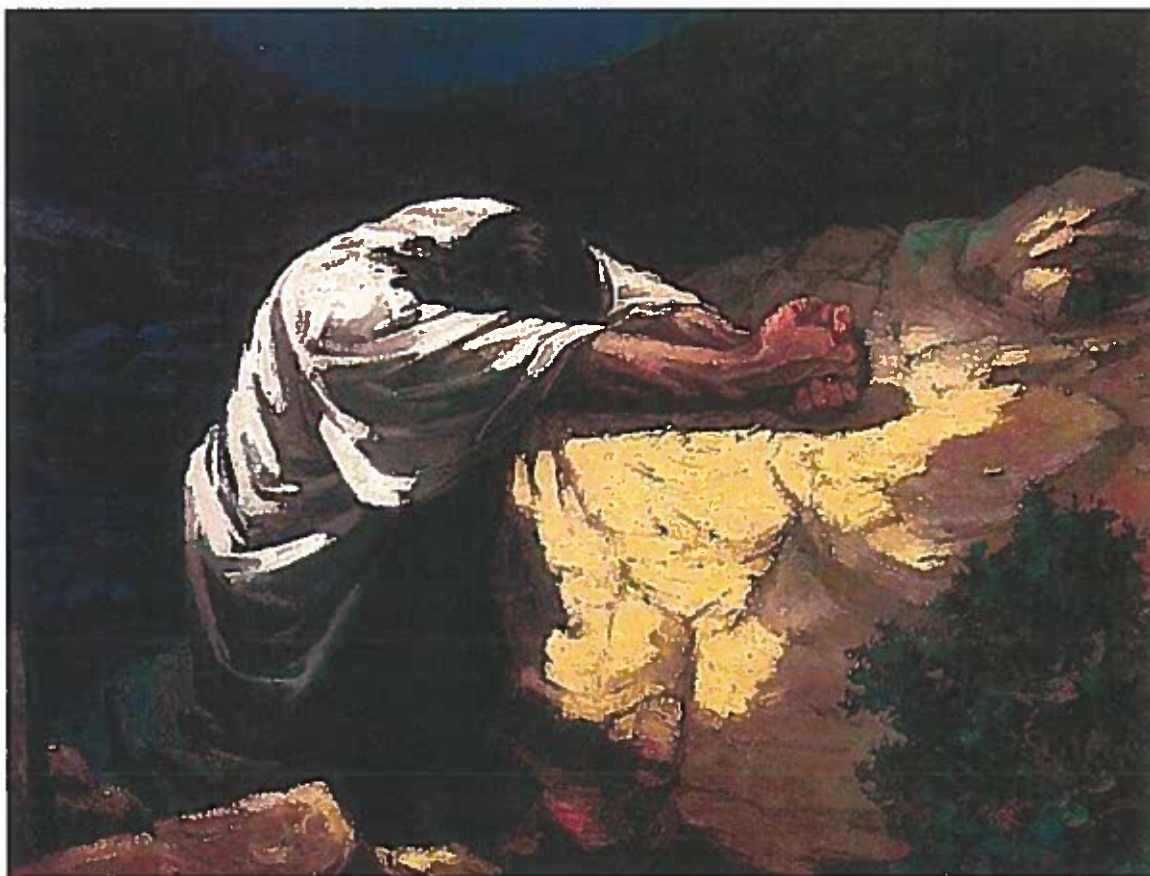


The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

“In the morning, while it was still very dark, Jesus got up and went out to a deserted place, and there he prayed.” (Mark 1:35)



279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9 to 5 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession “The Light is On!”

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 5pm & Saturdays 4 pm – 4:50 pm

Fifth Sunday in Ordinary Time

Coming Events

Masses:

Monday Feb. 5th

7:45am Deceased members of Gilhen & Benish families

12:10 pm Paul Fuller & Tony warren

Tuesday Feb. 6th

7:45 am For the Sick of the Parish

12:10 pm Mary Rupert

Wednesday Feb. 7th

7:45 am Elma Layumas

12:10 pm Souls in Purgatory

Thursday Feb. 8th

7:45 am Noel Dean Chrisman

12:10 pm Patricia McDonald, deceased members of Murray & McDonald families

Friday Feb. 9th

7:45 am In thanksgiving

12:10 pm Father Shawn's intentions

Saturday Feb. 10th

7:45 am Maria Luciuk, 6th anni.

