



The Season of Lent

Fourth Sunday

The Man Born Blind

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947,

email: smarvs@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-Noon, effective March 20th

**Mass Schedule: St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri.
12:10 pm**

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

**Opportunities for Confession: One half hour prior to every Mass held in the
Cathedral; Wednesdays 1 pm – 5pm – 4:50**

Contacts

Rector: Father Shawn Hughes,
fathershawnjhughes@gmail.com
Associate Pastor: Fr. Stéphane
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Deacon Blaine Barclay,
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Pastoral Caring Coordinator:
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Organist: Catherine Helferty,
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#728: Doug Snider, dj53@live.ca
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Creighton Model Fertility
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Serena, Sympto-Thermal Method
of Family Planning:
www.serena.ca
serenakingston@gmail.com
Adoration: Karen King,
karenking333@gmail.com,
613-541-5010 ext. 2415
St. Mary's Refugee Sponsorship:
Angela Gambin
stmarysrefugee@gmail.com

EUCCHARISTIC ADORATION IN

ST. JAMES' CHAPEL: You are
invited to spend time with Jesus in
the Blessed Sacrament in
Eucharistic Adoration at any time
Sun. 11:30 am to 9 pm, Mon. to
Fri. 8:15 am-9 pm, Sat. 8:15 am to
5 pm. **People are needed for**
the following; Sun 4-5 pm,
Mon 5-6 pm, Tues 9-10 am, 6-
7 pm, Wed 5-6, 6-7 pm, Thurs
5-6, 6-7 pm, Sat 11-12 am, 1-2
pm. Please contact Karen King at
613-541-5010 ext. 2415.

We are pleased to announce that the parish bulletin will now be available in a convenient electronic format. To receive the new bulletin weekly in your email inbox, please send an email to stmarysdispatch@gmail.com

Upcoming Events

STATIONS OF THE CROSS: will be prayed throughout Lent, Monday to Thursday, after the 12:10 pm Mass & Fridays at 7 pm

BOOK CLUB: Every Wednesday during Lent in the Parish Centre: 10-11:30 am. Pope Francis' new book, 'The Name of God is Mercy'.

Finance Committee Meeting: Wed. March 9th at 3 pm.

Refugee Sponsorship Committee Meeting: Wed., March 9th at 7 pm

DVD Series: PSALMS: THE SCHOOL OF PRAYER continues this Thursday, March 10th, 7-9 pm in the Parish Centre. See ad on p. 4.

St. Mary's Moms and Tots: Inviting all members in the Kingston area for faith formation and fellowship. Tues., March 15th, 10-11:30 am. Babysitting provided. St. Mary's Parish Centre, 260 Brock St.

St. Mary's Catholic Women's League Meeting: Tues. Mar. 15th, 1 – 3 pm, Parish Centre.

Mental Health Disorders Workshop: A workshop on *An Introduction to Mental Health Disorders* will be held on Wed., April 6th, 7 pm to 9 pm at St. Mary's Parish Centre. Please join us to learn about some common mental health disorders parishioners may encounter in the community and find out different ways of responding when encountering a person in crisis. RVSP Ann Lyng at 613-546-5521 Ext 5 or alyng@cogeco.ca

Pilgrimage to Fatima, April 13th to April 29th, 2016. Bilingual guided tour, 2100 Euros per person. Limited seats left. Contact Our Lady of Fatima Parish, 613-546-5011, fatimakingston.com.

Message from Archbishop Brendan O'Brien: I want to express my sincere appreciation for the prayers, best wishes and cards which I received during my convalescence from the injuries I sustained when I fell several weeks ago. Your prayers and support have been a great help in my healing. I hope to return to my regular duties this week.

Sincerely in Christ,

+Brendan M. O'Brien, Archbishop of Kingston

Holy Week and Easter Schedule

Palm Sunday, March 20th: regular Mass schedule: Sat. at 5 pm,
Sunday, 8 am, 10:30 am & 7:30 pm

Monday, March 21st: regular Masses: 7:45 am and 12:10 pm

Tuesday, March 22nd: Mass at 7:45 am, No noon Mass,
& Mass of Chrism at 7:30 pm

Wednesday, March 23rd: regular Masses: 7:45 am and 12:10 pm
Confessions: 1-5 pm

Holy Thursday, March 24th: Confessions: 2 -4pm

Mass of the Lord's Supper: 7 pm – Adoration to 11 pm

Good Friday, March 25th: 10 am Confessions, 11 am Stations of
the Cross, 2 pm Confessions, 3 pm The Passion of the Lord,
7 pm Stations of the Cross

