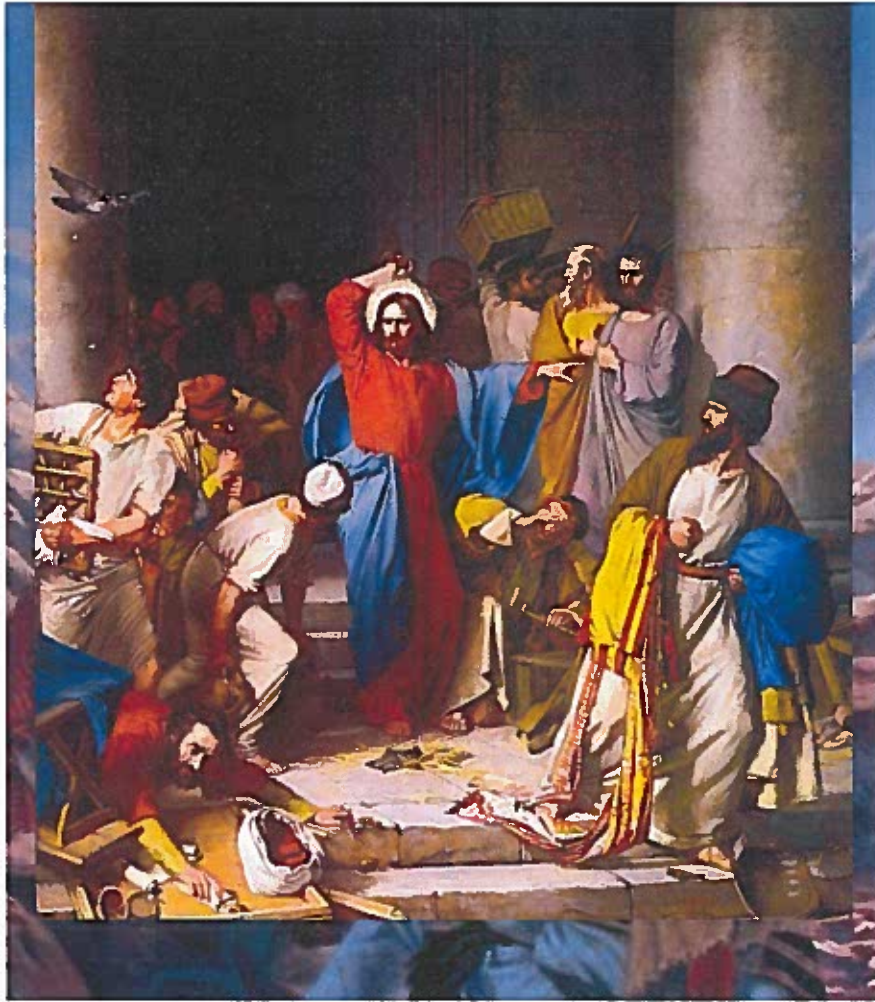


The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 9 to 5 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession "The Light is On!"

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm



Third Sunday in Lent

Coming Events

Sun., Mar. 4th: Latin Mass at 3 pm, St. James Chapel.

Tues., Mar. 6th: Moms & Tots @ 10 am, St. Mary's Parish centre.

Tues., Mar. 6th: St. Mary's Knitting Group, 1:30 pm – 3:30 pm

Wed., Mar. 7th: Alpha continues in the Parish centre.

Thurs., Mar. 8th: The Bible and the Sacraments continue at 7 pm in the Parish Centre.

Sun., Mar. 18th: Solemn Sung Vespers in the cathedral at 6:45 pm.



will be prayed Monday through Friday throughout Lent after the noon Mass and 40 minutes before the 5 pm Saturday Vigil Mass and the 10:30 am Sunday Morning Mass.

