

The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Michael Mulhall, Archbishop of Kingston

279 Johnson St., Kingston, ON. 613-546-5521 www.stmaryscathedral.ca



The Parable of the Sower by Van Gough

Mass Schedule

Masses: Monday thru Friday in *St. James* at 7:45 am & in the Cathedral at 12:10 pm;

Doors Open ½ hour prior to Mass

Did you know? St. James Chapel is open for prayer from after morning Mass to 5 pm, Mon. thru Fri.

Opportunities for Confession: The Light is On!

Weekday Confessions: 11:30 am to 12 noon

Saturday Confessions: 4:00pm to 4:50 pm

Sunday Confessions: 7:30 to 7:55 am, 9:50 to 10:20 am & 7:00 to 7:25 pm

Adoration and Confession: Wednesday 6 pm – 9 pm in the Cathedral

Contacts

Rector: Father Shawn J. Hughes,
Associate Pastor: Father Americo Santos
Deacon: Deacon Blaine Barclay,
Parish Office Administrator: Liz Guiney,
Co-Ordinator of Evangelization: Juliet Trolio,
Drop-In Centre: Paty Velazquez,
Interim Music Director and Organist: Brad Barbeau
 and Brent Nuevo
Sacristan: Domenic Sanfilippo,
IT: Angela Gambin
In Residence: Father Dan Ryan, Father Paul Finn,
 and Fr. Jan Kusyk
Sign Up for the Daily Flocknote at <https://stmaryscathedral.ca/flocknote/>

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Mass Intentions

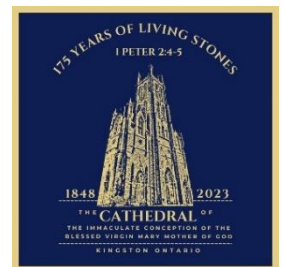
Monday July 17th	7:45 AM Lois Halligan	12:10 PM Intentions of Aaron Gifford	
Tuesday July 18th	7:45 AM Special Intention	12:10 PM Intentions of Abigail Annette Beharry	
Wednesday July 19th	7:45 AM Intentions of Father Shawn	12:10 PM Luz Ortiz	
Thursday July 20th	7:45 AM Helen Kingsley	12:10 PM Rosa's Intentions	
Friday July 21st	7:45 AM Father Ed Keyes	12:10 PM Intentions of Nancy Cosgrove	
Saturday July 22nd	5:00 PM Theresa & Lynn Ferguson		
Sunday July 23rd	8:00 AM Mary Lyng	10:30 AM <i>pro-populo livestream</i>	
	7:30 PM Special Intention		

MINISTRIES:		First Reading:	Second Reading:
Saturday, July 22 nd	5:00 PM	Lynn Pritchard	Maureen Jamieson
Sunday, July 23 rd	8:00 AM	Janet Woo	Bernadette Egan
Sunday, July 23 rd	10:30 AM	Donna Travis	Sr. Maureen Lamarche
Sunday, July 23 rd	7:30 PM	Aidan Scott	

175 Years of Living Stones



"Come to Him, a living Stone, though rejected by mortals yet chosen and precious in God's sight, and like living stones let yourselves be built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ." 1 Peter 2:4-5



Garofalo Family

This week, the Garofalo Family brings home our '*Sedes Sapientiae*', Seat of Wisdom Statue, as it continues its pilgrimage through the parish.

Please keep Frank, Laura and Luke in your prayers this week.

If you are interested in having this beautiful statue in your home for a week, we have a few weeks available in July. Please contact Liz at the parish office, 613-546-5521 ext. 3,
officemanager@stmaryscathedral.ca

175th Anniversary Grand Celebration

Sunday, August 13th, 10:30 am Holy Mass followed by luncheon on the Cathedral Lawns.

Please plan on joining us.

Pilgrimage to St. Ann's Shrine in Cormac, ON

Pilgrimage to Shrine of St. Ann In Cormac: Plan to attend the 83rd annual pilgrimage to the Shrine of St. Ann in Cormac on Sunday, July 30th with Bishop Guy Desrochers.