Holy Saturday, March 26th: The Easter Vigil: 8 pm

Easter Sunday, March 27th: regular Sunday Mass schedule 8 am,
10:30 pm & 7:30 pm

Masses

Monday March 7th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Dominic Tan

Tuesday March 8th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Souls in Purgatory

Wednesday March 9th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Archbishop O'Brien's Intentions

Thursday March 10th

7:45 am Joseph Healy, Mary Ellen Healy, members of Kelly & Healy families

12:10 pm Almon F. Doolan & Doolan Family

Friday March 11th

7:45 am Hermina & Werenfried Van de Ven

12:10 pm Irmgard Fellhofer

Saturday March 12th

7:45 am Joseph Healy, Mary Ellen Healy, members of Kelly & Healy families

5 pm Augustino Bochnia

Sunday March 13th

8 am Father Robert Flurey

10:30 am for the people

7:30 pm Maurice Brousseau

Ministries: Sat. March 12th 5 pm

Altar Servers	Elizabeth S. Doug S.
Lectors	Cathy H. Lynn P.
EM of the Eucharist	Mark M.

Sunday March 13th 8 am

Altar Servers	Marcel R. Betty R. Emily R.
Lectors	Bill M. Diane D.
EM of the Eucharist	Ann L. Theresa D.

Sunday March 13th 10:30 am

Altar Servers	Barry M. Glen M. Nick B. Mario D.
Lectors	Sr. Sheila B. Pat B.
EM of the Eucharist	Betty G. Elizabeth S. Janet W. Natalia A. Sr. Shannon Connie A. Carmen D.

Sunday March 13th 7:30 pm

Altar Servers	Pene L. Doug S.
Lectors	Suzanne J. Olivia M.
EM of the Eucharist	Ellen H. Grace G.

Liberating a Continent: JOHN

PAUL II and the Fall of

Communism. Visit jp2film.com/ broadcasts for local airings, March 7, 13, 15 & 25.

PLEASE BE ADVISED effective Monday, March 21 through Monday, May 2nd, 2016 the parish office hours will be reduced to 9 am to – 12 pm, noon. Suzanne, our office administer will be away recuperating from surgery. Please keep her in your prayers. If you need Mass cards etc. please do your best to do it before March 21st or after May 2nd when Suzanne will return. In that time there will be someone daily from 9 am to 12 pm noon to answer the door and the phone.

St. Patrick's, Napanee, Annual Pilgrimage to Our Lady of the Cape Shrine, Cap-de-la-Madeleine, Quebec (including St. Joseph's Oratory, Montreal and the Holy Door, Notre-Dame de Québec Basilica-Cathedral, Quebec City), **Monday June 6 through Wednesday June 8, 2016.** Cost: \$365/single; \$315pp/double; \$310pp/triple. Pick-up and drop-off at specific locations between Belleville and Brockville. Includes transportation, accommodation, most meals, admissions to sites, and abundant blessings! Contact Alphonse & Laura Poitras, 613-354-7643, alphonse.poitras@gmail.com, or go to our Parish website for details and registration form: www.stpatricksnapanee.ca. Payment must be received by April 1st to reserve your spot. Reserve early as space is limited.

Project Rachel Retreat: A Journey of Hope and Inner Peace. Are you hurting as a result of an abortion? Healing is possible. Project Rachel is a post-abortion healing and reconciliation ministry, which is sensitive, private and confidential. It lets you speak with someone who understands and cares and invites all whose lives have been affected by abortion to a journey of healing and reconciliation with God, their church community and themselves. Next retreat date for women is May 13-15, 2016. Take the first step call 416-629-8264 or email ProjectRachel@stmarysrefuge.or. You are not alone. Let us help. Together we can make a new beginning.

Empowered to Connect Conference: Equipping You to Bring Hope and Healing to Adopted and Foster Children: This is a live simulcast on April 8-9, 10 am to 6 pm, at St. Mary's Parish Centre based upon bible and research based parenting Technics for a connected child. World renowned speakers; see the bulletin boards for more information. **Register by March 30th** at etckington@outlook.com or call Caitlin at 613-766-1246. Cost: \$50, which includes workbook and refreshments.

NeeJe Association for Women and Family: 16th Annual Spring Dinner presents: LEAHY: The Next General. Sat. April 16th at Rideau Acres Banquet Hall. \$50. Call Teresa: 613-546-2089 or neeje.ca.

