

# The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston  
The Most Reverend Michael Mulhall, Archbishop of Kingston



**ONE WHO IS  
FAITHFUL**  
IN A VERY LITTLE IS ALSO FAITHFUL IN MUCH,  
**AND ONE WHO IS  
DISHONEST**  
IN A VERY LITTLE IS ALSO DISHONEST IN MUCH.

LUKE 16:10

279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: [smarys@cogeco.net](mailto:smarys@cogeco.net) Web Site: [stmaryscathedral.ca](http://stmaryscathedral.ca)

Parish Office Hours: Monday to Friday 10 am to 4 pm, Closed 12 noon to 1 pm

## Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),  
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession: “The Light is On!”

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

**Masses:**

**Monday September 23rd**

7:45 am Special intentions, estate  
12:10 pm Martha Kromer

**Tuesday September 24th**

7:45 am Deceased Bishops, Priests  
and Deacons of Archdiocese, estate  
12:10 pm T. O. Siegmund family,  
anni.

**Wed. September 25th**

7:45 am Special intentions, estate  
12:10 pm John Jong Seo O

**Thursday September 26th**

7:45 am Deceased Bishops, Priests  
and Deacons of Archdiocese, estate  
12:10 pm Dickison family's  
intentions

**Friday September 27th**

7:45 am Earl Fjarlie, 6<sup>th</sup> anni.  
12:10 pm Living & deceased  
members of # 728 Knights of  
Columbus

**Saturday September 28th**

7:45 am Special intentions, estate  
5 pm Dorle Kromer

**Sunday September 29th**

8 am Intentions of Craig & Chantal  
Blondin  
10:30 am For the People  
7:30 pm Deceased members of  
Cosgrove & Barrett families

**Ministries**

**Saturday, Sept. 28<sup>th</sup>, 5 pm**

Altar Servers		
Lectors	Mark M.	Lynn P.
EM of the Eucharist	Adora J.	Anne H.

**Sunday, Sept. 29<sup>th</sup>, 8 am**

Altar Servers		
Lectors	Diane D.	Betty R.
EM of the Eucharist	Ann L.	Maria C.

**Sunday, Sept. 29<sup>th</sup>, 10:30 am**

Altar Servers		
Lectors	Connie A.	Pat B.
EM of the Eucharist	Betty G. Rita F. Bob C Domenica B. Karla C. Carmen D. Joe C.	

**Sunday, Sept. 29<sup>th</sup>, 7:30 pm**

Altar Servers	Students	
Lector	Sara B.	Hannah Q.
EM of the Eucharist	Lionel R.	Grace G.

**Please pray for our Sick:**

Mike Baines, Ruth Caron,  
Louise Doolan, Adam Lachine,  
Margaret Kavanagh, Janice  
Lumb, Maria Matias, Vernon  
Mulhall and Lynn Orellano.

**“It is essential that you pause from all distractions and activities of your day. Try to put the Lord at the centre of your attention and be totally present to Him.”** Karen L. Dwyer, PhD & Lawrence A. Dwyer, JD from WRAP Yourself in Scripture.

## 25th SUNDAY IN ORDINARY TIME

**Ministry Fair: This weekend. See posters.**

**This weekend after Masses: Campaign Life Coalition** will be picking up the **filled Coins for Life containers**. Thank you.

**Billings Life** clinic is Mon., Sept. 23rd at St. Paul the Apostle Church from 7-8 pm in room D (patio entrance). Call (613)544-8495 email: [kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca).

**Matthew: The King and His Kingdom** continues this Monday morning starting tomorrow Sept. 23<sup>rd</sup> at 9:30 am OR Wednesdays beginning this Wednesday, Sept. 25<sup>th</sup> at 7 pm. See posters.

