



The Cathedral of St. Mary of the Immaculate Conception

**The Mother Church of the Faithful
of the Archdiocese of Kingston
The Most Reverend Michael Mulhall
Archbishop of Kingston**

THE SOLEMNITY OF CORPUS CHRISTI

THE BODY AND BLOOD OF CHRIST

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 10 am to 4 pm, Closed 12 noon to 1 pm

Mass Schedule:

**St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)**

Opportunities for Confession: "The Light is On!"

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

Masses:

Monday June 24th

7:45 am Mary (Win) Davidson,
deceased family members
12:10 pm Victor Kromer

Tuesday June 25th

7:45 am Earl Blaney, 25th anni.
12:10 pm Patricia McDonald,
deceased members of Murray &
McDonald families

Wed. June 26th

7:45 am Mary (Win) Davidson,
deceased family members
12:10 pm Intentions of Michel
Quenneville

Thursday June 27th

7:45 am Deceased Bishops &
Priests of Archdiocese of Kingston
12:10 pm Souls in Purgatory

Friday June 28th

7:45 am Hugh & Betty Amo, estate
12:10 pm Living & deceased
members of Knights of Columbus
728 & families

Saturday June 29th

7:45 am Mary (Win) Davidson,
deceased family members
5 pm Theresa White

Sunday June 30th

8 am Leslie Darling's intentions
10:30 am For the People
7:30 pm Esther Shaver

Ministries: Sat. June 29th, 5 pm

Altar Servers	Paul M. Jonathan M. Gabriel M.
Lectors	Lynn P. Ann L.
EM of the Eucharist	Nark M. Jacqueline O'C.

Sunday, June 30th, 8 am

Altar Servers	Doug S. Emily R.
Lectors	Janet W. Cathy S.
EM of the Eucharist	Marcel R. Emily R.

Sunday, June 30th, 10:30 am

Altar Servers	Bohdan Y. Sam M. Ephraim L.
Lectors	Pat B. Leonie H.
EM of the Eucharist	Rita F. Betty G. Bob C. Grace G. Domenica B. Chris L. Marietta M.

Sunday, June 30th, 7:30 pm

Altar Servers	Students
Lector	Carmen B. Taylor C.
EM of the Eucharist	Pene L. Mary R.

N.B. You are encouraged to take this bulletin home with you. If you are not taking it with you it would be most helpful if you would leave it on one of the tables near the exits of the cathedral on your way out. Many thanks.

The Most Holy Body and Blood of Christ

CORPUS CHRISTI

Our Annual Volunteers Appreciation will be after the 10:30 am Mass, **TODAY** (Sunday, June 23rd), 12-2 pm. All those who volunteer are encouraged to attend.

Billings Life Clinic is Mon. June 24th at St. Paul the Apostle Church from 7-8 pm (patio entrance). Call (613) 544-8495 or kingston@naturalfamilyplanning.ca

Latin Mass: July 14th, 3 pm in St. James Chapel

Please pray for our Sick: Ruth Caron, Isaac Cassim, Bob Clancey, Ken Davies, Teresa Khidir, Janice Lumb, Maria Matias, Vernon Mulhall, Lynn Orellano, Susan Pottier, and Ted Schoenmakers.

Farewell Mass and Garden Party for Katherine Quinlan

All are invited to attend a Farewell Mass and Reception for Katherine Quinlan as she retires after 21 years of dedicated service to the Archdiocese of Kingston as Executive Assistant to four Archbishops. The Mass will take place at St. Joseph's Church in Kingston at 1:00 p.m. on Monday, July 8, 2019, and will be followed by a garden party on the church lawn. To assist with arrangements, please contact Elisabeth Santos at the Pastoral Centre (613) 548-4461 reception@romancatholic.kingston.on.ca, if you plan to attend.

SOLEMN VESPERS ON THE SOLEMNITY OF THE SACRED HEART OF JESUS. FRIDAY, JUNE 28TH AT 5 PM

The solemnity of the Sacred Heart of Jesus is the World Day of Prayer for the Sanctification of Priests. This year the solemnity is Friday, June 28th. You are invited to observe this day by joining the priests of the Central Deanery in offering sung Evening Prayer at St. James Chapel of St. Mary's Cathedral at 5:00 p.m. Vespers will be led by Father John Brennan, the Dean of the Central Deanery and pastor of Our Lady of Lourdes Parish. Music will be led by Jeffrey Moellman and members of the Cathedral Choir. The Feast of the Sacred Heart of Jesus reminds us that we are called to fullness of life through the love of Jesus. All are most welcome to join the priests in this time of prayer.



ADORATION OF THE BLESSED SACRAMENT:

Adorers needed Sundays 2-3 pm. Might you be available and willing to commit to spending time before the Lord, exposed in the Blessed Sacrament. As Jesus said to the Apostles: "Can you not pray one hour with me?"

