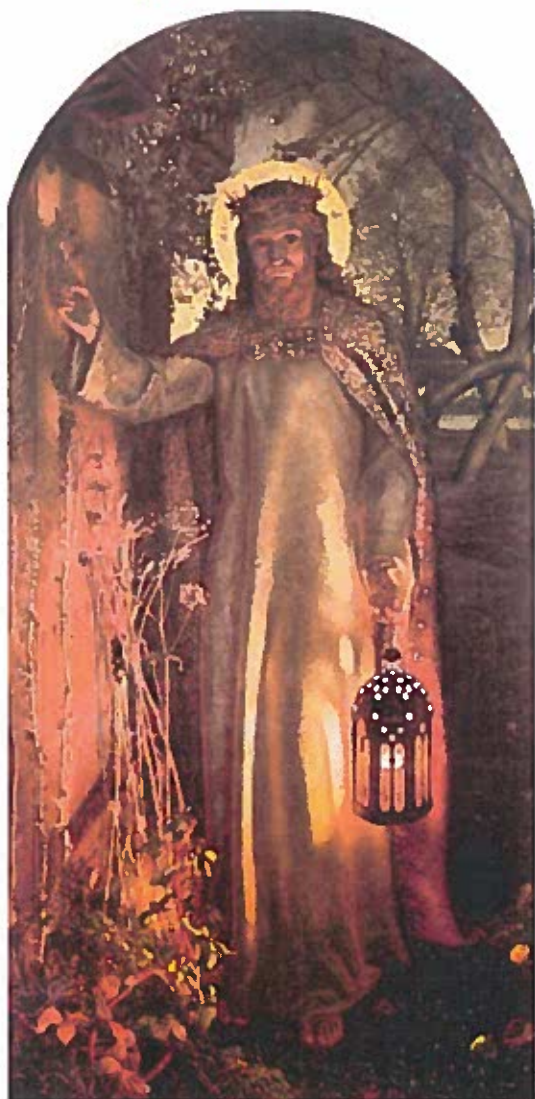


The Cathedral of St. Mary

Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop



Jesus Knocks at Our Door

In the Book of Revelation 3:20 Jesus says, *"Listen! I am standing at the door, knocking; if you hear my voice and open the door I will come into you and eat with you, and you with me."*

The Victorian-era English artist William Holman Hunt, one of the founders of the Pre-Raphaelite school, is perhaps best known for his 1853 painting, *"The Light of the World."* It's a literal depiction of this verse from Revelation. Jesus is literally standing at a door, knocking.

There's one peculiarity about the painting, though, that may appear, at first glance, to be an error on the artist's part.

There's no doorknob.

The lack of a doorknob is intentional. For, as the artist himself used to explain to those who asked, Jesus is waiting for *us* to open the door of our hearts and welcome him in.

There's only one doorknob, and it's on the inside. When Jesus comes knocking, *it's up to us to respond.*

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521,

Fax: 613-546-1947, email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9-5, closed 12-1 pm

Mass Schedule: St. James Chapel: M

on.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm; Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

**Opportunities for Confession: One half hour prior to every Mass held in the Cathedral;
Wednesdays 1 pm – 5pm, Saturdays 4 pm – 4:50 pm**

Contacts

Rector: Father Shawn Hughes,
fathershawnjhughes@gmail.com

Deacon Blaine Barclay,
blainebarclay31@gmail.com

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Pastoral Caring Coordinator:

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Sacristan: Leslie Darling,
lesliedarling37@gmail.com

Organist: Catherine Helferty,
catherinehelferty@hotmail.com

Parish Council Secretary; Ellen
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Catholic Women's League:
Ellen Hawman

ellen.hawman@sympatico.ca

Knights of Columbus Council
#728: Scott Sanderson

scottsanderson2@gmail.com

Finance Committee: Chair Mark
Levac, mark@levacsupply.com

University Chaplain:

Fr. R. de Souza,

chaplain@newmanhouse.ca

Billings Method Natural Family

Planning: Ann Murray,

kingston@naturalfamilyplanning.ca

Creighton Model Fertility

Care™ System: Caitlin Fitzpatrick

cjfitzpatrick@outlook.com

Serena, Sympto-Thermal Method
of Family Planning:

www.serena.ca

serenakingston@gmail.com

Adoration: Natalie Holland,

nholland@cogeco.ca

613-876-1801

St. Mary's Refugee Sponsorship:

Angela Gambin

stmarysrefugee@gmail.com

EUCCHARISTIC ADORATION **IN ST. JAMES' CHAPEL:**

You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-8 pm, Sat. 8:15 am to 5 pm. Please contact Natalie at 613-876-1801.

