

The Cathedral of St. Mary of the Immaculate Conception

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Michael Mulhall, Archbishop of Kingston



Jacob Wrestling with God: by Jack Baumgartner (2012)
1 Corinthians 1:2 “sanctified in Christ Jesus, called to be saints”.

Mass Schedule:

St. James Chapel: Mon.-Sat. 7:45 am Cathedral: Mon.-Fri. 12:10 pm
Saturday Vigil: 5:00 pm (no incense) Sunday Masses: 8:00 am (no incense),
10:30 am (incense is used), 7:30 pm (incense is used)

Opportunities for Confession:

One half hour before each Mass held in the Cathedral
Additionally: Wednesdays 1 pm – 5 pm & Saturdays 4 pm – 4:50 pm

Masses:

Monday January 20th

7:45 am Nancy Day
12:10 pm Patricia McDonald, deceased members of McDonald & Murray families

Tuesday January 21st

7:45 am Doreen Kelly
12:10 pm Living & deceased members of St. Mary's Catholic Womens League

Wednesday January 22nd

7:45 am Patrick Kelly
12:10 pm George Alexandrowicz

Thursday January 23rd

7:45 am Susan Miernicki
12:10 pm Dorle Kromer

Friday January 24th

7:45 am Deceased members of Kelly family
12:10 pm Intentions of Fr. Shawn Hughes

Saturday January 25th

7:45 am Paul Lederman
5 pm John Kirby

Sunday January 26th

8 am In thanksgiving, Joseph Lapointe
10:30 am For the People
7:30 pm Frank Milling Sr.

Ministries: Saturday, Jan. 25th, 5 pm

Altar Servers	Peter M. Lynn O.	Lucas M. Lynn P.
Lectors	Carmel F.	Lynn P.
EM of the Eucharist	Doug S.	Adora J.

Sunday, January 26th, 8 am

Altar Servers	Pene L.	Allan S.
Lectors	Allan S.	Betty R.
EM of the Eucharist	Diane D.	Theresa D.

Sunday, January 26th, 10:30 am

Altar Servers	Nick B. Dominic B. Simon B.	Marietta M. Adam L.
Lectors	Valerie N.	Teresa M.
EM of the Eucharist	Chris L. Brandon McI. Marietta M. Janet W.	Hailey McI. Maria M. Bob C.

Sunday, January 26th, 7:30 pm

Altar Servers	Students
Lector	Tephania O. Colby P.
EM of the Eucharist	Mary R. Grace G.

Please pray for our Sick: Fr. Mac Burke, Kim Cabral, Ruth Caron, Adam Lachine, Janice Lumb, Maria Matias, Lynn Orellano, Donna Travis.

SECOND SUNDAY IN ORDINARY TIME

The Coat Drive ended January 17th.

Family Picnic at the Parish Centre will not be held in January. It will resume Sunday, February 2nd, after the 10:30 am Mass, at St Mary's Parish Centre. There will be activities for children, and all are welcome. Suggested donation \$5 per family.

ourladymission@gmail.com.
LATIN MASS: Feb. 2nd at 3 pm at St. James Chapel.
Matthew: The King and His Kingdom continues this Mon. Jan. 20th at 9:30 am and repeated Wed., Jan.22nd at 7 pm. New members are welcome.

Catholic Women's League Meeting, Tues., January 21st in the Parish Centre. It will be held 1 pm to 3 pm.

RCIA Tues., January 21st, 7-9 pm in the Parish Centre.

Archdiocesan Workshop for all interested in Parish Music: MUSIC FOR HOLY WEEK AND EASTER

Facilitator: Fr. John Hibbard and Archdiocesan Music Committee

Two Locations - same Workshop on Saturdays:

February 1 - St. John Bosco Church, **Brockville** (175 Windsor Dr.) **February 8** - Holy Rosary Church, **Belleville** (169 North Park St.) **Time: 9:30am-2:30pm**

Lunch included. Free will offering. **Registration is Required, and due** a week before each workshop. Call Gorette at the Diocesan Centre 613.548-4461 or email ore@romancatholic.kingston.on.ca



Many thanks to all who came and helped out with the Christmas clean up, removal of trees & take down the decorations...all completed in record time!

Deacon Blaine Barclay, Greg Hogarth, Natalie Holland, Lola Hulton, Erin Levac, Janice & Richard Lumb, Father Paul Mawalla, Doug Snider, Richard Van Laren, and Peter Wadeck. Special Thanks to Mark Hitchcock, Herman Overvelde &

Richard Van Laren for providing their trucks in helping to remove the trees to the recycling centre.

