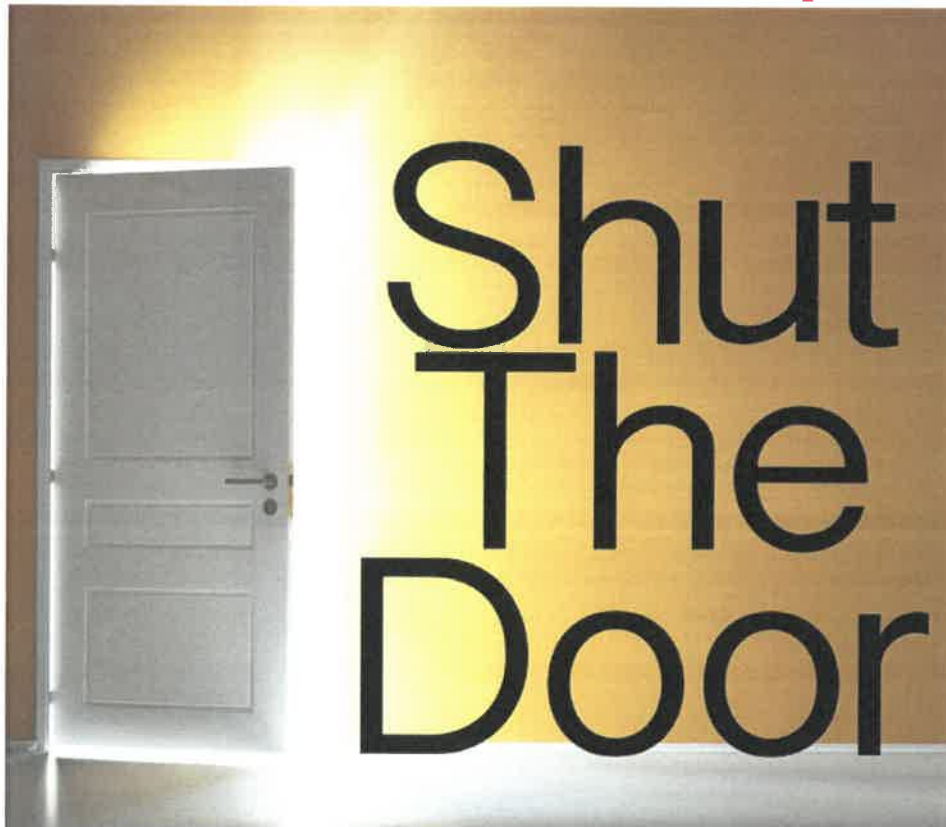


The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Michael Mulhall, Archbishop of Kingston



279 Johnson Street, Kingston, ON K7L 1Y5

Telephone: 613-546-5521, Fax: 613-546-1947

email: smarys@cogeco.net Web Site: stmaryscathedral.ca

Parish Office Hours: Monday to Friday 10 am to 4 pm, Closed 12 noon to 1 pm

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm

Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession: "The Light is On!"

One half hour before each Mass held in the Cathedral

Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

Masses:**Monday September 9th**

7:45 am Intentions of the Arsenault family
 12:10 pm Ellis Reid, 1st anni.

Tuesday September 10th

7:45 am Special intention
 12:10 pm Patricia McDonald, deceased members of McDonald & Murray families

Wed. September 11th

7:45 am Special intention
 12:10 pm Intentions of Mary Ellen Douglas

Thursday September 12th

7:45 am Special intention
 12:10 pm Roberta Viquiera

Friday September 13th

7:45 am Special Intention
 12:10 pm Remi Sison's Intentions

Saturday September 14th

7:45 am Special Intentions
 5 pm Lidwien Gräfe

Sunday September 15th

8 am Intentions of Craig & Chantal Blondin
 10:30 am For the People
 7:30 pm Joan and Douglas Barry

Ministries Sat. Sept. 14, 5 pm

Altar Servers	
Lectors	Lynn P. Mark M.
EM of the Eucharist	Doug S. Jacqueline O'C

Sunday, Sept. 15th, 8 am

Altar Servers	
Lectors	Dan K. Sarah B.
EM of the Eucharist	Maria C. Diane D.

Sunday, Sept. 15th, 10:30 am

Altar Servers	
Lectors	Ed M. Mark L.
EM of the Eucharist	Dianne I Grace G Joe C Carmen D. Betty G. Rita F. Bob C.

