

# The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston  
The Most Reverend Michael Mulhall, Archbishop of Kingston

**For the Fallen** by Lawrence Binyon

(Written in 1914 after the first losses of World War I)

With proud thanksgiving, a mother for her children,  
England mourns for her dead across the sea.  
Flesh of her flesh they were, spirit of her spirit,  
Fallen in the cause of the free.

Solemn the drums thrill: Death august and royal  
Sings sorrow up into immortal spheres.  
There is music in the midst of desolation  
And a glory that shines upon our tears.



They went with songs to the battle, they were young,  
Straight of limb, true of eye, steady and aglow.  
They were staunch to the end against odds uncounted,  
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

They mingle not with their laughing comrades again;  
They sit no more at familiar tables at home;  
They have no lot in our labour of the day-time;  
They sleep beyond England's foam.

But where our desires are and our hopes profound,  
Felt as a well-spring that is hidden from sight,  
To the innermost heart of their own land they are known  
As the stars are known to the Night

As the stars that shall be bright when we are dust,  
Moving in marches upon the heavenly plain,  
As the stars that are starry in the time of our darkness,  
To the end, to the end, they remain.

## WE WILL REMEMBER THEM



### Masses:

#### Monday November 11th

7:45 am Margaret Kavanagh

12:10 pm Dorle Kromer

#### Tuesday November 12th

7:45 am Augustino Bochnia

12:10 pm Adam Hughes

#### Wednesday November 13th

7:45 am Intentions of Fr. Shawn Hughes

12:10 pm guy & Louise Weadick

#### Thursday November 14th

7:45 am Souls in Purgatory

12:10 pm In thanksgiving

#### Friday November 15th

7:45 am Deceased bishops and clergy,

Bishop John O'Brien

12:10 pm Intentions of Louise Meloche

#### Saturday November 16th

7:45 am Orlando Rivera

5 pm Lidwien Gräfe

#### Sunday November 17th

8 am George Cantarutti & Darrel Staley

10:30 am For the People

7:30 pm Cathy Silverson, 3<sup>rd</sup> anni.

### **Ministries:**

#### **Saturday, Nov. 16th, 5 pm**

Altar Servers		
Lectors	Adora J.	Lynn P.
EM of the Eucharist	Anne H.	Mark M.

#### **Sunday, Nov. 17th, 8 am**

Altar Servers		
Lectors	Ann L.	Bill M.
EM of the Eucharist	Diane D.	Maria C.

#### **Sunday, Nov. 17th, 10:30 am**

Altar Servers		
Lectors	Gail M.	Evelyn T.
EM of the Eucharist	Ed M. Bob C. Joe C.	Connie A. Domenica B.
	Grace G.	Marietta M.

#### **Sunday, Nov. 17th, 7:30 pm**

Altar Servers	Students
Lector	Colby P. Carmen B.
EM of the Eucharist	Mary R. (choir) Lionel R.

**Please pray for our Sick:** Mike Baines, Finn Beharry, Ruth Caron, Louise Doolan, Adam Lachine, Baby Joseph Lapointe, Janice Lumb, Maria Matias, Lynn Orellano and Baby Tobias Whelan.

### **Mass Schedule:**

**St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri.**

**12:10 pm**

**Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense), 10:30 am (incense is used), 7:30 pm (incense is used)**

### **Opportunities for Confession:**

**One half hour before each Mass held in the Cathedral**

**Additionally: Wednesdays 1 pm – 5 pm**

**& Saturdays 4 pm – 4:50 pm**

## **32nd SUNDAY IN ORDINARY TIME**

**SUNDAY MISSALS FOR THE NEW LITURGICAL YEAR THAT BEGINS NOVEMBER 30<sup>TH</sup> ARE AVAILABLE AT THE BACK THIS SUNDAY FOR A DONATION OF \$ 3.**

**Matthew: The King and His Kingdom** continues Mon. Nov. 11th **OR** Wednesday, Nov. 13th at 7 pm. See posters.

**Rite of Christian Initiation (RCIA)** continues Tues., Nov. 12th 7-9 pm

**NO Latin Mass** in November. The next Latin Mass is Dec. 1st. at 3 pm in St. James Chapel.

**The Salve Regina Society** is a Catholic fellowship group for young adults in their 20s and 30s in Kingston Faith, Fun, Fellowship! **Wednesday November 13th** – "Theology of Work" 7:30 pm @ Queen's Grad Club (162 Barrie St.)

