

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Michael Mulhall, Archbishop of Kingston



THE PRESENTATION OF OUR LORD IN THE TEMPLE

“Lord, now you let your servant go in peace,
Your Word has been fulfilled. My own eyes
Have seen the salvation which You have prepared
in the sight of every people; a light to reveal You to
the nations and the glory of Your people Israel.”

Luke 2:29-32

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession:

One half hour before each Mass held in the Cathedral
Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

Masses:**Monday Feb. 3rd**

7:45 am Nancy Day

12:10 pm Intentions of Anne Lanzo

Tuesday Feb. 4th

7:45 am Jim Hulton

12:10 pm Roberta Viquiera

Wednesday Feb. 5th

7:45 am In Thanksgiving

12:10 pm Intentions of Mary Ellen Douglas

Thursday Feb. 6th

7:45 am Nancy Day

12:10 pm Deceased members of North,
Poole & Whitelaw families**Friday Feb. 7th**

7:45 am Nancy Day

12:10 pm Intentions of Stephanie Dickison

Saturday Feb. 8th

7:45 am In thanksgiving

5 pm Lidwien Gräfe

Sunday Feb. 9th

8 am Intentions of Sharon Musgrave

10:30 am For the People

7:30 pm Arduino Scarpazza

Ministries:**Saturday, February 8th, 5 pm**

Altar Servers	Barry M.	Dianne I.
Lectors	Maureen J.	Samara L.
EM of the Eucharist	Ellen H.	Mark M.

Sunday, February 9th, 8 am

Altar Servers	Lynn O.	Emily R.
Lectors	Sarah B.	Diane D.
EM of the Eucharist	Maria C.	Janet W.

Sunday, February 9th, 10:30 am

Altar Servers	Pene L.	Doug S.
	Niriah H.	Ephraim H.
	Gavin T.	
Lectors	Brandon McI	Hailey McI
EM of the Eucharist	Marietta M.	Maria M.
	Domenica B.	Bob C.
	Connie A.	Bernadette E.
	Karla C.	

Sunday, February 9th, 7:30 pm

Altar Servers	Students	
Lector	Samara L.	Evana d'A.
EM of the Eucharist	Lionel R.	Mary R.

Please pray for our Sick: Fr. Mac Burke, Kim Cabral, Ruth Caron, Adam Lachine, Janice Lumb, Maria Matias, Lynn Orellano, Susan Pottier.

2019 Income Tax Receipts are available to be picked up at the back of the cathedral.

If you didn't get a chance to sign the petitions re Palliative Care last weekend please locate copies at the entrance, sign them, and leave them with Father Shawn to be mailed out.

The Presentation of Our Lord in the Temple

WE CELEBRATE THE PRESENTATION OF THE LORD.

Candles are traditionally blessed on this day. The candles we will use in the Liturgy for the upcoming year will be blessed at the 10:30 am Mass. If you bring candles which you use at home they too will be blessed at that Mass.

Latin Mass: This Sunday, Feb. 2nd at 3 pm, St. James Chapel.



Family Picnic

Family Picnic at the Parish Centre:

This Sunday Feb 2nd after the 10:30 Mass at St Mary's Parish Centre. An opportunity for couples, parents, and children to meet and to enjoy coffee and

a simple lunch together. Suggested donation \$5 per family.

ourladymission@gmail.com.

Matthew: The King and His Kingdom continues this Mon. Feb. 3rd at 9:30 am and repeated Wed., Feb. 5th at 7 pm. New members are welcome.

RCIA Tues., February 4th, 7-9 pm in the Parish Centre.

Seniors' Lunch: February 5th following the 12:10 pm Mass, Parish Centre

Knights of Columbus: Feb. 11th, 7 pm in the Parish Centre.

Catholic Women's League: Tues, Feb. 18th at 1 pm.

Cursillo Ultreya: Sun., Feb 16th at 1:30 pm

Ash Wednesday: Wed. Feb 26th, Masses: 7:45 am, 12:10 pm & 7 pm, all in the cathedral.

Parish Retreat with Father Jacques Philippe, Mon. to Wed, March 2nd to 4th, 7 pm in the cathedral.