Also thanks, to the watering crew who kept the trees & poinsettias well watered over the last three weeks; Marla & Robin Cases, Nancy & Brian Cosgrove, Betty Graham, Richard & Janice Lumb and Mary Van Laren.

Contacts

Rector: Father Shawn J. Hughes,
rector.smc.279@gmail.com

Associate-Pastor (Half-time)
Father Paul Mawalla
associatepastor.smc@gmail.com

Deacon: Deacon Blaine Barclay,
deacon.smc.279@gmail.com

In Residence:
Father Dan Ryan
Father Killian Eke
Father Paul Finn

Parish Office Administrator:
Suzanne,
secretary.smc.279@gmail.com

**Co-ordinator of Ministries,
Pastoral Caring Coordinator, and
Catholic Women’s League**

President: Ann Lyng,
ministries.smc.279@gmail.com

Music Director and Organist:
Jeff Moellman,
music.smc.279@gmail.com

Children’s Liturgy: Laura Raycraft,
613-328-0426,
stmaryschildliturgyoftheword@gmail.com

**Knights of Columbus Council
#728, Grand knight:** Ian Moore
imoore@arbormemorial.com

Finance Committee Chair: Mark
Levac, mark@levacsupply.com

University Chaplain:
Fr. R. de Souza,
rjdesouza@cardus.ca

Catholic Christian Outreach:
Stephanie Dresch: Campus Leader
stephanie.dresch@cco.ca

**Billings Method Natural Family
Planning:** Ann Murray,
kingston@naturalfamilyplanning.ca

Creighton Model Fertility:
Marianne Trevorrow MA ND
drmarianne@ionacare.ca

**Serena, Sympto-Thermal Method
of Family Planning:**
www.serena.ca
serenakingston@gmail.com

Adoration: Natalie Holland,
nholland@cogeco.ca
613-876-1801

St. Mary’s Refugee Sponsorship:
Angela Gambin,
stmarysrefugee@gmail.com

PLEASE NOTE: ALL THE STAFF EMAIL CHANGES AT THE SIDE. PLEASE START USING THE NEW EMAILS WHEN CONTACTING THE STAFF. PLEASE DO NOT CC BOTH THE OLD AND THE NEW. PLEASE STARTING USING THE NEW ONES ONLY.

Don’t forget to pick up your 2020 contribution envelopes at the back. If you aren’t using envelopes you should know you can receive a charitable tax-deductible receipt for your contribution.

I would encourage all parishioners to use envelopes and as many as possible to use automatic debit. It saves the office staff a great deal of work. We each have our responsibility for the upkeep of our parish.



**Automatic Debit
AUTHORIZATION FORM**

I/We hereby authorize the Rector of St. Mary’s Cathedral, Kingston, ON to debit my/our account on or around the 30th day of each month in the amount indicated below:

Monthly Offering: \$ _____

“I/we understand that my participation in the Automatic Debit Plan does not include special collections including Cathedral restorations/preservation.”

Please print clearly & attach a “VOID” cheque.

Name(s) of Parishioner(s):

Name of Bank/Trust/Credit Union:

Branch Address: _____

Account #: _____

Date: _____

Signature(s): _____

You may stop automatic debit at any time by simply writing a letter with 30 days’ notice to St. Mary’s Cathedral. You have certain recourse rights if any debit does not comply with the agreement. To obtain more information on how this all works please contact your financial institution or Suzanne in the office.

NEEDED: Apartment or part of home needed to rent

Helen Obilor is a Nigerian woman who is a graduate student here in Kingston at Queen's and is a daily-Mass parishioner here at St. Mary's Cathedral. Her 1 ½ year old son Simeon is here with her. Before coming to Queen's, her supervisor and she planned to implement her thesis research in Nigeria. With that plan, she would have been able to return home to look after her other four kids. But towards the end of this past year it was determined that the proposed research is not feasible in Nigeria. Thus Helen had no other option than to implement her research study in Canada. Her absence from home is beginning to affect her older kids. Her husband, who works in Nigeria, and Helen have decided that the kids should come and join her here in Canada, and they will be arriving in March 2020. Her current apartment will not accommodate her as it is only a one-bedroom. She is searching for a two-bed apartment. Landlords are not willing to lease the apartments she has seen because of the number of children. She cannot afford a 3-bedroom apartment at the moment. She is wondering if a member of the parish might be able to assist her from March to August as she will have housing available in September. If you, or you know someone, have a sizable apartment or part of house that they could rent to Helen please contact her asap at 15hno@queensu.ca. If you might have suggestions for Helen please letter her know.

