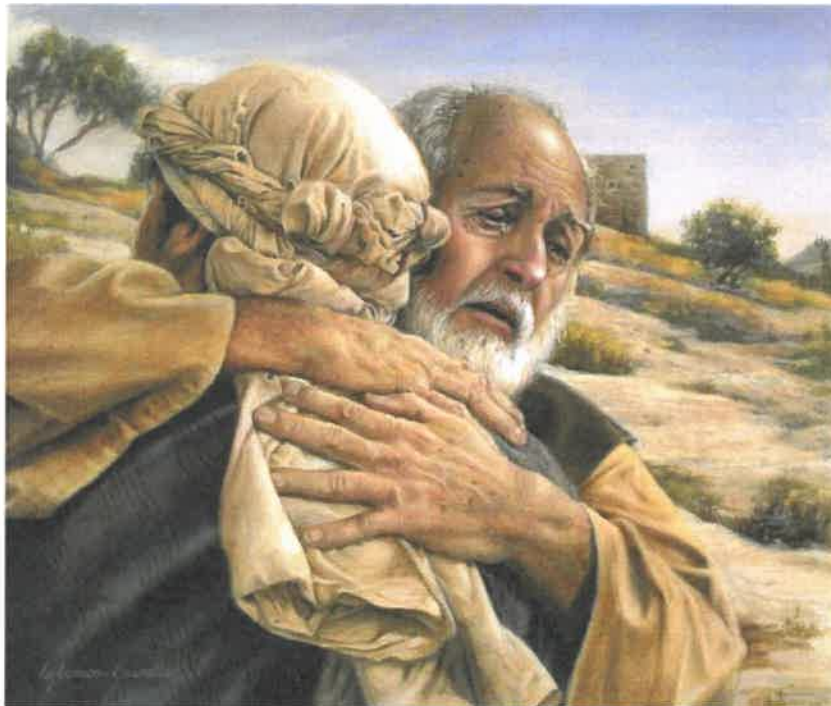


The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Brendan M. O'Brien, Archbishop of Kingston

THE FOURTH SUNDAY OF LENT



The Prodigal Son (artist: Liz Lemon Swindle)

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 10 to 4 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession "The Light is On!"

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 7 pm & Saturdays 4 pm – 4:50 pm

Masses: Monday April 1st
 7:45 am Hugh & Betty Amo, estate
 12:10 pm Souls in Purgatory
Tuesday April 2nd
 7:45 am Imma Garofalo, estate
 12:10 pm Matthew McDonald
Wednesday April 3rd
 7:45 am Hugh & Betty Amo, estate
 12:10 pm Rudolf & Elsa Coleman
Thursday April 4th
 7:45 am Imma Garofalo, estate
 12:10 pm Allison Sayers
Friday April 5th
 7:45 am Imma Garofalo, estate
 12:10 pm Hugh & Betty Amo, estate
Saturday April 6th
 7:45 am Hugh & Betty Amo, estate
 5 pm Barbara Mulville, 11th anni.
Sunday April 7th
 8 am Mary & James Lyng
 10:30 am For the People
 7:30 pm Laurinda & Basilio Matias

Ministries: Sat. April 6th, 5 pm

Altar Servers	
Lectors	Elizabeth N. Lynn P.
EM of the Eucharist	Mark M. Jacqueline O'C.

Sunday, April 7th, 8 am

Altar Servers	
Lectors	Sarah B. Dan K.
EM of the Eucharist	Janet W. Maria C.

Sunday, April 7th, 10:30 am

Altar Servers	
Lectors	Valerie N. Evelyn T.
EM of the Eucharist	Connie A. Domenica B Rita F. Betty G. Bob C Karla C. Joe C.

Sunday, April 7th, 7:30 pm

Altar Servers	Students
Lector	Joe A. Sarah B.
EM of the Eucharist	Pene L. Mary R.

Please pray for our Sick:

Ruth Caron, Isaac Cassim, Bob Clancey, Bev Dickison, Father Jack Grainger, Lois Halligan, Teresa Khidir, Janice Lumb, Maria Matias, Lynn Orellano, and Ted Pedlar.

Fourth Sunday of Lent Laetare Sunday

The Fourth Sunday of Lent is called Laetare Sunday from the first words of the Introit at Mass, "Laetare Jerusalem" ('Rejoice, O Jerusalem') Like Gaudete Sunday midway through Advent, Laetare reminds us of the event we look forward to at the end of the penitential season and the joy in anticipation of the Resurrection. The vestments for this day will be rose, as they are on Gaudete Sunday in Advent.

