

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

"Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends." (1 Corinthians 13: 4-8)

Mass Schedule

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession:

One half hour before each Mass held in the Cathedral
Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

Fourth Sunday in Ordinary Time

Masses: Monday Feb. 4th

7:45 am Imma Garofalo, estate
12:10 pm Rudolph Coleman

Tuesday Feb. 5th

7:45 am Imma Garofalo, estate
12:10 pm Matthew McDonald

Wednesday Feb. 6th

7:45 am Imma Garofalo, estate
12:10 pm Carmelita Orellano

Thursday Feb. 7th

7:45 am Imma Garofalo, estate
12:10 pm Lidwien Gräfe

Friday Feb. 8th

7:45 am Imma Garofalo, estate
12:10 pm Matthew McDonald

Saturday Feb. 9th

7:45 am Imma Garofalo, estate
5 pm Carmelita Orellano

Sunday Feb. 10th

8 am Maria Luciuk, 7th anni.
10:30 am For the People
7:30 pm For the People

Ministries: Sat. Feb. 9th, 5 pm

Altar Servers	
Lectors	Adora J. Lynn P.
EM of the Eucharist	Ellen H. Mark M.

Sunday Feb. 10th, 8 am

Altar Servers	
Lectors	Diane D. Sarah B.
EM of the Eucharist	Theresa D. Emily R.

Sunday, Feb. 10th, 10:30 am

Altar Servers	
Lectors	Pat B. Adrien L.
EM of the Eucharist	Dianne I. Betty G. Marietta M. Sr. Shannon Janet W. Bob C. Domenica B.

Sunday, Feb. 10th, 7:30 pm

Altar Servers	Students
Lector	Sara B. Tephania O.
EM of the Eucharist	Pene L. Grace G.

Please pray for our Sick:

Ruth Caron, Isaac Cassim, Bob Clancey, Jacob Cooper, Bev Dickison, Teresa Khidir, Janice Lumb, Maria Matias, Carol Mouke, Lynn Orellano, Danielle Quinelle and Ted Pedlar.

TODAY! Family picnic: After the 10:30 Mass in the Parish Hall
Following Christ: continues, This Wed., Feb. 6th in St. Mary's Parish Hall, 7 pm to 8:30 pm (no meal) see p. 7.

Seniors' Lunch: Wed., Feb. 6th, immediately following the 12:10 pm Mass, St. Mary's Parish Hall.

St. Mary's Archdiocesan Youth Choir: Thursdays, 4:30 – 6 PM, in St. Mary's Parish Hall, under the direction of Jeffrey and Caroline Moellman. See ad. Pg. 3

The **Share Lent Launch for Development and Peace** will take place on **Saturday, Feb. 9th** at 12 noon-3 pm at **St. Joseph's Parish in Kingston**. A light lunch will be provided. To register, please contact Jan at 613-968-9659 or Sr. Helen at 613-766-2376. *Everyone is welcome!*



Share Lent 2019 Workshop: *The Refugee Crisis & Catholic Social Teaching* St. John Bosco Catholic Parish, 175 Windsor Dr., Brockville, ON. On Sun., Feb. 10th, after the 10 am Mass. Light lunch provided. Please call to register: Sister Helen at 613-766-2376 or Tara at 613-738-9644 ext. 224.

TEN WAYS TO LOVE

1. **LISTEN** without interrupting. (Proverbs 18)
2. **SPEAK** without accusing. (James 1:9)
3. **GIVE** without sparing. (Proverbs 21:26)
4. **PRAY** without ceasing. (Colossians 1:9)
5. **ANSWER** without arguing. (Proverbs 17:1)
6. **SHARE** without pretending. (Ephesians 4:14)
7. **ENJOY** without wavering. (1 Corinthians 13:7)
8. **TRUST** without wavering. (1 Corinthians 13:7)
9. **FORGIVE** without punishing. (Colosians 3:13)
10. **PROMISE** without forgetting. (Proverbs 13:14)

CURSILLO

Cursillo Weekend for Men to be Held in Kingston
scheduled for Thursday evening, March 28th through to Sunday, March 31st, 2019 incl., at Providence Spirituality Centre in Kingston. For more information, please contact Lionel Ryan at 613.634.9588 / ryanlionel07@gmail.com, or Mike Foley at 613.546.6224 / mfoley8@cogeco.ca, or Father Shawn J. Hughes at 613.546.5521 Ext. 4 / fathershawnjhughes@gmail.com.

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

Associate-Pastor:
Father Paul Mawalla
paul.mawalla54@gmail.com

Deacon: Deacon Blaine Barclay,
blainebarclay31@gmail.com

In Residence:
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Father Killian Eke
Father Paul Finn

Seminarian: Michel Quenneville
j.a.michel.quenneville@gmail.com

Parish Office Administrator:
Suzanne, smarys@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League
President:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Children's Liturgy: Laura Raycraft,
613-328-0426,
stmaryschildliturgyoftheword@gmail.com

Parish Council Secretary: Ellen
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**Knights of Columbus Council #728
Grand knight:** Peter Wadeck
pwadeck@gmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
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chaplain@newmanhouse.ca,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

**Creighton Model Fertility Serena,
Sympto-Thermal Method of
Family Planning:** www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

WHY IS LENT (AND THEREFORE EASTER) SO LATE THIS YEAR?

