

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



**THE LORD HAS ASCENDED!!
ALLELUIA! ALLELUIA!**

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947,

email: smarvs@cogeco.net Web Site: stmarvscathedral.ca

Parish Office Hours: Monday to Friday 9 to 5 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm Sunday Masses: 8:00 am, 10:30 am, 7:30 pm

Opportunities for Confession: One half hour before each Mass held in the Cathedral
Wednesdays 1 pm – 5pm Saturdays 4 pm – 4:50 pm

Masses:

Monday May 29th

7:45 am Intentions of Suzanne Brown-Stevenson

12:10 pm Rita Turgeon

Tuesday May 30th

7:45 am Fernando Santos

12:10 pm Intentions of Michael

Wednesday May 31st

7:45 am The Deceased Priests of the Archdiocese

12:10 pm Fr. Bill Powell, 1st anni.

Thursday June 1st

7:45 am Fr Bill Powell (estate)

12:10 am Dan Deir

Friday June 2nd

7:45 am Fr Bill Powell (estate)

12:10 pm Mary & James Lyng

Saturday June 3rd

7:45 am Fr Bill Powell (estate)

5 pm Souls Hermina Lawlor

Sunday June 4th

8 am The Del Bello family

10:30 am For the people

3 pm Latin Mass-St James Chapel

7:30 pm Fr Bill Powell (estate)

Ministries: Sat. June 3rd, 5 pm

Altar Servers	BarryM GlenM Sharon M
Lectors	Cathy H. Mark M.
EM of the Eucharist	Rita Fjarlie

Sunday, June 4th, 8 am

Altar Servers	Doug S Betty R Emily R
Lectors	Diane D. Bill M.
EM of the Eucharist	Theresa D. Betty R.

Sunday, June 4th, 10:30 am

Altar Servers	Jack R. Mario D. Bohdan Y. Doug S.
Lectors	Louise M. Pat B.
EM of the Eucharist	Rita F. Sr. Shannon Connie A. Dianne I. Bob C. Jose C. Betty G.

Sunday, June 4th, 7:30 pm

Altar Servers	Students
Lectors	Jake C. Michelle S.
EM of the Eucharist	Pene L.

Please pray for our Sick:

Alan Barclay, Dorothy Battalia, Jack Coleman, Bev Dickison, Mary Ellen Douglas, Brock Doyle, Patrick Gambin, Lidwien Gräfe, Rina Gupta, Lucy Huisman, Rita Murray, Crystal St Aubin, Cathy Veley and Sharon Willard.

ASCENSION OF THE LORD

Seniors' Lunch: Wednesday June 7th after the 12:10 pm Mass at the Parish Centre.

Men's Ministry: Saturday, June 3rd, 7 am to 9 am. All men of the parish are invited to come join us for a GREAT Breakfast, GREAT Spiritual Formation and discussion. GREAT Fraternity and testimonies and GREAT Prayer together!

ST. MARY'S CATHEDRAL VOLUNTEER APPRECIATION SUNDAY...



RESERVE THE DATE! All Volunteers are cordially invited to attend **VOLUNTEER APPRECIATION SUNDAY** on **SUNDAY, JUNE 11, 2017** at St. Mary's Parish Centre immediately following the 10:30 am Sunday Mass. We are truly blessed to have such a large group of dedicated volunteers who selflessly give their time and talent to serve our parish community. Your work is impactful in so many

ways. Join us as we express our appreciation to you for your ongoing commitment to our parish community.

YARD SALE: St. Patrick's Catholic Church, 3977 Sydenham Rd. Railton, Sat. June 3rd, 8 am-1 pm. CWL Bake table, toys, clothing, small appliances, books, jewelry, kitchenware, sporting goods, plants, etc., BBQ'd hamburgers, hot dogs, drinks and coffee.