Sunday, Sept. 15th, 7:30 pm

Altar Servers	Students
Lector	Michelle S. Hannah Q.
EM of the Eucharist	Pene L. Lionel R.

Please pray for our Sick:

Mike Baines, Ruth Caron, Ken Davies, Louise Doolan, Adam Lachine, Janice Lumb, Maria Matias, Vernon Mulhall, Lynn Orellano, Joanie Sagriff and Irene Smith.

23rd SUNDAY IN ORDINARY TIME

TODAY: Hospitality Sunday, this Sunday after both 8 am and 10:30 am Masses. Join us for a wee sweet, a cup of Java and meet some of your fellow parishioners!

Latin Mass Sept. 8th, 3 pm, St. James Chapel.

Children's Liturgy of the Word resumes Sunday, Sept 8th at the 10:30 am Mass. We are always looking for adults to assist with the Children's Liturgy. If you would be interested please contact Laura Raycraft at laura.joel@hotmail.com.

Knights of Columbus resumes: Tuesday, September 10th, 7-9 pm

Cursillo Ultreya: Sunday, 2-4 pm, St. Mary's Parish Centre

Catholic Women's League resumes: Tuesday, Sept. 17th, 7-9 pm

Rite of Christian Initiation (RCIA) resumes: Tuesday, Sept. 17th, 7-9 pm

Men's Ministry resumes: Saturday, September 21st, 7 am to 9 am.

Cursillo School of Leaders: Tuesday, September 24th, 7 -9 pm

OUR SACRISTAN LOUISE MELOCHE SAYS GOOD-BYE

Dear Parishioners, Colleagues and Clergy of St. Mary's Cathedral:

Following a fervent prayer, at a time when I was a lapsed Catholic but seeking a deeper experience of God and spiritual nourishment, I met Father Shawn. A year later, I became the sacristan at this cathedral. In the sacristy, I was surrounded by the Blessed Sacrament in the chapel and in the church. Every day I would hear prayers, Masses and rich homilies and teachings. When my declining physical ability started to interfere with my work, I discussed this with Father Shawn. It was immediately after Easter this year, and we agreed on a plan of action to find a replacement within the year. The time has now come and September 13 will be my last day in this role. Thank you for your prayers, your support and your friendship. Thank you to all who helped me with my work. A most heartfelt thank you to Father Shawn for his support as I learned my new work but most importantly for finding me and for leading me back to God. I will continue to pray for the parish here at St. Mary's, and ask for your prayers in return. Louise Meloche. "This is only possible because, as it were, God comes to meet us on the mountain." – *A History of God*, Karen Armstrong, p. 128.

OUR NEW SACRISTAN SAYS HELLO

I was born in Zimbabwe and grew up in South Africa. I am truly blessed to have a mother who is a nature enthusiast and from whom I learned a love of the African bush. Despite my now rare visits to South Africa, the wonderful memories of my time in the bush remain a strong influence in my commitment to stewardship of the astonishing bounty and beauty of the natural world which God created for us.

Most recently, I worked as an ECE. (Early Childhood Educator). I have very much enjoyed my time with the young children, especially the opportunity to share the Catholic faith with the kindergarten children in their daily lives.

I am very excited to join the staff at St. Mary's Cathedral as a sacristan. I believe that the Lord has led me to this position as an opportunity to offer an increased portion of my day in prayer and service. Bernadette Egan



The Cathedral Choir sings for 10:30am Mass, and has its first rehearsal of the season on Monday, September 9. Refreshments begin at 6:30pm on the Cathedral lawn, and rehearsal runs from 7:00 to 9:00pm.

Contacts

Rector: Father Shawn J. Hughes,
fathershawnjhughes@gmail.com

Associate-Pastor (Half-time)
Father Paul Mawalla
paul.mawalla54@gmail.com

Deacon: Deacon Blaine Barclay,
blainebarclay31@gmail.com

In Residence:

Father Dan Ryan
Father Killian Eke
Father Paul Finn

Parish Office Administrator:
Suzanne, smarys@cogeco.net

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women's League**

President: Ann Lyng,
alyng@cogeco.ca

Music Director and Organist:
Jeff Moellman,
musicmoell@gmail.com

Children's Liturgy: Laura Raycraft,
613-328-0426,
stmaryschildliturgyoftheword@gmail.com

Parish Council Secretary: Ellen
Hawman,
ellen.hawman@sympatico.ca

**Knights of Columbus Council
#728, Grand knight:** Ian Moore

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

Creighton Model Fertility
Marianne Trevorrow MA ND
drmarianne@ionacare.ca

**Serena, Sympto-Thermal Method
of Family Planning:**
www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary's Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

Are You or Someone You Know thinking of becoming a Catholic or interested in learning more about the Catholic Faith?