**Searching for and Maintaining Peace:** Begins this Thursday, 7 pm, Nov. 14<sup>th</sup> in the Parish Centre. See ad further in.

**Knights of Columbus meeting** November 12<sup>th</sup>, 2019 @ 7 pm in the Parish centre

**Mens Ministry** meet Saturday November 16<sup>th</sup>, 7-9 am, St. Mary's Parish Centre.

**Special concert** : Sunday November 17th at 12:30 pm in the Cathedral; see ad

**Catholic Women's League** meeting November 19<sup>th</sup>, 7-9 pm, at the Parish Centre. Guest speaker. See ad on page

**Knights of Columbus Fish Fry** November 23<sup>rd</sup>, 2019 at the parish centre. 5 pm to 7 pm See ad/posters on bulletin boards.

**St. Mary's Cathedral Parish Prayer Line** has over 30 intercessors willing to pray for your needs. To submit a prayer request contact Ann at 613-546-5521 Ext 5; [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

### **Volunteers Needed**

*"We can cure physical diseases with medicine, but the only cure for loneliness, despair, and hopelessness is love." - St. Teresa of Calcutta*

**Visitation** is an initiative through St. Mary's Cathedral Parish Pastoral Caring to reach out and visit those who would like to receive a friendly visit. Volunteers are needed! The time commitment is approximately one hour a week, at a time that fits your schedule. For more information or to volunteer contact: Claire Brown at 902-817-7687; [visitation.kingston@gmail.com](mailto:visitation.kingston@gmail.com)



## **Contacts**

**Rector:** Father Shawn J. Hughes,  
[fathershawnjhughes@gmail.com](mailto:fathershawnjhughes@gmail.com)

**Associate-Pastor (Half-time)**

Father Paul Mawalla

[paul.mawalla54@gmail.com](mailto:paul.mawalla54@gmail.com)

**Deacon:** Deacon Blaine Barclay,

[blainebarclay31@gmail.com](mailto:blainebarclay31@gmail.com)

**In Residence:**

Father Dan Ryan

Father Killian Eke

Father Paul Finn

**Parish Office Administrator:**

Suzanne, [smarys@cogeco.net](mailto:smarys@cogeco.net)

**Co-ordinator of Ministries,  
Pastoral Caring Coordinator, and  
Catholic Women's League**

**President:** Ann Lyng,

[alyng@cogeco.ca](mailto:alyng@cogeco.ca)

**Music Director and Organist:**

Jeff Moellman,

[musicmoell@gmail.com](mailto:musicmoell@gmail.com)

**Children's Liturgy:** Laura Raycraft,  
613-328-0426,

[stmaryschildliturgyoftheword@gmail.com](mailto:stmaryschildliturgyoftheword@gmail.com)

**Parish Council Secretary:** Ellen  
Hawman,

[ellen.hawman@sympatico.ca](mailto:ellen.hawman@sympatico.ca)

**Knights of Columbus Council  
#728, Grand knight:** Ian Moore

[imoore@arbormemorial.com](mailto:imoore@arbormemorial.com)

**Finance Committee Chair:** Mark  
Levac, [mark@levacsupply.com](mailto:mark@levacsupply.com)

**University Chaplain:**

Fr. R. de Souza,

[rjdesouza@cardus.ca](mailto:rjdesouza@cardus.ca)

**Catholic Christian Outreach:**

Stephanie Dresch: Campus Leader

[stephanie.dresch@cco.ca](mailto:stephanie.dresch@cco.ca)

**Billings Method Natural Family**

**Planning:** Ann Murray,

[kingston@naturalfamilyplanning.ca](mailto:kingston@naturalfamilyplanning.ca)