Faith on Fire Prayer Group - Discover what it means to be fully alive and how to use your charisms to build up the Church. The Holy Spirit is on the move, and so are we. As of **Jan. 28** we will be meeting on **Tuesday** nights from **7 - 8:30 pm** at St. Paul the Apostle parish in the Parish Hall (entrance at the back of the Church). On the **first Tuesday** of each month beginning **Feb 4.**, we will be meeting in the main Church at **7:30 pm** following **Adoration** of the Blessed Sacrament which begins at 6 pm. Each evening includes praise and worship, teaching, fellowship and opportunity to receive healing prayer. For more info. contact faithonfirekingston@gmail.com

Contacts

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Archdiocesan Workshop for all interested in Parish Music: MUSIC FOR HOLY WEEK AND EASTER

Facilitator: Fr. John Hibbard and Archdiocesan Music Committee
Next Saturday: February 8 – Holy Rosary Church, **Belleville** (169 North Park St.) **Time: 9:30am-2:30pm** Lunch included. Free will offering. **Registration is Required, and due** a week before each workshop. Call Gorett at the Diocesan Centre 613.548-4461 or email ore@romancatholic.kingston.on.ca

CCO (Catholic Christian Outreach) Appeal from David Nunez:



I am a student at Queen's University studying Applied Mathematics and I have been a parishioner of St. Mary's Cathedral throughout my time in Kingston. I have been selected to participate in an exciting mission trip with Catholic Christian Outreach. This reading week, a team of students will travel as pilgrims and missionaries to Honduras. We will be in the city of Comayagua, partnering with the Franciscan Friars of the Renewal and MCC (Movimiento Cristiano Catolico) to reach out to local university students. There, we will have the opportunity to share the Gospel and witness Christ's love. After participating in the RCIA (Rite of Christian Initiation of Adults) taught by Deacon Blaine, I was received into Full Communion in the Catholic Church this past Easter here at St. Mary's Cathedral. I am eager to spread my new found faith to members of the global Church, hoping to give them the joy and peace I have found in the Catholic Faith.

To participate in this mission project I am responsible for raising a portion of the cost through tax-deductible donations to cover training, accommodations, food and transportation. The amount I must raise is \$2,400. I ask you to prayerfully consider helping me by making a donation to help defray the cost. Thank you so much for helping me answer God's call! I will be at the back of the cathedral after Masses today (Feb. 1st & 2nd) where you can speak with me and I can give you more information or please feel free to contact me at david.nunez@queensu.ca

CURSILLO MEN'S WEEKEND

is scheduled for **Thursday evening, March 12th through to Sunday, March 15th, 2020** incl., at Providence Spirituality Centre in Kingston. This retreat weekend has been very well received by everyone in Kingston who has taken it to date. It is primarily aimed at those who are far from Christ, or who have wandered far from the Church, or who have been doubting their faith. Come and have your questions, doubts and fears answered in a very welcoming environment.

For more information, please contact Lionel Ryan at 613.634.9588 / ryanlionel07@gmail.com, or Mike Foley at 613.546.6224 / mfoley8@cogeco.ca, or Father Shawn J. Hughes at 613.546.5521 Ext. 4 / rector.smc.279@gmail.com.



Great Meditation: From a sermon on the Presentation of Our Lord in the Temple by Saint Sophronius, bishop

(Orat. 3 de Hyppapante 6:7: PG 87, 3, 3291-3293)

Let us receive the light whose brilliance is eternal

In honour of the divine mystery that we celebrate today, let us all hasten to meet Christ. Everyone should be eager to join the procession and to carry a light.

Our lighted candles are a sign of the divine splendour of the one who comes to expel the dark shadows of evil and to make the whole universe radiant with the brilliance of his eternal light. Our candles also show how bright our souls should be when we go to meet Christ.

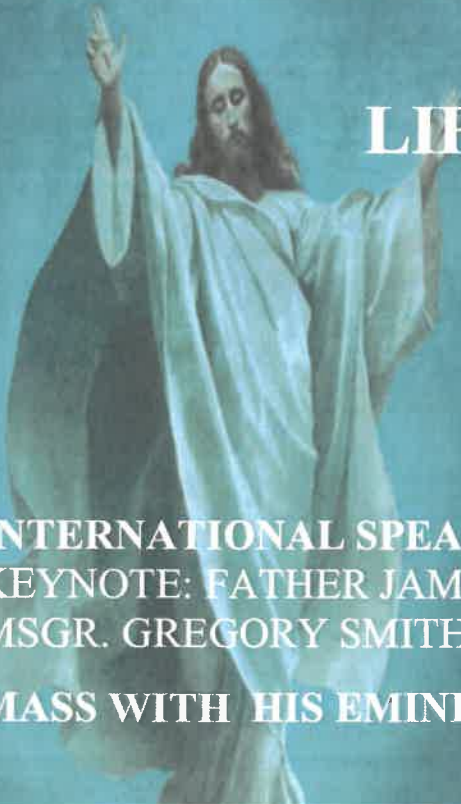
The Mother of God, the most pure Virgin, carried the true light in her arms and brought him to those who lay in darkness. We too should carry a light for all to see and reflect the radiance of the true light as we hasten to meet him.