Consider joining The Rite of Christian Initiation of Adults (RCIA). RCIA is an Initiation Process into the Catholic Faith for Adults who a) have never been baptized, or b) are Christians baptized in another Faith Tradition seeking now to be received into full communion with the Catholic Church, or c) for Catholics who are baptised, but who have not received either their first Holy Communion and/or the Sacrament of Confirmation and who now wish to complete their Christian initiation.

All those planning on taking the course must meet initially with either Father Shawn, fathershawnjhughes@gmail.com or Deacon Blaine at bbarclay31@me.com. Please contact one of us for an appointment.

For members of the parish: If you know someone who is interested let them know about this process or give their contact information to Deacon Blaine or Father Shawn. Missionary Disciples go out of their way to draw people to Jesus Christ and His Church.

***Rite of Christian Initiation (RCIA) resumes:
Tuesday, September 17th, 7-9 pm***



St. Mary's Cathedral Council of the Catholic Women's League

will be having their fall general meetings on Tuesday evenings September 17, October 15 and November 19, from 7 to 9 pm, at the Parish Centre. Women from our parish, of all ages and backgrounds, are invited to become members. Membership fee is \$25 per year. Meetings are held monthly on the third Tuesday of every month and have a spiritual, social and business component. Spiritual guidance at our meetings will be provided by our spiritual advisor, Father Shawn. If you wish to grow in your faith while serving our community in fellowship with other members come and learn more about the CWL! For more information or to arrange a ride to the meetings, please contact CWL President, Ann Lyng at 613-546-5521 Ext 5; alyng@cogeco.ca

Duc In Altum 2019-20 Info Night Calling all young adults in their 20's & 30's! We invite you to attend an **info night** about an awesome opportunity in our archdiocese for young adults: "**Duc In Altum**" (Latin for "Put Out Into the Deep"). This experience consists of an opening & closing retreat weekend away and 6 Saturday sessions once a month throughout the year. We invite you to journey with other Catholic young adults in faith and fun! Join us for our info night on **Tuesday, September 17th at 7pm** at the Diocesan Centre (390 Palace Road, Kingston). For more info contact Nadia Gundert at youth@romancatholic.kingston.on.ca or call 613-484-2446. See the posters on the bulletin boards.

Our Lady of Lourdes Parish, Kingston will be hosting its annual fundraising event, *An Evening of Tasting, on Saturday, September 21, 2019*. This event will feature A variety of wine, scotch and craft beer along with a variety of tasty appetizers from our parish kitchen. Tickets are \$45. For further information, Contact Elaine Clark, 613 389 1276 or Marianne Murphy. 613 888 4368.



**ALL MEN OF KINGSTON: MARK YOUR CALENDAR
MEN'S MINISTRY RESUMES SATURDAY,
SEPTEMBER 21st, 7 am to 9 am in St. Mary's Parish Centre. All
men, 21 yrs. old and above, are invited to join us for great food,
great fellowship and great faith.**

**Salesian Spirituality : Live Today Well!
A Retreat with St. Francis de Sales and St. Jane
de Chantal**

Place: Catholic Pastoral Centre, 390 Palace, Kingston - Room A

Dates: Wednesday evenings – Sept 18, Sept 28, Oct 2, Oct 9

Time: 6:30 pm - 8pm

Facilitator: Robert Mundle, MDiv, ThM, STM, RP, CSCP -

Consecrated member of the Society of the Sons of St. Francis de Sales

Objective: Participants will benefit from the practical wisdom and model of spiritual friendship demonstrated by

St. Francis de Sales (1567-1622) and St. Jane de Chantal (1572-1641). We will explore their rich legacy of writings about the devout life and spiritual direction and draw on their guidance based in Catholic doctrine to help us meet the many challenges we face in our daily lives that can distract us from the universal call to holiness. Sessions will include instruction on the Salesian tradition, as well as time for group prayer, reflection and faith sharing.