Thirty first Sunday in Ordinary Time

Upcoming events:

ALPHA @ ST MARY'S: Wednesday, Nov. 2nd at 6 pm



Our next SENIORS' LUNCH takes place this *Wednesday, Nov. 2nd* at the Parish Centre immediately following the 12:10 PM Mass. Please join us for a delicious lunch, wonderful fellowship, come and bring a friend! Hosted by our Pastoral Caring Team.

First Friday: All Night Adoration: Friday (Nov. 4) 8 pm to Saturday 7:30 am

Latin Mass: Next *Sunday November 6th* at 3 pm in St. James Chapel.

St Mary's Moms and Tots: next meeting is *Tuesday, Nov. 8th, 10-11:30 am* at St Mary's Parish Centre. All mothers, babies and children welcome! Contact St.MarysMomsandTots@gmail.com or find us on facebook.

Night of Mercy at St. Paul the Apostle Parish Worship. Message. Mercy. Come experience the unconditional love of God! Join us at St. Paul the Apostle Parish on Mon. Nov. 14 at 7pm for a Night of Mercy to celebrate the closing of the Jubilee Year of Mercy - including praise and worship music, Eucharistic Adoration, mercy through the Sacrament of Reconciliation, and a reflection by Fr. Charles Enyinnia. All are welcome!

The next meeting of the St. Mary's Cathedral Council of the Catholic Women's League will be held this *Tues. Nov. 15th* from 7 to 9 pm, at the Parish Centre. For more information or to arrange for transportation, please contact the president, Ellen Hawman: ellen.hawman@sympatico.ca or 613-634-8635.

THE KNIGHTS OF COLUMBUS & AND THE ROYAL CANADIAN LEGION remembrance day service, *Sunday, November 6, 2016* at 2:00 pm at St. Mary's cemetery at Cenotaph.

The Priest Retirement Fund collection will take place in all parishes in the Archdiocese next weekend, *November 12/13*. As members of our Catholic community, we regularly benefit from the tireless service of our priests. In this Jubilee Year of Mercy, we remember how they have been tangible instruments of the Lord's mercy in our lives. Called by God and ordained to care for His people, our priests serve our families, in churches, schools, hospitals, nursing homes, missions and on the streets. The Priest Retirement Fund ensures our priests can live their retirement years with dignity. This fund does more than just support our priests in their retirement years; it represents a very tangible gesture of thanks for the blessings we have received. Your generosity is greatly appreciated.

CHANGE OF DATE:

"Panels of Mercy: Lessons from the Holy Door": Saturday, November 19th at 7 pm in St. Mary's Cathedral.

Vigil on the Eve of the Jubilee of Mercy

Our own Father Raymond de Souza, at the recommendation of Archbishop O'Brien, applied for and was chosen to be one of the 1,071 Missionaries of Mercy from throughout the world who received a special mandate from Pope Francis, last Ash Wednesday, to preach and teach about God's mercy throughout the Jubilee of Mercy. Each of the Missionaries of Mercy were given special authority to pardon sins that carry penalties that only the Holy See can lift. Father Raymond will be giving us a powerful reflection on the lessons we can learn from the panels of the Holy Door at St. Peter's Basilica in Rome. Don't miss the wonderful opportunity as the great Jubilee of Mercy comes to an end!



Masses:

Monday Oct. 31st

7:45 am B.J. MacDonald
12:10 pm Maria do Carmo Melo

Tuesday Nov. 1st

7:45 am Ellen Joannette
12:10 pm Joseph Tan

Wednesday Nov. 2nd

7:45 am Mary & James Lyng
12:10 pm Souls in Purgatory

Thursday Nov. 3rd

7:45 am Dianne Dutcher
12:10 pm Deceased members of
Coslovich & Fernetich families

Friday Nov. 4th

7:45 am John Herman
12:10 pm Maria Melo

Saturday Nov. 5th

7:45 am Mary Ann Jakimeczko
5 pm Lisa Ermel-Gräfe

Sunday Nov. 6th

8 am Sister Valade
10:30 am for the people
7:30 pm Romeo Feola

Ministries: Sat. Nov. 5th, 5 pm

Altar Servers	Peter M.	Lucas M.
Lectors	Mark M.	Lynn P.
EM of the Eucharist	Rita F.	