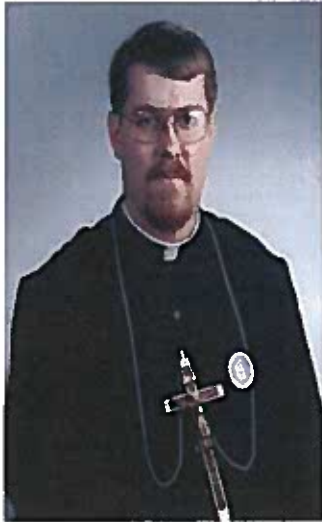
The Annual Shepherds Walk will take place Sat. March 19 starting at Our Lady of Fatima Church at 8 am. We will be visiting the downtown parishes and there will be approx. 30 minutes of prayer time at each church. The pilgrimage will arrive at St. James Chapel at 11:30 am and St. Mary's Cathedral at 10:45 am. Please join us. Questions? Please contact Our Lady of Fatima Parish.

Share Lent Pilgrimage – Helping nuns serve their people in Bethlehem. Now our pilgrimage takes us to the Holy Land. Development and Peace is supporting Salesian nuns in the Cremisan Valley in Bethlehem in their struggle to remain close to their people. Their ability to provide schooling to over 450 children has been threatened by the construction of a separation wall which will cut them off from the people they serve. Your support helps to provide them with crucial legal support to fight the construction in the courts. Next Sunday is Solidarity Sunday and the Share Lent collection. Please be generous!

NEW LIFE GROUP: A Catholic Ministry for the Separated & Divorced: March 15th, 7:30-9:30 pm, at Francis J. Spence Pastoral Centre, 390 Palace Rd. Kingston. Information (613) 548-4461 ext. 113. "Is This Really Happening To Me? Shock? Adjustment? Growth?"

Please pray for our Sick: Darren Black, Kevin Emond, Father Robert Flurey, Beverly Harris, Irene Haugh, James Horan, James Hunter, Theresa Knott, Hermina Lawlor, Janice Lumb, Earl McDonald, Archbishop O'Brien, Carmelita Orellano, Connie Tan, Réal Vienneau, Giordana White, Bill Wornes.

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LENTEN JUBILEE OF MERCY MISSION**

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**DIVINE MERCY
IN THE GOSPELS**

With Father Ben Cameron, C.P.M., of
the Fathers of Mercy of Auburn, Kentucky
Saturday, March 12th & Sunday, March 13th,
Homilist at all the Masses

Monday evening, March 14th: *Ask for Mercy: The Prodigal Son*
Tuesday evening, March 15th: *Be Merciful: The Good Samaritan*
Wednesday evening, March 16th: *Confidence in Mercy: The Sinful Woman*
Thursday evening, March 17th: *The Cross: Wellspring of Infinite Divine Mercy*

Daily Mass: 7:45 am and 12:10 pm

Each Evening in the Cathedral:

6 pm Exposition of the Blessed Sacrament & Confessions
7 pm to 8 pm: Mission Talk
8:00 pm: Confessions following the Talk



ST. MARY'S CATHEDRAL

ST. PATRICK'S DAY

CONCERT

ENTERTAINMENT BY

CELTIC RUMBLINGS

SUNDAY MARCH 13, 2016

ST. MARY'S PARISH CENTRE

IMMEDIATELY FOLLOWING THE 10:30 am

SUNDAY MASS

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FOR TICKETS CONTACT:

Ann Lyng at 613-546-5521 Ext. 5

OR alyng@cogeco.ca

Prayer knocks, fasting obtains, mercy receives from a sermon by Saint Peter Chrysologus, bishop (c.380 – c. 450 AD)

There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God's ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

Let this be the pattern for all men when they practice mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defense, a threefold united prayer in our favor.

Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: *A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.*

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to the earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit.

When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself. You will not be allowed to keep what you have refused to give to others.

The Chrism Mass in the Extraordinary Jubilee Year of Mercy

In this Year of Mercy, Archbishop O'Brien and the clergy of the Archdiocese will celebrate the Chrism Mass at **St. Mary's Cathedral, on Tuesday, 22 March, 2016 at 7:30 p.m.** This Mass is a manifestation of the communion of the clergy with their Archbishop; and, at this celebration, all priests and deacons will renew their ordination promises.

Everyone is called to pray for our clergy that they may remain faithful ministers of Christ. In addition, at this Mass, the oils used for the Sacramental life of the Church will be blessed by Archbishop O'Brien and distributed to each Parish and Institution in our Archdiocese.

A reception will follow at École Cathédrale. All are invited to participate in this special celebration.

Easter Flower Offerings: Easter is approaching and as always, we seek your support in purchasing the Easter flowers for the Cathedral. You are invited to make a donation in memory of a loved one or in thanksgiving for graces received. Please fill out the form immediately below and enclose it with your donation in an envelope and place it in the collection basket or drop it off at the parish office. Your offering to make our Church festive and beautiful for the Easter season is deeply appreciated.



