

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

**LOVE
THE LORD
YOUR GOD
WITH ALL YOUR HEART AND
WITH ALL YOUR SOUL AND
WITH ALL YOUR MIND AND
WITH ALL YOUR STRENGTH, AND
LOVE
YOUR NEIGHBOUR
AS YOURSELF.
THERE IS NO COMMANDMENT
GREATER THAN THESE. - MARK
12:30 31**

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession:

One half hour before each Mass held in the Cathedral
Additionally: Wednesdays 1 pm – 5 pm
& Saturdays 4 pm – 4:50 pm

Masses: Monday Nov. 5th

7:45 am Souls in Purgatory

12:10 pm Joseph Tan

Tuesday Nov. 6th

7:45 am João & Margarida Lima

12:10 pm Norman & Estelle Zinn

Wednesday Nov 7th

7:45 am Jerome Collins

12:10 pm In Thanksgiving

Thursday Nov. 8th

7:45 am Souls in Purgatory

12:10 pm Robert Ford, 3rd anni.

Friday Nov. 9th

7:45 am João Carlos Raposo

12:10 pm Joe Tukatsch

Saturday Nov 10th

7:45 am Judy Johnson

5 pm Augustino Bochnia, 8th anni.

Sunday Nov. 11th

8 am Adolf & Louise Boehm

10:30 am For the People

7:30 pm Piedade & Joaquim

Dourado

Ministries: Sat. Nov 10th, 5 pm

Altar Servers	
Lectors	Mark M. Lynn P.
EM of the Eucharist	Ellen H. Adora J.

Sunday Nov. 11th, 8 am

Altar Servers	
Lectors	Betty R. Dan K.
EM of the Eucharist	Maria C. Emily R.

Sunday, Nov. 11th, 10:30 am

Altar Servers	
Lectors	Janice L. Pat B.
EM of the Eucharist	Sr Shannon Rita F. Karla C. Betty G. Dianne I. Jose C. Bob C.

Sunday, Nov. 11th, 7:30 pm

Altar Servers	Students
Lector	Joe A. Michelle S.
EM of the Eucharist	Pene L. Maria M.

Please pray for our Sick:

Ruth Beaucage, Jacob Cooper, Bev Dickison, Teresa Khidir, Janice Lumb, Matthew McDonald, Lynn Orellano, Ann Pickett and Ted Pedlar.

Thirty-First Sunday in Ordinary Time

TODAY: Young Families' Picnic, After 10:30 am Mass on Sun. Nov. 4th

Latin Mass: Nov. 4th at 3 pm, St. James Chapel.

November 7th, Seniors' Lunch after the 12:10 pm Mass, Parish centre

Knights of Columbus Meeting: Nov 13th, parish centre-rec. rm # 1, 7 pm.

Catholic Women's League Meeting: Nov 20th, parish centre, 7 pm.

Mike Mundell Fish Fry & Vendors Sale at Holy Cross on Nov. 9th

Join us for an "All You Can Eat" Jamaica Fish Fry in the school cafeteria from 3:30 to 6:30 p.m. on Friday, Nov. 9. Mike Mundell is providing the Fish & Chips. Salad & dessert included. Sit-down or take-out for \$15.00.

Members of the Catholic Women's League will be selling St. Mary's Christmas Cards and the 2019 Sunday Missals after each of the Masses over the next three weekends. Many thanks ladies!

Saint Michael the Archangel, defend us in this day of battle, be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan, and all the evil spirits who prowl through the world seeking the ruin of souls. Amen.

Priests' Retirement Fund Parish Collection: The annual collection for the Priests' Retirement Fund of the Archdiocese of Kingston will take place on the weekend of November 10-11, 2018. The Fund provides our elderly and infirm priests with a modest income in their retirement. This is an opportunity for all of us to show our gratitude for the dedicated service of our priests. Thank you for your continuing support of this important collection.

Archdiocesan Choir 2018-2019 Invitation to New Members



Anyone who takes part in the Music Ministry of a parish in the Archdiocese of Kingston, or anyone who can read music relatively well, is invited to sing for Archdiocesan Liturgies. All rehearsals and liturgies are held at the Cathedral of St.