**Rite of Christian Initiation (RCIA)** continues this Tuesday, Sept 24<sup>th</sup>, 7-9 pm.

**Knitting Group resumes:** Tuesday, Sept. 24<sup>th</sup> at 1:30 pm at the Parish Centre. We make infant sweaters and baby blankets for families in need through the HUGS program (Helping us Grow Strong) at KGH. New members welcome. For further information, Contact Cathy Allen at 613-548-4187 or [catpetallen@bell.net](mailto:catpetallen@bell.net).

**Cursillo School of Leaders:** Tuesday, September 24<sup>th</sup>, 7-9 pm  
**Salesian Spirituality : Live Today Well! A Retreat with St. Francis de Sales and St. Jane de Chantal** at the Catholic Pastoral Centre, 390 Palace, Kingston - Room A on Wednesday evenings – Sept 18, Sept 28, Oct 2, Oct 9 6:30 pm - 8pm  
**Red Mass** with Archbishop Mulhall presiding, Thursday, Oct. 3rd at 7 pm.  
**Solemn Sung Vespers** (Evening Prayer) on the Anniversary of the Consecration of the Cathedral. Friday, October 4<sup>th</sup> at 7 pm.

**PRAYING THE PSALMS WE PROCLAIM: Day of Reflection for Parish Musicians: Vocal and Instrumental: A mini-retreat day of reflection for parish musicians serving the Archdiocese of Kingston.** Sat., Oct. 5th, 9:30 am-2:30 pm, St. Paul the Apostle Church, 1111 Taylor Kidd Blvd.

**St. Joseph's Parish will celebrate Mass at St. Mary's Cemetery,** 718 Division St. on Sun., 22 Sept. at 2 pm. Bring a hat and lawn chair for comfort and convenience. In the event of rain, Mass will be at St. Joseph's Church at 392 Palace Rd.

**Our Lady of Lourdes CWL** will be holding a Fall Bazaar and Chili Luncheon (\$5.00 per person) on Sat., Sept. 28th from 10 am to 2 pm. Please contact Elizabeth Iori at 613-384-4812.

**Celebration in Honour of St. Francis of Assisi:** Pope Francis has designated September 1st to October 4th as a Season of Creation on care of our common home. Join the Secular Franciscan Fraternity and the Franciscan Friars of Kingston in celebrating, the death into new life, of St. Francis of Assisi. All are welcome. **Thurs., Oct. 3rd, at 7 pm** at St. John the Apostle Church, 88 Patrick St., Kingston. After the service all are invited to the hall for refreshments and a time of community building.

**St. Mary's Cathedral Parish Prayer Line** has over 30 intercessors willing to pray for your needs. To submit a prayer request contact Ann at 613-546-5521 Ext 5; [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

## **Contacts**

**Rector:** Father Shawn J. Hughes,  
[fathershawnjhughes@gmail.com](mailto:fathershawnjhughes@gmail.com)

**Associate-Pastor (Half-time)**  
Father Paul Mawalla  
[paul.mawalla54@gmail.com](mailto:paul.mawalla54@gmail.com)

**Deacon:** Deacon Blaine Barclay,  
[blainebarclay31@gmail.com](mailto:blainebarclay31@gmail.com)

### **In Residence:**

Father Dan Ryan  
Father Killian Eke  
Father Paul Finn

**Parish Office Administrator:**  
Suzanne, [smarys@cogeco.net](mailto:smarys@cogeco.net)

**Co-ordinator of Ministries,  
Pastoral Caring Coordinator, and  
Catholic Women's League**

**President:** Ann Lyng,  
[alyng@cogeco.ca](mailto:alyng@cogeco.ca)

**Music Director and Organist:**  
Jeff Moellman,  
[musicmoell@gmail.com](mailto:musicmoell@gmail.com)

**Children's Liturgy:** Laura Raycraft,  
613-328-0426,  
[stmaryschildliturgyoftheword@gmail.com](mailto:stmaryschildliturgyoftheword@gmail.com)