Masses:

Monday Mar. 5th

7:45 am Ryan Jackson's Intentions
12:10 pm Donald & Mary Bruce
12:40 pm Stations of the Cross

Tuesday Mar. 6th

7:45 am Repose soul of Annabelle,
Intentions of Patricia Howell &
Melvin Martin

12:10 pm Alois Ochs
12:40 pm Stations of the Cross

Wednesday Mar. 7th

7:45 am Lois Hopkinson
12:10 pm Dominic Tan

12:40 pm Stations of the Cross

Thursday Mar. 8th

7:45 am Intentions of Pope Francis
12:10 pm Edward Szpyt

12:40 pm Stations of the Cross

Friday Mar. 9th

7:45 am For a fruitful Cursillo
Retreat for all the men on retreat
12:10 pm Almon F. Doolan &
Doolan family

12:40 pm Stations of the Cross

Saturday Mar. 10th

7:45 am Intentions of Archbishop
O'Brien

4:40 pm Stations of the Cross
5:00 pm Rev. Robert Flurey, 2nd
anni.

Sunday Mar. 11th

8 am For the people of the Parish
9:50 am Stations of the Cross
10:30 am For the people of the Parish
7:30 pm Deceased family members
of Patrick & Maria Magee

Ministries: Sat. Mar. 9th, 5 pm

Altar Servers	Paul M. Jonathan M. Gabriel M.
Lectors	Mark M. Lynn P.
EM of the Eucharist	Jacqueline O'C. Ellen H.

Sunday Mar. 10th, 8 am

Altar Servers	Charles F. Doug S.
Lectors	Bill M. Ann L.
EM of the Eucharist	Marcel R. Betty R.

Sunday, Mar. 10th, 10:30 am

Altar Servers	Nick B. Bohdan Y. Doug S. Jack R.
Lectors	Janice L. Carmen B.
EM of the Eucharist	Rita F. Teresa K. Connie A Bob C Jose C Betty G. Grace G.

Sunday, Mar. 10th, 7:30 pm

Altar Servers	Students
Lector	Sara B. Taylor C.
EM of the Eucharist	Anne H. Pene L.

Introit text for 10:30 am Mass: When I prove my holiness among you, I will gather you from all the foreign lands; and I will pour clean water upon you and cleanse you from all your impurities, and I will give you a new spirit, says the Lord. (Ezekiel 36:23-26) All bow at the thrice holy name of God: Glory to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now and will be forever. Amen.

Lamb of God You will have noticed that we have begun to sing the Lamb of God in Latin at the 5 pm, 10:30 am and 7:30 pm Masses for Lent. "Agnus Dei, qui tollis peccata mundi, miserere nobis." (twice)
Lamb of God, Who takes away the sins of the world, have mercy on us.
"Agnus Dei, qui tollis peccata mundi, dona nobis pacem."
Lamb of God, Who takes away the sins of the world, grant us peace.

LAST CHANCE TO REGISTER FOR THE Cursillo Weekend for Men to be held in Kingston –The Cursillo Weekend offers a short and profound opportunity to encounter Jesus **Thurs. evening, March 8th to Sun. March 11th** at Providence Spirituality Centre, Kingston. For more info. contact Lionel Ryan at 613.634.9588 RyanLionel07@gmail.com or Friar Ed Debono at 613.546.6900 204 / eddebono@aol.com. In the Cursillo Movement we approach evangelization as a very natural act of being Christ-like within each of our daily activities. We realize that while most people would like to live their lives in a Christ-like manner, the pressures of the world often make this difficult. The Cursillo Movement provides a method and a technique to provide each of us with the tools, the mentality, the strength, and the support to make this natural type of evangelization possible. The Cursillo Movement can assist each of us in developing a deeper understanding of what it means to be fully Catholic by being fully Christian.

Please pray for our Sick: Carmen Davies, Bev Dickison, Lori Keyes, Janice Lumb, Lizzie McDonald, Matthew McDonald, Tony Overvelde and Gabriel Sikema.