**Creighton Model Fertility**

Marianne Trevorrow MA ND

[drmarianne@ionacare.ca](mailto:drmarianne@ionacare.ca)

**Serena, Sympto-Thermal Method  
of Family Planning:**

[www.serena.ca](http://www.serena.ca)

[serenakingston@gmail.com](mailto:serenakingston@gmail.com)

**Adoration:** Natalie Holland,

[nholland@cogeco.ca](mailto:nholland@cogeco.ca)

613-876-1801

**St. Mary's Refugee Sponsorship:**

Angela Gambin,

[stmarysrefugee@gmail.com](mailto:stmarysrefugee@gmail.com)



**The Month of November is dedicated to the Holy Souls in Purgatory.**

Let us pray for them: "Eternal Rest grant unto them O Lord and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen."



**KNIGHTS OF COLUMBUS  
FRONTENAC COUNCIL #728.**

## **FISH FRY**

St. Mary's Parish Centre, Saturday,  
November 23, 2019 serving from 5 pm  
to 7 pm. Take out Available. \$15 per  
person Family of 4 or more \$30. Fish  
and Chips prepared by Mike Mundell  
Fish and Chips. Money raised is for  
the K of C's parish support.

Tickets Available from Ian Moore: 613-539-0168,  
Dan Lewis 613-545-7876, or Dennie O'Donnell 613-542-8948

**TILES OFF THE ROOF OF THE CATHEDRAL:** As you know a great  
deal of the downtown was severely hit by the windstorm the night of Oct.



31<sup>st</sup>. The Clergy Street side of the cathedral looked  
like it had snowed slate tiles, as the ground was  
littered with tiles from the cathedral roof. Of  
course, this will be covered by Catholic Mutual,  
our insurer, but we will have to cover the \$5,000  
deductible.

**MORE PROPERTY REPAIRS:** The shingles  
on the roof of "the Cottage" 276 Brock Street were in really bad shape and  
were replaced this week. This was completely covered by the Bingo fund.  
Thank God.

**Another Virtual Yard Sale:** Items can be dropped off at St. Mary's  
Parish Centre from 2 to 4 pm on November 12 to December 20 and  
January 2 to January 17: Contact Natalie Holland 613-876-1801.  
Once items are collected the website will be uploaded so you can  
shop and bid on the item you wish to give a new home. If you have  
good used items that someone else might like please considered  
donating them to our 2<sup>nd</sup> Virtual Yard Sale. All projects go to support  
projects of Catholic Womens' League.

**ANYONE WITH CHILDREN IN THE PUBLIC SCHOOL SYSTEM  
OR CHILDREN BEING HOME SCHOOLED WHO ARE  
EXPECTING THEM TO RECEIVE FIRST CONFESSION, FIRST  
HOLY COMMUNION OR CONFIRMATION THIS YEAR SHOULD  
SPEAK TO FATHER SHAWN AS SOON AS POSSIBLE**



**A Remembrance Service for All Veterans** will be held at St. Mary's Cemetery, this Sunday, November 10, 2019 at 2:00 pm at the War Memorial near the main entrance. Everyone is cordially invited to come and remember all of the veterans buried at St. Mary's Cemetery. Provided by the Royal Canadian Legion and the Knights of Columbus.



### **VOLUNTEER OPPORTUNITY!**



**St. Mary's Cathedral Hot Meals Program** is in need of a volunteer to serve on one of the nine teams that serve a nutritious hot lunch each Saturday to those in need within our community. **Time commitment is one Saturday once every nine weeks from 9 am to 1 pm.** This is a great opportunity to perform the Corporal Work of Mercy to feed the hungry and extend God's compassion and mercy to those in need. To volunteer contact Ann at 613-546-5521 Ext 5, [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