The light has come and has shone upon a world enveloped in shadows; the Dayspring from on high has visited us and given light to those who lived in darkness. This, then, is our feast, and we join in procession with lighted candles to reveal the light that has shone upon us and the glory that is yet to come to us through him. So let us hasten all together to meet our God.

The true light has come, *the light that enlightens every man who is born into this world*. Let all of us, my brethren, be enlightened and made radiant by this light. Let all of us share in its splendour, and be so filled with it that no one remains in the darkness. Let us be shining ourselves as we go together to meet and to receive with the aged Simeon the light whose brilliance is eternal. Rejoicing with Simeon, let us sing a hymn of thanksgiving to God, the Father of the light, who sent the true light to dispel the darkness and to give us all a share in his splendour.

Through Simeon's eyes we too have seen the salvation of God which he prepared for all the nations and revealed as the glory of the new Israel, which is ourselves. As Simeon was released from the bonds of this life when he had seen Christ, so we too were at once freed from our old state of sinfulness.

By faith we too embraced Christ, the salvation of God the Father, as he came to us from Bethlehem. Gentiles before, we have now become the people of God. Our eyes have seen God incarnate, and because we have seen him present among us and have mentally received him into our arms, we are called the new Israel. Never shall we forget this presence; every year we keep a feast in his honour.



28th ANNUAL LIFT JESUS HIGHER RALLY

(see posters on bulletin boards)

SATURDAY, MARCH 7TH, TORONTO
FOR TICKETS AND TO RESERVE A
BUS SEAT, CONTACT ANN:

613-546-5521 ext 5 or at
ministries.smc.279@gmail.com

INTERNATIONAL SPEAKERS:

**KEYNOTE: FATHER JAMES MALLON WITH RALPH MARTIN AND
MSGR. GREGORY SMITH**

MASS WITH HIS EMINENCE, CARDINAL THOMAS COLLINS.



**THIS PROMISES TO BE A
FABULOUS RETREAT FOR
OUR PARISH**

**THE PERFECT WAY TO
BEGIN LENT 2020**

SAVE THE DATES: Eight Doors to the Kingdom Parish Mission

The great French spiritual master and author, Father Jacques Philippe, is coming from France to the Cathedral from February 29th to March 4th. He will preach at all the Sunday Masses the First Sunday of Lent, (5 pm, Feb. 29th & March 1st at 8 am, 10:30 am and 7:30 pm) and will lead a Parish Mission on the Eight Beatitudes at 7 pm on Monday, March 2nd, Tuesday, March 3rd and Wednesday, March 4th. For further information, please contact Ann Lyng at ministries.smc.279@gmail.com, 613-546-5521 ext. 5 or Father Shawn Hughes at rector.smc.279@gmail.com

Father Jacques Philippe is a prolific author: *These are the titles* of some of his books which indicate the depth of the presentations we are going to receive the first week of March: *Nine Days to Rediscover The Joy of Prayer; The Eight Doors of the Kingdom: Meditations on the Beatitudes; Fire and Light, Learning to Receive the Gift; Real Mercy: Mary, Forgiveness and Trust; Thirsting for Prayer; Called to Life; In the School of the Holy Spirit; Searching for and Maintaining Peace: A Small Treatise on Peace of Heart; Time for God; Interior Freedom; The Way of Trust and Love: A Retreat Guided by St. Thérèse of Lisieux.* Copies of these books will be available for purchase during the retreat.

These are the themes on which he has written:

Detachment, Difficulties in Prayer, Faith, Hope, and Love, Fidelity and Perseverance in Prayer, Finding Time for Prayer, Freedom, God's Action in Us, God's Calls, Happiness, Lectio Divina, Love, Obedience to Inspiration, Paths to Holiness, Prayer, Prayer and Unity of Life, Sacred Scripture, Spiritual Discernment, Spiritual Poverty, Suffering, The Humanity of Jesus, and The Present Moment.



Cremation and Funeral Liturgies

This resource is approved by the Canadian Conference of Catholic Bishops' Episcopal Commission for Liturgy and the Sacraments.