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

Associate-Pastor (Half-time)
Father Paul Mawalla
paul.mawalla54@gmail.com

Deacon: Deacon Blaine Barclay,
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In Residence:

Father Dan Ryan
Father Killian Eke
Father Paul Finn

Parish Office Administrator:
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**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League
President:** Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Children's Liturgy: Laura Raycraft,
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Parish Council Secretary: Ellen
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**Knights of Columbus Council #728
Grand knight:** Peter Wadeck
pwadeck@gmail.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
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Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

**Creighton Model Fertility Serena,
Sympto-Thermal Method of
Family Planning:** www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com



and reservation: Mike Budge: 613 224-8110. Space is limited with regards to Motels therefore, it is recommended you reserve early. www.ste-anne-de-beaupre.com



Faith on Fire

Shalom!

We've been meeting with the Faith on Fire community on Friday nights at St. Paul the Apostle in Kingston. The Lord has been present and moving among us in powerful ways! Hallelujah!

Our final meeting planned for the month of June will be this **Friday June 28**.

In a few days summer will begin, at least on the calendar! Not surprisingly, a number of people have plans to be away during the summer months. Others want to keep their Friday nights free to allow for some last minute weekend getaways. And yet others, simply need a little time with less on the schedule to refresh and enjoy this glorious season.

So, we have decided to **SUSPEND** the weekly meetings until early September. **There will be no Faith on Fire prayer meetings in July or August.** Fear not! We fully intend to start things back up in September.



81st Annual Pilgrimage to Shrine of St. Ann in Cormac

Sunday July 28th, with Archbishop Michael Mulhall and Father Brian J. T. Clarke. The theme this year will be "Ordinary Disciples, Extraordinary Call". The Mass will be celebrated at 11 am with The Archbishop presiding. A Mass of Healing will be celebrated at 2 pm. Preferential seating in the shade will be given to those with lawn chairs. Religious articles, St. Ann's Mass League Memberships and food and refreshments will be available. Everyone welcome. www.cormacpilgrimage.com For Kingston bus please contact Fr. Dan Ryan at dan1942ryan@gmail.com

A WEE MUSICAL NOTE!!!!



THANK YOU, THANK YOU, THANK YOU!!!

Our wonderful choir, many pictured here taking a break from rehearsal with music director Jeffrey Moellman, will be taking a well-deserved summer break after this Sunday's Masses. It has been a very, very busy year musically for you and you have adorned our Sacred Liturgies with music which has been truly heavenly. We are so very, very blessed. On my own and on behalf of the parishioners of St. Mary's, I would like to express my deep gratitude to each of you who volunteer so many hours to prepare for and who musically accompany the Sacred Liturgies. Our liturgical prayer is enhanced so much by your presence. May God grant each of you a very restful, restorative summer!!!! God bless you all!!!!

In Christ, Father Shawn



Scientifically proven to be 99% effective & 100% natural. Come learn about the Billings Ovulation Method which is based on a woman's naturally occurring signs of fertility and infertility. Next clinic is Mon. June 24th at St. Paul the Apostle Church from 7-8 pm (patio entrance). Call us at (613) 544-8495 or email: kingston@naturalfamilyplanning.ca

EUCCHARISTIC ADORATION



During a Holy Hour before the Blessed Sacrament you can experience a peace of heart that the world cannot give, a peace that only Jesus can give you. In our noisy and troubled world, there is a great need to experience this peace. It can give you strength to face the difficulties of life and courage to carry your sufferings united to the cross of Jesus. You will discover the love that Jesus has for you personally. It is at the feet of Jesus that you will experience in a real way that Jesus loves you for who you are despite your faults and failings. There you will find out that

you are not alone, that Jesus is with you. There is no better place than in the presence of Jesus in the Blessed Sacrament, to present our requests and express our needs. The time that you spend with Jesus is more precious than any other time. St. Teresa of Calcutta said, “The best act we can perform is to spend at least one hour each week before the Blessed Sacrament.”

What do you actually do during adoration? To pray before the real presence of Our Lord, exposed in the monstrance means that you can have some time alone with Jesus to recite your favourite prayers, meditate on Scripture, contemplate acts of faith, hope, charity, give thanksgiving, offer reparation, pray a rosary or do whatever type of prayerful devotion that suits you before Our Lord. Or, most powerfully, you can enter into the silence of Adoration, just being, just as you would with an old dear friend.

There are 168 hours in a week and Jesus is calling each of us to spend just one hour a week with Him. Let us return love for Love responding to His invitation: “Could you not keep one hour watch with Me?” (Matthew 26:40).

To sign up for an hour to pray before the very presence of Our Lord, please contact Natalie Holland at 613-876-1801; nholland@cogeco.ca

Pope Emeritus Benedict XVI on the feast of Corpus Christi:

The feast of *Corpus Christi* (The Body of Christ) is inseparable from the Holy Thursday Mass of *Cena Domini*, (The Supper of the Lord) in which the institution of the Eucharist is also celebrated. While on the evening of Holy Thursday we relive the mystery of Christ who offers Himself to us in the bread broken and wine poured out, today, in celebration of *Corpus Christi*, this same mystery is proposed for the adoration and meditation of God’s people, and the Blessed Sacrament is carried in procession through the streets of towns and villages, to show that the risen Christ walks among us and guides us toward the Kingdom of Heaven. Today we openly manifest what Jesus has given us in the intimacy of the Last Supper, because the love of Christ is not confined to the few, but is intended for all. This year during the Mass of Our Lord’s Last Supper on Holy Thursday, I pointed out that the Eucharist is the transformation of the gifts of this land – the bread and wine – intended to transform our lives and usher in the transformation of the world.

