

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston



Pope St. Paul VI
Canonized October 14, 2018

Paul VI was born Giovanni Battista Montini in 1897. He died at the papal residence of Castel Gandolfo on August 6th 1978, after being pope for 15 years. At a General Audience on March 16th 1966, he explained that “holiness is within everyone’s reach” and that we only need two elements in order to become saints: “the grace of God and good will”.

Other Famous Quotes

“The world calls for, and expects from us, simplicity of life, the spirit of prayer, charity towards all, especially towards the lowly and the poor, obedience and humility, detachment, and self-sacrifice. Without this mark of holiness, our word will have difficulty in touching the heart of modern man.”

All life demands struggle. Those who have everything given to them become lazy, selfish, and insensitive to the real values of life. The very striving and hard work that we so constantly try to avoid is the major building block in the person we are today.”

“Someone should tell us, right at the start of our lives, that we are dying. Then we might live life to the limit, every minute of every day. Do it! I say. Whatever you want to do, do it now! There are only so many tomorrows.”

(More inside)

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession:

One half hour before each Mass held in the Cathedral
Additionally: Wednesdays 1 pm – 5 pm
& Saturdays 4 pm – 4:50 pm

Twenty-Ninth Sunday in Ordinary Time Coming Events

THIS SUNDAY, OCTOBER 21 SUNG VESPERS AT 6:45 – 7:15 PM

The Billings Ovulation Method clinic is Monday, October 22 at St. Paul the Apostle Church from 7-8 pm (patio entrance). Call us at 613-544-8495 or email: kingston@naturalfamilyplanning.ca

Discovering Christ continues this Thurs. Oct. 25th, at 6-8:30 pm.

November 1, Solemnity of All Saints, Vespers at 7 pm

Please pray for our Sick: Ruth Beaucage, Jacob Cooper, Bev Dickison, Lori Keyes, Teresa Khidir, Janice Lumb, Matthew McDonald, Lynn Orellano, Ann Pickett and Ted Pedlar.

Masses: Monday Oct. 22nd

7:45 am Desmond Walsh

12:10 pm Yvonne deVette

Tuesday Oct.23rd

7:45 am Tess Overvelde's Intentions

12:10 pm Margaret & John

Hyndford

Wednesday Oct. 24th

7:45 am Special Intention

12:10 pm Fabian Lima

Thursday Oct. 25th

7:45 am Special Intention

12:10 pm Dorle Kromer

Friday Oct. 26th

7:45 Special Intention

12:10 pm Living & deceased

members of Knights of Columbus # 728 & families

Saturday Oct. 27th

7:45 am Robert Perkins, 1st anni

5 pm Lisa Ermel-Gräfe

Sunday Oct. 28th

8 am Odile King, 1st anni.

10:30 am For the People

7:30 pm Special Intention

Ministries: Sat. Oct. 27th, 5 pm

Altar Servers	Doug S.	Barry M.
Lectors	Lynn P.	Adora J.
EM of the Eucharist	Marlene M.	Jacqueline O'C

Sunday Oct. 28th, 8 am

Altar Servers	Pene L.	Allan S.
Lectors	Bill M.	Janet W.
EM of the Eucharist	Emily R.	Theresa D.

Sunday, Oct. 28th, 10:30 am

Altar Servers	Doug S.	Simon B.	Nick B.	Dominic B.
Lectors	Marietta M.	Dianne I.		
EM of the Eucharist	Sr Shannon	Domenica B	Rita F.	Bob C. Jose C. Grace G. Maria M.

Sunday, Oct. 28th, 7:30 pm

Altar Servers	Students		
Lector	Taylor C.	Lionel R.	
EM of the Eucharist	Pene L.	Mary R.	

Father Shawn's Health Update:

I have had a very severe case of cellulitis in my left leg. It is a severe infection and quite painful. I am feeling much better. Thank you for your prayers.

From Archbishop O'Brien

The Holy Father is inviting all the faithful, of all the world, to pray the Holy Rosary every day during the month of October, and thus join in communion and in penitence, as the people of God, in asking Mary, the Holy Mother of God, and St. Michael Archangel to protect the Church from the devil, who always seeks to separate us from God and from one another.

With this request for intercession, the Holy Father asks the faithful of all the world to pray that the Holy Mother of God place the Church beneath her protective mantle: to preserve her from the attacks of the devil, the great accuser, and, at the same time, to make her more aware of the faults, the errors, and the abuses committed in the present and in the past, and committed to combatting without any hesitation, so that evil may not prevail.