Father Shawn is away this weekend. I am serving as the spiritual advisor for the Men's Cursillo this Thursday (March 28) evening through to this Sunday Evening, (March 31). Please keep the candidates, the team and myself in your prayers.

WELCOME BACK FATHER PAUL MAWALLA. Father Paul returned late Tuesday, March 26th after a four week vacation back home in Kenya. Welcome back Fr. Paul! He will continue his 50% associateship here and 50% associateship at St. Paul the Apostle parish.

The Stations of the Cross: will be prayed Mon. to Fri. after the 12:10 pm and 40 minutes before the 5 pm Saturday Mass & 10:30 am and 7:30 pm Sunday Masses.

St. Mary's Cathedral Youth Choir: Thursdays, 4:30 – 6 PM, in St. Mary's Parish Hall.

No Greater Love: A Biblical Walk Through Christ's Passion. Continues Monday at 2 pm and repeated on Wednesday at 7 pm. It is a great way to prepare for Holy Week.

Family Picnic at the Parish Centre: Sunday April 7th after the 10:30 am Mass, at St. Mary's Parish Hall.

Latin Mass: April 7th, 3 pm in St. James Chapel.

The Salve Regina Society for 20's & 30's: Next event, Monday, April 11, 7:30 pm, venue: 168 Johnson Street. Questions? Contact srskingston@gmail.com

Palm Sunday Bake Sale, April 14th after the 8 am and 10:30 am Masses. Domenica and her Italian Friends are back with lots of wonderful Easter breads and Easter baking. Let these fabulous cooks do some of your Easter baking for you.



Children's Liturgy
of the **Word**

ATTENTION:S.O.S. With the Queen's school year wrapping up the number of people helping with the Children's Liturgy of the Word at the 10:30 am Mass is quickly dwindling.

Help is needed. If you would like to volunteer your assistance with this ministry please contact this ministry's coordinator, Laura Raycraft, at laura.joel@hotmail.com.

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

Associate-Pastor (Half-time)
Father Paul Mawalla

paul.mawalla54@gmail.com

Deacon: Deacon Blaine Barclay,
blainebarclay31@gmail.com

In Residence:

Father Dan Ryan
Father Killian Eke
Father Paul Finn

Seminarian: Michel Quenneville
j.a.michel.quenneville@gmail.com

Parish Office Administrator:
Suzanne, smarys@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League**

President: Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Children's Liturgy: Laura Raycraft,
613-328-0426,
stmaryschildliturgyoftheword@gmail.com

Parish Council Secretary: Ellen
Hawman,
ellen.hawman@sympatico.ca

**Knights of Columbus Council #728
Grand knight:** Peter Wadek
pwadeck@gmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
chaplain@newmanhouse.ca,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

**Creighton Model Fertility Serena,
Sympto-Thermal Method of
Family Planning:** www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

NEXT WEEKEND-APRIL 5th & 6th

Holy Land Wood Art HLWA Inc.



will be at the back of the cathedral after each of the Saturday Vigil Mass & Sunday Masses selling some of their beautiful art in an effort to strengthen the Christian presence in the Holy Land. The main income for the Christian community of Bethlehem,

the birth place of Jesus, is selling their hand crafted olive wood religious items to the pilgrims who visit the area. The past few years have been extremely hard for the community as a result of declining tourism. Some Christians responded by fleeing the Holy Land, and the absence of a living Christian community is very dangerous for the Holy Sites such as the Church of The Nativity. Please stop and look at their display next weekend. These beautiful handcrafted religious objects make great First Holy Communion, Confirmation and even Wedding gifts. Please be generous to our struggling Christina sisters and brothers in the Holy Land.

Share the Journey: This year, Development and Peace-Caritas Canada

is inviting all of us to walk in solidarity with the 68.5 million children, women and men who have been forced to flee their homes. Every step will send a clear message to the Canadian government that it must do more to end forced migration. We hope that many of you will join us to walk and raise funds in solidarity. The walk will cover 5 km. and will depart from Holy Family Church, 130 Wiley St. (corner of Weller), Sat., April 6th at 10:00 am. Please contact Sr. Helen Russell at 613-766-2376.

Pursuit of Glory Catholic Men's Conference: Men, do you



want to deepen your faith, and become more the man that God wants you to be? Would you like to deepen your understanding of what it means to be a Catholic man in an ever-changing modern world?

