

# THE HOLY SACRIFICE OF THE MASS

## The Solemnity of the Most Holy Body and Blood of Christ June 14, 2020

### Cathedral of St. Mary of the Immaculate Conception KINGSTON, ONTARIO

CHORAL PRELUDE

Excerpt from the Sequence  
for Corpus Christi

Gregorian chant

Ecce Panis Angelorum,  
factus cibus viatorum  
vere panis filiorum,  
non mittendus canibus.

Behold the Bread of Angels,  
made the food of wayfarers,  
truly the bread of children,  
not to be given to the dogs.

In figuris præsignatur,  
cum Isaac immolatur,  
Agnus Paschæ deputatur,  
datur manna patribus.

Presignified by figure,  
when Isaac was immolated,  
the Paschal Lamb was commanded,  
manna was given to the fathers.

Bone pastor, panis vere,  
Iesu, nostri miserere:  
tu nos pasce, nos tuere,  
tu nos bona fac videre  
in terra viventium.

Good shepherd, true bread,  
Jesus, have mercy on us:  
feed us, protect us,  
make us to see  
good things in the land of the living.

Tu qui cuncta scis et vales,  
qui nos pascis hic mortales:  
tuos ibi commensales,  
coheredes et sodales  
fac sanctorum civium.  
Amen.  
Alleluia.

Thou who knowest and willest all things,  
who feeds us mortals by this:  
make thine own to be partakers of,  
co-heirs and citizens  
in that holy city of saints.  
Amen.  
Alleluia.

ORGAN PRELUDE

Communion on *Ecce panis angelorum*

Alexandre Guilmant  
(1837-1911)

*Please stand for the procession.*

## ENTRANCE ANTIPHON *(sung by choir)*

He fed them with the finest of wheat, alleluia;  
and with honey from the rock he satisfied them, alleluia, alleluia.

(Psalm 81:17)

# ✠ Introductory Rites ✠

## GREETING

CELEBRANT: In the name of the Father, ✠ and of the Son, and of the Holy Spirit.

ALL: **Amen.**

CELEBRANT: The grace of our Lord Jesus Christ,  
the love of God,  
and the communion of the Holy Spirit be with you all.

ALL: **And with your spirit.**

## PENITENTIAL ACT

CELEBRANT: Let us acknowledge our sins,  
and so prepare ourselves to celebrate the sacred mysteries.

CELEBRANT: You were sent to heal the contrite of heart: Lord, have mercy.

ALL: **Lord, have mercy.**

CELEBRANT: You came to call sinners: Christ, have mercy.

ALL: **Christ, have mercy.**

CELEBRANT: You are seated at the right hand of the Father to intercede for us.  
Lord, have mercy.

ALL: **Lord, have mercy.**

CELEBRANT: May almighty God have mercy on us, forgive us our sins,  
and bring us to everlasting life.

ALL: **Amen.**

## GLORIA *(spoken)*

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.

## OPENING PRAYER

**ALL RESPOND:**     **Amen.**

*Please be seated.*

# ✠ The Liturgy of the Word ✠

## READING I

*Deuteronomy 8:2-3,14b-16a*

**LECTOR:**    The Word of the Lord.       **ALL:**     **Thanks be to God.**

**RESPONSORIAL PSALM**   *Psalm 147:12-13, 14-15, 19-20*

**Response:**               **Praise the Lord, Jerusalem.**

READING II

*I Corinthians 10:16-17*

SEQUENCE (*omitted*)

*Please stand.*

GOSPEL ACCLAMATION (*sung by choir*)

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

(John 6:51)

THE HOLY GOSPEL

*John 5:51-58*

DEACON OR CELEBRANT: The Lord be with you.

ALL: **And with your spirit.**

DEACON OR CELEBRANT: A reading from the holy Gospel according to John.

ALL: **Glory to you, O Lord.**

*Following the Gospel:*

DEACON OR CELEBRANT: The Gospel of the Lord.

ALL: **Praise to you, Lord Jesus Christ.**

*Please be seated.*

HOMILY

Father Shawn J. Hughes  
Rector, St. Mary's Cathedral

*Please stand.*

NICENE CREED (*omitted*)

GENERAL INTERCESSIONS (*omitted*)

# ✠ Liturgy of the Eucharist ✠

*Please be seated.*

CELEBRANT: Blessed are you, Lord God of all creation,  
for through your goodness we have received the bread we offer you:  
fruit of the earth and work of human hands,  
it will become for us the bread of life.

ALL: **Blessed be God for ever.**

CELEBRANT: Blessed are you, Lord God of all creation,  
for through your goodness we have received the wine we offer you:  
fruit of the vine and work of human hands,  
it will become our spiritual drink.

ALL: **Blessed be God for ever.**

*Please stand.*

CELEBRANT: Pray, my brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

ALL: **May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

## PREFACE DIALOGUE

CELEBRANT: The Lord be with you.      ALL: **And with your spirit.**

CELEBRANT: Lift up your hearts.      ALL: **We lift them up to the Lord.**

CELEBRANT: Let us give thanks  
to the Lord, our God.      ALL: **It is right and just.**

# EUCHARISTIC PRAYER

*Please stand.*

## THE LORD'S PRAYER

**ALL:** Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.

**CELEBRANT:** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days,  
that, by the help of your mercy, we may always be free from sin  
and safe from all distress, as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**ALL:** For the kingdom, the power and the glory are yours, now and forever.

## FRACTION RITE

*Please kneel.*

**CELEBRANT:** Behold the Lamb of God; behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**ALL:** Lord, I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.

## SOLEMN BLESSING

**ALL RESPOND:** Amen.

## DISMISSAL

**ALL RESPOND:** Thanks be to God.

## DISTRIBUTION OF HOLY COMMUNION

### COMMUNION ANTIPHON (*sung by choir*)

He who eats my flesh and drinks my blood  
abides in me, and I in him, says the Lord.

(John 6:57)

### COMMUNION MOTET

*Ave verum corpus*

William Byrd  
(1543-1623)

*Ave verum corpus, natum de Maria Virgine,  
Vere passum, immolatum in cruce pro homine:  
Cuius latus perforatum, unda fluxit sanguine.  
Esto nobis prægustatum in mortis examine:  
O dulcis, O pie, O Jesu, fili Mariæ,  
Miserere mei. Amen.*

Hail the true body, born of the Virgin Mary:  
Truly suffering, was sacrificed on the cross for mankind,  
From whose pierced side flowed blood.  
Be for us a foretaste in the trial of death.  
O sweet, O merciful, O Jesus, Son of Mary,  
Have mercy on me. Amen.

### ACT OF SPIRITUAL COMMUNION

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

# Please join us via Internet live-stream from the Cathedral of St. Mary of the Immaculate Conception.

Wednesday, June 17

**8:00-9:00pm** Holy Hour (Adoration, Exposition, Benediction of the Blessed Sacrament)

Friday, June 19

**7:00pm** Solemn Sung Vespers (Solemnity of the Most Sacred Heart of Jesus)

Sunday, June 21

**10:30am** Holy Sacrifice of the Mass (12<sup>th</sup> Sunday in Ordinary Time)  
*In-person attendance permitted*

## Gloria

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