REFUGEE SPONSORSHIP COMMITTEE **UPDATE AND MEETING**



The St Mary's Cathedral Refugee Sponsorship Committee has good news to share! We are pleased to announce that St Mary's Parish will be joining with St John the Apostle Parish to undertake our third refugee family sponsorship. As we had outlined in our call for input last February, St Mary's has been able to combine our funds on hand with funds from St. John the Apostle Parish and successfully obtain a private sponsorship spot from Immigration Canada.

The new sponsorship is for a Somali mother and her five children, ages 10 to 17 years old. As a result of persecution, the mother was forced to run with the children or face execution. The family is currently living as refugees in Uganda. We expect them to arrive in Kingston in late 2020 or the first half of 2021.

There will be a Refugee Sponsorship meeting at St John the Apostle's parish hall (in the basement of the church at Patrick and Quebec Streets) at 7 pm on January 29, 2020. Many volunteers will be needed to welcome the family and help them settle, to collect furniture and other donated goods. As mentioned previously, through your great generosity, sufficient funds have already been raised. Please contact Angela Gambin for more information or to offer help at stmarysrefugee@gmail.com

ST. MARY'S CATHEDRAL HOT MEALS PROGRAM



"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me." Matt. 25:35

For over 35 years, St. Mary's Cathedral Hot Meals Program has been providing a nutritious lunch for those in need within our city. This is the only hot meal program in the Kingston area organized by the Catholic Church. The program operates out of the basement of St. John the Apostle Parish and is open every Saturday throughout the entire year. The meal program consists of nine teams of volunteers who provide, prepare and serve the lunch, and clean up afterwards. **Last year a total of 1,960**

meals were served. Each week for over the past 35 years, **Jiffy Grill** has been providing hot soup and for over 30 years when it was operating Weston Bakery supplied 40 loaves of bread each week. In recent years, **The Breadman** has regularly provided bread. We are very grateful to these business establishments for their ongoing support and generosity. St. Mary's Cathedral has an annual operating expense of \$6000 to cover the cost of coffee, tea, sugar, creamer, paper and cleaning products and custodial help. Any donation to this worthy cause would be greatly appreciated. Donations can be made payable to *St. Mary's Cathedral* putting Hot Meals Program in the memo line. Thank you in advance for your generosity.

THE SECOND ANNUAL
PURSUIT OF GLORY
CATHOLIC MENS CONFERENCE

*"Daniel was taken up out of the den, and no kind of harm was found on him, because he had trusted in his God."
Daniel 6:23*



CALLING ALL MEN

Are you held back by bad habits and poor choices that are preventing you reaching sanctity? Join us this April as Abp. Mulhall, Ben Turland, and Vlad Mararaldo share their insights and encouragement so that you can push forward towards glory!

WHEN: April 25, 2020

WHERE: Donald Gordon Centre

TICKETS: \$55 Early Bird, \$65 Regular

ORDER NOW AT: WWW.KINGSTONMENSMINISTRY.CA



CURSILLO MEN'S WEEKEND

is scheduled for **Thursday evening, March 12th through to Sunday, March 15th, 2020** incl., at Providence Spirituality Centre in Kingston. This retreat weekend has been very well received by everyone in Kingston who has taken it to date. It is primarily aimed at those who are far from Christ, or who have wandered far from the Church, or who have been doubting their faith. Come and have your questions, doubts and fears answered in a very welcoming environment.

For more information, please contact Lionel Ryan at 613.634.9588 / ryanlionel07@gmail.com, or Mike Foley at 613.546.6224 / mfoley8@cogeco.ca, or Father Shawn J. Hughes at 613.546.5521 Ext. 4 / rector.smc.279@gmail.com .



LOOKING AHEAD: SAVE THE DATE: Eight Doors to the Kingdom Parish Mission.