Come and join the Discalced Carmelites in a "Day of Reflection" on Sat. June 3, 2017, at St. Joseph's Parish, 392 Palace Rd., Kingston, from 10 am to 3 pm. Coffee, tea and muffins will be provided. Please bring your lunch. Registration is \$4.00. Retreat Master is Father Dominic Borg, OCD, a biblical scholar and excellent speaker. Goodwill offering for Father Borg. If coming, please call Nettie Pawling at 613-547-2685. *(A note from Father Shawn: Father Borg is an incredibly knowledgeable priest, with a profound spirituality and is an excellent speaker as noted in the ad. I would highly recommend this Day of Reflection!)*

GREAT ADVICE FROM ST. PAUL's Letter to the Colossians

chapter 3 verses 12-17: As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. ¹³Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord² has forgiven you, so you also must forgive. ¹⁴Above all, clothe yourselves with love, which binds everything together in perfect harmony. ¹⁵And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. ¹⁶Let the word of Christ² dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. ¹⁷And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Contacts

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Pastoral Caring Coordinator
AND Catholic Women's League
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**Creighton Model Fertility
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613-876-1801
St. Mary's Refugee Sponsorship:
Angela Gambin
stmarysrefugee@gmail.com

EUCCHARISTIC ADORATION IN ST. JAMES' CHAPEL:

You are invited to spend time with Jesus in the Blessed Sacrament in Eucharistic Adoration Sun. 11:30 am to 9 pm, Mon. to Fri. 8:15 am-8 pm, Sat. 8:15 am to 4:30 pm. Adorers needed for Monday, Friday & Saturday at 8:15 – 9:00 am, Thurs 11-12 noon. Please contact Natalie at 613-876-1801.

THIS SATURDAY: GO FORWARD!

Courage! In the spiritual life one who does not go forward goes backward!!!!

MEN: Come for a GREAT Breakfast, GREAT spiritual formation, GREAT fraternity and GREAT PRAYER together!

Next Event: Saturday, June 3rd from 7 to 9 am at St. Mary's Parish Centre.

MEN'S MINISTRY

standing firm in the faith

For more information contact Scott Sanderson
scottsanderson2@gmail.com
or by phone at 613-453-0850.

FOLKLORE: LVIV, UKRAINE

June 9th – 11th, 2017

Passports \$5.00

At Regiopolis Notre Dame High
School, 130 Russell Street, Kingston
Sponsored by the Ukranian
Canadian Club of Kingston,
613-546-5060



School Retirement Celebrations: The Algonquin and Lakeshore Catholic District School Board is looking forward to the opening of Kingston's newest Catholic elementary school in Fall 2017. St. Francis of Assisi Catholic School will consolidate Holy Family, St. Peter and St. Patrick Catholic Schools. To celebrate the history of Holy Family, St. Peter and St. Patrick Catholic Schools, each school will host a retirement celebration after the regularly scheduled 11 am. Sunday Mass. The celebrations will begin at the schools at approximately 12 pm. St. Patrick Catholic School-May 28th, St. Peter Catholic School-June 4th, Holy Family Catholic School-June 11th. If you attended these schools and have photos or memorabilia you can lend for the celebrations please contact the school office. St. Peter 613-542-3691, St. Patrick 613-542-1437, and Holy Family 613-546-5981.

A weekend retreat for women whose hearts have been broken by abortion: June 2-4, 2017. **Project Rachel** — private and confidential. *"I will not leave you orphans; I will come to you."* John 14 Do you need to rest your burden? We can help. Call 416-629-8264 or e-mail ProjectRachel@stmarysrefugee.org

DISCIPLESHIP GROUPS



Discipleship Groups are small groups that are focused on learning content such as Bible studies and adult faith formation programs. The Groups, composed of 4 to 8 people, meet for a definite period of time, usually six weeks, to study a specific program. They follow the same format as ALPHA; meeting weekly in a private home to pray, share a meal together, watch a video series and discuss the content. However, unlike Connect Groups, which are intended to meet monthly on a continual basis, Discipleship Groups dissolve once their specific study program is completed. Members are then able to join or form another Discipleship Group to explore a different study program. The Parish has a wide variety of materials available for use. If you have attended ALPHA and are interested in forming or joining a Discipleship Group contact: Ann Lyng, 613-546-5521 Ext. 5, alyng@cogeco.ca

MORE OFFERTORY GIFT BEARERS NEEDED!