The invocation *Sub tuum praesidium* is recited as follows:

We fly to Thy protection, O Holy Mother of God. Do not despise our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin.

The Holy Father has also asked that the recitation of the Holy Rosary during the month of October conclude with the prayer written by Leo XIII:

Saint Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl through the world seeking the ruin of souls. Amen.

If the Prayer to St. Michael Archangel is prayed in conjunction with the celebration of Mass, it should be said after the final blessing, since it is a devotional prayer and not part of the Mass.

Contacts

Rector: Father Shawn J. Hughes,
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paul.mawalla54@gmail.com

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blainebarclay31@gmail.com

In Residence:

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Father Killian Eke

Seminarian: Michel Quenneville
j.a.michel.quenneville@gmail.com

Parish Office Administrator:
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Pastoral Caring Coordinator, and
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Adoration: Natalie Holland,
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613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
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St Paul the Apostles' Catholic Women's League Annual Luncheon Card Party, Sat. Oct. 20th. \$12 ticket includes lunch, door prizes, afternoon of card playing: Euchre (regular or progressive) or Bridge. Contact Lynne Tuepah at 613-389-2174.

BLESSED SACRAMENT K of C COUNCIL 11524, OKTOBERFEST
SAT., OCT. 20th, 6:30 pm. Music Provided By: Tim Hallman. Blessed Sacrament Church Hall. Cost: \$20.00 per person. ADVANCE TICKETS REQUIRED. Ticket Sales Cut off October 14th. Call: Paul Godfrey at 613-384-2671 Lyle Arcand at 613-384-3949.

RISE UP and WALK. Rediscover the Holy Spirit's personal empowerment to serve by attending a one day conference Sat. Nov. 3rd (9 am – 8:30 pm) at the Holiday Inn Waterfront, Kingston. Keynote speaker is Bishop Scott McCaig, CC. Cost is \$125 including meals. Special student rate: \$50. Info./register: 905-296-4140, isobel.bolt@gmail.com or www.ccrso.net.



Do you need to rest your burden? We can help. Call 416-629-8264 or e-mail ProjectRachel@stmarysrefuge.org

A weekend retreat for women whose hearts have been broken by abortion: October 26-28, 2018.

Project Rachel – private and confidential

“For human beings it is impossible, but not for God. All things are possible for God.” Mark 10

CATHOLIC WOMEN'S LEAGUE 2019 MEMBERSHIP CAMPAIGN



St. Mary's Cathedral Council of the Catholic Women's League will be holding their annual membership campaign following each Mass on the first three weekends during the month of November. Women from our parish of all ages are invited to become members. The membership fee is \$25 per year and includes a subscription to The Canadian League Magazine. Look for our information table after the weekend Masses beginning on November 3rd, 4th or place your membership fee in an envelope with your name and contact information and marked "CWL" in the collection basket. This year, during our membership drive we will be collecting donations of warm winter socks for distribution at the Winter Coat Drive. Your donation of warm socks for those lacking warm winter clothing will be greatly appreciated.

The Catholic Women's League is a national organization rooted in Gospel values, calling its members to holiness through service to the people of God. CWL Meetings are held monthly on the third Tuesday from September to May, either in the evening or following the noon Mass during January, February and March. The meetings have a spiritual, a social and a business component. Our spiritual advisor is Father Shawn.

On Saturday, December 8, St. Mary's Cathedral CWL will hold an Advent Retreat for all our members. The retreat will be led by Father Shawn and will be held at St. Mary's Parish Centre. A potluck lunch is included.

For more information, please contact the President, Ann Lyng at 613-546-5521 Ext 5.

FROM ARCHBISHOP O'BRIEN WORLD MISSION SUNDAY

“This year, World Mission Sunday recognizes the great importance of youth in the revitalization of our Church in the theme for this special Sunday: *With youth, we proclaim the Gospel to all*. Catholics everywhere are called to support the work being done by Christ’s representatives around the world. Building schools and hospitals, bringing instruction to those thirsting for faith, and building and staffing institutions to train and support the growing number of catechists, seminarians, and novices are signs of our faith in action. Maintaining these good works requires our financial support.

In his message for this year’s World Mission Sunday, Pope Francis says, “every man and woman is a mission.” To be attracted and to be sent are two movements of the heart that “hold out promise for our future and give direction to our lives”. The heart of the Church’s mission, the Pope continues, is the infectiousness of love, where joy and enthusiasm become the expression of a newfound meaning and fulfilment in life.