The great French spiritual master and author, Father Jacques Philippe, is coming from France to the Cathedral from February 29th to March 3rd. He will preach at all the Sunday Masses the First Sunday of Lent, (5 pm, Feb. 29th & March 1st at 8 am, 10:30 am and 7:30 pm) and will lead a Parish Mission on the Eight Beatitudes at 7 pm on Monday, March 2nd, Tuesday, March 3rd and Wednesday, March 4th. For further information please contact Ann Lyng at ministries.smc.279@gmail.com

or Father Shawn Hughes at rector.smc.279@gmail.com

THE FEDERAL GOVERNMENT HAS LAUNCHED A “PUBLIC CONSULTATION” ON ITS PROPOSAL TO DRASTICALLY EXPAND CANADA’S EUTHANASIA REGIME.

I received this email from Campaign Life Coalition on Tuesday. I would encourage everyone to read it carefully and fill out the survey using the link at the end. *Always remember that adage attributed to the Irish philosopher and statesman Edmund Burke: “The only thing necessary for the triumph of evil is that good men do nothing.”*

Dear Reverend Hughes,

The federal government of Mr. Justin Trudeau has just launched a “public consultation” on its proposal to drastically expand Canada’s euthanasia regime (euphemistically referred to as “MAiD” or “Medical Assistance in Dying”).

The Liberals are looking to expand euthanasia to those who cannot give consent. They are also considering euthanasia for people who are not even dying.

More than 6,700 vulnerable Canadians have already been killed since legalization in 2016, and if this expansion goes ahead as planned, thousands more will fall victim to this sterilized form of medical murder. Additional groups of people – the elderly, the disabled, the terminally ill, the depressed, sick **children** – will have their lives dehumanized and devalued, which we believe will only pave the way to *greater human rights abuses in the future*.

Currently, the practice of medical murder is restricted to those “patients” who meet the following arbitrary criteria:

- they are at least 18 years old and mentally competent;
- they have a serious illness, disease, or disability;
- they are in an advanced state of decline that “cannot be reversed”;
- they experience “unbearable physical or mental suffering”;
- they are at a point where natural death has become “reasonably foreseeable”;
- they make a voluntary request to be euthanized;
- they give informed consent to be euthanized.

Expanding MAiD Puts the Elderly and Disabled at Risk

Of course, we reject the existing criteria as completely unacceptable from a moral and ethical standpoint! **Euthanasia is out-and-out murder, which God forbids.** Prior to legalization, euthanasia and assisted suicide were defined in our Criminal Code as forms

of *homicide*. No law-abiding citizen should ever have his/her death purposefully hastened or “facilitated” – for any reason.

Having the “option” of medical murder since 2016 has only created a **poisoned environment** in our culture, and in the health care system in particular. In this environment, vulnerable and hurting individuals are encouraged to consider whether their lives are indeed “worthy of life”. Real pressure is being applied by doctors, nurses, friends, and family members who may have ulterior motives (i.e. saving health care dollars, freeing up a bed, or gaining an inheritance). Health care professionals are standing in the place of God, advising of the “option” of euthanasia, and then either carrying out the deed or referring to some other doctor or nurse who will do it without any moral compunction.

Our present euthanasia regime is an utter travesty and a complete sham. **And it will only get worse if Mr. Trudeau has his way.** Soon we will be at the point of "euthanasia on-demand"! This is why we need your help!

There is a very short public consultation taking place as we speak, which ends on January 27th. In this consultation, the public has been granted the opportunity to fill out a brief online survey offering their views on expanding euthanasia.

We would urge you to please fill out the survey ASAP, stating your opposition to euthanasia expansion in the strongest possible terms. Here is the link to the survey:
<https://www.justice.gc.ca/eng/cons/ad-am/index.html>

To make filling out this survey easier, I have listed the questions below, along with our suggested responses. Just be aware that these government questions are highly skewed in favour of expanding euthanasia.

Thank you for helping to stop the spread of this evil in our country.

Yours for Life,

David Cooke
Campaigns Manager
Campaign Life Coalition
www.campaignlifecoalition.com

P.S. Please complete the survey using this link:
<https://www.justice.gc.ca/eng/cons/ad-am/index.html>



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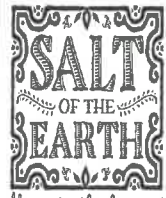
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**St. Mary's Cathedral Catholic
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parish, of all ages
and backgrounds,
to grow in your faith
while serving our
community in fellowship.
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Meetings are held on the third
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information, please contact
CWL President Ann Lyng at
alyng@cogeco.ca

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Knight Ian Moore at
imoore@arbormemorial.com

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