Fee: \$10 per participant;

- Sessions:
- (1) Introduction to the Salesian spiritual tradition
 - (2) Living the "Little Virtues" - humility, gentleness, and simplicity
 - (3) Duty of State; and Spiritual Detachment
 - (4) Intention: The key to spiritual perfection; and Spiritual Friendship



**Saint Francis de Sales
and the Salesians**

A Spirituality for the Modern World

SEARCHING FOR AND MAINTAINING PEACE by FATHER JACQUES PHILIPPE

We live in a day and age characterized by an extraordinary amount of agitation and lack of peace. This tendency manifests itself in our spiritual as well as our secular life. In our search for God and holiness, in our service to our neighbor, a kind of restlessness and anxiety take the place of the confidence and peace which ought to be ours. What must we do to overcome the moments of fear and distress which assail us all too often in our lives? How can we learn to place all our confidence in God and abandon ourselves into his loving care? This is what is taught in this simple, yet profound little treatise on peace of heart. Taking concrete examples from our everyday life, the author invites us to respond in a Gospel fashion to the upsetting situations we must all confront. Since peace of heart is a pure gift of God, it is something we should seek, pursue and ask him for continually. This book and the study of it is here to help us in that pursuit. This study will be led by Father Shawn. It will be offered Thursdays, 7-9 pm and repeated Fridays, 3 – 5 pm beginning October 17/18th and continue for four sessions. To register and order your book please contact Ann Lyng at alyng@cocego.ca



One Day Life in the Holy Spirit Seminar at St. Paul the Apostle Church Hall, Saturday, November 2, 2019 hosted by the Faith on Fire Prayer Community. Speakers: Fr. Ben St. Croix, CC, Miriam Wright & Fr. Richard Whalen. For more information or to register please contact Cheryl at 613-929-0777 or email faithonfirekingston@gmail.com. Registration fee \$30 (students \$15) pay at the door. Please register by October 28.

MATTHEW

The King and His Kingdom



A 24-Part Bible Study Featuring Jeff Cavins



EACH SESSION BEGINS WITH A DVD TEACHING FOLLOWED BY SMALL GROUP DISCUSSION AND FELLOWSHIP

Matthew: The King and His Kingdom

shows how Jesus fulfills God's promises to Israel and establishes his kingdom on earth. Through references to the Old Testament promises of God to his people and the messages God sent them through the prophets, *Matthew* provides the key to understanding the rest of the New Testament and Christ as the fulfillment of God's plan.

Jeff Cavins explains how Jesus is challenging and empowering us to achieve a new level of holiness and how, to live it, we must be thoroughly immersed in the kingdom of heaven on earth, the Church.

DATES FOR SESSIONS 1 TO 11

MONDAY MORNINGS

SEPTEMBER 16 TO DECEMBER 2, 2019

9:30 AM TO 11:30 AM

OR

WEDNESDAY EVENINGS

SEPTEMBER 18 TO NOVEMBER 27, 2019

7:00 PM TO 9:00 PM

COST:

\$40 FOR PARTICIPANT WORKBOOK

LOCATION:

**ST. MARY'S PARISH CENTRE
260 BROCK STREET**

TO REGISTER OR FOR INFORMATION CONTACT

Ann at 613-546-5521 Ext 5; alyng@cogeco.ca

SESSIONS 12-24 WILL BE OFFERED IN 2020

DEADLINE TO REGISTER AND ORDER WORKBOOKS IS MONDAY, SEPTEMBER 2

The Archdiocese of Kingston's Annual **RED MASS**

Thursday, October 3rd, 2019 at 7 pm The Cathedral of St. Mary of the Immaculate Conception:
Most Reverend Michael Mulhall, Archbishop of Kingston, presiding.

Attention all judges, lawyers, and all who work in the justice system.

On Thursday, October 3rd, 2019, Archbishop Mulhall will be celebrating the Red Mass at 7 pm in St Mary's Cathedral (Johnson St at Clergy). The Red Mass, which is offered particularly for those in the legal profession, (lawyers, judges, clerks, court reporters, court security officers, legal assistants, receptionists, and students and professors of the Faculty of Law), is generally celebrated close to the opening of the courts, which commences the judicial year. The tradition of the Red Mass has been celebrated since the 13th century. All who work in the justice system are most welcome and encouraged to attend this Mass. Everyone else is very welcome as well. A wine and cheese reception will follow in St. Mary's Parish Centre. If you require further information please contact Christina Rorabeck at 613-545-9896 or christina@rstlaw.ca or Father Shawn at fathershawnjhughes@gmail.com

Virtual Yard Sale is ready for viewing and buying

View items and buy online at:

maxsold Kingston (Ontario, Canada) Downsizing Online Auction - Hwy 2 East

<https://maxsold.maxsold.com/auction/kingston-ontario-canada-downsizing-online-auction-hwy-2-east-17889/bidgallery/>

Questions? Contact Natalie Holland 613-876-1801

Funds raised will be used to support the projects of The Catholic Women's League.