MANY ADORATION TIMES HAVE COME AVAILABLE: including Thursdays from 4 to 5 PM. This is a great opportunity, especially in Lent, to spend an extra hour in prayer before the Blessed Sacrament. The Lord is calling you to spend one hour with him. **Please contact Natalie at 613-876-1801.**

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

In Residence:

Father Dan Ryan
Father Killian Eke
Father Antony Werunga

Deacon: Blaine Barclay,
blainebarclay31@gmail.com

Parish Office Administrator:
Suzanne, smarys@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League
President:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Parish Council Secretary: Ellen
Hawman,
ellen.hawman@sympatico.ca

**Knights of Columbus Council
#728 Grand knight:** Jude Thusiar
jthusiar@hotmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Sherley Vo – lead Missionary
sherley.vo@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca
**Creighton Model Fertility
Serena, Sympto-Thermal Method
of Family Planning:**
www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com



**DOMENICA, WILMA AND SANTINA, AND
THEIR ITALIAN BAKER FRIENDS ARE
BACK!!!** **PALM SUNDAY, MARCH 25th** after the
8 am and 10:30 am Sunday Masses, Domenica
Bracciodieta and her Italian friends are having
another bake sale making all different kinds of
homemade Italian Easter Bread. Proceeds from this
fundraiser will go toward the Sanctuary Floor

Restoration. Many thanks to all for their generosity to St. Mary's in doing
all this wonderful baking.

BEING A SERVANT OF GOD CREATIVELY

The St. Mary's Knitting group is looking for knitters to help
make infant sweaters and baby afghans to be given to
families of reduced means through the Helping Us Grow
Strong Program at KGH. We meet the 1st Tues. of each
month at the parish centre from 1:30 to 3:30 PM. Contact
Catherine Allen at 613-548-4187 or callen4@bell.net for further information



SOLEMN SUNG VESPERS

**This New tradition continues at St. Mary's
Every third Sunday of the month we will have Solemn
Sung Vespers (Evening Prayer),
SUNDAY, MARCH 18th
6:45 pm here at St. Mary's Cathedral**

Vespers is the sunset evening prayer service in the Catholic and Orthodox liturgies
of the liturgy of the hours. The prayer consists of an opening hymn, three chanted
psalms giving thanks for the day, a brief reading from Scripture, the Magnificat,
formal prayer intentions, the Our Father and a closing prayer. This prayer is led by
a presider, and cantor, with music under the direction of Jeff Moellman. Please
join us

The Knights of Columbus of Kingston Mills Council Present an
Evening with **FATHER THOMAS ROSICA** of
SALT AND LIGHT TELEVISION. \$38 per person
Includes \$10 charitable donation to Salt and Light
TV; Four course Meal begins at 5:30 featuring Veal
Cordon Bleu as the main entrée. Dietary needs
accommodated. Cash bar available. , Meal, timing,
location details at Knightsdeals.ca or Pete 613.817.5353. Father
Rosica's presentation begins at 7 pm. If you want to come only for
the Presentation it is \$10. Children under 12 free. Salt and Light gift
store items will be available. At Our Lady of Fatima Parish Hall. For
more info and for tickets email deals@knightsdeals.ca or call or text
613-817-5353.



ST. PATRICK'S DAY MUSICAL AFTERNOON Thurs.
March 8, from 1-3 pm, at **St. Joseph's Church**, 392 Palace Rd.
Kingston, Chris Murphy, Jon McLurg and Brian Flynn (of
Turpin's Trail) will provide musical entertainment for those who
are Irish and for those who "wish they were." Please join us in
the church for an opportunity to enjoy local musicians. Light refreshments
will be served in the parish hall. Come and bring a friend
or two! A free-will monetary offering would be appreciated.



Father Shawn Gave Up Shaving for Lent.

What are you give up?



Seriously though, why is Father Shawn not shaving during Lent? Three main reasons: 1) It is my way of keeping my ashes from Ash Wednesday; the continual reminder that I am a sinner, for which I need to repent and that I am a LOVED sinner, for which I need to be ever more deeply grateful. 2) It is also a visual reminder each morning of my fasts. One of my fasts is that I have given up coffee again this Lent. I am offering the grace of that particular suffering for you, the parishioners here of St. Mary's. The beard also reminds me of my other fasts and those for whom they are being offered so I am more consciously praying for you and them throughout Lent. 3) Finally, I want you to look at me with my beard and say to yourself:

"Father Shawn gave up shaving for Lent, how am I doing with what have I given up?" It is easier to fast when you have an intention for which you are offering your fasting. Lent is a very, very important season of preparation and transformation. Don't miss out on this opportunity for conversion. If you haven't begun a Lenten Plan for fasting, prayer and generosity, you need to ask yourself: "Why am I not taking the grace of Lent seriously this year! It's not too late. Don't miss this great opportunity for conversion!"