A bus will be leaving St. Mary's Cathedral at 7:30 am on Sunday July, 30th and will return around 5:00 pm that same day.

The cost is \$50 per ticket. Cash is preferred but, cheques can be made payable to Father Dan Ryan.

If you are interested, please contact Liz at the parish office by email: officemanager@stmaryscathedral.ca or by phone 613-546-5521 ext.3.



Contact: **Marnie Quirk and/or Christina Alaimo**
 Phone: 343-333-7171
 Email: sacredheart.vbc@gmail.com

Sacred Heart of Mary Parish
 Invites Children to Vacation Bible Camp (VBC)
 Totally Catholic Stellar VBC: Shine Jesus' Light!

Sacred Heart Parish, Wolfe Island is hosting a summer kids' event called Totally Catholic Stellar VBC from **Monday, July 31st to Friday, August 4th.**

At Totally Catholic Stellar, kids discover how they can shine Jesus' love and hope in everyday life! Kids participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, devour yummy treats, collect Bible Memory Buddies to remind them of Jesus' light, and test out Sciency-Fun Gizmos they'll take home and play with all summer long. Plus, kids will learn to look for evidence of God all around them through something called God Sightings. Each day concludes with a Cosmic Closing that gets everyone involved in living what they've learned.

Who: Totally Catholic Stellar is for kids from 2 to 10
Stellar preschoolers: 2 to 4 year olds (up to entering jk)
Stellar kids: 5 (entering sk) to 10 (entering grade 5)

When: 9:30 a.m. to 1:00 p.m. from Monday, July 31st to Friday, August 4

Camper Fees: 1 child \$80.00, 3+ children \$200.00 (max cost/family \$200.00)

TO REGISTER E-MAIL: sacredheart.vbc@gmail.com



MARK YOUR CALENDARS
Looking Ahead to September:

ROMANS: THE GOSPEL OF SALVATION

THURSDAYS BEGINNING SEPTEMBER 14TH 7 – 8:30 PM

Videos, Teaching, and Discussion

In this 8-session study, presenters Dr. Andrew Swafford and Jeff Cavins provide an authentically Catholic, comprehensive, and simple way to understand the overarching theme of Romans—salvation.

Introduction

Romans 1-2: Paul's Gospel and the Universality of Sin
 Romans 3-4: Faith, Works, and Justification
 Romans 5-6: Entering into the Paschal Mystery
 Romans 7-8: The Logic of the Covenant, the Gravity of Sin, and the Gift of the Spirit
 Romans 9-11: God Fathers His Family
 Romans 12-13: Making Our Lives a Living Sacrifice
 Romans 14-16: The End of the Story

Share life, faith, hope and Jesus on Alpha.



This Catholic Alpha Film Series is designed for today's contemporary audience. It was filmed all around the world, and features interviews with world-famous leaders and inspiring stories that unpack the basics of the Christian faith in an updated and engaging way.

This will run for 11 weeks in St. Mary's Parish Centre on Saturday mornings, 9:30 am to 11:30 am, beginning September 23rd. It is for people who have fallen away from the Faith, or those who do not know the Faith and for all who want to learn more about the faith.

It is a statistical fact that 80% of guests attend Alpha because of a personal invitation from someone they know. So please think of your family and friends that you would love to know the Lord. And be brave enough to suggest this to them. Perhaps you might attend with them to encourage them in their Faith. That 80% they keep attending because of the relationships that develop during Alpha.

The morning will begin with a light continental breakfast (coffee, muffins, fruit, yogurt) and a social time. Then there is an instructional video followed by discussion in small groups and wrap up in the large group.

Help someone come to know the Lord by inviting them to this wonderful outreach.

The key question in today's angst ridden society is "Where do I belong?" We know they belong as disciples of Jesus Christ. You can be the one to really help them by inviting them for Alpha.

For more information or to register contact Ann Lyng annlyng96@gmail.com or Father Shawn rector@stmaryscathedral.ca