Sunday Nov. 6th, 8 am

Altar Servers	Charles F.	David M.
Lectors	Bill M.	Elizabeth N.
EM of the Eucharist	Theresa D.	Diane D.

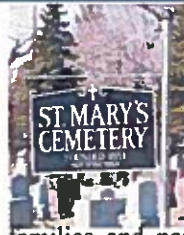
Sunday Nov. 6th, 10:30 am

Altar Servers	Nick B. Glen M.	Doug S. Jude T.
Lectors	Connie A.	Janet W.
EM of the Eucharist	Bob C. Jose C. Santina D.	Ed M. Gail M. Carmen D. Domenica B.

Sunday Nov. 6th, 7:30 pm

Altar Servers	Students	
Lectors	Jake C.	Olivia S.
EM of the Eucharist	Pene L. Doug S.	

Please pray for our Sick: Allan Barclay, Louise Doolan, Mary Ellen Douglas, Patrick Duggan, Lidwien Gräfe, Beverly Harris, Pierrette Janzen, Theresa Knott, Hermina Lawlor, Marcel Roy, Rose Rutherford and Patrick Switcher.



NEXT SUNDAY: Parish November Cemetery Service:

Sunday November 6th: It is a long standing Catholic tradition to gather in the Parish Cemetery for prayers for the faithful departed in the November, the Month devoted to the Holy Souls. We will gather in St. Mary's Cemetery on Sunday, November 6th at 3 pm to pray for the souls of all interred there and for all the faithful departed members of your families and parishioners of St. Mary's interred there and elsewhere, especially those who have died this past year. Enter off Division Street, drive past the office, drive past the mausoleums, and drive straight ahead to the cul-de-sac where the vault is located. We will gather there for our prayers.

"Eternal rest grant unto them O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace."

Emergency Relief to Haiti: As you have heard in the news, Haiti has once again been devastated by a natural disaster. The hurricane which struck the country earlier this month killed over 800 people, and destroyed tens of thousands of homes. The United Nations estimates that 350,000 people are in need of assistance. The Canadian Catholic Organization for Development and Peace is working with Caritas Haiti and Caritas Internationalis to provide assistance to the victims of the hurricane. Details of the humanitarian relief effort can be found on the Development and Peace website, www.devp.org. You are encouraged to support the efforts of Development and Peace to provide assistance to the people of Haiti. Financial donations can be made either online (www.devp.org); by telephone (1-888-234-8533); or by cheque or money order (made out to Development and Peace and clearly marked 'Emergency Haiti') sent by mail to: Development and Peace, 3rd floor, 1425 Rene-Levesque Blvd. West, Montreal, Quebec H3G 1T7.

Volunteer need to set up and clean up St. Mary's Hot Meals Program which is operated Saturdays at St. John the Apostle Parish Hall at 88 Patrick St. We are looking for a volunteer to set up and clean up, every Sat. from 9 am to 1 pm. Owning one's own vehicle would be a huge asset. A police check and screening via St. Mary's Screening committee is necessary. All interested parties should email smarys@cogeco.net for more information...a brief job description is available from Suzanne at the office.

Providence Care needs volunteers from parishes in the Archdiocese of Kingston to assist with Roman Catholic ministries that help meet spiritual needs in the following ways: **Providence Manor** -Assist residents going to and from Mass on Tues. - Fri. (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside residents who require assistance/supervision.- Extraordinary Minister for the Distribution of Holy Communion, especially to Residents who are unable to attend Mass, during the week.**Please contact Ruth Flores, at 613-548-7222, ext. 3160. St. Mary's of the Lake Hospital** -Assist patients going to and from Sunday Mass (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside patients who require assistance/supervision.-Extraordinary Minister for the Distribution of Holy Communion to patients during the week.**Please contact Tania Christie 613-548-7222, Ext. 2292. smolvolunteer@providencecare.ca**

BAKE SALE "Queen's Alive is a club of university students who work to promote the dignity of life from conception to natural death. We run workshops, events, and engage in conversation with students on campus to inform them about the truths surrounding life issues. We would be most grateful for your support of us by buying baked goods from our fundraising Bake Sale, happening after each of the Masses on the weekend of November 12-13th." For more information about our club. <https://queensaliveclub.wordpress.com>



