rector:** Father Shawn Hughes,  
[fathershawnjhughes@gmail.com](mailto:fathershawnjhughes@gmail.com)

**Associate Pastor:** Fr. Stéphane Pouliot,  
[fatherstephane@gmail.com](mailto:fatherstephane@gmail.com)

**Deacon** Blaine Barclay,  
[blainebarclay31@gmail.com](mailto:blainebarclay31@gmail.com)

**Parish Office Administrator:**  
Suzanne, [smarys@cogeco.net](mailto:smarys@cogeco.net)

**Pastoral Caring Coordinator:**  
Ann Lyng, [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

**Sacristan:** Leslie Darling,  
[lesliedarling37@gmail.com](mailto:lesliedarling37@gmail.com)

**Organist:** Catherine Helferty,  
[catherinehelferty@hotmail.com](mailto:catherinehelferty@hotmail.com)

**Parish Council Secretary;** Ellen Hawman,

[ellen.hawman@sympatico.ca](mailto:ellen.hawman@sympatico.ca)

**Catholic Women's League:**

Ellen Hawman

[ellen.hawman@sympatico.ca](mailto:ellen.hawman@sympatico.ca)

**Knights of Columbus Council #728:** Doug Snider, [dj53@live.ca](mailto:dj53@live.ca)

**Finance Committee:** Chair Mark Levac, [mark@levacsupply.com](mailto:mark@levacsupply.com)

**University Chaplain:**

Fr. R. de Souza,

[chaplain@newmanhouse.ca](mailto:chaplain@newmanhouse.ca)

**Billings Method Natural Family**

**Planning:** Jennifer Farah,

[kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca)

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**Care™ System:** Caitlin Fitzpatrick

[cjfitzpatrick@outlook.com](mailto:cjfitzpatrick@outlook.com)

**Serena, Sympto-Thermal Method of Family Planning:**

[www.serena.ca](http://www.serena.ca)

[serenakingston@gmail.com](mailto:serenakingston@gmail.com)

**Adoration:** Karen King,

[karenking333@gmail.com](mailto:karenking333@gmail.com),

613-541-5010 ext. 2415

**St. Mary's Refugee Sponsorship:**

Angela Gambin

[stmarysrefugee@gmail.com](mailto:stmarysrefugee@gmail.com)

### EUCCHARISTIC ADORATION IN

**ST. JAMES' CHAPEL:** You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration at any time Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-9 pm, Sat. 8:15 am to 5 pm. People are needed for the following; Sun 4-5 pm, Mon 5-6 pm, Tues 9-10 am, 6-7 pm, Wed 5-6, 6-7 pm, Thurs 5-6, 6-7 pm, Sat 11-12 am, 1-2 pm. Please contact Karen King at 613-541-5010 ext. 2415.

Masses

Monday Feb. 22nd

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Agnes Hannusch

Tuesday Feb. 23rd

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Patricia McDonald, deceased members of McDonald & Murray families

Wednesday Feb. 24th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Souls of Lima Family

Thursday Feb. 25th

7:45 am Joseph Healy, Mary Ellen Healy, family members of Kelly & Healy families

12:10 pm Intentions of Archbishop B. O'Brien

Friday Feb. 26th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Deceased & living members of the Knights of Columbus # 728 and families

Saturday Feb. 27th

7:45 am Joseph Healy, Mary Ellen Healy, family members of Kelly & Healy families

5 pm Jack & Margaret Lamarche

Sunday Feb. 28th

8 am Joseph Healy, Mary Ellen Healy, family members of Kelly & Healy families

10:30 am for the people

7:30 pm Hermina & Werenfried Van de Ven

Ministries: Sat. Feb. 27th 5 pm

|                     |                          |
|---------------------|--------------------------|
| Altar Servers       | Nick B Dominic B Simon B |
| Lectors             | Ahyoung C. Elizabeth N.  |
| EM of the Eucharist | Donna N.                 |

Sunday Feb. 28th 8 am

|                     |                       |
|---------------------|-----------------------|
| Altar Servers       | David M. Elizabeth S. |
| Lectors             | Bill M. Diane D.      |
| EM of the Eucharist | Betty R. Marcel R.    |