5:00 pm Thanksgiving to the Sacred Heart of Jesus & the Immaculate Heart of Mary

Sunday Feb. 11th

8 am Patricia Beck

10:30 am For the people of the parish

7:30 pm Aurora & Jesus Bautista

Please pray for our Sick:

Carmen Davies, Lois Hopkinson, Lori Keyes, Matthew McDonald, Tony Overvelde, Gabriel Sikema and Jim Wakelin.

Ministries: Sat. Feb. 10th, 5 pm

Altar Servers	Paul M. Jonathan M. Gabriel M.
Lectors	Lynn P. Elizabeth N.
EM of the Eucharist	Ann L. Theresa D.

Sunday Feb. 11th, 8 am

Altar Servers	Marcel R. Betty R. Emily R.
Lectors	Allan S. Abby C.
EM of the Eucharist	Maria C. Marcel R.

Sunday, Feb. 11th, 10:30 am

Altar Servers	Nick B. Mario D. Tiago F. Jude T.
Lectors	Janice L. Marietta M.
EM of the Eucharist	Grace G. Sr. Shannon Dianne I. Jose C. Bob C. Domenica B. Janet W.

Sunday, Feb. 11th, 7:30 pm

Altar Servers	Students
Lector	Michelle S. Sara B.
EM of the Eucharist	Ellen H. Pene L.

Sun., Feb. 4th: Latin Mass, St. James Chapel at 3 pm, Fr. Price presiding

Tues., Feb. 6th: Moms & Tots at 10 am, Parish Centre.

Tues., Feb. 6th: RCIA at 7 pm in the Parish Centre

Wed., Feb. 7th: Alpha continues at 6 pm, Parish Centre

Wed., Feb 7th: Seniors' Luncheon, 1 pm, Parish centre.

Wed., Feb 7th: Finance committee Meeting at 9 am.

Thurs., Feb. 8th: The Bible and the Sacraments continues at 7 pm in the Parish Centre.

Fri. – Sun., Feb 9th- 11th: New Life SASE course.

Tues., Feb. 13th: Knights of Columbus meeting at 7 pm, Parish Centre.

Wed., Feb. 14th: Ash Wednesday Masses with Distribution of Ashes - all in Cathedral 7:45 am, 12:10 pm & 7 pm.

Thurs., Feb. 15th: The Bible and the Sacraments continues at 7 pm in the Parish Centre.

Sat., Feb. 17th: Next Men's Ministry, 7 – 9 am, Parish Centre.

Sun., Feb 18th: Rite of Election, here at St. Mary's, 4 pm.

Tues., Feb. 20th: Moms & Tots at 10 am, Parish Centre.

Tues., Feb. 20th: Catholic Womens' League meeting, 1-3 pm, Parish Centre.

Thurs., Feb. 22nd: The Bible and the Sacraments continues at 7 pm in the Parish Centre.

Sat., Feb. 24th: Band Of Christian Brothers Men's Conference

THIS UPCOMING WEEKEND: The "New Life" Weekend Course

of the St. Andrew School of Evangelization, St. Mary's Parish Centre, 260, Brock Street, Kingston. from Feb. 9th to 11th (Fri. 6-9:30 pm, Sat. 8 am-8:30 pm, Sun. 8 am-4 pm). This course allows you to come into contact with a simple and powerful proclamation of what makes Jesus Christ and His message such a life-changing experience. In "New Life" you experience the power of the Gospel. Register online at www.sase.ca or pick up a registration form at the doors of the church. For more information please contact Katelyn Arac (registration coordinator) (902) 870-9093 or email kingston.sase@gmail.com. I hope to see you there! (Father Stéphane Pouliot).

WOULD YOU LIKE A BORDER?

A French female exchange student has emailed me asking if she can be housed by someone in the Catholic community from 19 February to 9 May. She has previously lived in Church-affiliated student housing in France and England. I am wondering if anyone in our St. Mary's community would be interested in hosting her during this period? If so please contact Father Shawn.

Band of Christian Brothers Men's Conference: On February 24th join Hector Molina and Bishop of St. Catharines' Gerard Bergie along with hundreds of men for Serviam Ministries' 3rd annual Band of Christian Brothers Men's Conference at Canada Christian College in Toronto. The theme is "Manly Virtue". It is a one day intensive men's retreat consisting of spiritual talks, Mass, Adoration, Confession, fraternity and prayer. All info and tickets: <https://www.serviamministries.com/events/virtue/>, info@ServiamMinistries.com or 1-888-522-2070. A car or cars is going from Kingston. Contact Father Shawn if interested.