As Gift Bearers, you represent the entire parish as we return to God a small part of the many blessings that He has given to us. The unleavened Bread and Wine that you carry will be consecrated to become the Body and Blood of our Lord Jesus Christ. Normally two Gift Bearers are needed for each Mass. This Ministry is open to anyone and you are invited to be part of this beautiful ministry. Don't be shy! Please volunteer if asked or ask the Head Usher if you can serve as the Gift Bearers for that Mass. Remember that it is a privilege and honour to represent the assembly as you present the gifts!

From a discourse on the psalms by Saint Augustine, bishop

The Easter Alleluia

Our thoughts in this present life should turn on the praise of God, because it is in praising God that we shall rejoice for ever in the life to come; and no one can be ready for the next life unless he trains himself for it now. So we praise God during our earthly life, and at the same time we make our petitions to him. Our praise is expressed with joy, our petitions with yearning. We have been promised something we do not yet possess, and because the promise was made by one who keeps his word, we trust him and are glad; but insofar as possession is delayed, we can only long and yearn for it. It is good for us to persevere in longing until we receive what was promised, and yearning is over; then praise alone will remain.

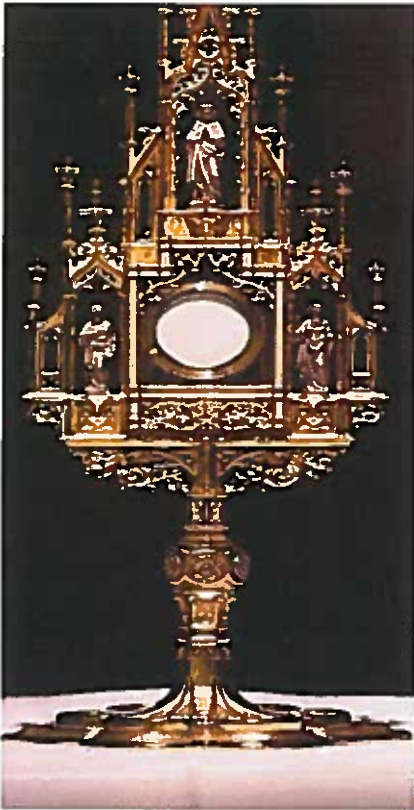
Because there are these two periods of time — the one that now is, beset with the trials and troubles of this life, and the other yet to come, a life of everlasting serenity and joy — we are given two liturgical seasons, one before Easter and the other after. The season before Easter signifies the troubles in which we live here and now, while the time after Easter which we are celebrating at present signifies the happiness that will be ours in the future. What we commemorate before Easter is what we experience in this life; what we celebrate after Easter points to something we do not yet possess. This is why we keep the first season with fasting and prayer; but now the fast is over and we devote the present season to praise. Such is the meaning of the *Alleluia* we sing.

Both these periods are represented and demonstrated for us in Christ our head. The Lord's passion depicts for us our present life of trial—shows how we must suffer and be afflicted and finally die. The Lord's resurrection and glorification show us the life that will be given to us in the future.

Now therefore, brethren, we urge you to praise God. That is what we are all telling each other when we say Alleluia. You say to your neighbor, "Praise the Lord!" and he says the same to you. We are all urging one another to praise the Lord, and all thereby doing what each of us urges the other to do. But see that your praise comes from your whole being; in other words, see that you praise God not with your lips and voices alone, but with your minds, your lives and all your actions.