Mary of the Immaculate Conception. The choir will sing at the Archdiocesan Feast of the Immaculate Conception and Ordination to the Diaconate on December 7th, 2018, 7:30 PM, at the Rite of Election on March 10th, and at the Chrism Mass on April 16th, 2019 There will be at least one choir rehearsal preceding each Liturgy.

For details on rehearsals, and to sign up for the choir, please contact: Jeffrey Moellman, the Director of Music and Organist at St. Mary's Cathedral at 613.546-5521, x7 or musicmoell@gmail.com

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

Associate-Pastor:
Father Paul Mawalla
paul.mawalla54@gmail.com

Deacon: Deacon Blaine Barclay,
blainebarclay31@gmail.com

In Residence:
Father Dan Ryan
Father Killian Eke
Father Paul Finn
Seminarian: Michel Quenneville
j.a.michel.quenneville@gmail.com

Parish Office Administrator:
Suzanne, smarys@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League
President:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Children's Liturgy: Laura Raycraft,
613-328-0426,
stmaryschildliturgyoftheword@gmail.com

Parish Council Secretary: Ellen
Hawman,
ellen.hawman@sympatico.ca

**Knights of Columbus Council #728
Grand knight:** Peter Wadeck
pwadeck@gmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

**Creighton Model Fertility Serena,
Sympto-Thermal Method of
Family Planning:** www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

CATHOLIC WOMEN'S LEAGUE 2019 MEMBERSHIP CAMPAIGN

St. Mary's Cathedral Council of the Catholic Women's League will be holding their annual membership campaign following each Mass on



the first three weekends during the month of November. Women from our parish of all ages are invited to become members. The membership fee is \$25 per year and includes a subscription to The Canadian League Magazine. Look for our information table after the weekend Masses beginning on November 3rd, 4th or place your membership fee in an envelope with your name and

contact information and marked "CWL" in the collection basket. This year, during our membership drive we will be collecting donations of warm winter socks for distribution at the Winter Coat Drive. Your donation of warm socks for those lacking warm winter clothing will be greatly appreciated. **The Catholic Women's League is a national organization rooted in Gospel values, calling its members to holiness through service to the people of God.** CWL Meetings are held monthly on the third Tuesday from September to May, either in the evening or following the noon Mass during January, February and March. The meetings have a spiritual, a social and a business component. Our spiritual advisor is Father Shawn. **On Saturday, December 8, St. Mary's Cathedral CWL will hold an Advent Retreat for all our members. The retreat will be led by Father Shawn and will be held at St. Mary's Parish Centre. A potluck lunch is included.** For more information, please contact the President, Ann Lyng at 613-546-5521 Ext 5.

THANK YOU FROM ST. MARY'S CATHEDRAL HOT MEALS PROGRAM

We wish to extend our sincere gratitude and deep appreciation to **THE BREAD MAN** for generously contributing 10 loaves of bread each week to the Hot Meals Program and also to **JIFFY GRILL** for generously supplying homemade soup each week over many, many years. Your charitable donations in support of our Hot Meals Program has



helped provide a nourishing meal to the needy in our city. The Hot Meals Program runs on donations and is staffed by volunteers who provide food for the program. The number of clients has increased steadily and thus the cost to operate the program is increasing. Please prayerfully consider supporting this worthy cause. Donations can be made payable to St. Mary's Cathedral with specific mention that the donations is for the Hot Meals Program. Your contribution will be greatly appreciated. Thank you.

Blessed Sacrament Snowflake Parish CWL Bazaar: (3 Briscoe St. Amherstview. Join us Saturday, Nov. 17th from 10 am to 2 pm in our parish hall. Silent auction, bake table, craft items, ready-to-bake frozen pies and lunch in our tea room. No Admission to bazaar. For more information call: Donna at: 613-389-2009.