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

In Residence:

Father Dan Ryan
Father Killian Eke
Father Antony Werunga

Deacon: Blaine Barclay,
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Parish Office Administrator:
Suzanne, smarvs@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator,
Catholic Women's League
President:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
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musicmoell@gmail.com

Parish Council Secretary: Ellen
Hawman,
ellen.hawman@sympatico.ca

**Knights of Columbus Council
#728 Grand knight:** Jude Thusiar
jthusiar@hotmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Sherley Vo – lead Missionary
sherley.vo@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

**Creighton Model Fertility
Serena, Sympto-Thermal Method
of Family Planning:**
www.serena.ca

serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

You will have noticed that in the Prayers of the Faithful we are praying for the clergy and parishes around the Archdiocese of Kingston. Many of the parishes are doing this. The parishes began with the Clergy and Parishioners of St. Mary's Cathedral a couple of weeks ago and you will see a different parish prayed for each weekend. It would be good to add them to your prayer intentions for the upcoming week.

The Archdiocese of Kingston is seeking a full time Financial Administrator. Details regarding the position can be found on the website: www.romancatholic.kingston.on.ca

Totus Tuus Catholic Summer Camp! Registration Open! Youth in the Archdiocese are invited to register for *Totus Tuus (Latin for Totally Yours) Catholic Summer Camp!* A faith-based week-long camp that includes faith activities, skits, sports, crafts, music and outdoor fun! Day camp for children (Gr. 1-6), runs Monday-Friday from 9am – 2:30pm. (\$75 for the week). With an option of extended daycare till 4pm. An engaging evening camp for teens (Gr. 7-12) runs Sunday-Thursday from 7-9pm. (\$25 for the week). The camp will be offered in Kingston the weeks of **July 8-13 & July 15-20** at St. Paul the Apostle Parish. For more info and to register visit www.kingstonvocations.com/totus-tuus Financial contributions to help sponsor children to attend camp are welcome. Any questions, please contact Nadia Gundert at [613-484-2446](tel:613-484-2446)

Steubenville Toronto Calling all teens in Grades 8-12! Join over 1500 youth from across Ontario in attending Steubenville Toronto, an amazing high school youth conference, on July 13-15, 2018. It will be held at the UOIT Campus in Oshawa. For more info in attending with the Archdiocese of Kingston group contact Nadia Gundert at youth@romancatholic.kingston.on.ca. An info package and registration is also available on the Archdiocese of Kingston website under the Youth tab

Call for Conscience Campaign 2018

The Bishops of Ontario, in conjunction with the Coalition for Healthcare and Conscience, are looking for 100,000 e-mail addresses as part of a campaign to encourage our elected Members of Provincial Parliament (MPPs) and those seeking office this June to increase funding for palliative care, to protect doctors and healthcare professionals who do not want to be involved in Medical Assistance in Dying (MAID), and to protect faith-based healthcare facilities from participating in MAID. To join this campaign, go to the website of the Archdiocese of Kingston, www.romancatholic.kingston.on.ca and click on the link, 'Call for Conscience Campaign 2018', where you would enter your name, e-mail address, and postal code, to identify your riding. Another way to participate in this campaign is to send a letter by regular mail to your Member of Provincial Parliament.



A CANDIDATE FOR THE PERMANENT DIACONATE: I would like to welcome Paul Bowman. Paul is a candidate studying for the permanent diaconate. As you know Deacon Blaine Barclay is the permanent deacon assigned to our Parish. Paul has been assigned to St. Mary's Cathedral and Providence Manor for his internship as he completes his studies and probably will be ordained in the Fall of this year. You will see him serving in the sanctuary at some Sunday Masses from now until early Summer.

Paul grew up in Carleton Place where he was active in St Mary's Parish as altar server, lector and Eucharistic minister. His first experience of the cathedral came through his attendance at the Sunday evening mass while a student at Queen's in the mid-80s.

Paul has completed three degrees from Queen's in engineering, education and theology (M.Div.) and works at the business school as a manager in the career centre. He is also a certified executive coach. Paul is married to Nimi and for the past 9 years they have provided live-in care to Nimi's mom, Merle, who has Alzheimer's. Merle is now a resident at Providence Manor thus providing the reason why Paul will be completing some of his practicum there. When you see him, please extend a warm welcome to Paul.