CWL ANNUAL DIOCESAN CONVENTION

The Catholic Women's League Annual Diocesan Convention will be held from May 5- 6, 2018 at the Ambassador Hotel and Conference Centre. The theme this year is "Inspired by the Spirit, Women Respond to God's Call". Registration fee, which includes the annual report book, is \$25. **Deadline for registration is March 12, 2018.** To register or for more information, contact Ann Lyng, CWL President.

Join the Catholic Bishops of Ontario's "Call for Conscience"

The Government of Canada passed legislation in June 2016, legalizing euthanasia/assisted suicide. Despite wording in the legislation intended to protect doctors and facilities, the College of Physicians and Surgeons of Ontario is forcing health care workers to participate in ending the lives of their patients. No other country does this. Provinces across Canada do not do this. Yet, Ontario refuses to protect doctors who object to assisted suicide/euthanasia. Please visit www.CanadiansforConscience.ca to learn more, join the "Call for Conscience" and write directly to your elected Member of Provincial Parliament asking them to protect conscience rights.



AFTER EACH OF THE MASSES THE WEEKEND: of March 17/18 Holy Land Wood Art

HLWA Inc will be at the back of the cathedral after each of the Saturday Vigil Mass & Sunday Masses selling some of their beautiful art in an effort to strengthen the Christian presence in the Holy Land. The main income for the Christian community of Bethlehem, the birth place of Jesus, is selling their hand crafted olive wood religious items to the pilgrims who visit the area. The past few years have been extremely hard for the community as a result of declining tourism. Some Christians responded by fleeing the Holy Land, and the absence of a living Christian community is very dangerous for the Holy Sites such as the Church of The Nativity. Please stop and look at their display next weekend. These beautiful handcrafted religious objects make great First Holy Communion, Confirmation and even Wedding gifts. Please be generous to our struggling Christina sisters and brothers in the Holy Land.



Ryandale Shelter for the Homeless is seeking people to join its Board of Directors.

Ryandale is a Kingston based non-profit charitable organization that has been providing shelter and lessening the effects of poverty for 25 years and is currently exploring new ways of serving the needs of those that are making the transition from chronic homelessness to a more sustainable healthy lifestyle. Ryandale is looking for people to be directly involved with the management of a transitional house and have an interest in developing and expanding Ryandale's future. The time commitment is 4-6 hours per month including meetings and committee work. If interested, please email Ryandaleshelter@cogeco.net 669 Victoria Street, Kingston ON, K7K 4S6 (613) 548-8466.



THESE DAILY REFLECTIONS ARE GREAT FOR LENT

HOW DO YOU ACCESS IT? Follow these simple steps. **Step 1:** Go to formed.org. **Step 2** Click on Register. **Step 3.** Enter St. Mary's Parish Code which is **QHJVJWV**. **Step 4:** Enter your email address **Step 5:** It will ask for your name address and a password you create. **Step 6:** A Verification email will be sent to your email. Click on confirm and you will have all the great content mentioned above (AND MORE!!!!) at your fingertips in the comfort of your home or wherever you are. (You only have to go through this process once and you then Login with your email and password!)



Lenten Gospel Reflections with Bishop Robert Baron

Go to Wordonfire.org and follow the prompts to sign up for these powerful daily reflections



PARISH PASTORAL CARING

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Are you or someone you know unable to get out of your home or are living in a nursing home and would like to receive Holy Communion and a visit from a member of the Parish Pastoral Caring team? To arrange for Holy Communion to be brought to a sick or shut-in relative or friend, contact Ann Lyng, Coordinator of Ministries and Parish Pastoral Caring, at 613-546-5521 Ext 5; alyng@cogeco.ca

JOIN OUR SUNDAY MORNING HOSPITALITY TEAM!