The experience of death is one which touches the lives of every person. As Christians, we look to Christ, to our faith and to the Church as sources of hope and consolation, courage, meaning and peace. The *Catechism of the Catholic Church* teaches: "The Christian meaning of death is revealed in the light of the Paschal mystery of the death and resurrection of Christ in whom resides our only hope. The Christian who dies in Christ Jesus is 'away from the body and at home with the Lord.' For the Christian the day of death inaugurates, at the end of his sacramental life, the fulfillment of his new birth begun at Baptism, the definitive 'conformity' to 'the image of the Son' conferred by the anointing of the Holy Spirit, and participation in the feast of the Kingdom which was anticipated in the Eucharist – even if final purifications are still necessary for him in order to be clothed with the nuptial garment. The Church, who, as Mother, has borne the Christian sacramentally in her womb during his earthly pilgrimage, accompanies him at his journey's end, in order to surrender him 'into the Father's hands.' She offers to the Father, in Christ, the child of his grace, and she commits to the earth, in hope, the seed of the body that will rise in glory. This offering is fully celebrated in the Eucharistic sacrifice; the blessings before and after Mass are sacramentals" (1681-1683).

When a death takes place, a number of decisions are made which require much discernment and pastoral care. Among these are the funeral rites and the disposition of the remains. As an alternative to a traditional burial, in Canada, cremation has been permitted for Catholics for a number of years now. Most recently, in December 2017 the Congregation for Divine Worship and the Discipline of the Sacraments, acknowledging a pastoral need, granted permission for the "Order of Christian Funerals: Supplement for Celebrations with Cremated Remains" to be used *ad experimentum* for five years in dioceses across Canada.

Early Christians followed the Jewish practice of giving honourable burial to the dead. They did not use cremation. These early Christians made great efforts to retrieve the bodies of their martyrs and bury them with honour, as one witnesses in the catacombs. As a result, in Christian countries the practice of cremation more or less disappeared as it was deemed pagan. In fact, it was made a capital offense by civil authorities such as Charlemagne through his law in 789 AD. In the latter part of the nineteenth century various groups introduced the practice of cremation in Europe, where for many centuries the Christian custom of earth burial had been the only way to dispose of the bodies of the deceased. The Church suspected that the motives of those promoting cremation were anti-Christian, and therefore, in 1886 AD, prohibited cremation for Catholics, legislating that the practice was incompatible with a Catholic burial.

Cremation as such was never seen as incompatible with Christianity, but it was the motives that were suspect. When it became apparent that cremation was also being promoted for reasons that were not anti-Christian, the Church, in 1963 AD, lifted its prohibition giving Catholics the possibility of cremation, unless it is for reasons that are contrary to Christian teaching. This was introduced into the 1983 Code of Canon Law in canon 1176 § 3. Today many choose cremation for a variety of reasons, not excluding cost.

The Funeral Liturgy

The importance of each of the three main services in the rites (the Vigil, the Funeral Liturgy, and the Rite of Committal) should be stressed in the planning of funerals in order that the family and Christian community may have time to face the reality of death and draw hope and comfort in their time of sorrow.

The traditional rites help the family, friends and Christian community to enter more fully into the process of grieving. The act of grieving includes the acceptance of the reality of death, the expression of sadness at the loss of a loved one, the outpouring of love for the deceased, the gathering of a family and community around the bereaved, and the expression of faith and hope in the resurrection of Jesus as a sign of what God plans for us. This remembrance continues through the Church's intercession for all members of the Body of Christ, both living and deceased.

Christian Funeral Rites may be celebrated for persons who have chosen to have their bodies cremated, unless it is evident that they have acted for reasons which are contrary to the Christian faith. In most cases it is recommended that cremation take place following the celebration of the Funeral Liturgy. However, it is permissible for cremation to take place before the Funeral Liturgy.

In all cases, the body or cremated remains of the deceased must not obscure the focus of the celebration on the paschal mystery of Jesus Christ and the action of God in the assembly. Again, the Church teaches that: "The bodies of the dead must be treated with respect and charity, in faith and hope of the Resurrection. The burial of the dead is a corporal work of mercy; it honors the children of God, who are temples of the Holy Spirit (Catechism of the Catholic Church 2300)

When Cremation Takes Place After the Funeral Liturgy

The vigil for the deceased and the funeral liturgy are celebrated as usual, with a slight change in the final commendation after the funeral liturgy to indicate that the procession with the body will proceed to the crematorium and not to the cemetery.

If the family and friends accompany the body to the crematorium, prayers "At the Crematorium: Gathering in the Presence of the Body" may be prayed there. The Rite of Committal is celebrated when the cremated remains are buried or entombed.