## **BEGINNING THIS THURSDAY**

**SEARCHING FOR AND MAINTAINING PEACE by FATHER JACQUES PHILIPPE** Beginning Nov. 14/15 and continuing until Dec. 5/6...Thursdays, 7-9 pm OR Fridays, 2 – 4 pm: We live in a day and age characterized by an extraordinary amount of agitation and lack of peace. This tendency manifests itself in our spiritual as well as our secular life. In our search for God and holiness, in our service to our neighbor, a kind of restlessness and anxiety take the place of the confidence and peace which ought to be ours. What must we do to overcome the moments of fear and distress which assail us all too often in our lives? How can we learn to place all our confidence in God and abandon ourselves into his loving care? This is what is taught in this simple, yet profound little treatise on peace of heart. Taking concrete examples from our everyday life, the author invites us to respond in a Gospel fashion to the upsetting situations we must all confront. Since peace of heart is a pure gift of God, it is something we should seek, pursue and ask him for continually. This book and the study of it is here to help us in that pursuit. This study will be led by Father Shawn. To register and order your book please contact Ann Lyng at [alyng@cogeco.ca](mailto:alyng@cogeco.ca)



## **IT IS THAT TIME OF THE YEAR AGAIN!!!**

**Hotel Dieu Hospital** is looking for clean, gently used winter coats for the 2019 -2020 Winter Coat Drive. Down-filled style coats and ski jackets (**washable- no wool or fur**), warm mitts, socks, hats, scarves and winter boots in good condition for men, women and children are urgently needed. Warm lightweight blankets are also needed for those sleeping on the street. Large, XL and XXL sizes for men and women are particularly needed. Collection began on Tuesday, October 15. Donation bins are located at the Sydenham Street entrance of Hotel Dieu Hospital.

**Volunteers are needed to help with the distribution of the coats. *The distribution will be located ONLY at St. Mary's Parish Centre.*** It will operate Monday to Friday from 1:00 pm to 4:00 pm, November 12 to December 20, 2019 reopening after the Christmas break on January 2 and continuing until January 17, 2020. Any assistance during that time would be most appreciated. **To volunteer or for more information about volunteering, contact Ann Lyng 613-546-5521 Ext. 5 or [alyng@cogeco.ca](mailto:alyng@cogeco.ca)**

**PARISH PASTORAL CARING: Catholics who truly care for each other-** Are you or someone you know unable to get out of your home or are living in a nursing home and would like to receive Holy Communion and a visit from a member of the Parish Pastoral Caring team? To arrange for Holy Communion at home please contact Ann at 613-546-5521 Ext 5; [alyng@cogeco.ca](mailto:alyng@cogeco.ca)



ANOTHER GREAT PRESENTATION SPONSORED BY OUR CATHOLIC WOMEN'S LEAGUE



## **“A Palliative Care Physician’s Perspective on the Practice of Euthanasia in Canada”**

**St. Mary’s Catholic Women’s League Open this Meeting to all parishioners.**

**Dr. Leonie Herx, Division Head of Palliative Medicine at Queen’s University, will be the guest speaker at our general meeting on Tuesday, November 19 from 7 to 9 pm at St. Mary’s Parish Centre.**

Dr. Herx will speak on **“A Palliative Care Physician’s Perspective on the Practice of Euthanasia in Canada”**. Her presentation will include an overview of the euthanasia laws and practices in Canada and an exploration of some of the issues facing society as well as the practice of medicine and palliative care in a country where euthanasia is legal. A discussion on how we respond to suffering as a community will follow Dr. Herx’s presentation. **All CWL members and all members of our parish are cordially invited to attend** what promises to be a very informative evening on the impact of legalized euthanasia in our society. Dr. Herx and her family are parishioners here at St. Mary’s. For more information contact CWL President Ann Lyng, 613-546-5521 Ext. 5, [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

**Do you have someone on your Christmas list that you have no idea what to get them? Read on!!**



**Sponsor a child in their name  
OR In their name; donate books for their school, donate cows, or chickens, or goats to their family or village. Donate tools like sewing machines so those receiving can become financially independent.**

Chalice, is a Canadian Catholic International aid charity that works in impoverished communities around the world to help struggling families overcome the cycle of poverty. Education is the first and most important step in breaking the cycle. Too often, children must skip class or drop out of school to carry water, care for siblings, or earn money for their families.