Sunday Feb. 28th 10:30 am

|                     |   |
|---------------------|---|
| Altar Servers       | Doug S. Barry M.<br>Charles F. Glen M.  |
| Lectors             | Larry R. Sr. Sheila B.  |
| EM of the Eucharist | Santina D. Carmen D.<br>Domenica B. Bob C.<br>Connie A. Elizabeth S.<br>Sr. Shannon |

Sunday Feb. 28th 7:30 pm

|                     |                        |
|---------------------|------------------------|
| Altar Servers       | Pene L.                |
| Lectors             | Mark D. Suzanne J.     |
| EM of the Eucharist | Ellen H. Jacqueline O. |

Stations of the Cross will be prayed throughout Lent, Monday to Thursday, after the 12:10 pm Mass & Fridays at 7 pm

**St. Mary's Cathedral Council of the Catholic Women's League** is collecting toiletry articles for women's shelters. As part of our mandate to emulate Blessed Sister Klara of Krakow during the Holy Year of Mercy, by performing corporal and spiritual acts of mercy, we are asking for contributions of women's toiletry articles which will be distributed to the women's shelters in Kingston. There will be collection containers beside our membership table after all weekend Masses from now until the end of February. Any items, large or small, will be gratefully received. Thank you for your generosity towards women in need of our help.



For more information, please contact Ellen Hawman at ellen.hawman@sympatico.ca or 613-634-8635.

**NEW LIFE GROUP: A Catholic Ministry for the Separated & Divorced:** March 1st, 7:30-9:30 pm, at Francis J. Spence Pastoral Centre, 390 Palace Rd. Kingston. Information (613) 548-4461 ext. 113. **Legal Issues-Deborah Swartz presenter.**

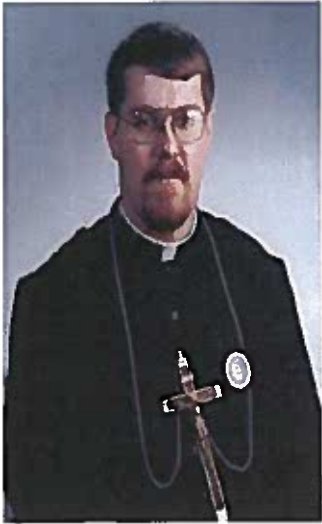
**BUS TRIP FROM ST. MARY'S CATHEDRAL TO THE 24<sup>TH</sup> ANNUAL LIFT JESUS HIGHER RALLY IN TORONTO, SATURDAY, MARCH 5, 2016, 9:00 am to 5:30 pm** at the Metro Toronto Convention Centre. **Keynote Speaker: Deacon Larry Oney and the Renewal Ministries Team: Ralph Martin, Sr. Ann Shields, Peter Herbeck.** Holy Mass (with Sunday readings) celebrated by His Eminence Thomas Cardinal Collins. There is a separate Youth Event (13-18 yrs.). Music, inspiring personal testimony, Prayer Ministry for Healing and Empowerment, Confessions, Divine Mercy Celebration, Eucharistic Procession, Power-Packed talks. Bus will leave St. Mary's Cathedral at 5:30 am sharp. We will stop for dinner on the return trip and should be back home by 9:00 pm. Cost for round trip transportation (admission ticket and dinner not included) is \$45. In addition, tickets to the rally are available at \$20 for adults and \$15 for youth. This rally always is, and promises to be this year, a fantastic spiritual experience of great speakers and wonderful liturgies and prayer. Bus reservations will go quickly. Call as soon as possible. For reservations and tickets contact Ann Lyng at 613-546-5521 Ext 5 or at [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

Please join us for a **ST. PATRICK'S DAY CONCERT** on Sunday, March 13, 2016 at the Parish Centre immediately following the 10:30 am Sunday Mass. There will be a traditional Irish lunch followed by a concert featuring Celtic Rumbblings with the opportunity to learn and participate in Irish dances. Tickets are \$10 for adults with children under 10 admitted free. Tickets will be on sale after all Sunday Masses or you may reserve tickets by contacting Ann Lyng at 613-546-5521 Ext 5 or [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

**Lenten Prayer Suggestion:** A great website to help your daily prayer throughout the year, but especially in Lent, is [sacredspace.ie](http://sacredspace.ie) Sacred Space offers new content every day. It is run by the Jesuits in Ireland. Also [dynamiccatholic.com/bestlentever](http://dynamiccatholic.com/bestlentever)