Christmas Day Lunch

ooking way ahead...but we need to! The Parish Pastoral Caring Team is beginning to organize for the annual Christmas Day Dinner for those who are alone or who are unable to prepare a Christmas Day dinner for themselves. Again this year we are reaching out to serve the needs of more people within our local community. **In addition to our annual Christmas Day Dinner at the Parish Centre immediately following the 10:30 am Christmas Day Mass, we will also hold a Christmas Day Dinner at Holy Family School in Rideau Heights.** At both venues, a complete turkey dinner will be served from 12:00 pm noon until 2:00 pm. Numerous volunteers are

needed to assist with set up, with serving and with clean-up afterwards at both locations. Donations of home baked food items would be greatly appreciated. **This is a great opportunity for discipleship by giving of oneself in imitation of God's great gift of Himself, which we celebrate on Christmas Day.** We ask that you prayerfully consider volunteering at the dinners as we strive to serve the less fortunate in our community during this joyous time of the year. Individual volunteers, as well as entire families, who served at our previous Christmas Day dinners, stated that it was one of the best Christmases they have ever experienced thus reaffirming that those who give of themselves to others receive many graces in return!!! Come and experience for yourself the joy of giving. If you are interested in volunteering or are willing to contribute baked items, please contact Ann Lyng at 613-546-5521 Ext 5 or alyng@cogeco.ca



ST. MARY'S CATHEDRAL PARISH / HOTEL DIEU HOSPITAL 2016 COAT DRIVE:

HOTEL DIEU HOSPITAL WILL COLLECT THE COATS: Hotel Dieu Hospital is looking for clean, gently used winter coats for the 2016 Coat Drive. Down-filled style coats and ski jackets (**washable- no wool or fur**), warm mitts, hats, scarves and winter boots in good condition for men, women and children are urgently needed. Large, XL and XXL sizes for men and women are particularly needed. Collection began

October 11 and continues to December 16.

VALUE VILLAGE WILL DONATE COATS: Coats that have not been sold within 2 weeks will be donated to the Coat Drive. A volunteer driver is needed to pick up and deliver the coats to St. Mary's Parish Centre approximately once every 2 weeks. To volunteer, contact Ann Lyng 613-546-5521 Ext 5 or alyng@cogeco.ca

ST. MARY'S CATHEDRAL PARISH WILL DISTRIBUTE THEM: Volunteers are needed to help with the Winter Coat Drive: Volunteers are needed to help with distribution of coats. The distribution will be located **ONLY** at St. Mary's Parish Centre. It will operate Monday to Friday from 1:00 to 4:00 pm, November 28, 2016 to January 13, 2017. Any assistance during that time would be most appreciated. To volunteer or for more information about volunteering, contact Ann Lyng 613-546-5521 Ext. 5 or alyng@cogeco.ca



The St. Mary's Cathedral Council of the Catholic Women's League will be seeking nominations for the four executive positions (president, vice president, recording secretary and treasurer) during the month of November.

In the next few weeks, all members will be receiving by mail, a letter of explanation, a list of members eligible for nomination, and a nomination form. Please prayerfully consider who you would like to form your executive committee for the coming two years and then return your nomination form. Once nominees have been contacted for confirmation of their willingness to stand, an election will take place, also by mail, to be as fair and inclusive as possible. Thank you for your continuing commitment to the Catholic Women's League of Canada. Ellen Hawman, President.

Archdiocese of Kingston Annual Liturgical Conference 2016

"From Mass to Mission" Presenter: Fr. Tom Rosica, Salt and Light

Friday evening, **11 November 2016, 7:00pm-9:00pm**, and Saturday, **12 November 9:00 am-3:30 pm**, at **Our Lady of Lourdes Church, Kingston, On, 490 Days Rd.** The Conference will focus on the missionary role of the Church in today's world. Please join us. Registration fee is \$ 55.00 and includes: Social on Friday, Lunch, all Coffee breaks and fees. Deadline for registration is Monday, 31 October. Registration Forms are available from the parish office, on the Archdiocesan website at <http://www.romancatholic.kingston.on.ca/> For more info, please contact Mariola Gozdek at the Liturgy Office, tel. 613. 548.4461 ext.114, or:

liturgy@romancatholic.kingston.on.ca

Did you know that every day the Eucharist is exposed for Adoration in St. James' Chapel after morning Mass to 8 pm in the evening? And on First Fridays (this Friday, Nov. 4th), Adoration continues through the night? Come by any time throughout the day or on First Fridays through the night for a time of peaceful prayer and silence.