As we gather in prayer this October 21st, keep in mind that, like you, Catholics around the world are praying and contributing financially to the propagation of our faith. It is our greatest moment of worldwide solidarity in the entire year.”

I encourage you to support this collection and continue to pray that all of us in this Archdiocese may be eager and effective witnesses of Jesus in our world, which is so in need of His love and peace.

Campaign Life Coalition

104 Bond Street Suite 300, Toronto, Ont, Canada M5B1X9
web site: www.lifesite.net

phone: (416) 204-8749 fax: (416) 204-1027
email: clc@lifesite.net

Coins for Life: This Weekend, October 20/21, the Coins for Life containers which some of you have been filling with your

donations, will be picked up after all Masses. We appreciate your generosity to CLC as we continue in our attempts to save the lives of the unborn and the vulnerable. Sponsored by Campaign Life Coalition 613-389-4472 or 613-382-1084. If you forgot them this weekend please drop them in to the Parish Office

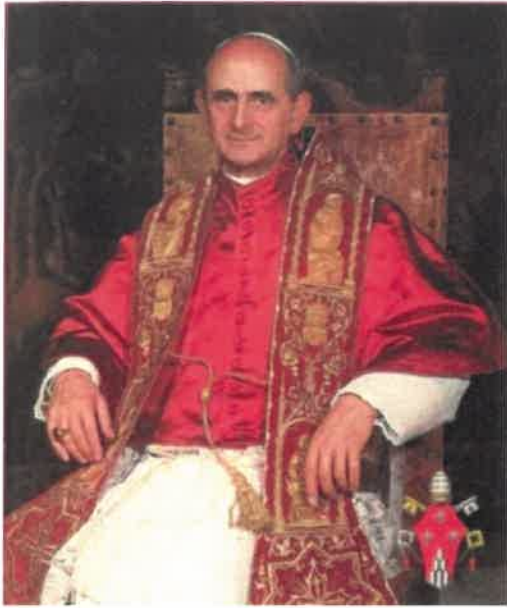


The 2018 Hotel Dieu Hospital - St. Mary's Cathedral Coat Drive

will be collecting warm, washable (ski-jacket style) coats Oct. 15 to Nov. 16. Extra-large sizes (men’s and women’s) are especially needed. Washable thermal socks, mitts, hats and blankets also needed. **Please drop donations in the red bin just inside the Sydenham Street doors at Hotel Dieu during business hours, weekdays. For more information, call 613-544-3400, ext. 4204.**

Volunteers are needed to help with distribution of coats. The distribution will be located ONLY at St. Mary’s Parish Centre. It will operate Monday to Friday from 1:00 pm to 4:00 pm, **November 12 to December 14, 2018** reopening after the Christmas break on **Jan. 2, 2019 and continuing until Jan. 18, 2019.** Any

assistance during that time would be most appreciated. To volunteer or for more information about volunteering, contact Ann Lyng 613-546-5521 Ext. 5 or alyng@cogeco.ca



POPE ST. PAUL VI

The second miracle attributed to Pope Paul VI concerned the healing of an unborn in the fifth month of pregnancy. According to the Catholic News Agency the mother, from Verona in Italy, had an illness that risked her own life and the life of her unborn and was advised to have an abortion.

A few days after the beatification of Paul VI by Pope Francis in October 2014, the mother prayed to the now Blessed Paul VI at a shrine in Lombardy and the baby girl was later born in good health.

The first miracle involving Pope Paul VI took place in California in the 1990s. It also concerned an unborn which was found to have a serious health problem that could mean brain damage. Doctors advised that it be aborted, but the mother entrusted her pregnancy to Paul VI. The child was born healthy.

On the basis of that miracle Pope Francis beatified Blessed Paul VI in October 2014, at the conclusion of the extraordinary Synod of Bishops on the Family.

The years of St. Paul VI's pontificate were turbulent ones; when he was elected to succeed the beloved "Good Pope John"—Pope John XXIII—many believed that the cardinal electors had chosen the best qualified man to assume and carry

forward the work of the Second Vatican Council which John had started. Little did Pope Paul or anyone else realize what lay in store for him personally and for the church generally in the years ahead. It was said that Pope John himself had favored Cardinal Montini from Milan as his successor; he knew of him and his abilities, his diplomatic tact, his education, his cultural and religious sensibilities. Even though he referred to him as a "Hamlet"—the Hamlet from Shakespeare—who could seem indecisive and overly cautious, John knew that the Giovanni Montini who became Pope Paul VI basically had the same forward-looking outlook with a strong faith in God and his church.