**Parish Council Secretary:** Ellen  
Hawman,  
[ellen.hawman@sympatico.ca](mailto:ellen.hawman@sympatico.ca)

**Knights of Columbus Council  
#728, Grand knight:** Ian Moore

**Finance Committee Chair:** Mark  
Levac, [mark@levacsupply.com](mailto:mark@levacsupply.com)

**University Chaplain:**  
Fr. R. de Souza,  
[rjdesouza@cardus.ca](mailto:rjdesouza@cardus.ca)

**Catholic Christian Outreach:**  
Stephanie Dresch: Campus Leader  
[stephanie.dresch@cco.ca](mailto:stephanie.dresch@cco.ca)

**Billings Method Natural Family  
Planning:** Ann Murray,  
[kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca)

**Creighton Model Fertility**  
Marianne Trevorrow MA ND  
[drmarianne@ionacare.ca](mailto:drmarianne@ionacare.ca)

**Serena, Sympto-Thermal Method  
of Family Planning:**  
[www.serena.ca](http://www.serena.ca)  
[serenakingston@gmail.com](mailto:serenakingston@gmail.com)

**Adoration:** Natalie Holland,  
[nholland@cogeco.ca](mailto:nholland@cogeco.ca)  
613-876-1801

**St. Mary's Refugee Sponsorship:**  
Angela Gambin,  
[smarysrefugee@gmail.com](mailto:smarysrefugee@gmail.com)



Children's Liturgy  
of the **Word**

continues each Sunday at the 10:30 am Mass. We are always looking for adults to assist with the Children's Liturgy. If you would be interested please contact Laura Raycraft at [laura.joel@hotmail.com](mailto:laura.joel@hotmail.com).

**Holy Name of Mary Marysville Harvest Time Bazaar & Tea** on Saturday September 28, 2019 from 1 pm to 3 pm. HOLY NAME OF MARY PARISH HALL (West of the Church & the Priest's house) Please Park in the Holy Name of Mary Church Parking Lot, 7288 Old Hwy 2, Marysville, Ontario K0K 2N0. Includes Baked Goods table, Country Store, Gently Used and handmade items tables, as well as the Religious Goods table and tickets for various draws. Tea is \$7/person.

**FALL CONCERT** On Thurs. 10 Oct., the local talents of Chris Murphy, Jon McClurg and Brian Flynn, will entertain at St. Joseph's Church, 392 Palace Rd. from 1-3 pm., in a Thanksgiving Day Concert. Please come, bring a friend or two, and enjoy two hours of music and fellowship. Light refreshments will be served. A free-will monetary offering would be appreciated.

**The Future of the Church of the Good Thief Property in Kingston: Repair, Renovation and Reuse of a Heritage Site**  
7pm Wednesday September 25 2019, Portsmouth Olympic Harbour, 53 Yonge St, Kingston ON; Sponsored by the Portsmouth District Community Association; a presentation by the Archives Project Team. The meeting is an opportunity to learn about the repurposing of the Church of the Good Thief as a Religious Archives and the development of the surrounding property for much needed residential housing.

**BIRTHRIGHT-** We are so grateful for your generous support for our "Change for Life" campaign. St. Mary's parishioners donated \$2273.06 and 2 friends of a parishioner donated \$2000.00. That brings the total for St. Mary's to \$4273.06. Thank you for partnering with us to help vulnerable women make a choice for life and help them to make a plan going forward which includes their precious child. May God bless you all.

**OKTOBERFEST 2019 - BLESSED SACRAMENT** - KofC COUNCIL 11524, SATURDAY OCTOBER 26th @ 6:30 PM Blessed Sacrament Church Hall, 3 Briscoe Street, Amherstview Music Provided By: Tim Hallman Good Friends, Good Food, Good Music Cost: \$20.00 per person - ADVANCE TICKETS REQUIRED Ticket Sales Cut off October 20th, 2019. For Tickets Please Call: Paul Godfrey at 613-384-2671

**CELEBRATING THE DEATH INTO NEW LIFE OF ST. FRANCIS OF ASSISI, Thursday, October 3rd at 7:00 pm, at St. John the Apostle Church, Patrick and Quebec Streets, Kingston.** Join the Secular Franciscan Fraternity and the Franciscan Friars of Kingston for this celebration. All are welcome. After the service all are invited to the hall for refreshments and a time of community building.