Easter Flowers

IN MEMORY OF: _____

IN THANKSGIVING FOR: _____

Enclosed is \$ _____.

Your Name(s): _____



Hymn for the Holy Year of Mercy

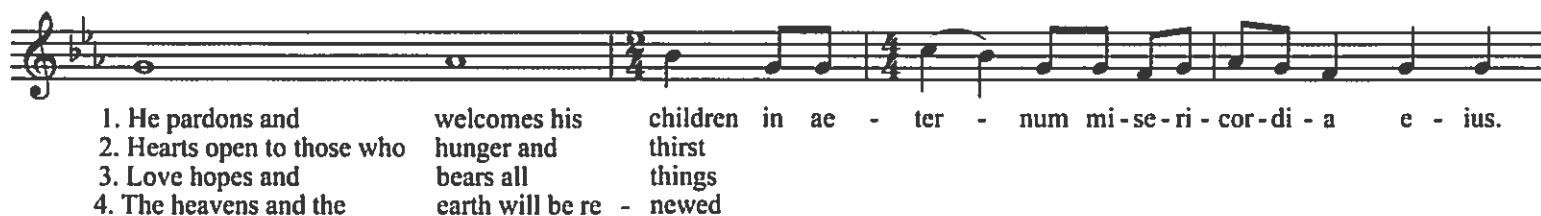
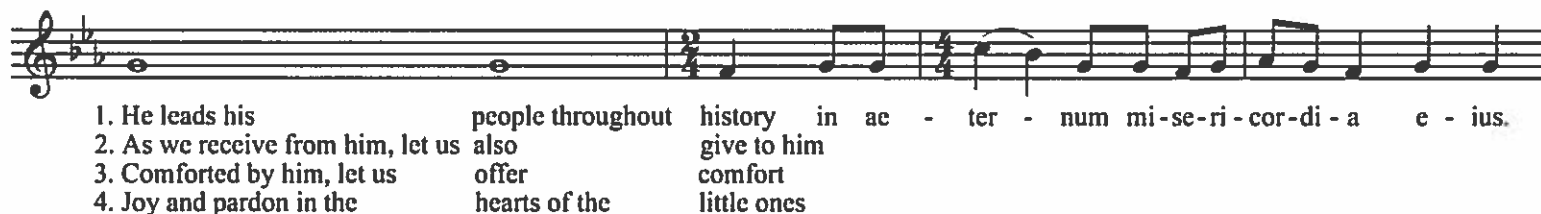
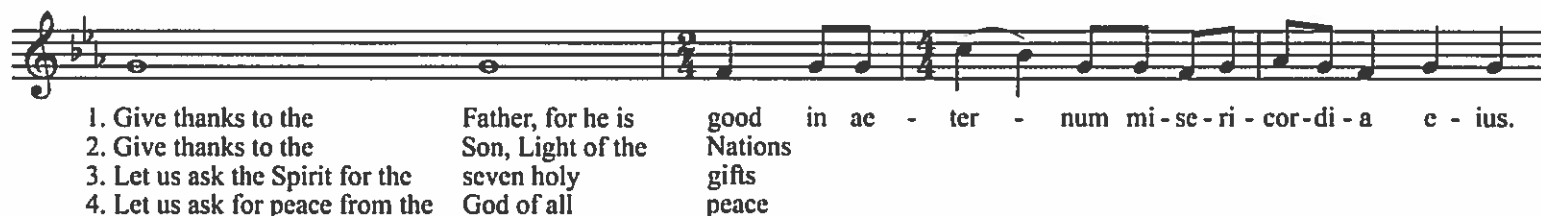
Text: Eugenio Cost

Music: Paul Inwood

ANTIPHON



VERSES



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The Vatican has introduced the official hymn of the Holy Year Of Mercy. The title is drawn from John 6:36, *Misericordes sicut Pater* (English: *Merciful Like the Father*). *Misericordes sicut Pater* is the official motto of the Year of Mercy. *In aeternum Misericordia eius* means 'His Mercy is forever!'



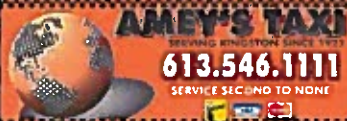
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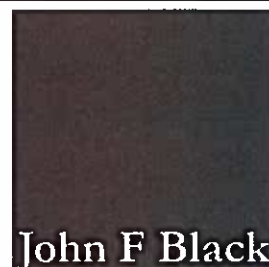
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