Would you like to gather with other Catholic men to pray together and celebrate our Catholic Faith. If so, then the **Pursuit of Glory Catholic Men's Conference: Put on the Armor of Christ** is for you! This conference will be held **Sat., April 27th**, 9 am to 3:30 pm, at the Donald Gordon Conference Centre of Queen's University. Come out to hear dynamic international Catholic speaker, Greg Wasinski, who is coming to join us from Ohio. The day will begin with Holy Mass and includes three conferences by Greg Wasinski, a gourmet lunch and snacks throughout the day. All this for just \$55. Registration is limited so be sure to register asap. Register on line <https://www.kingstonmensministry.ca/pursuit-of-glory/> or Kyle Grace 613-449-9227 or Fr. Shawn Hughes;

fathershawnjhughes@gmail.com

SEE POSTERS ON THE BULLETIN BOARDS

Spring dinner and dance Sat. April 27 for 5-11pm with music by Odette and catering by Karawana Fine Dining at Rideau Acres in support of Neeje Assoc for Women & Family, a charity inspired by St. Josemaria Escriva, founder of Opus Dei. Tickets, \$55 per person, on-line at neeje.ca. Call Irene 613-549-7421 for info. All welcome.



THE LIGHT IS ON!!!!

OPPORTUNITIES FOR CONFESSION THROUGHOUT THE REST OF LENT

Every Monday through Friday: 11:30 am – 12 noon

Every Wednesday: 1 to 7 pm

Every Saturday: 4 to 4:50 pm

Every Sunday: 7:20 to 7:55 am, 9:50 to 10:20 am, 7:00 to 7:25 pm

St. Joseph's Parish Penitential Service:

This Sunday, March 31st at 3 pm. You are most welcome to avail yourself of confessions at St. Joseph's.

Other Parishes in the Kingston area:

St. Paul the Apostle, April 3rd, 2-4 pm

Holy Family, April 7th, 2-3 pm

Annunciation Parish, Enterprise, April 8th, 7 to 9 pm

St. Patrick's, Napanee, April 10th at 6 pm

Our Lady of Lourdes: ½ hour before every Mass

Additionally here:

Palm Sunday April 14th: 2 to 4 pm

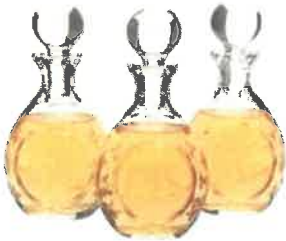
Holy Thursday April 18th: 2 to 4 pm

Good Friday, April 19th: 9 to 11 am

Examinations of Conscience and a review of How to Go to Confession are at all the entrances of the cathedral.

Archdiocesan Celebration of the Chrism Mass 2019

Archbishop O'Brien and the priests and deacons of the Archdiocese will celebrate the Chrism Mass at St. Mary's Cathedral, on Tuesday, April 16th at 7:30 pm. This Mass is a manifestation of the communion of the clergy with their Archbishop. At this celebration, all priests and deacons will renew their ordination promises. At the same Mass, the oils used for the Sacramental life of the Church will be blessed by Archbishop O'Brien and distributed to each Parish and Institution in our Archdiocese. These are: The Oil of Catechumens, The Oil of the Sick and the Sacred Chrism. All parishioners are invited to participate in this special celebration. A reception for all will follow at École Cathédrale.



Workshop on Pastoral Ministry is being offered by The Religious Education Office of the Archdiocese on Saturday, 25 May 2019, 10:00 a.m. - 3:00 p.m., at St Paul The Apostle Church hall. This workshop is open to anyone involved in Pastoral Ministry, Prison Ministry, or anyone who would like to learn more about the spirituality of listening and presence. Presenter: Robert Mundle. To register, or for more information, please contact Gorett at 613-548-4461 ext. 112, or Mary- Jo, ext. 115. There is no cost for this workshop lunch is provided.

THEY'RE BACK AGAIN this PALM SUNDAY at 8 am & 10:30 am Masses



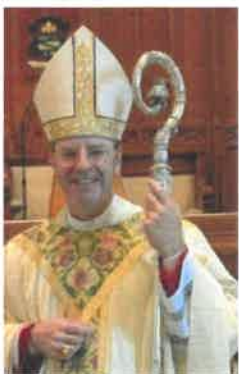
DOMENICA, WILMA, AND THEIR ITALIAN BAKER FRIENDS ARE BACK!!!

PALM SUNDAY, April 14th, Domenica Bracciodieta and her Italian friends are having another bake sale making all different kinds of homemade Italian Easter bread. Proceeds from this fundraiser will go toward the ***Sanctuary Floor Restoration***. Many thanks to all for their generosity to St. Mary's in doing all this wonderful baking and to you for purchasing something.

NEW ARCHBISHOP: You have heard us praying for a new archbishop over the past few weeks. Archbishop O'Brien reached his 75th birthday, September 28th, 2018. On their 75th birthday, all bishops are required to submit their resignation to the Holy See in Rome. The process of determining our new archbishop began shortly thereafter and Archbishop O'Brien's resignation will be accepted as a new archbishop is selected and announced. Archbishop O'Brien is the longest serving bishop in Canada. He has been a bishop for almost 32 years. He is anticipating a well-deserved retirement and is eagerly awaiting the announcement of a new archbishop for the Archdiocese of Kingston.