Ash Wednesday is March 6th this year. It rarely is this late. Why does it move around every year? This is an excellent question. Easter Sunday is calculated according to the lunar calendar following the Jewish calendar which was based on the cycle of the moon. Easter Sunday is always the first Sunday, after the first full moon after the Spring Equinox. The Spring Equinox is fixed on March 21st. So if there is a full moon the following day and the next day is Sunday, then that Sunday would be Easter Sunday; the earliest we could possibly have it, March 23rd. This year it is the latest we can possibly have it. The full moon in March is the 20th, the day before the Spring Equinox. So the next full moon is not until April 19th. The following Sunday then is Easter Sunday, April 21.

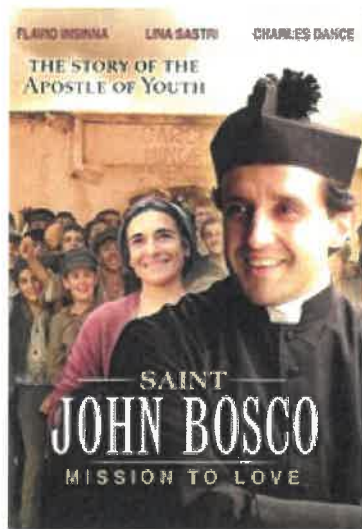
Organ Scholarships Available for Parish Musicians

The Royal Canadian College of Organists-Kingston Centre offers scholarships for talented pianists of all ages who would like to be introduced to, or/and develop their playing skills on the pipe organ. Scholarships provide 10 hours of free organ lessons with a qualified instructor. The Kingston Centre receives financial support for these scholarships from the National RCCO office, local individuals and churches, and raises funds by sponsoring centre events. Each student has the opportunity to play in the student concert in late-winter and is invited to attend all local RCCO events. The Roman Catholic Archdiocese of Kingston is sponsoring one these scholarships and encouraged you to apply. The application deadline is March 31. Auditions will be held for qualified applicants in April. Application forms and more information at www.rcco-kingston.ca or contact scholarships@rcco-kingston.ca or call the Liturgy Office at 613.548-4461.

Family Picnic at the Parish Centre: **THIS Sunday Feb. 3rd** after the



10:30 am Mass at St Mary's Parish Centre. An opportunity for couples, parents, and children to meet and to enjoy coffee and a simple lunch together. There will be activities for children, all are welcome. Suggested donation \$5 per family. ourladymission@gmail.com.



SAINT JOHN BOSCO: MISSION TO LOVE We celebrated this great saint's feast day on this past Thursday. He lived 1815 - 1888 AD. This movie is a great testimony to his vocation and mission to save young people from prison through befriending them and helping them live up to whom God created them to be.

You can watch it for free on formed.org

If you haven't accessed Formed yet, just follow these simple steps. Step 1: Go to formed.org. **Step 2:** Click on Register. **Step 3:** Enter St. Mary's Parish Code which is **QHVJWV**. **Step 4:** Enter your email address

Step 5: It will ask for your name address and a password you create. **Step 6:** A Verification email will be sent to your email. Click on confirm and you will have all its great content at your fingertips.

Pursuit of Glory

†
MIM

A CATHOLIC MEN'S MINISTRY EVENT



"Put on the whole armor of God, so that you may be able to stand against the wiles of the devil."

- Ephesians 6:11

CALLING ALL MEN!

Do you want to deepen your faith and become the man that God wants you to be? Come join us for a day of Prayer, Faith and Fraternity, with international Catholic speaker **Greg Wasinski**. Greg is a full-time inspirational Catholic speaker and author.

When: April 27th 2019
Registration opens at 9:00AM
Followed by **Mass**

Where: Donald Gordon Center
421 Union Street,
Kingston, Ontario

Tickets are \$55
(includes snacks and lunch)

For tickets and more information visit:

<https://kingstonmensministry.ca>

or phone Kyle Grace at: 613-449-9227

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⦿ **RALLY EMCEES**
Peter Herbeck & Pete Burak



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Ralph Martin & Sr. Ann Shields, SGL



"...we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope." Romans 5:3-4

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For more information or to reserve seating and bus tickets
contact: Ann Lyng at 613-546-5521 EXT 5 or alyng@cogeco.ca

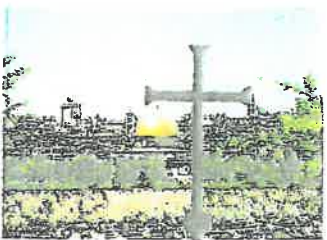
PILGRIMAGE TO THE HOLY LAND

25 of 42 spots already reserved.

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of St. Mary's Cathedral, Kingston

October 19-30, 2020 – 12 days - \$TBA – Not likely to be more than \$4,000 –
Airlines only release their prices one year prior to flight date.