An Introduction to Prison Ministry: Wednesday Evenings from 6:30 – 8:30 pm, Oct. 16 to Nov. 20 at the Pastoral Centre, 390 Palace Road. Have you ever wanted to do some type of Prison Ministry but weren't sure what's involved or how to go about it? This workshop series is designed for you. Over the course of 6 weekly, 2-hour sessions, participants will be introduced to key aspect, skills and themes surrounding this ministry. Some of the topics include: Call to Prison Ministry, Communication skills, boundaries, restorative justice, self-care and prison culture. For more information contact Mary-Jo or Gorett at ore@romancatholic.kingston.on.ca / 613-548-4461.

COINS FOR LIFE: Representatives from Campaign Life Coalition would like to pick up the filled Coins for Life containers after the Masses next Saturday and Sunday or Saturday **and Sunday, September Sept. 21/22, 2019**

PRAYING THE PSALMS WE PROCLAIM: Day of Reflection for Parish Musicians: Vocal and Instrumental: *A mini-retreat day of reflection for parish musicians serving the Archdiocese of Kingston.* Saturday, October 5th, 2019, 9:30 a.m. - 2:30 pm at Saint Paul the Apostle Church, 1111 Taylor Kidd Blvd, Kingston. Facilitator: Deacon Bill Gervais. This mini retreat for parish musicians will invite participants to reconnect with the psalms they sing each Sunday. Through a series of talks, guided prayer, silent reflection and small group discussions participants will discover the power of the psalms they proclaim, their meaning and how to pray with them. Registration is required. Refreshments and Lunch will be provided. Free-will offering. Registration is required. Contact Gorett Da Silva 613-548 -4461, email ore@romancatholic.kingston.on.ca



**Mark your Calendars:
ITALIAN DINNER FUNDRAISER
6 pm, Saturday, November 9th!**

Domenica, Wilma, Pina, Santina and their Italian Friends are back COOKING UP A STORM

In St. Mary's Parish Centre-260 Brock St. Authentic Italian Dinner includes homemade ravioli, salad, chicken alla francesca , potatoes, vegetables, dessert, coffee/tea and a glass of wine...all for just \$50.00!
Funds will go towards the Sanctuary Floor Fund. The hope of the

ladies is to have fundraisers until we can replace the very old thread bare carpet with marble which will never need to be replaced again. For tickets, please contact Domenica Braccioldi at 613-546-4934 or contact Suzanne at the Parish office 613-546-5521 ext. 3. Please support this very generous group, many of whom are from parishes all over the city. All the food is being donated so the cost of admission goes 100% to replacing the sanctuary floor. Volunteers needed for serving and cleaning, please contact Suzanne/Domenica to sign up to help. **TICKETS WILL BE ON SALE AT ALL MASSES ON THE WEEKEND OF SEPTEMBER 21/22.**



FAITH on FIRE Prayer Group – You are warmly welcomed to join **weekly** evenings of Praise and Worship, Prayer, and Fellowship at **St. Paul the Apostle (Room D – street side entrance)** on **Wednesdays from 7- 9 pm** beginning **Wed. Sep 18**. Step into the “current of grace” and discover what it means to be fully alive and how to use your charisms to build up the Church!

For more information contact us at faithonfirekingston@gmail.com.

ST. MARY'S CATHEDRAL MINISTRIES FAIR

**AFTER ALL MASSES ON THE WEEKENDS OF
SEPTEMBER 21/22 AND SEPTEMBER 28/29**

Where is GOD calling **YOU to serve?**

- **TALK WITH MINISTRY LEADERS AND OTHER PARISHIONERS INVOLVED IN MINISTRY**
- **DISCOVER WHERE GOD IS CALLING YOU TO SHARE YOUR GIFTS OF FAITH, TIME AND TALENTS BECOME MORE ACTIVE IN PARISH LIFE AND MEET NEW FRIENDS**
- **LEARN MORE ABOUT THE OPPORTUNITIES TO SERVE IN OUR PARISH COMMUNITY**



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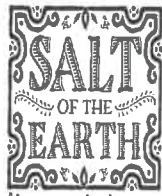
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