Many Hands Make Light Work

Hospitality Sundays are held on the second and fourth Sundays of each month. Volunteers are needed to assist with set-up, take down and clean up. Please consider the following:

Various Duties include: (if you could help with some or all of the below it would be greatly appreciated)

- arrive at 7:00 am on Sun. morning to help with the set-up, including transporting coffee cups, juice glasses from parish centre to the church vestibule and/or
- prepare food and coffee before 8:00 am Mass and/or
- clearing dishes after coffee following the 8:00 am Mass and/or
- prepare coffee and food before the 10:30 am Mass and/or
- clean up after coffee following the 10:30 am Mass and/or
- transport used coffee cups, glasses to the parish centre for washing and/or
- wash and store glasses, coffee cups at parish centre

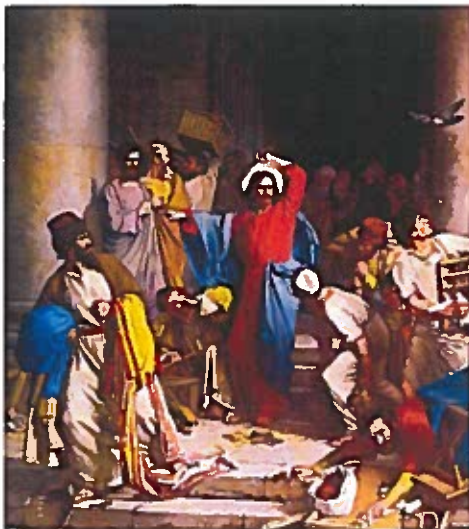


Donations of food would be greatly appreciated. Suggested items include: cookies, squares, loaves, cheese, crackers, fruit, coffee, milk, cream, juice.

Hospitality Sunday is a great time for fellowship while enjoying a cup of java and a wee sweet with your fellow parishioners! Please consider helping and /or donating food items one Sunday a month.

To volunteer or to donate food items, contact: Ann Lyng, 613-546-5521: alyng@cogeco.ca

FROM THE CATECHISM OF THE CATHOLIC CHURCH ON JESUS CLEANSING THE TEMPLE



II. JESUS AND THE TEMPLE

583 Like the prophets before him Jesus expressed the deepest respect for the Temple in Jerusalem. It was in the Temple that Joseph and Mary presented him forty days after his birth.³⁴⁹ At the age of twelve he decided to remain in the Temple to remind his parents that he must be about his Father's business.³⁵⁰ He went there each year during his hidden life at least for Passover.³⁵¹ His public ministry itself was patterned by his pilgrimages to Jerusalem for the great Jewish feasts.³⁵²

584 Jesus went up to the Temple as the privileged place of encounter with God. For him, the Temple was the dwelling of his Father, a house of prayer, and he was angered that its outer court had become a place of commerce.³⁵³ He drove merchants out of it because of jealous love for his Father: "You shall not make my Father's house a house of trade. His disciples remembered that it was written, 'Zeal for your house will consume me.'"³⁵⁴ After his Resurrection his apostles retained their reverence for the Temple.³⁵⁵

585 On the threshold of his Passion Jesus announced the coming destruction of this splendid building, of which there would not remain "one stone upon another".³⁵⁶ By doing so, he announced a sign of the last days, which were to begin with his own Passover.³⁵⁷ But this prophecy would be distorted in its telling by false witnesses during his interrogation at the high priest's house, and would be thrown back at him as an insult when he was nailed to the cross.³⁵⁸

586 Far from having been hostile to the Temple, where he gave the essential part of his teaching, Jesus was willing to pay the Temple-tax, associating with him Peter, whom he had just made the foundation of his future Church.³⁵⁹ He even identified himself with the Temple by presenting himself as God's definitive dwelling-place among men.³⁶⁰ Therefore his being put to bodily death³⁶¹ presaged the destruction of the Temple, which would manifest the dawning of a new age in the history of salvation: "The hour is coming when neither on this mountain nor in Jerusalem will you worship the Father."³⁶²