But the years of assassinations, political upheaval and religious dissension tested Paul mightily. True, he held the church together and brought the Council to a successful conclusion, despite grumblings from some quarters. Also, he had the unfortunate and unenviable task of succeeding a beloved pope in the figure of Angelo Roncalli—no matter what he did or said, he would not come out favorably in the comparison. These were the crosses he had to bear and those, too, he accepted out of obedience and faith.

To a querulous world, he tried to present Catholicism—and Christianity—as a model for living and as a program to give human life meaning and value. And as so often happens when one goes against the grain and offers an alternative to the "ways of the world," the prophet who was Pope Paul was denied, rebuffed, held in contempt, or just ignored. That, too, hurt him, for he was a sensitive soul and he could not help feeling the pain of rejection that is all too often a part of the human experience, which we all share. And yet, he accepted it all because he was devoted to his vocation that he offered to his Lord, way back to his days in Concescio, (in the Lombardy region of Italy) where he felt the stirrings of faith among his family, friends and neighbors.

Paul VI served for fifteen years by the time he died on Transfiguration Day, August 6, 1978. His labours wore him out; though his countenance seemed sad at times, it was understandable, for he was human. He wanted to do good, for he was a good man and wanted others to be and do likewise. But he had an inner joy because of his faith in Jesus and keeping his gaze on Him, he persevered in that faith. He was mindful of what was said in the Book of Sirach; he performed his tasks with humility and realized that though he assumed a position of great power, he had equally great responsibilities, ones which worried him endlessly. He did his best to accomplish the tasks that were laid before him, for he knew that "in fire, gold is tested," and that he had to endure "the furnace of humiliation."

It is curious to reflect on how the will of God works in human affairs. It was just 33 years before, on another August day, when the world was transfigured in another way, when the atomic bomb was dropped on Hiroshima, Japan, ushering in an unwelcome chapter in the annals of death and destruction. But it was on those twinned anniversaries—one when death reigned as a result of war, and the other, when the Lord of all became "dazzlingly white" before mankind—that a frail, elderly pope died, after repeatedly praying the words of the Nicene Creed.

For 80 years, the pope who was born Giovanni Battista Montini, simply trusted in God and placed his hope in Him and because of that, he hoped "for good things," like "lasting joy and mercy." After all these years, his work is now rewarded, and he is now "Blessed." One day, it will ultimately result in the recognition of sainthood. Self-effacing as he was, Pope Paul would not have wanted glory as such; it was enough for him to know, in life—however dimly—the joy and mercy that his Lord offered him. Because of his lifetime of faith and devotion, it was through death that he gained eternal life's gifts of that joy and mercy, a transfiguration he devoutly desired and one which we on earth sorely need.

SPECIAL MASS

THE FEAST OF ALL SOULS, FRIDAY, NOV. 2ND, AT 7 PM

FULL CHOIR; BEAUTIFUL SOLEMN CHANTED MASS

All Souls Day is a solemn celebration in the Roman Catholic Church commemorating all of those who have died and are now in Purgatory, being cleansed of their venial sins and the temporal punishments for the mortal sins that they had confessed, and being made pure before entering into the presence of God in Heaven.

On All Souls Day and at Christmas each priest is permitted to celebrate up to three Masses and the faithful are permitted to attend and receive Holy Communion at all three. The norm is to celebrate only one Mass per day, or attend one Mass per day and receive Holy Communion once per day. However, on special occasions like funerals or weddings, at the bedside of a sick loved one, one can receive a second time. (See directions below)

Here at St. Mary's we will have our usual Masses at 7:45 am, 12:10 pm and a beautiful chanted liturgy at 7 pm in the evening. You are permitted to receive Holy Communion at all three

Detailed guidance from the *General Instruction of the Roman Missal* and other authoritative books for the ceremonies regarding the feast of All Souls.

DIRECTIONS

394. On the Commemoration of All the Faithful Departed the Church gathers in solemn suffrage for the souls in purgatory, and the liturgy should express this clearly. The colour of the day is black or violet.¹ If the commemoration falls on a Sunday, it is celebrated on that day and the propers for All Souls replace the Sunday texts.