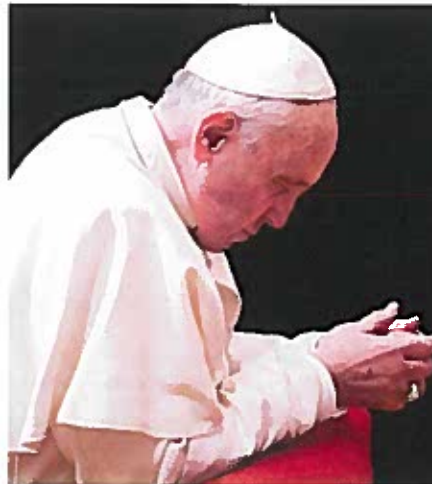
We are praising God now, assembled as we are here in church; but when we go on our various ways again, it seems as if we cease to praise God. But provided we do not cease to live a good life, we shall always be praising God. You cease to praise God only when you swerve from justice and from what is pleasing to God. If you never turn aside from the good life, your tongue may be silent but your actions will cry aloud, and God will perceive your intentions; for as our ears hear each other's voices, so do God's ears hear our thoughts.

Did you know that we have Adoration of the Blessed Sacrament every day at St. James Chapel from after the morning 7:45 am Mass 'til 8 pm most evenings. On the First Friday of the month there is always adoration through the night to Saturday morning Mass.



Ten Biblical Reasons For Wanting To Spend One Hour With Jesus In The Blessed Sacrament

1. He is really there! "I myself am the living bread come down from heaven." (John 6:35)
2. Day and night Jesus dwells in the Blessed Sacrament because of his Infinite love for you! "Behold I will be with you always even to the end of the world," because "I have loved you with an everlasting love, and constant is my affection for you." (Matthew 28:20; Jeremiah 31:3)
3. The specific way that Jesus asks you to love him in return is to spend one quiet hour with him in the Blessed Sacrament. "Where your treasure is, there is your heart..." "Could you not watch one hour with me?" (Matthew 6:21; 26:40)
4. When you look upon the Sacred Host, you look upon Jesus, the Son of God. "Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day." (John 6:40)
5. Each moment that you spend in His Eucharistic Presence will increase his divine life within you and deepen your personal relationship and friendship with him. "I have come that you may have life, and have it more abundantly." "I am the vine and you are the branches. Whoever remains in me and I in him shall bear much fruit because without me, you can do nothing." (John 15:5)
6. Each hour you spend with Jesus will deepen his divine peace in your heart. "Come to me all of you who are weary and find life burdensome and I will refresh you..." "Cast all of you anxieties upon the one who cares for you..." "My Peace is My Gift to you." (Matthew 11:28; Peter 5:7; John 14:17)
7. Jesus will give you all the graces you need to be happy! "The Lamb on the throne will shepherd them. He will lead them to the springs of life-giving water." (Revelation 7:17)
8. Jesus is infinitely deserving of our unceasing thanksgiving and adoration for all he has done for our salvation. "Worthy is the Lamb that was slain to receive honor, glory and praise." (Revelation 5:12)
9. For peace in our country! "When my people humble themselves and seek my presence... I will revive their land." (2 Chronicles 7:14)
10. Each hour you spend with Jesus on earth will leave your soul everlastingly more beautiful and glorious in heaven! "They who humble themselves shall be exalted..." "All of us, gazing on the Lord's glory with unveiled faces, are being transformed from glory to glory into his very image." (Luke 18:14; 2 Corinthians 3:18)



"What I really prefer is adoration in the evening, even when I get distracted and think of other things, or even fall asleep praying. In the evening then, between seven and eight o'clock, I stay in front of the Blessed Sacrament for an hour in adoration."