Sponsorship gives children the support needed to overcome obstacles so they can attend and stay in school, and allows families to provide nutritious food and better care for their children. Children are selected for sponsorship based on need and family circumstances, regardless of race, age, ability, gender, or religion. Education gives every child the opportunity to shine.

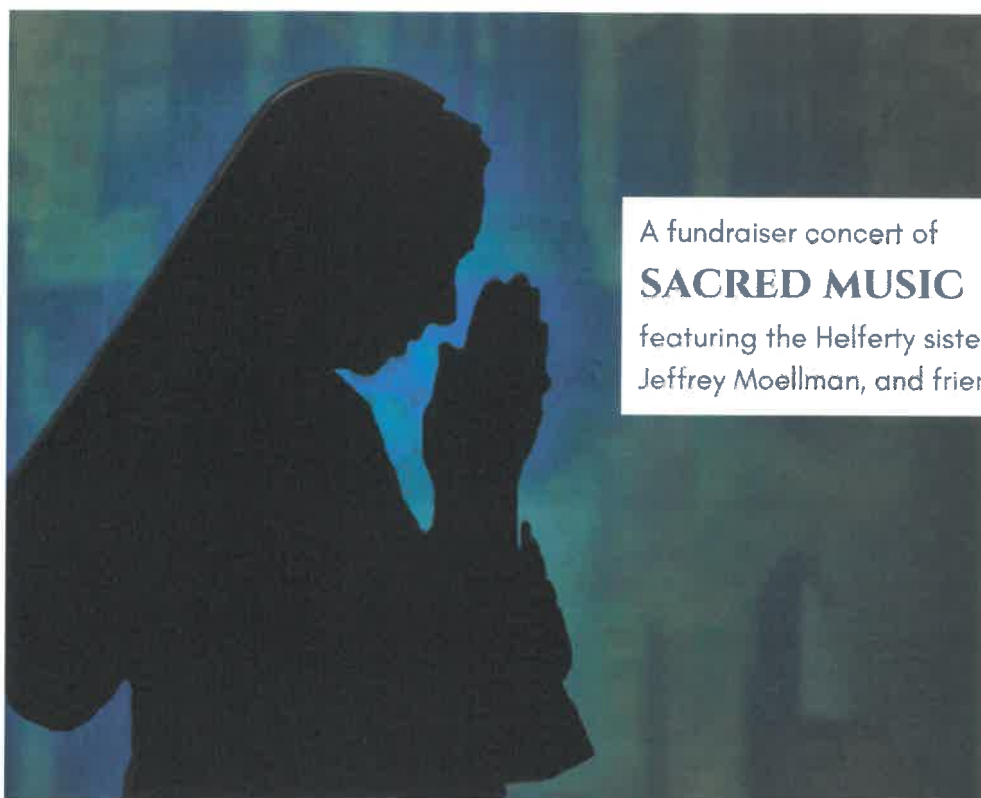
***Go to [chalice.ca/gift-catalogue](http://chalice.ca/gift-catalogue) for all kinds of great ideas. Also see the catalogue on the bulletin board by the washrooms at the Johnson Street entrance to the Cathedral.***

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Go to [formed.org](http://formed.org) to sign up for this platform. Click on: I am a member of a Parish/organization  
It will ask for the parish. Enter: The Cathedral of St. Mary of the Immaculate Conception, 279 Johnson Street, Kingston, Ontario. It will ask for your name and email. You are in! There is a wealth of great catechetical information, wonderful movies for the family and just for children and all kinds of wonderfully rich teaching about the faith. **CHECK IT OUT!!**

# RESPONDING TO HIS CALL



A fundraiser concert of  
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Jeffrey Moellman, and friends

Supporting Christine Helferty as she enters religious life with the *Filiae Laboris Mariae*. Learn more about the Sisters at <https://rorate-caeli.blogspot.com>.

**NOV. 17 | 12:30PM**

**FOLLOWING HOSPITALITY SUNDAY AT  
ST. MARY'S CATHEDRAL**

**FREE WILL DONATION**

TAX RECEIPTS ARE AVAILABLE FOR CONTRIBUTIONS OF \$25 OR MORE.