THE CONGREGATION OF NOTRE DAME'S CONTINUING CELEBRATION OF THE 400TH ANNIVERSARY OF THE BIRTH OF ST. MARGUERITE BOURGEOYS

Dear Parishes

The sisters and associates of the Congregation de Notre-Dame will celebrate a very special anniversary in 2020: the 400th anniversary of the birth of their foundress, Saint Marguerite Bourgeoys, born in Troyes, France on April 17, 1620. Together with all the Congregation's friends worldwide, the sisters wish to share their joy. Throughout this year from April 2019 - April 2020, various activities will highlight this event.

One of these events is a presentation of Marguerite's life. Who was this woman and why do we highlight her anniversary? Our sisters have created a PowerPoint Presentation introducing Marguerite Bourgeoys, the Congregation de Notre Dame and the History of the CND in the Kingston Archdiocese. They would like to offer to come to your parish to share this interactive presentation. This could be done as a parish wide event or for a specific parish group (For example: Knights of Columbus, Catholic Women's League, Parish Council, Youth Ministry, Faith Development Group, etc.)

The presentation would be one hour in length. With a welcome and intro, 30-minute PowerPoint presentation, and then an exchange / dialogue with closing song and prayer.

The Sisters and Associates of the Congregation de Notre Dame are willing to come to your parish at any point over the next year. If interested, please contact Sr. Marijke Gerretsen, CND mgerretsen@hotmail.com or Tel: 343 333 4523 to book a presentation or for more information.

In Christ,

The Sisters and Associates of the Congregation de Notre Dame
Archdiocese of Kingston





Meditation of Archbishop Pizzaballa, Latin Patriarch of Jerusalem, for the Solemnity of Corpus Christi

Recently, we celebrated the Feast of the Most Holy Trinity, and we said that to understand this mystery we could only use the language of love: “God so loved the world that He gave His Son...” (Jn 3:16).

The Solemnity of Corpus Christi makes us take one step further, and it tells us something about *how* God loves, about the way that God chose to so love the world. And it tells us that this “*how*” passes through His Body.

Chapter 6 of the Gospel of John, from which is taken the reading that we hear today, recounts the great discourse of Jesus in the synagogue in Kfar Nahum: after multiplying the bread (Jn 6:1-15), after crossing the lake during the tempest (Jn 6:16-21), Jesus stops and explains the miracle of the loaves. And He says that the only bread capable of nourishing and giving life can only be His Body, and that the only way to access the love of God is to pass through His Body.

In this Body, Jesus poured out – St. Paul would say He “emptied” Himself within (cf. Phil 2) – the entire life of God, all the love with which God loves, all His feelings, His thoughts. The Body of a man is filled with the life of God. On this Body descended and remained the Holy Spirit Who filled it from within.

It is with this Body that Jesus loved those whom He met, those He approached, those He looked at and saw, He felt compassion for them, those He touched and allowed to touch; He allowed to perfume. He laid hands on, He caressed, He listened, He spoke. He felt hunger and thirst, tiredness and fear, He shared the way, He sat at table, He tried tenderness and anger. He prayed to the Father. This Body healed and saved, wherever it went.

At the Last Supper with His friends, Jesus made this Body the sign of His definitive presence among us, He gave it and made this eternal gift through a memorial: this Body remains in the Eucharist always. This Body, on the cross, has been taken and broken.

Now Jesus says that whoever feeds on this Body – the evangelist used the term “flesh” to say the same thing – will live forever: “I am the bread, come down from heaven. If anyone eats this bread, he will live forever and the bread that I will give is my flesh for the life of the world” (Jn 6:51).

That is, whoever feeds on this life, given completely, takes on itself a new life that silently transforms it from within. And, in turn, enables one to live the Body as a gift, offered in order to enter into communion with other bodies, with other lives. It enables one to live the body as Eucharist, because our body is the great sacrament by which each one is priest, on which he is called to repeat the words: “Take and eat, this is my body”.

We heard that, faced with this Word, someone is scandalized: “Then the Jews began to discuss among themselves: “How can He give us his flesh to eat?” (Jn 6:51). Faced with this way of life, we, too, may be offended; a way in which the body is given as food so that the other may live. Yet there is no communion and there is no love – and so there is no life – if not through a body given.

The alternative is a body held tightly, closed in on itself, a prisoner of one’s need to survive, to be made a prisoner of fear by oneself. A body, lived as such, is only dedicated to death and loneliness. God, on the other hand, “invents” the possibility of having a Body to create a communion with us: He become man, and makes Himself bread.

He gives man the opportunity to live in his own body the same Eucharistic dynamic of self-giving, gratitude, communion, so that all may be involved in love, and then return all to the Father.

+Pierbattista



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