ATTENTION CRAFTERS! Holy Family Parish Kingston is celebrating our tenth annual HOLLY JOLLY CHRISTMAS CRAFT SALE, **Saturday & Sunday, December 1 & 2** at St. Francis of Assisi School, 114 Wiley Street, Kingston. Come join us and earn extra money. Limited spaces available at \$20.00 per table, paid in advance. Tables will be supplied. For further information and to book a spot, please contact Sandy at 613-548-3761 or by email orangeladybug99@yahoo.ca

ATTENTION YOUNG FAMILIES!

TODAY: Family Picnic at the Parish Centre: Sunday Nov. 4TH, after the 10:30 Mass at St Mary's Parish Centre. An opportunity for young couples, parents, and their children to meet and to enjoy coffee and a simple lunch together. There will be All-Saints day activities for children, all are welcome. Suggested donation \$5 per family. Please contact Angela at ourladymission@gmail.com.

**FAMILY PICNIC
AT THE PARISH
CENTRE**

Journeys to Justice: Social Justice – Responding to the Call. The Justice & Peace Commission of the Roman Catholic Archdiocese of Kingston and the Anglican Diocese of Ontario invites you to an evening of shared experiences. Speaker and author of the book *Journeys to Justice*, Joe Gunn, will share stories of social justice struggles across Canada. There will also be a panel discussion including representatives to discuss local human trafficking, refugee sponsorship in Kingston and area, and social housing models. Join us **Tuesday, Nov 20th from 6:30 – 8:30 pm at St. Luke Anglican Church (236 Nelson St, Kingston)**. All are welcome! Refreshments will be served. For more info contact Valerie at vkelly@ontario.anglican.ca



CHRISTMAS DAY DINNER VOLUNTEERS: The Parish Pastoral Caring Team are beginning preparations for our annual Christmas Day Dinner for those who are alone or who are unable to prepare a Christmas Day dinner for themselves. Once again this year we are reaching out to serve the needs of more people within our local community. **Our annual Christmas Day Dinner will be held at St. Mary's Parish Centre immediately following the 10:00 am Christmas Day Mass** when a

complete turkey dinner will be served from 12:00 pm noon until 2:00 pm. Doors open at 11:30 am.

Volunteers are needed to assist with the set up and decorating the Parish Centre and with advanced food preparation on December 22, December 23 and until noon on Christmas Eve. If you have some free time on those days, please consider volunteering a couple of hours to assist in the preparations. Donations of home baked food items would be greatly appreciated. This is a great opportunity for discipleship by giving of oneself in imitation of God's great gift of Himself, which we celebrate on Christmas Day. We ask that you prayerfully consider volunteering at the dinner as we strive to serve the less fortunate in our community during this joyous time of the year. Individual volunteers as well as entire families, who have volunteered at our previous Christmas Day dinners, have stated that it was one of the best Christmases they ever experienced thus reaffirming that those who give of themselves to others receive many graces in return. Come and experience for yourself the joy of giving! If you are interested in volunteering or are willing to contribute baked goods, please contact Ann Lyng at 613-546-5521 Ext 5 or alyng@cogeco.ca



The 2018 Hotel Dieu Hospital - St. Mary's Cathedral Coat Drive: will be collecting warm, washable (ski-jacket style) coats Oct. 15 to Nov. 16. Extra-large sizes (men's and women's) are especially needed. Washable thermal socks, mitts, hats and blankets also needed. **Please drop donations in the red bin just inside the Sydenham Street doors at Hotel Dieu during business hours, weekdays. For more information, call 613-544-3400, ext. 4204.**

Thank you to all those who have volunteered to help with distribution of the coats. **At this point we have sufficient volunteers. God Bless you all.** The distribution will be located ONLY at St. Mary's Parish

Centre. It will operate Monday to Friday from 1:00 pm to 4:00 pm, Nov. 12 to Dec. 14, 2018 re-opening after the Christmas break on **Jan. 2, 2019 and continuing until Jan. 18, 2019.** Any assistance during that time would be most appreciated. To volunteer or for more information about volunteering, contact Ann Lyng 613-546-5521 Ext. 5 or alyng@cogeco.ca

The Catholic Women's Leadership Foundation(CWLF) is accepting applications for its 2019 Leadership Program for Canadian Catholic women. The program will be facilitated by the Providence School of Transformative Leadership and Spirituality at Saint Paul University in Ottawa. For more information about CWLF and the Leadership Program, and to complete an application form, visit www.cwlfcanada.ca.