PLEASE MAKE CHEQUES PAYABLE TO ST. MARY'S CATHEDRAL WITH  
CHRISTINE HELFERTY IN THE MEMO LINE.

## VERY SPECIAL CONCERT

**HERE, NEXT SUNDAY,  
NOVEMBER 17TH at 12:30 pm**



We will have a little fuller Hospitality Sunday after the 10:30 am Mass to tide people over who wish to stay for the concert.

You will remember Christine Helferty who was one of our most faithful cantors and choir members for the five years she was here in Kingston. She graduated from Queen's University in 2018 after completing studies in nursing science, music, and education. Returning to the Ottawa Valley last year, she has worked as a music and dance teacher in elementary schools.

Christine has been accepted to enter religious life with the *Filiae Laboris Mariae* in

Minneapolis, Minnesota, and hopes to join them in January. This fundraising concert (12:30 to 1:30 pm) will help her realize her dream of dedicating her life to Christ as a Sister in this Religious Community. With the talent of her Helferty sisters (our former organist, Catherine, and present cantors and choir members, Molly and Emily) gathered together with their friends, this promises to be a wonderful musical treat. That being true, the reason for the gathering is, there will be an opportunity to make a donation so that Christine can begin her formation with the Sisters of the *Filiae Laboris Mariae* (Daughters of the Works of Mary) in January. If you are unable to come to enjoy the concert you are also able to make a contribution to Christine's vocation by following the instructions at the bottom of the ad above.



# Memento Mori: Remember you will die!



The **Capuchin Crypt** is a small space comprising several tiny chapels located beneath the church of Santa Maria della Concezione dei Cappuccini (St. Mary of the Immaculate Conception of the Capuchins) on the Via Veneto in Rome, Italy. It contains the skeletal remains of 3,700 bodies believed to be Capuchin friars buried by their order. The Catholic order insists that the display is not meant to be macabre, but a silent reminder of the swift passage of life on Earth and our own mortality



## A November reflection from [rcspirituality.org](http://rcspirituality.org).

Dear Friends in Christ,

November is a time of the year when we particularly remember the souls of the departed. The month opens with All Saints', quickly followed by the sobering All Souls' commemoration.

In much of the upper Northern Hemisphere, nature reflects that sobering character, as the days grow shorter, the chill bites deeper.

Sobering, too, has been the news this year. Tensions within the Church and among nations; political dogfights; calamities man-made and natural – all have been a reminder that hopes for a paradise here below will remain unfulfilled.

This is one reason why the month of the Holy Souls in Purgatory is such a tonic. It helps us to stand back from the madding crowd of the world and focus on things eternal.

Praying for the dead helps to remind us that the peace which loved ones sought in this world can only be found in the next.

Praying for the dead also helps to remind us that the peace *we* seek won't be found in an ideology or a political leader. Much less will it be found with an Internet browser.

So can we find any peace in this world? Yes ... so long as it's on Our Lord's terms. "My peace I give to you. Not as the world gives do I give it to you" (John 14:27).

What does that peace look like? It means learning to find solace in prayer, to relish the reading of Scripture, in caring for the people around us, in being grateful for the basic necessities of life. "If we have food and clothing, we shall be content with that" (1 Timothy 6:8).

To focus on what's everlasting, you might find our Retreat Guide "[The Mystery of Eternal Love](#)" helpful.

It's a small way to rise above a madding world. (Go to [rcspirituality.org](http://rcspirituality.org) and enter The Mystery of Eternal Love)

In Christ,      Father Edward McIlmail, LC





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and backgrounds,  
to grow in your faith  
while serving our  
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Membership fee is \$25 per year.  
Meetings are held on the third  
Tuesday of the month. For more  
information, please contact  
CWL President, Ann Lyng at  
alyng@cogeco.ca



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7 pm at the Parish Centre. For more

information, please contact Grand

Knight, Ian Moore at

imoore@arbormemorial.com