**2015 Tax receipts are at the back of the church. Please pick them up**

**MARK YOUR CALENDARS FOR WHAT PROMISES TO BE A SPECTACULAR SPIRITUAL EXPERIENCE FOR OUR PARISH!!!!**



IN THIS JUBILEE YEAR OF MERCY YOU ARE INVITED TO  
A LENTEN MISSION

HERE AT ST. MARY'S CATHEDRAL

**DIVINE MERCY IN THE GOSPELS**

Father Ben Cameron, C.P.M., The Fathers of Mercy of Auburn, Kentucky  
Saturday, March 12th & Sunday, March 13th, Homilist at all the Masses  
At St. Mary's Cathedral

Monday, March 14th: *Ask for Mercy: The Prodigal Son*  
Tuesday, March 15th: *Be Merciful: The Good Samaritan*  
Wednesday, March 16th: *Confidence in Mercy: The Sinful Woman*  
Thursday, March 17th: *The Cross: Wellspring of Infinite Divine Mercy*

Daily Mass: 7:45 am and 12:10 pm

Each Evening: 6 pm Exposition of the Blessed Sacrament & Confessions

7 pm to 8 pm: Mission Talk

8:00 pm: Confessions following the Talk

**Meditation on the Transfiguration of Our Lord: From a sermon by Saint Leo the Great, pope (circa 400- 461 A.D.)**

*The law was given through Moses, grace and truth came through Jesus Christ*

The Lord reveals his glory in the presence of chosen witnesses. His body is like that of the rest of mankind, but he makes it shine with such splendor that his face becomes like the sun in glory, and his garments as white as snow.

The great reason for this transfiguration was to remove the scandal of the cross from the hearts of his disciples, and to prevent the humiliation of his voluntary suffering from disturbing the faith of those who had witnessed the surpassing glory that lay concealed.

With no less forethought he was also providing a firm foundation for the hope of holy Church. The whole body of Christ was to understand the kind of transformation that it would receive as his gift. The members of that body were to look forward to a share in that glory which first blazed out in Christ their head.

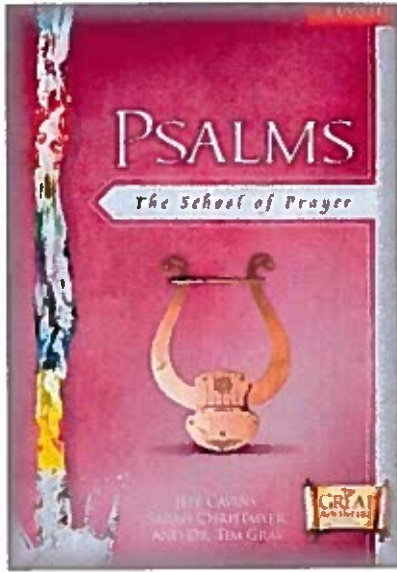
The Lord had himself spoken of this when he foretold the splendor of his coming: *Then the just will shine like the sun in the kingdom of their Father.* Saint Paul the apostle bore witness to this same truth when he said: *I consider that the sufferings of the present time are not to be compared with the future glory that is to be revealed in us.* In another place he says: *You are dead, and your life is hidden with Christ in God. When Christ, your life, is revealed, then you also will be revealed with him in glory.*

This marvel of the transfiguration contains another lesson for the apostles, to strengthen them and lead them into the fullness of knowledge. Moses and Elijah, the law and the prophets, appeared with the Lord in conversation with him. This was in order to fulfill exactly, through the presence of these five men, the text which says: *Before two or three witnesses every word is ratified.* What word could be more firmly established, more securely based, than the word which is proclaimed by the trumpets of both old and new testaments, sounding in harmony, and by the utterances of ancient prophecy and the teaching of the Gospel, in full agreement with each other?

The writings of the two testaments support each other. The radiance of the transfiguration reveals clearly and unmistakably the one who had been promised by signs foretelling him under the veils of mystery. As Saint John says: *The law was given through Moses, grace and truth came through Jesus Christ.* In him the promise made through the shadows of prophecy stands revealed, along with the full meaning of the precepts of the law. He is the one who teaches the truth of prophecy through his presence, and makes obedience to the commandments possible through grace. In the preaching of the holy Gospel all should receive a strengthening of their faith. No one should be ashamed of the cross of Christ, through which the world has been redeemed.

No one should fear to suffer for the sake of justice; no one should lose confidence in the reward that has been promised. The way to rest is through toil, the way to life is through death. Christ has taken on himself the whole weakness of our lowly human nature. If then we are steadfast in our faith in him and in our love for him, we win the victory that he has won, we receive what he has promised.