THIS IS A SERVICE MANY OF OUR SENIOR PARISHIONERS MIGHT BE INTERESTED IN:
AT YOUR SERVICE KINGSTON is a personal and professional concierge services for Seniors in the greater Kingston area. What they offer of most interest I think is transportation and accompaniment to daily appointments. The owner is a redirected police detective. Check out their other services on their website: www.atyourservicekingston.com or phone 613-305-3512 or email: info@atyourservicekingston.com



November 9th, Sponsors' Wine and Cheese Dinner \$25.00:
Providence Motherhouse Auditorium and Dining Room @ 5 pm
November 10th, Imagining Peace: A Vision for Canada Conference \$40.00: Featuring Paul Rogers, UK Memorial Hall, City Hall 9am – 4 pm
November 11th, The World Remembers \$29.00: Remembrance Day Concert; The Isabel Performance Hall @ 2:30 pm
See web for more details:
www.peacequest.ca/volunteersandaffiliates.eventbrite.ca
Sister Pauline Lally and Ann Bonifero have tickets for each event; otherwise order them on the web through Eventbrite

Presentation in Support of Priests' Retirement Fund

November 10 - 11, 2018

"If you let me be your servant, let me be as Christ to you, Pray that I will have the grace to let you be my servant too."

These simple words of the *Servant Song* sum up beautifully the spirit and the purpose of the Priests' Retirement Fund. Called by God, our priests have lived their lives in service to us. Now it is our turn, and, through the Priests' Retirement Fund, we have the opportunity to be of service to them.

Living our lives in service to one another is exactly what God asks of all of us. He gave us the perfect example of this, when He washed the feet of His disciples at the Last Supper. Throughout their lives, our priests have cared for us in our parish communities, our homes, our schools, and our hospitals. They have given of themselves tirelessly to establish parish communities where there were none. They have administered the Sacraments to us; comforted and counselled us during difficult times in our lives; established youth programs to keep the faith burning in the hearts of our young people; and strengthened our faith and provided spiritual direction to us through catechesis. They have encouraged and supported our lay efforts, so that we might be actively involved in our own faith development and parish communities. They have rebuilt churches; served on school boards; managed fundraising campaigns; cared for the homeless; established social justice programs; and welcomed and helped new immigrants to make a fresh start in our country. They have done it all with great love for us and for God. Now it is our turn.

Asking for help is never easy. As the hymn says, *"Pray that I will have the grace to let you be my servant, too."* Retirement can be difficult, and this is particularly true for priests, who do not reach retirement until the age of 75. Earning opportunities have been quite different for them than they are for most of us; and, in retirement, our priests sometimes face challenging living situations. By the time our priests retire, we are often their only family. They need and deserve our support.

With your generous donations to the Priests' Retirement Fund, we can help our priests to maintain a modest but active and independent lifestyle in their retirement years. For those who are ill or otherwise infirm, the Priests' Retirement Fund ensures that our retired priests continue to have health benefits.

We know that our priests can count on this parish to be as generous as possible. We know, too, that our retired clergy are grateful and deeply touched by our generosity and genuine love for them. As we make our donation next week, let us call to mind the second verse of the *Servant Song*,

"We are pilgrims on a journey, we are brothers on the road. We are here to help each other, walk the mile and bear the load."
Thank you, and may God bless you

November is the month when we traditionally remember the Holy Souls in Purgatory praying: "Eternal Rest grant unto them O Lord, and let perpetual light shine upon them. May their souls and all the souls of the Faithful departed, rest in peace. Amen."



St. Ambrose, (337 AD – 397 AD) on the death of his brother.

Let us die with Christ, to live with Christ.