**COINS for Life: Please return your Coins for Life containers if you have not already done so.** Thank you and God bless you for your generosity. Sponsored by Campaign Life Coalition -389-4472 or 382-1084.



# Family Picnic

**Family Picnic at the Parish Centre:** First Sunday of every month beginning Sunday, October 6<sup>th</sup>, after the 10:30 Mass, at St Mary's Parish Centre. An opportunity for couples, parents, and children to meet and to enjoy coffee and a simple lunch together. There will be activities for children, all are welcome. Suggested donation \$5 per family. [ourladymission@gmail.com](mailto:ourladymission@gmail.com).

**DATES FOR SESSIONS 2 TO 11**

**CONTINUES THIS MONDAY MORNINGS SEPT.23 TO DECEMBER 2 9:30 - 11:30**

**WEDNESDAY EVENINGS: SEPT. 24 TO Nov. 27, 7 to 9 pm**

# MATTHEW



## *The King and His Kingdom*

**COST: \$40 FOR PARTICIPANT WORKBOOK**

**LOCATION: ST. MARY'S PARISH CENTRE**

**To register or for information contact Ann: [alyng@cogeco.ca](mailto:alyng@cogeco.ca)**

**or 613-546-5521 ext. 5**

**JEFF CAVINS AND SARAH CHRISTMYER**



### SEARCHING FOR AND MAINTAINING PEACE by FATHER JACQUES PHILIPPE

We live in a day and age characterized by an extraordinary amount of agitation and lack of peace. This tendency manifests itself in our spiritual as well as our secular life. In our search for God and holiness, in our service to our neighbor, a kind of restlessness and anxiety take the place of the confidence and peace which ought to be ours. What must we do to overcome the moments of fear and distress which assail us all too often in our lives? How can we learn to place all our confidence in God and abandon ourselves into his loving care? This is what is taught in this simple, yet profound little treatise on peace of heart. Taking concrete examples from our everyday life, the author invites us to respond in a Gospel fashion to the upsetting situations we must all confront. Since peace of heart is a pure gift of God, it is something we should seek, pursue and ask him for continually. This book and the study of it is here to help us in that pursuit. This study will be led by Father Shawn. **PLEASE NOTE DATES CHANGE:** It will be offered Thursdays, 7-9 pm and repeated Fridays, 2 - 4 pm beginning Nov. 14/15 and continue for four sessions to Dec. 5/6. To register and order your book please contact Ann Lyng at [alyng@cocego.ca](mailto:alyng@cocego.ca)

**One Day Life in the Holy Spirit Seminar** at St. Paul the Apostle Church Hall, Saturday, November 2, 2019 hosted by the Faith on Fire Prayer Community. Speakers: Fr. Ben St. Croix, CC, Miriam Wright & Fr. Richard Whalen. For more information or to register please contact Cheryl at 613-929-0777 or email [faithonfirekingston@gmail.com](mailto:faithonfirekingston@gmail.com). Registration fee \$30 (students \$15) pay at the door. Please register by October 28th.



# The Archdiocese of Kingston's Annual RED MASS

Thursday, October 3<sup>rd</sup>, 2019 at 7 pm The Cathedral of St. Mary of the Immaculate Conception:  
Most Reverend Michael Mulhall, Archbishop of Kingston, presiding.