**Pope Francis,
A Big Heart Open to God**



THE ASCENSION IN THE CATECHISM OF THE CATHOLIC CHURCH

ARTICLE 6 : "HE ASCENDED INTO HEAVEN AND IS SEATED AT THE RIGHT HAND OF THE FATHER"

659 "So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God."⁵³² Christ's body was glorified at the moment of his Resurrection, as proved by the new and supernatural properties it subsequently and permanently enjoys.⁵³³ But during the forty days when he eats and drinks familiarly with his disciples and teaches them about the kingdom, his glory remains veiled under the appearance of ordinary humanity.⁵³⁴ Jesus' final apparition ends with the irreversible entry of his humanity into divine glory, symbolized by the cloud and by heaven, where he is seated from that time forward at God's right hand.⁵³⁵ Only in a wholly exceptional and unique way would Jesus show himself to Paul "as to one untimely born", in a last apparition that established him as an apostle.⁵³⁶

660 The veiled character of the glory of the Risen One during this time is intimated in his mysterious words to Mary Magdalene: "I have not yet

ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God."⁵³⁷ This indicates a difference in manifestation between the glory of the risen Christ and that of the Christ exalted to the Father's right hand, a transition marked by the historical and transcendent event of the Ascension.

661 This final stage stays closely linked to the first, that is, to his descent from heaven in the Incarnation. Only the one who "came from the Father" can return to the Father: Christ Jesus.⁵³⁸ "No one has ascended into heaven but he who descended from heaven, the Son of man."⁵³⁹ Left to its own natural powers humanity does not have access to the "Father's house", to God's life and happiness.⁵⁴⁰ Only Christ can open to man such access that we, his members, might have confidence that we too shall go where he, our Head and our Source, has preceded us.⁵⁴¹

662 "And I, when I am lifted up from the earth, will draw all men to myself."⁵⁴² The lifting up of Jesus on the cross signifies and announces his lifting up by his Ascension into heaven, and indeed begins it. Jesus Christ, the one priest of the new and eternal Covenant, "entered, not into a sanctuary made by human hands. . . but into heaven itself, now to appear in the presence of God on our behalf."⁵⁴³ There Christ permanently exercises his priesthood, for he "always lives to make intercession" for "those who draw near to God through him".⁵⁴⁴ As "high priest of the good things to come" he is the center and the principal actor of the liturgy that honors the Father in heaven.⁵⁴⁵

663 Henceforth Christ is *seated at the right hand of the Father*: "By 'the Father's right hand' we understand the glory and honor of divinity, where he who exists as Son of God before all ages, indeed as God, of one being with the Father, is seated bodily after he became incarnate and his flesh was glorified."⁵⁴⁶

664 Being seated at the Father's right hand signifies the inauguration of the Messiah's kingdom, the fulfillment of the prophet Daniel's vision concerning the Son of man: "To him was given dominion and glory and kingdom, that all peoples, nations, and languages should serve him; his dominion is an everlasting dominion, which shall not pass away, and his kingdom one that shall not be destroyed."⁵⁴⁷ After this event the apostles became witnesses of the "kingdom [that] will have no end".⁵⁴⁸

IN BRIEF

665 Christ's Ascension marks the definitive entrance of Jesus' humanity into God's heavenly domain, whence he will come again (cf. *Acts* 1:11); this humanity in the meantime hides him from the eyes of men (cf. *Col* 3:3).

666 Jesus Christ, the head of the Church, precedes us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him for ever.

667 Jesus Christ, having entered the sanctuary of heaven once and for all, intercedes constantly for us as the mediator who assures us of the permanent outpouring of the Holy Spirit.

532 *Mk* 16:19. 533 Cf. *Lk* 24:31; *Jn* 20:19,26. 534 Cf. *Acts* 1:3; 10:41; *Mk* 16:12; *Lk* 24:15; *Jn* 20:14-15; 21:4.

535 Cf. *Acts* 1:9; 2:33; 7:56; *Lk* 9:34-35; 24:51; *Ex* 13:22; *Mk* 16:19; *Ps* 110:1. 536 *1 Cor* 15:8; cf. 9:1; *Gal* 1:16. 537 *Jn* 20:17. 538 Cf. *Jn* 16:28. 539 *Jn* 3:13; cf. *Eph* 4:8-10. 540 *Jn* 14:2. 542 *Jn* 12:32. 543 *Heb* 9:24.