We see that death is gain, life is loss. Paul says: *For me life is Christ, and death a gain.* What does "Christ" mean but to die in the body, and receive the breath of life? Let us then die with Christ, to live with Christ. We should have a daily familiarity with death, a daily desire for death. By this kind of detachment our soul must learn to free itself from the desires of the body. It must soar above earthly lusts to a place where they cannot come near, to hold it fast. It must take on the likeness of death, to avoid the punishment of death. The law of our fallen nature is at war with the law of our reason and subjects the law of reason to the law of error. What is the remedy? *Who will set me free from this body of death? The grace of God, through Jesus Christ, our Lord.*

We have a doctor to heal us; let us use the remedy he prescribes. The remedy is the grace of Christ, the dead body our own. Let us then be exiles from our body, so as not to be exiles from Christ. Though we are still in the body, let us not give ourselves to the things of the body. We must not reject the natural rights of the body, but we must desire before all else the gifts of grace.

What more need be said? It was by the death of one man that the world was redeemed. Christ did not need to die if he did not want to, but he did not look on death as something to be despised, something to be avoided, and he could have found no better means to save us than by dying. Thus his death is life for all. We are sealed with the sign of his death; when we pray we preach his death; when we offer sacrifice we proclaim his death. His death is victory; his death is a sacred sign; each year his death is celebrated with solemnity by the whole world.

What more should we say about his death since we use this divine example to prove that it was death alone that won freedom from death, and death itself was its own redeemer? Death is then no cause for mourning, for it is the cause of mankind's salvation. Death is not something to be avoided, for the Son of God did not think it beneath his dignity, nor did he seek to escape it.

Death was not part of nature; it became part of nature. God did not decree death from the beginning; he prescribed it as a remedy. Human life was condemned because of sin to unremitting labour and unbearable sorrow and so began to experience the burden of wretchedness. There had to be a limit to its evils; death had to restore what life had forfeited. Without the assistance of grace, immortality is more of a burden than a blessing.

The soul has to turn away from the aimless paths of this life, from the defilement of an earthly body; it must reach out to those assemblies in heaven (though it is given only to the saints to be admitted to them) to sing the praises of God. We learn from Scripture how God's praise is sung to the music of the harp: *Great and wonderful are your deeds, Lord God Almighty; just and true are your ways, King of the nations. Who will not revere and glorify your nature? You alone are holy; all nations will come and worship before you.* (Revelation 15:4) The soul must also desire to witness your nuptials, Jesus, and to see your bride escorted from earthly to heavenly realities, as all rejoice and sing: All flesh will come before you. No longer will the bride be held in subjection to this passing world but will be made one with the spirit.

Above all else, holy David prayed that he might see and gaze on this: *One thing I have asked of the Lord, this I shall pray for: to dwell in the house of the Lord all the days of my life, and to see how gracious is the Lord.* (Psalm 27:4)

REGIOPOLIS-NOTRE DAME PLAY: Who needs the cow as white as milk, the cape as red as blood, the hair as yellow as corn, and the slipper as pure as gold? Find out, as Regiopolis-Notre Dame presents...INTO THE WOODS, Stephen Sondheim's award winning musical, on December 5th, 6th 7th and 8th at 7pm in the school Cafetorium. Special Saturday Matinee on December 8th at 1:30pm. See traditional fairy tale characters like you've never seen them before, as they learn that choices have consequences and that you should be very, very careful what you wish for. Reserved seating is \$20 for adults and \$12 for students; special Saturday matinee pricing is \$15 for adults, \$8 for students, and \$6 for children 12 and under. See the RND website-- reginotredame.ca-- or contact 613-545-1902 ext. 2501 for further information.

This Excellent article was originally published in *America*, The Jesuit Review: November 16, 2015 issue

John J. Conley, S.J., holds the Knott Chair in Philosophy and Theology at Loyola University Maryland in Baltimore, Md.

November is the month of the Holy Souls. With dramatic flair, the church urges us to pray for the dead as nature undergoes its annual decline. The darkening skies, the crumpled leaves and the denuded boughs become the stage to face our own mortality in the light of faith.

Through the centuries the church has developed its own rich *ars moriendi*: the requiem Mass, the sacrament of the sick, the deathbed viaticum, the prayers for the dead, the wake service with its rosary, the prayers at the graveside, the annual memorial Masses and pious visits to the tomb.