When it comes to obeying the commandments or enduring adversity, the words uttered by the Father should always echo in our ears: *This is my Son, the beloved, in whom I am well pleased; listen to Him. !*



**PLAN TO ATTEND THIS FANTASTIC LENTEN OPPORTUNITY!!!**

*If you missed the first one don't worry. It is VERY worthwhile to attend.*

## **Psalms: The School of Prayer Continues**

Another great DVD series in the Catholic GREAT ADVENTURE BIBLE TIMELINE facilitated by Jeff Cavins, Sarah Christmyer, and Tim Gray. With *Psalms: The School of Prayer*, The Great Adventure moves from telling the Story to making it personal. While the historical books of the Bible recount God's creative and redemptive acts in history, the Psalms reveal Israel's response to God's covenant offer and serve as a model for our response to Him. Indeed, one could say that the historical books tell the "outside" of the story of Israel by giving an historical perspective, while *the Psalms tell the "inside" story, which comes from the deeply personal perspective of one who is seeking God.* Our communication with God is enhanced by a deeper understanding of the book of Psalms and of the individual psalms that reside in each of our hearts.

At the heart of the Bible are the Psalms, prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. These sacred hymns become our heartfelt response to God's loving and wondrous deeds for us. Their words captivate the imagination and draw us into a deeply

personal encounter with God. Join us for this DVD series led by Jeff Cavins, Tim Gray and Sarah Christmyer as they show you how to establish a deeply personal dialogue with God through the Psalms. Facilitated by Ann Lyng and Father Shawn. Thursdays, Feb. 25<sup>th</sup>, March 3<sup>rd</sup>, 10<sup>th</sup>, April 7<sup>th</sup> & April 14<sup>th</sup> at 7-9 pm. Study Guide will be available for those who wish to purchase one. *"This study has given me a renewed love of the Word, a desire to learn more, and most of all, a closeness to Jesus that I have not experienced before."* –Linda Fort Smith, Arkansas



**FREE Daily Lent Reflections** - Would you like a deeper, more powerful Lent this year? Then sign up for Bishop Robert Barron's FREE daily Lent reflections at [LentReflections.com](http://LentReflections.com) or by texting LENT to 22828. Each day, from Ash Wednesday (February 10) until Easter Sunday (March 27), the creator and host of the CATHOLICISM film series will send you a short reflection, straight to your inbox. There's simply no better way to super-charge your Lent. Be sure to sign-up at [LentReflections.com](http://LentReflections.com)!

**THE FIRST COPORAL WORK OF MERCY** is to "feed the hungry." Jesus included this in his exhortation regarding the final judgement, where He turned away the goats who did not give any food to the "least of these" (Matthew 25:31-46). Feeding the hungry is a basic tenet of being a Christian, but unfortunately the modern prosperity we enjoy has spoiled us and we sometimes believe no one goes hungry.

**What should we do? How do we "feed the hungry here at St. Mary's?"**

The best way we can "feed the hungry" is to be active in our local community. The blue container at the back of the cathedral is there for dry and canned food goods for the food bank. Please think of the poor and hungry every time you come to Mass. St. Mary's Hot Meals Programs provides a full meal every Saturday at noon. You can volunteer for it. You can also donate money towards it. You can also donate money and specify it is to be used to feed the hungry. Many people come to the door asking for food and the money is used for them or one of the programs. When you pass someone on the street who asks for money, don't look the other way, at least say hello. Many are just looking for their human dignity to be recognized. Volunteer! This is important, for when we give money to various organizations (while a good and noble thing), we are very much removed from the situation and never get our hands dirty. We never have an encounter with a hungry person and we barely have any compassion. It can be easy to simply give our money so that "someone else" can deal with the poor and hungry.

Unfortunately we often scoff at the poor and hungry and tell them plainly to "get a job!" We think there is no reason why they should be hungry and often think that they the ones to blame. However, we do not know their situation and do not realize that we should treat them in the same way that we would want to be treated. Who knows, we could be the next statistic and could be in a situation where we are begging for food.



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825 Portsmouth Ave  
Kingston, ON K7M 1W8  
Stephen Overvelde  
President  
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email: [stephen@hermansauto.ca](mailto:stephen@hermansauto.ca)  
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