Jesus waits for us in this Sacrament of Love

“In the sacred Host, He is present, the true treasure, always waiting for us. Only by adoring this Presence do we learn how to receive Him properly.”

What is Eucharistic Adoration?

Understood simply, Eucharistic Adoration is adoring or honouring the Eucharistic Presence of Christ. In a deeper sense, it involves "the contemplation of the Mystery of Christ truly present before us". During Eucharistic Adoration, we "watch and wait", we pray and /or remain "silent" in His Presence and open ourselves to His Graces which flow from the Eucharist ... By worshiping the Eucharistic Jesus, we become what God wants us to be! Like a magnet, the Lord draws us to Himself and gently transforms us. In its fullest essence ... Eucharistic Adoration is "God and Man reaching out for each other, at the same time!"

The Eucharist is: Jesus truly present - Body, Blood, Soul, and Divinity!

At the moment of Consecration, during the Mass, the "gifts" of bread and wine are transformed (transubstantiated) into the actual Body and Blood of Christ, at the Altar. This means that they are not only spiritually transformed, but rather are actually (substantially) transformed into the Body and Blood of Christ. The elements retain the appearance of bread and wine, but are indeed the actual Body and Blood of Christ. This is

what is meant by Real Presence: the actual, physical presence of Jesus in the Eucharist. Christ instituted this Holy Sacrament of the Eucharist in order to remain with mankind until the end of time (Jn. 14:18).

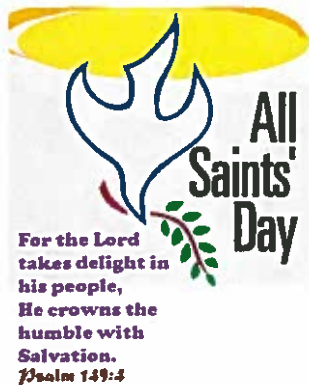
The (reserved) Blessed Sacrament serves as a focal point of devotion.

Because, as Catholics, we believe that Christ is truly and substantially present in the Eucharist, the Blessed Sacrament is given the same adoration and devotion that is accorded to Christ. At the beginning of the exposition of the Blessed Sacrament, a priest or deacon removes the sacred host from the tabernacle and places it in the Monstrance on the Altar for adoration by the faithful. "Monstrance" is the vessel used in the Church to display the consecrated Eucharistic Host, during Eucharistic adoration or benediction. The word monstrance comes from the Latin word *monstrare*, meaning "to expose". It is known in Latin as an *Ostensorium*. When a consecrated host is placed in the monstrance, It is said to be a solemn exposition.

When the Monstrance contains the Sacred Host, the priest does not touch it with his bare hands, but instead, holds it with a *humeral veil*, a wide band of cloth that covers his shoulders (humera) and has pleats on the inside in which he places his hands. At all other times, the reserved Sacrament is kept locked in the Tabernacle, so that the faithful may pray in the presence of the Sacrament. A "Holy Hour" is "Eucharistic Adoration of Reparation" which lasts for about an hour. Adoration ceremonies traditionally include Scripture readings, hymns, prayers and time for silent adoration. You are most welcome to do one in St. James' Chapel any time.

Could you not watch one hour with Me?"

Jesus waits for us in the Blessed Sacrament. He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate -- His Divine Majesty -- in the Blessed Sacrament. St. Alphonsus Liguori wrote: "Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the Sacraments, the one dearest to God and the one most helpful to us". The Eucharist is a priceless treasure: By not only celebrating the Eucharist, but also by praying before It outside of Mass, we are enabled to make contact with the very wellsprings of Grace ..." Pope John Paul II in one of his homilies said, "It is pleasant to spend time with Him, to lie close to His breast like the Beloved Disciple (cf. Jn 13:25) and to feel the infinite love present in His heart ... If, in our time Christians must be distinguished by the "art of prayer", how can we not feel a renewed need to spend time in spiritual conversation, in silent adoration, in heartfelt love before Christ present in the Most Holy Sacrament?"