Church doctrine undergirded the practices. The paschal mystery of Christ, especially the glory of the Resurrection, fortified the Christian facing the prospect of the particular and final judgments, of heaven, purgatory and hell. Intercessory prayer reached a crescendo as the churches militant, suffering and triumphant joined in solidarity to aid the pilgrim soul in arriving at the beatific vision. Even philosophical arguments for the immortality of the rational soul, once a staple of Catholic education, deepened the sober hope of the dying and the bereaved as they confronted the enigma of death.

In recent decades our capacity to mourn and to pray for the dead has palpably declined. It has something to do with the longstanding American denial of death, skewered decades ago by Evelyn Waugh, and our new “selfie” culture, where every ritual descends into bloated autobiography. But the church must also face its own internal difficulties in helping its members to face death in a properly Christian manner.

The first step is simply to acknowledge that someone has actually died. As an adolescent, I was taught to say, “I am so sorry for your grief,” to the bereaved during a wake service. Several years ago, however, a new euphemism for death slipped into the American language: “X is in a better place.” It’s as if you arrived at the downtown Marriott and instead of being given the budget-economy room you paid for, you were given the honeymoon suite gratis. The old Christian Scientist euphemism “X passed away” has morphed into “X passed,” as if death were the LSATS and God an easy grader.

With the disappearance of the wake and the rise of “life celebrations” (often featuring the deceased’s favorite hobbies), the church has an even greater imperative to proclaim the truth about death and the afterlife and to provide a space for the heartfelt mourning needed in the aftermath of a loved one’s death.

The second step is to look carefully at our celebration of funerals. Any pastor will admit that this is an emotional battlefield; one wants to console, not fight with a bereaved family. But the current distorted shape of our funeral Masses indicates our unease facing the mystery of death in the light of faith.

The rubrics for the Mass of Christian Burial clearly indicate that the sermon is not to be a eulogy of the deceased. The priest is to focus on Christian hope in the light of the Resurrection and prayer for the deceased as the deceased faces God’s judgment. But in many funeral Masses, the sermon—echoed by endless post-Communion “reflections”—has become nothing but a eulogy of the deceased’s virtues and achievements. In some liturgies, a virtual canonization occurs. Occasionally accompanied by the strains of “Danny Boy” and Frank Sinatra’s “My Way,” the memorial service, a creation of Victorian agnostics, has overwhelmed the Christian prayer for the departed. At times it is unclear just why we have gathered to pray for and not only to remember the deceased.

Spiritual writers have long argued that the Christian should face death by shunning the extremes of presumption (“God is all-merciful; there’s no need to repent”) and despair (“God is all-just; a sinner, I cannot be saved”). The merciful God we face in the mystery of death is none other than the God who respects our freedom and the choices we have made. And we stand before God as members of the church interceding at our side in the long drama of our salvation.

This season of prayer for the holy souls is an invitation to seek again the grace of a good death, rooted in the truth of the Gospel, which simultaneously proclaims both divine judgment and divine mercy. It is the glory of the cross, not an embellished curriculum vitae, that guides us toward the mystery.



RESURRECTION CATHOLIC CEMETERY

Call and receive your Free Planning Kit Today.

Denis Valente
(613) 542-3577

2563 Division Street, Kingston (Glenburnie), ON

R. MICHAEL RODÉ
CRIMINAL LAW

PHONE (613) 531-8897 • FAX (613) 531-9022
michael@rodela.com • www.rodela.com

SCARPAZZA
HOME DESIGN

RESIDENTIAL - COMMERCIAL - INTERIOR
91 Aragon Road Glenburnie, Ont. R0H 1S0
(613) 546-4596 scarpazza@hotmail.com

Mercedes-Benz Kingston

1432 Bath Road
Kingston, ON K7M 4X6
Phone 613-548-8600
Fax 613-548-7050
www.mercedes-benz-kingston.ca

Later Life Learning

613-876-1801
www.laterlifelearning.ca

MICHAEL A. McCUE

Barrister & Solicitor
837 Princess St.
(613) 542-3700



SALT OF THE EARTH Community Farm

Farm Market ~ Veg CSA
Firewood ~ Meat and Eggs
1054 Highway #2 East
613-331-1078 Only 5 minutes from downtown
www.saltofkingston.com