When Cremation Takes Place Before the Funeral Liturgy

For a variety of reasons the decision is sometimes made to have cremation take place before the funeral rites are celebrated. If family members and friends gather at the crematorium, the prayers "At the Crematorium: Gathering in the Presence of the Body" may be prayed there.

The cremated remains of the deceased are to be treated with the same reverence that is given to the body of the deceased. The cremated remains are placed in their entirety in a secure vessel.

Funeral Liturgy with Cremated Remains Present

The cremated remains may be present during the Vigil and the Funeral Liturgy as per the Congregation for Divine Worship and the Discipline of the Sacraments (Prot. No. 327/84). For the Funeral Liturgy a small table covered with a white cloth is prepared for the cremated remains near the altar. The cremated remains are never placed on or immediately in front of the altar.

The vessel containing the cremated remains may be either put on the table before the liturgy begins, or carried with dignity and reverence in the Entrance Procession. [The person carrying the cremated remains follows the presider. The mourners may follow.] If the cremated remains are placed on the table beforehand: After the people have assembled, the Funeral Liturgy begins. The presiding minister greets the mourners informally, or with the words provided in the ritual book.

In Canada it is often the custom to place a picture of the deceased near the vessel of the cremated remains during visitation at the funeral home. During the Funeral Liturgy, which is an act of worship and thanksgiving to God, it is preferable that pictures not be displayed. Pictures can be displayed at a reception following the funeral.

The Use of Christian Symbols

When the cremated remains of the deceased person are present for any of the Funeral Rites, the Christian symbols used in a Funeral Liturgy where a body is present are appropriately used here as well.

- The Paschal (Easter) candle is placed near the table as a reminder of Christ's undying presence among the faithful.
- Holy water, a reminder to the assembly of the saving waters of Baptism,
- Incense, a sign of the community's prayer for the deceased rising to God, may be used during the Final Commendation.
- If it is the custom of the parish to place a white pall over a casket, then a small white pall (veil) may be placed over the vessel containing the cremated remains. This is especially appropriate if the form/nature of the container might be a distraction or draw undue attention.

Final Disposition of Cremated Remains

The cremated remains are placed in their entirety in a secure vessel and are reverently buried or entombed in a place reserved for the disposition of the dead; that is, in a grave, a mausoleum, or a columbarium, as soon as possible after cremation has taken place (cf. Congregation for the Doctrine of the Faith, Instruction, *Ad resurgendum cum Christo* regarding the burial of the deceased and the conservation of the ashes in the case of cremation, August 15, 2016).

Scattering the cremated remains or keeping them in the home of a family member does not exhibit appropriate reverence for the remains of the body which was the temple of the Holy Spirit (cf. *Ad resurgendum cum Christo*).

The faith of the Church reminds us that "from the beginning the Church has honored the memory of the dead and offered prayers in suffrage for them, above all the Eucharistic sacrifice, so that, thus purified, they may attain the beatific vision of God. The Church also commends almsgiving, indulgences, and works of penance undertaken on behalf of the dead." (Catechism of the Catholic Church, 1032)

A Final Word

As we accompany a dying person, with faith, love and friendship, on their journey into eternity, we are reminded that: "The dying should be given attention and care to help them live their last moments in dignity and peace. They will be helped by the prayer of their relatives, who must see to it that the sick receive at the proper time the sacraments that prepare them to meet the living God" (*Catechism of the Church*, 2299).

Families are encouraged to approach their pastor or a pastoral minister regarding arrangements for funeral services before they make plans with a funeral director. Funeral Liturgies constitute a vital part of the grieving and healing process. They give families and friends a formal, communitarian, spiritual and faith-filled way of remembering and saying goodbye. In the face of death, the Church confidently proclaims that God has created each person for eternal life and that Jesus, the Son of God, by his death and resurrection, has broken the chains of sin and death that bound humanity. For a Christian especially, whose life of faith was begun in the waters of Baptism and strengthened at the Eucharistic table, the Church intercedes on behalf of the deceased because of her confident belief that death is not the end, nor does it break the bonds forged during earthly life. The Church also ministers to the sorrowing and consoles them in the funeral rites with the comforting Word of God and the sacrament of the Eucharist. The deceased are commended to God's merciful love and, though separated from the living, they are still at one with the community of believers on earth and benefit from their prayers and intercession. In this way it recognizes the spiritual bond that still exists between the living and the dead and proclaims its belief that all the faithful will be raised up and reunited in the new heavens and a new earth, where death will be no more.

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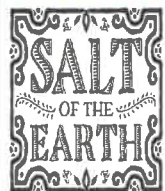
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while serving our
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CWL President Ann Lyng at
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