Halloween, All Saints Day, and All Souls Day

In English, the traditional name for All Saints Day was All Hallows Day. (A *hallow* was a saint or holy person.) The vigil or eve of the feast, October 31, is still commonly known as All Hallows Eve, or Halloween. Despite concerns among some Christians (including some Catholics) in recent years about the "pagan origins" of Halloween, the vigil was celebrated from the beginning—long before Irish practices, stripped of their pagan origins (just as the Christmas tree was stripped of similar connotations), were incorporated into popular celebrations of the feast.

In fact, in post-Reformation England, the celebration of Halloween and All Saints Day were outlawed not because they were considered pagan but because they were Catholic.

All Saints Day is followed by All Souls Day (November 2), the day on which Catholics commemorate all those Holy Souls who have died and are in Purgatory, being cleansed of their sins so that they can

enter into the presence of God in Heaven.

All Saints Day (This Tuesday, November 1) All Saints Day is a special feast day on which Catholics celebrate all the saints, known and unknown. The saints are those who have achieved their final reward in Heaven. While most saints have a particular feast day on the Catholic calendar (usually, though not always, the date of their death), not all of those feast days are observed. And saints who have not been canonized—those who are in Heaven, but whose sainthood is known only to God—have no particular feast day. In a special way, All Saints Day is their feast. Those who are in Heaven do not need our prayers.

All Souls Day (This Wednesday, November 2nd) Often overshadowed by the two days preceding it, Halloween (October 31) and All Saints Day (November 1), All Souls Day is a solemn celebration in the Catholic Church commemorating all of those who have died and are now in Purgatory, being cleansed of their venial sins and the temporal punishments for the mortal sins that they had confessed, and being made pure before entering into the presence of God in Heaven.

Offering Our Efforts on Behalf of the Holy Souls: On All Souls Day, we not only remember the dead, but we apply our efforts, through prayer, almsgiving, and the Mass, to their release from Purgatory. There are two plenary indulgences attached to All Souls Day, one for visiting a church and another for visiting a cemetery. (The plenary indulgence for visiting a cemetery can also be obtained every day from November 1-8, and, as a partial indulgence, on any day of the year.) While the actions are performed by the living, the merits of the indulgences are applicable only to the souls in Purgatory. Since a plenary indulgence removes all of the temporal punishment for sin, which is the reason why souls are in Purgatory in the first place, applying a plenary indulgence to one of the Holy Souls in Purgatory means that the Holy Soul is released from Purgatory and enters Heaven. To obtain the plenary indulgence, you must recite one Our Father and the Creed, receive Holy Communion, and pray one additional Our Father and one Hail Mary for the intentions of the Holy Father.

Praying for the dead is a Christian obligation. In the modern world, when many have come to doubt the Church's teaching on Purgatory, the need for such prayers has only increased. The Church devotes the month of November to prayer for the Holy Souls in Purgatory, and participation in the Mass of All Souls Day is a good way to begin the month.

To obtain the plenary indulgence, you must visit a church, recite one Our Father and the Creed, receive Communion, and pray one additional Our Father and one Hail Mary for the intentions of the Holy Father.

Purgatory

Evidence of Purgatory in the Old Testament

The chief Old Testament verse that indicates the necessity of purgation after death (and thus implies a place or state where such purgation takes place—hence the name *Purgatory*) is 2 Maccabees 12:46: It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins. If everyone who dies goes immediately to Heaven or to Hell, then this verse would be nonsense. Those who are in Heaven have no need of prayer, "that they may be loosed from sins"; those who are in Hell are unable to benefit from such prayers, because there is no escape from Hell—damnation is eternal. Thus, there must be a third place or state, in which some of the dead are currently in the process of being "loosed from sins."

Evidence of Purgatory in the New Testament

Similar passages regarding purgation, and thus pointing to a place or state in which the purgation must take place, can be found in the New Testament. Saint Peter and Saint Paul both speak of "trials" that are compared with a "cleansing fire." In 1 Peter 1:6-7, Saint Peter refers to our *necessary* trials in this world: Wherein you shall greatly rejoice, if now you must be for a little time made sorrowful in divers temptations: That the trial of your faith (much more precious than gold which is tried by the fire) may be found unto praise and glory and honour at the appearing of Jesus Christ. And in 1 Corinthians 3:13-15, Saint Paul extends this image into the life after this one: Every man's work shall be manifest; for the day of the Lord shall declare it, because it shall be revealed in fire; and the fire shall try every man's work, of what sort it is. If any man's work abide, which he hath built thereupon, he shall receive a reward. If any man's work burn, he shall suffer loss; but he himself shall be saved, yet so as by fire.