RESERVE THE DATE!!! BUS TRIP FROM ST. MARY'S CATHEDRAL TO THE "LIFT JESUS HIGH RALLY" IN TORONTO on SATURDAY, March 3rd, 2018. The theme of this year's rally is "FIRE ON THE EARTH" I came to bring fire on the earth, and how I wish it were already kindled! Luke

12:49. Lift Jesus Higher Rally is an annual event for youth and adults that focuses on evangelizing through uplifting music, testimonials, confessions, reflections, Divine Mercy celebration, a Eucharistic Procession and Mass celebrated by Cardinal Collins. Bus leaves the Cathedral at 5 am sharp and returns home by approximately 9:00pm. We will stop for dinner on the return trip. Travel is by McCoy deluxe coach. Cost of round trip transportation (dinner not included) is \$45. Tickets to the rally are available through the parish (Adults \$25, Youth \$15). For more information or to reserve tickets and bus seating, contact Ann Lyng at 613-546-5521 Ext 5 or at alyng@cogeco.ca.

The CWL of St. John the Apostle Church, 88 Patrick Street, Kingston is hosting a pancake supper on Shrove Tuesday, February 13, starting at 5:00 p.m. in the parish hall. Cost is \$5.00 for adults and free for children under 5 years old. All are welcome!

Cursillo Weekend for Men to be held in Kingston –

Pope Francis encourages us to encounter Jesus. The Cursillo Weekend offers a short and profound opportunity to encounter Jesus Thurs. evening, March 8th to Sun. March 11th at Providence Spirituality Centre, Kingston. For more info. contact Lionel Ryan at 613.634.9588 RyanLionel07@gmail.com or Friar Ed Debono at 613.546.6900 204 / eddebono@aol.com.

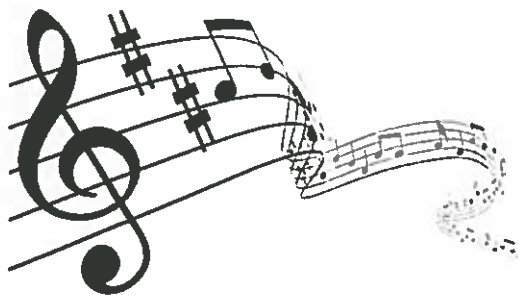
In the Cursillo Movement we approach evangelization as a very natural act of being Christ-like within each of our daily activities. We realize that while most people would like to live their lives in a Christ-like manner, the pressures of the world often make this difficult. The Cursillo Movement provides a method and a technique to provide each of us with the tools, the mentality, the strength, and the support to make this natural type of evangelization possible.

Evangelization means: 1) proclaiming the Gospel, 2) fulfilling our Baptismal responsibility (some of us were not even aware that our Baptismal responsibility required us to do something), 3) leavening the environments, and 4) living what is fundamental for being a Christian. We should not allow these statements to scare us off. These are nothing more than by-products of living our lives in a fully Christian manner. The Cursillo Movement can assist each of us in developing a deeper understanding of what it means to be fully Catholic by being fully Christian.

I will be taking this course with the men of the Archdiocese of Kingston. I would like every man in St. Mary's Parish to prayerfully consider joining this great opportunity to deepen your relationship with the Lord Jesus.

Father Shawn

Notice regarding The Catholic Register: For those of you who enjoy reading the Catholic Register, I would like to inform you that we will no longer be providing it for you to purchase. The Register is quite erratic in delivering the paper and it can be up to a week overdue. As a result there are too many extra copies not being purchased from week to week. If you enjoy The Register you should take out a personal subscription and have it delivered to your home.



Archdiocese of Kingston WORKSHOP FOR PARISH MUSICIANS

For Music Directors, Instrumentalists, Cantors, Psalmists, Choir Members and anyone interested in liturgical music.

**at St. Paul the Apostle Church, 1111 Taylor Kidd Blvd., Kingston
SATURDAY, 24 FEBRUARY 2018**

9:30 AM – 3 PM. For more Information, and to Register on-line, please visit the Archdiocese of Kingston website: <http://www.romancatholic.kingston.on.ca/> or call Gorett or Mariola at 613. 548-4461.

Week Long Catholic Summer Camps for Girls 9-14: Register soon! Chilawee Trails has overnight week long camps for girls in August for girls ages 9-14. Located in Barry's Bay it offers sports, daily Mass, swimming, rosary, crafts, confessions, canoe, and drama - a week of fun, friendship and faith awaits! Consider helping campers from low-income families. For more info: chilaweetrails.ca.

THE CONTENT ON FORMED.ORG CHANGES VERY REGULARLY HAVE YOU CHECKED IT OUT LATELY!!!