- Oct. 19 Afternoon departure from Toronto to Tel Aviv.
- Oct. 20 Morning arrival in Tel Aviv. Upon meeting our guide we embark on a panoramic view of Jaffa and are transferred to our hotel in Galilee. Time for rest, Mass, dinner and overnight.
- Oct. 21 After breakfast we depart for Tiberias. We travel by boat on the Sea of Galilee, visit Capernaum, home of St. Peter and the site of Jesus' preaching, on to Tabgha to see the Church of the Multiplication with its beautiful 5th century fish mosaic. We also visit the Church of the Primacy and celebrate Mass on the Mount of the Beatitudes. Continue to Cesarea Philippi, where Jesus revealed to His disciples for the first time that He was indeed Messiah. Return to our hotel for dinner and overnight.
- Oct. 22 This morning we start our tour in Cana – the site of Jesus' first miracle. Here we celebrate marriage renewal ceremony. We move on to Nazareth where we celebrate Mass at the Basilica of Annunciation and visit Mary's Well and St. Joseph's church. We also visit the Nazareth village where we experience village life in the Galilee in the time of Jesus. In the afternoon we ascend Mount Tabor – the Mount of Transfiguration.
- Oct. 23 This morning we depart Galilee for Judea and the area of Jerusalem. En route we visit Haifa and Mt. Carmel, the "burning place" where Elijah called fire down to confound the prophets of Baal. Here we celebrate Mass. We continue via Cesarea by the Sea to Judea for our dinner and overnight.
- Oct. 24 Today's journey takes us to the ancient city of Jerusalem: St. Ann's Church, Pool of Bethesda, Pilate's Judgment Hall, the Chapel of the Flagellation and the Arch of Ecce Homo, the convent of the sisters of Zion. We continue with the Stations of the Cross – Via Dolorosa to the Holy Sepulchre. Mass will be celebrated in one of the many churches of Jerusalem. In the afternoon we visit the Western Wall, also called the "Wailing Wall". We see the place of the Mosque of Omar and El Aksar. Return to our hotel for dinner and overnight.
- Oct. 25 We continue our tour of sacred places in Jerusalem. We visit the Mount of Olives: the Church of all Nations, the Church of Maria Magdalene, Dominus Flevit Church, Chapel of the Ascension, Garden of Gethsemane, Mary's Tomb, Church of the Pater Noster. We continue to the village of Bethany with the tomb of Lazarus (time permitting). In the afternoon we visit Mount Zion with the Upper Room (Room of the Last Supper) and the Church of St. Peter's in Gallicantu. Return to our hotel for dinner and overnight.
- Oct. 26 Today we will drive to Emmaus where Jesus appeared following His Resurrection. We will then pray the Rosary together in the Church of Dormition, where Mary was assumed into heaven. Free time, dinner and overnight.
- Oct. 27 Today we visit Bethlehem – where Jesus was born, celebrating Christmas Mass in one of the grottos. We visit the Manger, the Crusaders' Cloister and the Grotto of St. Jerome – Shepherd's field. Return to our hotel for dinner and overnight.
- Oct. 28 This morning we leave for a full day excursion to Masada, the Dead Sea, Qumran, where the Dead Sea Scrolls were discovered in 1947. Time for swimming in the Dead Sea. Continue to Jericho, the oldest continuously inhabited city the world. After Mass in Jericho we stop at the Jordan River in Qasr al-Yahud, where Jesus was baptized. Return to our hotel for dinner and overnight.
- Oct. 29 After breakfast we take a short drive to Ein Karem, the picturesque village where Mary visited her cousin Elizabeth. Here we will visit the Church of the Visitation. Return to Jerusalem, free time for leisure.
- Oct. 30 After breakfast we are transferred to the airport in Tel Aviv for a flight to Toronto. Evening arrival.



Travel arrangements by International Heritage Tours

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For more information and to reserve a spot contact Ann Lyng at 613-546-

5521 ext. 5 or alyng@cogeco.ca



NO GREATER LOVE A BIBLICAL WALK THROUGH CHRIST'S PASSION



FILMED IN THE HOLY LAND!

- WALK STEP-BY STEP WITH JESUS FROM THE GARDEN OF GETHSEMANE TO THE MOUNT OF CALVARY!
- EXPERIENCE THE SIGHTS AND SOUNDS OF THE PLACES WHERE JESUS WALKED, PRAYED, SUFFERED AND DIED.
- ARE YOU READY TO DRAW CLOSER TO JESUS IN HIS PASSION THAN YOU EVER HAVE BEFORE?

***THOUSANDS SOUGHT JESUS DURING HIS LIFE.
ONLY A FEW FOLLOWED HIM TO CALVARY.***

WHAT WILL YOU DO?

MONDAY AFTERNOONS DURING LENT

MARCH 11 to APRIL 15, 2019

2:00 PM TO 3:30 PM

AND

WEDNESDAY EVENINGS DURING LENT

MARCH 13 TO APRIL 17, 2019

7:00 PM to 8:30 PM

ST. MARY'S PARISH CENTRE, 260 BROCK STREET

To Register: Contact Ann at 613-546-5521 EXT 5; alyng@cogeco.ca



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