Prayer for the Souls in Purgatory: Eternal Rest Grant unto them O Lord, and let perpetual light shine upon them, May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Anointing of the Sick: This Sacrament should be received by all who are seriously ill or anyone about to have serious surgery and for those who are advanced in years. It can be received more than once. You should tell Father Shawn about your illness or upcoming surgery and he will celebrate the Sacrament of the Sick with you. We also have the Sacrament after Mass on the First Fridays of the month.

The anointing of the sick is administered to bring spiritual and even physical strength during an illness, especially near the time of death. It is most likely one of the last sacraments one will receive. A sacrament is an outward sign established by Jesus Christ to confer inward grace. In more basic terms, it is a rite that is performed to convey God's grace to the recipient, through the power of the Holy Spirit.

The Sacrament's Institution

Like all the sacraments, holy anointing was instituted by Jesus Christ during his earthly ministry. The *Catechism* explains, "This sacred anointing of the sick was instituted by Christ our Lord as a true and proper sacrament of the New Testament. It is alluded to indeed by Mark, but is recommended to the faithful and promulgated by James the apostle of the Lord. (CCC 1511; Mark 6:13; Jas. 5:14-15).

The anointing of the sick conveys several graces and imparts gifts of strengthening in the Holy Spirit against anxiety, discouragement, and temptation, and conveys peace and fortitude (CCC 1520). These graces flow from the atoning death of Jesus Christ, for "this was to fulfill what was spoken by the prophet Isaiah, 'He took our infirmities and bore our diseases'" (Matt. 8:17). Mark refers to the sacrament when he recounts how Jesus sent out the twelve disciples to preach, and "they cast out many demons, and anointed with oil many that were sick and healed them" (Mark 6:13). In his epistle, James says, "Is any among you sick? Let him call for the priests of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick person, and the Lord will raise him up; and if he has committed sins, he will be forgiven" (Jas. 5:14-15).

The Sacrament's Effects

"The special grace of the sacrament of the Anointing of the Sick has as its effects: the uniting of the sick person to the passion of Christ, for his own good and that of the whole Church; the strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age; the forgiveness of sins, if the sick person was not able to obtain it through the sacrament of penance; the restoration of health, if it is conducive to the salvation of his soul; the preparation for passing over to eternal life" (CCC 1532). Does a person have to be dying to receive this sacrament? No. The *Catechism* says, "The anointing of the sick is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived" (CCC 1514).

Does God Always Heal?

Today some Christians go to extremes in their expectation of divine healing. On one hand, some say that if a Christian is not healed of all his diseases, this reflects his lack of faith. Others claim that divine healings were only for the apostolic age, when all diseases were healed instantly and automatically. Both extremes are wrong.

Paul preached to the Galatians while he was afflicted by a "bodily ailment" (Gal. 4:13-14). He also mentions that he had to leave his companion Trophimus in the town of Miletus because he was too sick to travel (2 Tim. 4:20). In his first letter to Timothy, Paul urges his young protégé to "no longer drink only water, but to use a little wine for the sake of your stomach and your frequent ailments" (1 Tim. 5:23). The last passage is especially informative. Not only does it reveal that illnesses were not always healed in the apostolic age, but it also shows an apostle's practical advice to a fellow Christian on how to deal with an illness. Notice that Paul does not tell Timothy to pray harder and have more faith that God will heal him from his stomach ailment. Rather, he tells him how to manage the illness through medicinal means.

THE ARCHBISHOP'S DINNER

IN THE JUBILEE YEAR OF MERCY

A fundraising event in support of Food Banks throughout the Archdiocese of Kingston

Thursday, November 17, 2016

Reception at 5:30 p.m. Dinner at 6:30 p.m.

Ambassador Hotel and Conference Centre

1550 Princess Street, Kingston, Ontario

COMPLETELY SOLD OUT!!!!

Still opportunities for Sponsorships and Donations!

Please speak to Father Shawn!



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Memorial Gardens
by Arbor Memorial

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