395. A sense of sobriety and restraint should characterize All Souls Day. Flowers are not placed on or near the main altar, and the organ or other instruments are only used to sustain singing.²

396. On this day every priest may celebrate three Requiem Masses: (1) for a specific intention, (2) for all the faithful departed and (3) for the Holy Father's intentions. This privilege was granted by Pope Benedict XV in *Incruentum altaris* (1915) and has never been revoked.

The celebrant may choose from the three Masses provided in the Roman Missal. According to the options available in the wide range of readings provided in the lectionary, the homily may well develop: our paschal hope of eternal life; the reality and meaning of purgatory; the propitiatory and impetratory nature of the Eucharistic Sacrifice; and the need to pray for the dead as an act of faith, hope and charity within the Body of Christ.³ The celebrant should also announce the indulgences granted on this day.⁴

The breviary recommends the public celebration of Lauds and/or Vespers on All Souls Day.⁵ As much as possible of the hour should be sung, preferably led by cantor(s) and choir. It may be found more convenient to join the celebration of Lauds or Vespers to a Mass, either combining it with the rite of Mass or adding it to the Mass.⁶

The Visit to the Cemetery

399. In some places, it is customary to visit the cemetery to bless the graves of the faithful, even to celebrate Mass there, if this can be carried out with proper dignity and under suitable conditions. The Requiem Mass, Lauds, Vespers or a para-liturgy is followed by the sprinkling and incensing of burial sites.

Footnotes: 1. Wearing white on All Souls Day tends to make the liturgy a repetition of All Saints Day. However white would be appropriate in a culture where it is the color of mourning, for example, in Japan.

2. Cf. CB, no. 397. 3. See CCC, nos. 954-58, 988-1019, 1010-14, 1020-21, 1030-32, 1051-55.

4. The faithful who visit a church or cemetery to pray for the faithful departed, saying the Lord's Prayer and the Creed, may gain a plenary indulgence once only under the usual conditions: sacramental confession, Eucharistic Communion and prayer for the Pope's intentions. Through prayer, this indulgence may be given over to the Holy Souls. *Enchiridion of Indulgences*, revised edition, 1986, concession 67. 5. The *Office of Readings* would also be appropriate as a public celebration on this day. 6. See CMRR, nos. 765-70.

Next Thursday, SOLEMNITY OF ALL SAINTS DAY
Vespers (Evening Prayer),
NOV. 1ST, 2018

7 pm here at St. Mary's Cathedral

Vespers is the sunset evening prayer service in the Catholic and Orthodox liturgies of the canonical hours. The prayer consists of an opening hymn, three psalms giving thanks for the day chanted, a brief reading from Scripture, the Magnificat, formal prayer intentions, the Our Father and a closing prayer. The choir, under the direction of Jeff Moellman, will lead us in the celebration of this solemn celebration of Vespers. Please join us on this Solemnity as we pray to all the Saints in heaven to intercede for us.



I wanted to **thank the decorating team** for their help in arranging the displays throughout the Cathedral this past weekend. What a bountiful harvest in celebration of the many blessings received! New members Meghan, Ella & Cathy Summers joined the team of Nancy & Brian Cosgrove, Mary VanLaren, and Janice & Richard Lumb. The flower arrangement was donated by Kevin Blaney, and the pots of mums given by the Cosgrove's & the Lumb's. Thanks again to Sandi & Ed Taylor of Honey Wagon Farms in Picton for donating hundreds of pounds of squash, gourds & pumpkins which will be delivered to the St. Vincent de Paul kitchen next week. Your time, effort & willingness to help is greatly appreciated. Bless you, Janice & Richard.



As you know we have Adoration of the Blessed Sacrament in St. James Chapel from after the morning Mass until 7 or 8 pm each night. Every First Friday we have ALL NIGHT ADORATION IN ST. JAMES' CHAPEL: NEXT FRIDAY, NOV. 2ND COME AND SPEND ONE HOUR (OR PART OF AN HOUR) WITH THE LORD!!!



November 9
Sponsors' Wine and Cheese and \$25.00 Dinner
Providence Motherhouse Auditorium and Dining Room @ 5 pm
November 10
Imagining Peace: A Vision for Canada Conference
\$40.00
Featuring Paul Rogers, UK

Memorial Hall, City Hall - 9am - 4 pm

November 11 The World Remembers \$29.00: Remembrance Day Concert The Isabel Performance Hall @ 2:30 pm. See web for more details: www.peacequest.ca/volunteersandaffiliates.eventbrite.ca

Sister Pauline Lally and Ann Bonifero have tickets for each event; otherwise order them on the web through Eventbrite



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