Proudly a part of Kingston's
Catholic Community for Generations



Gordon F. Tompkins Funeral Homes

Central Chapel
49 Colborne Street - Downtown Kingston
(613) 546-5454
www.gftompkinscentral.ca

Township Chapel
435 Davis Drive - Kingston West
(613) 546-5150
www.gftompkinstownship.ca



Traditional & Cremation Plots
Crypts & Niches
Monuments

613-548-4343



SMITH ROBINSON BUILDING
SUITE 300 - 27 PRINCESS STREET
KINGSTON, ON K7L 1A3
TEL: 613-544-0211
WWW.CSWAN.COM



CK Counselling
Registered Psychotherapist
613-542-7260
crkarremans@yahoo.ca

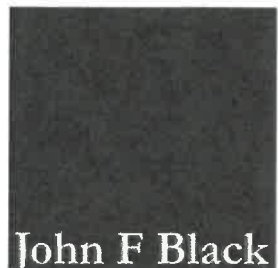
ST. LAWRENCE POOLS
Family. Fun. Relax.



1162 DIVISION STREET, KINGSTON, ONTARIO, CANADA K7K 6G3



VAN HERPT MOTORS LTD.
1468 Bath Road
Kingston, ON K7M 4X6
Phone 613-542-2284
Fax 613-531-9842
www.vanherptvolvo.com



John F Black
Barrister and Solicitor
388 King Street East
Tel 613-546-0587
jblack@cfa.on.ca

Upper Canada OFFICE SYSTEMS

Complete Renovations
Kurtis Lapere
905-964-7475
universalcomz@live.ca Kingston



Levac SUPPLY LIMITED
Service is Our Success

Industrial & Automotive
Safety Supplies & Equipment
Industrial Health
& Safety Training
(613) 546-6663
25 Railway Street

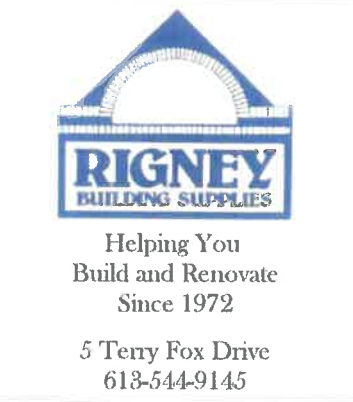
State Farm
Bridget Walker-Payne
Providing Insurance & Financial
1335 Princess - 544-1335

TAYLOR STUDIOS
Weddings • Portraits
285 King St. E. (613) 541-1098
www.taylorstudios.ca

SWISS CHALET
Join us for Sunday Lunch starting at \$6.69
Delivery / Call Ahead
85 Dalton Ave (613) 547-0100

RE Roney ENGINEERING
Kingston's Structural Engineers

900 Purdy's Mill Road,
Kingston, ON K7M 3M9
613-542-3092
www.roneyengineering.com



Helping You Build and Renovate Since 1972
5 Terry Fox Drive
613-544-9145

RAMEKIN'S
New Take Out Menu
*delivery available
Breakfast a la Carte
Sat. & Sun. 9am-2pm
Let us Cater your next event!
1540 Bath Road 613 584 0793

Horticulturist
Gariepy Lawn & Garden
25 yr. experience

lawn and garden clean-up
seasonal lawn maintenance
perennial garden care
pruning, mulching
Free consultation
We provide Personalized service
Liability insured
Registered Seniors Association
Service Provider
613-542-8077
Email: ggariepy@cogeco.ca



Frontenac Mall HAIR STYLIST 613-544-6166
Prize winners in hair styles
Judge at the New York International World Supreme

NELSON LAW
HONEST and SUCCESSFUL LEGAL REPRESENTATION
295 Queen Street Kingston K7K 1B7
613-544-1618

Kevin J Blaney Florist
Whatever the occasion,
Kevin will make it special!
180 Montreal St
Kingston, ON
613-546-3551
Free deliveries to the hospitals and funeral homes