Footnotes: 313 *Heb* 9:26. 314 *Lk* 24:26-27,44-45. 315 *Mk* 8:31; *Mt* 20:19. 316 Cf. *DV* 19. 317 Cf. *Mk* 3:6; 14:1. 318 Cf. *Mt* 12:24; *Mk* 2:7,14-17; 3:1-6; 7:14-23. 319 Cf. *Mk* 3:22; *Jn* 8:48; 10:20. 320 Cf. *Mk* 2:7; *Jn* 5:18; *Jn* 7:12, 7:52; 8:59; 10:31, 33. 321 *Lk* 2:34. 322 Cf. *Jn* 1:19; 2:18; 5:10; 7:13; 9:22; 18:12; 19:38; 20:19. 323 *Jn* 7:48-49. 324 Cf. *Lk* 13:31. 325 Cf. *Lk* 7:36; 14:1. 326 Cf. *Mt* 22:23-34; *Lk* 20:39. 327 Cf. *Mt* 6:18. 328 Cf. *Mk* 12:28-34. 329 *Mt* 5:17-19. 330 *Mt* 5:19. 331 Cf. *Jn* 8:46. 332 Cf. *Jn* 7:19; *Acts* 13:38-41; 15:10. 333 *Jas* 2:10; cf. *Gal* 3:10; 5:3. 334 Cf. *Rom* 10:2. 335 Cf. *Mt* 15:31; *Lk* 11:39-54. 336 Cf. *Isa* 53:11; *Heb* 9:15. 337 Cf. *Gal* 4:4. 338 *Jer* 31:33; *Isa* 42:3, 6. 339 *Gal* 3:13; 3:10; *Heb* 9:15. 340 Cf. *Jn* 11:28; 3:2; *Mt* 22:23-24, 34-36. 341 Cf. *Mt* 12:5; 9:12; *Mk* 2:23-27; *Lk* 6:6-9; *Jn* 7:22-23. 342 *Mt* 7:28-29. 343 Cf. *Mt* 5:1. 344 *Mt* 5:33-34. 345 *Mk* 7:13; cf. 3:8. 346 *Mk* 7:18-21; cf. *Gal* 3:24. 347 Cf. *Jn* 5:36; 10:25, 37-38; 12:37. 348 Cf. *Num* 28 9; *Mt* 12:5; *Mk* 2:25-27; *Lk* 13:15-16; 14:3-4; *Jn* 7:22-24. 349 *Lk* 2:22-39. 350 Cf. *Lk* 2:46-49. 351 Cf. *Lk* 2:41. 352 Cf. *Jn* 2:13-14; 5:1, 14; 7:1, 10, 14; 8:2; 10:22-23. 353 Cf. *Mt* 21:13. 354 *Jn* 2:16-17; cf. *Ps* 69:10. 355 Cf. *Acts* 2:46; 3:1; 5:20, 21; etc. 356 Cf. *Mt* 24:1-2. 357 Cf. *Mt* 24:3; *Lk* 13:35. 358 Cf. *Mk* 14:57-58; *Mt* 27:39-40. 359 Cf. *Mt* 8:4; 16:18; 17:24-27; *Lk* 17:14; *Jn* 4:22; 18:20. 360 Cf. *Jn* 2:21; *Mt* 12:6. 361 Cf. *Jn* 2:18-22. 362 *Jn* 4:21; cf. *Jn* 4:23-24; *Mt* 27:5; *Heb* 9:11; *Rev* 21:22.



THE LIGHT IS ON OPPORTUNITIES FOR CONFESSION THROUGHOUT THE REST OF LENT

Every Monday through Friday: 11:30 pm – 12:00 noon

Every Wednesday: 1 pm to 5 pm

Every Saturday: 4 pm to 4:50 pm

**Every Sunday: 7:20 pm to 7:55 pm, 9:50 am to 10:20 am,
7:00 pm to 7:25 pm**

Additionally:

Friday March 9th: 7:30 pm to 10 pm

Sunday, March 18th: 2 to 4 pm

Friday, March 23rd: 7:00 pm to 9 pm

Holy Thursday March 29th: 2:00 pm to 4:00 pm

Good Friday March 30th: 9:00 am to 11:00 am

**(Examinations of Conscience and a review of How to Go to
Confession are at all the entrances of the cathedral.)**



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