## **Attention all judges, lawyers, and all who work in the justice system.**

**On Thursday, October 3<sup>rd</sup>, 2019, Archbishop Mulhall will be celebrating the Red Mass** at 7 pm in St Mary's Cathedral (Johnson St at Clergy). The Red Mass, which is offered particularly for those in the legal profession, (lawyers, judges, clerks, court reporters, court security officers, legal assistants, receptionists, and students and professors of the Faculty of Law), is generally celebrated close to the opening of the courts, which commences the judicial year. The tradition of the Red Mass has been celebrated since the 13<sup>th</sup> century. All who work in the justice system are most welcome and encouraged to attend this Mass. Everyone else is very welcome as well. A wine and cheese reception will follow in St. Mary's Parish Centre. If you require further information please contact Christina Rorabeck at 613-545-9896 or [christina@rstlaw.ca](mailto:christina@rstlaw.ca) or Father Shawn at [fathershawnjhughes@gmail.com](mailto:fathershawnjhughes@gmail.com)

**We will celebrate the 171st anniversary of the  
Consecration of the Cathedral in 1848 with**

## **Solemn Sung Vespers (Evening Prayer)**

**Friday, October 4<sup>th</sup>, 2019 at 7 pm**

**The choir will lead us in this beautiful prayer of thanksgiving**

Vespers is the sunset evening prayer service of thanksgiving in the Catholic and Orthodox liturgies of the Liturgy of the Hours. The prayer consists of an opening hymn, three chanted psalms giving thanks for the day, a brief reading from Scripture, the Magnificat, formal prayer intentions, the Our Father and a closing prayer. This prayer is led by a presider and choir, with the music under the direction of Jeff Moellman. Please join us for this very beautiful prayerful event.



**FAITH on FIRE Prayer Group** – You are warmly welcomed to join **weekly** evenings of Praise and Worship, Prayer, and Fellowship at **St. Paul the Apostle (Room D – street side entrance)** on **Wednesdays from 7- 9 pm** beginning **Wed. Sep 18th**. Step into the “current of grace” and discover what it means to be fully alive and how to use your charisms to build up the Church! For more information contact us at [faithonfirekingston@gmail.com](mailto:faithonfirekingston@gmail.com).

**An Introduction to Prison Ministry: Wednesday Evenings from 6:30 – 8:30 pm, Oct. 16 to Nov. 20 at the Pastoral Centre, 390 Palace Rd.** Have you ever wanted to do some type of Prison Ministry but weren't sure what's involved or how to go about it? This workshop series is designed for you. Over the course of 6 weekly, 2-hour sessions, participants will be introduced to key aspect, skills and themes surrounding this ministry. Some of the topics include: Call to Prison Ministry, Communication skills, boundaries, restorative justice, self-care and prison culture. For more information contact Mary-Jo or Goretta at [ore@romancatholic.kingston.on.ca](mailto:ore@romancatholic.kingston.on.ca) / 613-548-4461.



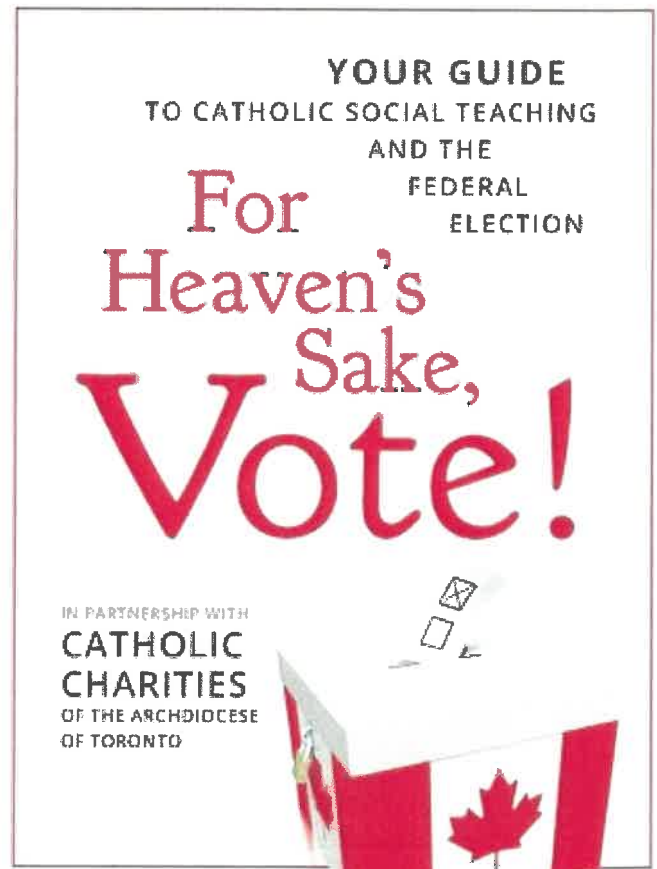
This booklet is available at the doors of the Church for \$3 each. Please pick one up and take it home and prayerfully study it as you prepare your vote. Our actions matter, and so does our vote, because it can turn our country's government towards greater justice. Our vote can lead to greater economic security and opportunity, or marginalization and hopelessness – for the peoples of Canada and for our brothers and sisters in need around the world. In this booklet, learn more about what the Catholic Church teaches about seven key topics: human dignity • poverty • homelessness • health care • Indigenous issues • newcomers • the environment. As you prepare to cast your vote in the federal election, find out how the various parties plan to address these issues. Your voice matters – so for heaven's sake, vote!