UPDATE:



On Thursday, March 28th, the Holy Father, Pope Francis, accepted the resignation of Archbishop O'Brien and named Bishop Michael Mulhall (until now Bishop of Pembroke), as the new Archbishop of Kingston. Bishop Mulhall was ordained a priest of the Diocese of Peterborough on July 2, 1989 and was named Bishop of Pembroke June 30, 2007. Our new archbishop will be installed in the next couple of months here at St. Mary's Cathedral. Now that a new Archbishop has been named Archbishop O'Brien will continue as the Apostolic Administrator of the Archdiocese.

Seven Last Words – Good Friday, April 19TH

On Good Friday from 12 noon to 2 p.m., the students of Newman House will be leading the Seven Last Words devotion – readings, meditations and music which prayerfully recall the seven times that Jesus speaks from the Cross. Father Raymond J. de Souza will preach the meditations on the theme, "The Scandal in the Church and the Scandal of the Cross". The departure point for the meditations is the words of Cardinal Joseph Ratzinger at the 2005 Stations of the Cross: "Should we not also think of how much Christ suffers in His own Church? How often is the holy sacrament of His Presence abused, how often must He enter empty and evil hearts! ... How much filth there is in the Church, and even among those who, in the priesthood, ought to belong entirely to him!" Please join these prayers and meditations in a spirit of penance and purification.



Family Picnic

Family Picnic at the Parish Centre: Sunday 7th of April after the 10:30 Mass, at St Mary's Parish Centre. An opportunity for couples, parents, and children to meet and to enjoy coffee and a simple lunch together. There will be activities for children, all are welcome. Suggested donation \$5 per family. ourladymission@gmail.com.



HOLY WEEK SCHEDULE

Holy Week begins Palm Sunday, April 14th

Mass of Chrism: 7:30 pm April 16th

Tenebrae: Wednesday, April 17th at 8 pm

Holy Thursday: 7 pm April 18th

Good Friday: 3 pm April 19th

Easter Vigil: Saturday, 8 pm April 20th

Easter Sunday: 8 am, 10:30 am & 7:30 pm

WHAT IS TENEBRAE?

From the Latin word for “darkness”, Tenebrae is a service from the Divine Office (Liturgy of the Hours) held during Holy Week. The service is conducted in darkness, with the exception of candles on the altar. Psalms and other excerpts from Scripture are chanted as, one by one, the candles are extinguished. With only the Christ Candle remaining, the text “Christ was made obedient for us...” is sung. Obedience to God is where the real power lies. It is a different kind of power: the power to set all men and women free. "By his loving obedience to the Father, 'unto death, even death on a cross' (Phil 2:8), Jesus fulfils the atoning mission (cf. Is 53:10) of the suffering Servant, who will 'make many righteous'; 'and he shall bear their iniquities'. (Is 53:11; cf. Rom 5:19)"

Finally, the Christ Candle is taken away, symbolizing the death of our Lord. At this time, a loud sound is heard, recalling the earthquake at the time of Christ's death. However, this light is brought back and the service ends in silence, as we journey on toward the joy of the Resurrection; the light of Christ as our guide.

Tenebrae is always a very rich musical and scriptural experience. Music will be led by musicians from the Cathedral Choir under the direction of Jeff Moellman, and will feature one of the most famous pieces of music, Allegri's stunningly moving, *Miserere*. Last year's offering of the *Miserere* literally brought many to tears, including yours truly. Please join us for what promises to be a moving opportunity to reflect on and prepare for the celebration of Christ's Suffering, Death and Resurrection, realizing in His flesh our God's complete self-sacrificial love for us.

Prayer knocks, fasting obtains, mercy receives

by St. Peter Chrysologus who was born in the year 406 AD and born again to eternal life in the year-450 AD. This Bishop of Ravenna, Italy was one of the great preachers of his age. In fact, his wonderful homilies and exhortations earned him the nickname “golden words” which is what “Chrysologus” means. This is an excerpt from one of his Lenten sermons which is offered on Tuesday of the Third Week of Lent in the Office of Readings for the Church. It is entitled:



“Prayer knocks, fasting obtains, mercy receives.”

“There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

“Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God’s ear to yourself.

“When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

“Let this be the pattern for all men when they practise mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

“Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defence, a threefold united prayer in our favour.

“Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.

“Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

“To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit.

“When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself. You will not be allowed to keep what you have refused to give to others.”



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