FORMED.ORG

A fantastic new parish program is now available to you on line through St. Mary's.

HOW DO YOU ACCESS IT? Follow these simple steps.

Step 1: Go to formed.org. **Step 2:** Click on Register. **Step 3:** Enter St. Mary's Parish Code which is QHVJWV. **Step 4:** Enter your email address **Step 5:** It will ask for your name address and a password you create. **Step 6:** A Verification email will be sent to your email. Click on confirm and you will have all the great content mentioned above (AND MORE!!!!) at your fingertips in the comfort of your home or wherever you are. (You only have to go through this process once and you then Login with your email and password!)

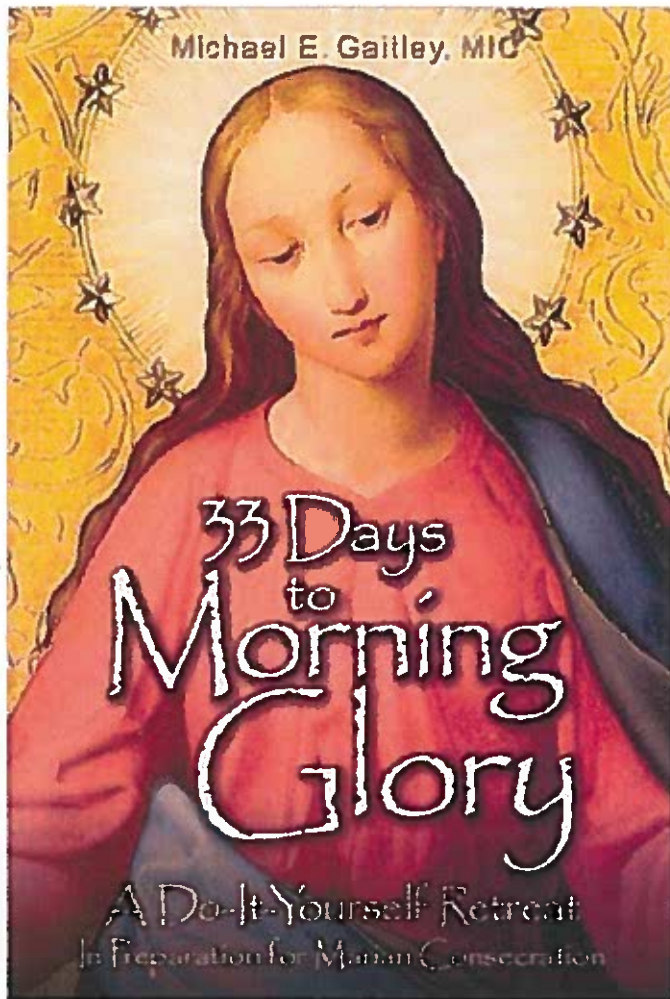


HOLY LAND HANDCRAFTED WOODEN RELIGIOUS OBJECTS: The main income for the Christian community of Bethlehem-The Birth Place of Jesus-is selling their handcrafted olive wood religious items to the pilgrims who visit the area. The past few years have been extremely hard for the community as a result of declining tourism. Some Christians responded by fleeing The Holy Land, and the absence of a living Christian community is very dangerous for the Holy Sites such as the Church of The Nativity.



You will remember that this group was here last year. They will be at St. Mary's this year on March, 17th & 18th. There will be some of their beautiful art here for sale in an effort to raise money to strengthen the Christian presence in the Holy Land. **This would make great gifts for Confirmation or First Holy Communion.**





A GREAT LENTEN PROJECT

A NEW DAWN IN OUR LIFE IN CHRIST

“He said to the disciple, “Behold your mother!” And from that hour that disciple took her into his own home.” (John 19:27) From the Cross our suffering Saviour tenderly places each of us personally into the hands of His mother. Father Michael Gaitley, MIC, reminds us that the heart and hands that nurtured the Christ are the same heart and hands that nurture us, forming us into “other Christs.”

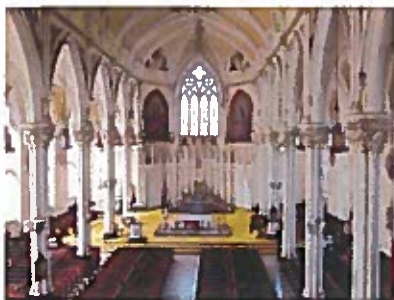
This is a ‘do-it-yourself’ retreat. It is a wonderful prayerful way to walk through Lent, which begins, on Ash Wednesday, February 14th. We will gather to introduce the retreat on Monday, Feb. 20th, at 7 pm in the Parish Centre. You will receive your book and guidance how best to enter into the daily use of this book in your own home. We will gather again on Saturday, March 25th, at 1 pm in the cathedral, to complete our Consecration to Our Blessed Mother.