544 *Heb* 7:25. 545 *Heb* 9:11; cf. *Rev* 4:6-11. 546 St. John Damascene, *Defide orth.* 4,2:PG 94,1104C. 547 *Dan* 7:14. 548 Nicene Creed.

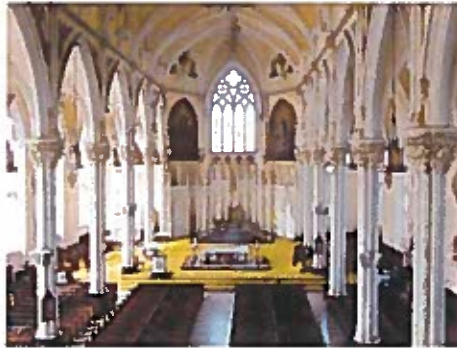
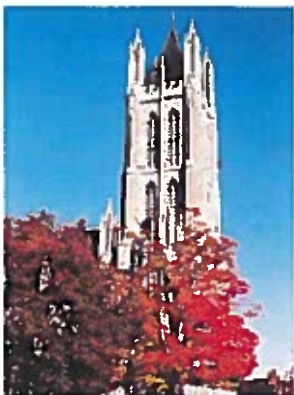
WHY AN AUTOMATIC DEBIT PLAN?

Automatic Debit allows St. Mary's parishioners to make their regular Sunday offering using "Direct Debit" system. Automatic Debit is an option, not a requirement! It is being used throughout the Archdiocese of Kingston. We would like to make it available to those St. Mary's parishioners who would like to take advantage of it.

When you participate in the automatic debit system, your regular Sunday offerings are only withdrawn from your account once a month, on or about the 30th day of each month and deposited into the parish account. It does not include any special collections including cathedral restorations/preservations. You will be able to contribute to all special collections, cathedral restorations/preservations using your envelopes.

WILL I STILL USE ENVELOPES?

Envelopes will continue to be issued to all parishioners who request them. Those who choose to use the automatic debit system can simply write PAD (pre-authorized debit) on their regular offertory envelope and drop them into the collection basket. You can also use your envelopes for the special collections not covered by your automatic debit offering.



BENEFITS FOR YOU & FOR ST. MARY'S CATHEDRAL

Automatic Debit is convenient. Your offering is deducted automatically. You will no longer need to search for your cheque book, buy cheques to use for your Church offerings, or stop and withdraw cash from the bank on the way to Mass.

Automatic debit allows you to support St. Mary's when you are away — a benefit for the church since expenses continue all year long. Most importantly, it's safe and secure. You are protected by very strict banking rules that guarantee your money and account is safe. It's flexible; you can increase, decrease or withdraw from the program at any time simply by dropping a signed note into the collection basket or Parish office 30 days prior to the next withdrawal.

HOW DO I ENROLL IN AUTOMATIC DEBIT?

Decide the amount of your monthly offertory contribution to be withdrawn from your bank account every month.

Fill out the Automatic Debit Authorization include in the adjacent column. Also, include a blank cheque marked "VOID" and place both in a sealed envelope.

Place the envelope in the collection basket or drop it by the parish office or mail it in. Strict confidentiality is always observed in all parishioner financial transactions.

Automatic Debit AUTHORIZATION FORM

I/We hereby authorize St. Mary's Cathedral, Kingston, Ontario to debit my/our account on or around the 30th day of each month in the amount indicated below:

Monthly Offering:

\$ _____

"I/we understand that my participation in the Automatic Debit Plan does not include special collections including Cathedral Restorations."

Please print clearly & attach a "VOID" cheque.

Name(s) of Parishioner(s):

Name of Bank/Trust/Credit Union:

Branch Address:

Account #: _____

Date: _____

Signature(s): _____

You may stop automatic debit at any time by simply writing a letter with 30 days' notice to St. Mary's Cathedral. You have certain recourse rights if any debit does not comply with the agreement. To obtain more information on your recourse rights, contact your financial institution or St. Mary's Cathedral.

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