This booklet is available at the doors of the Church for \$3 each. Please pick one up and take it home and prayerfully study it as you prepare your vote.

N.B. Please don't just vote the way you always have or how your family always voted. The parties have each changed drastically in what they do and do not value that even in the past 20 years they have all changed their values, some for better, some for worse. Our responsibility as Christian citizens is to vote for those candidates whose values are aligned (or closest aligned if none are directly aligned) to the values taught by Our God in the Flesh, Our Lord and Saviour, Jesus Christ.

One journalist, Andrew Coyne, in reflecting on the way journalists cover elections opined: "We have an unfortunate tendency in our trade to cover the campaign, rather than the election – who's up, who's down, how the parties are or should be positioning themselves on a given issue, *as opposed to what's right, what's wrong and which party's position is closest to truth.*" National Post. p. A6, Sept. 12, 2019.

In informing ourselves as for whom we will vote as Catholics we surely should be focussed on what's right, what's wrong and vote for the party whose position we have ascertained is closest to the truth.



**TICKETS ON SALE THIS WEEKEND: THEY ALWAYS GO QUICKLY. BE SURE AND GET YOURS EARLY!**



**ITALIAN DINNER FUNDRAISER**

**6 pm, Saturday, November 9th!**

**Domenica, Wilma, Pina, Santina and their Italian friends are back...COOKING UP A STORM** in St. Mary's Parish Centre-260 Brock St. Authentic Italian Dinner includes homemade ravioli, salad, chicken alla francesca, potatoes, vegetables, dessert, coffee/tea and a glass of wine...all for just \$50.00! **Funds will go towards the Sanctuary Floor Fund.** The hope of the ladies is to

have fundraisers until we can replace the very old thread bare carpet with marble which will never need to be replaced again. For tickets, please contact Domenica Braccioldieta at 613-546-4934 or contact Suzanne at the Parish office 613-546-5521 ext. 3. Please support this very generous group, many of whom are from parishes all over the city. All the food is being donated so the cost of admission goes 100% to replacing the sanctuary floor. Volunteers needed for serving and cleaning, please contact Suzanne/Domenica to sign up to help.



**ST. MARY'S CATHEDRAL  
MINISTRIES FAIR**



**AFTER ALL MASSES THIS  
WEEKEND AND NEXT**

**Where is GOD calling YOU to serve?**

- **TALK WITH MINISTRY LEADERS AND OTHER PARISHIONERS INVOLVED IN MINISTRY**
- **DISCOVER WHERE GOD IS CALLING YOU TO SHARE YOUR GIFTS OF FAITH, TIME AND TALENTS BECOME MORE ACTIVE IN PARISH LIFE AND MEET NEW FRIENDS**
- **LEARN MORE ABOUT THE OPPORTUNITIES TO SERVE IN OUR PARISH COMMUNITY**



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