This retreat touches on the inspiring life of St. Louis de Montfort and the personal journeys of outstanding modern-day Christian models like St. Maximillian Kolbe, St. Teresa of Calcutta and St. John Paul II. It integrates the basic truths of our faith, such as our baptismal consecration to Almighty God and the Trinitarian aspects of our Christian way of life. This is a moving and transformative journey into the loving Heart of Our Lord and Saviour Jesus Christ and his earthly mother. This book will help us appreciate and understand more fully our own unique and unrepeatable relationship with her.

Carl Anderson, the Supreme Knight of the Knights of Columbus has this to say: This book is “accessible, vivid, even edgy. Father Gaitley’s 33 Days to Morning Glory brings Marian devotion into the modern lives of everyone with enriching freshness. Filled with insights and generously complemented by the saintly writings of St. John Paul II and others, this retreat guides the reader on one of the surest ways to “open wide the doors to Christ”: entrusting oneself to Christ’s mother, the first who opened her life to Jesus.

Even if you have done this or another Marian Consecration it is good to renew it and travel through Lent with this daily assistance. I have done it before and have benefitted very much from it and I plan to journey through it with you again this Lent. To reserve a book please register by sending an email to the parish office: smarys@cogeco.net or call Suzanne at 613-546-5521 ext. 3.

CONSIDER ENROLLING IN OUR AUTOMATIC DEBIT PROGRAM: IT BENEFITS THE CATHEDRAL TREMENDOUSLY



WHY AN AUTOMATIC DEBIT PLAN?

Automatic Debit allows St. Mary's parishioners to make their regular Sunday offering using "Direct Debit" system. Automatic Debit is an option, not a requirement! It is being used throughout the Archdiocese of Kingston. We would like to make it available to those St. Mary's parishioners who would like to take advantage of it. When you participate in the automatic debit system, your regular Sunday offerings are only withdrawn from your account **once** a month, on or about the 30th day of each month and deposited into the parish account. It does not include any special collections including cathedral restorations/preservations.

You will be able to contribute to all special collections, cathedral restorations/preservations using your envelopes.

WILL I STILL USE ENVELOPES?

Envelopes will continue to be issued to all parishioners who request them. Those who choose to use the automatic debit system can simply write PAD (pre-authorized debit) on their regular offertory envelope and drop them into the collection basket. You can also use your envelopes for the special collections not covered by your automatic debit offering.



BENEFITS FOR YOU & FOR ST. MARY'S CATHEDRAL

Automatic Debit is convenient. Your offering is deducted automatically. You will no longer need to search for your cheque book, buy cheques to use for your Church offerings, or stop and withdraw cash from the bank on the way to Mass.

Automatic debit allows you to support St. Mary's when you are away — a benefit for the church since expenses continue all year long. Most importantly, it's safe and secure. You are protected by very strict banking rules that guarantee your money and account is safe. It's flexible; you can increase, decrease or withdraw from the program at any time simply by dropping a signed note into the collection basket or Parish office 30 days prior to the

next withdrawal.

HOW DO I ENROLL IN AUTOMATIC DEBIT? Decide the amount of your monthly offertory contribution to be withdrawn from your bank account every month.

Fill out the **Automatic Debit Authorization** below. Also, include a blank cheque marked "VOID" and place both in a sealed envelope. Place the envelope in the collection basket or drop it by the parish office or mail it in. Strict confidentiality is always observed in all parishioner financial transactions.

-----X-----X-----

AUTOMATIC DEBIT AUTHORIZATION FORM

I/We hereby authorize St. Mary's Cathedral, Kingston, Ontario to debit my/our account on or around the 30th day of each month in the amount indicated below:

Monthly Offering: \$ _____

"I/we understand that my participation in the Automatic Debit Plan does not include special collections including Cathedral Restorations." Please print clearly & attach a "VOID" cheque.

Name(s): _____

Name of Bank/Trust/Credit Union: _____

Branch Address: _____

Account #: _____

Date: _____

Signature(s): _____

FOR FURTHER INFORMATION SPEAK TO SUZANNE IN THE PARISH OFFICE: 613-546-5521 ext 3.



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