

The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Michael Mulhall, Archbishop of Kingston

279 Johnson Street Kingston, Ontario 613-546-5521 www.stmaryscathedral.ca



Mass Schedule

St. James Chapel:

Monday to Friday at 7:45 am

St Mary's Cathedral

Monday to Friday at 12:10 pm

Doors open ½ hour prior to Mass

Sunday Vigil: Saturday at 5pm

Sunday: 8am, 10:30am, 7:30pm

Adoration of the Blessed Sacrament

in St. James Chapel Monday- Friday

8:15am-9pm Saturday : 9am-4pm

The Light is On!

Opportunities for Confession here at St. Mary's

Weekday Confessions:

11:30 am to 12 noon

Saturday Confessions: 4:00-4:50

Sunday Confessions:

7:30 to 7:55am, 9:50 to 10:20am &

7:00 to 7:25 pm

Adoration and Confession:

Wednesday 6-9pm in the Cathedral



SCAN THE CODE TO GIVE

VISIT: stmaryscathedral.ca/give/



Clergy & Staff Contacts

Rector: Father Shawn J. Hughes,
Deacon: Deacon Blaine Barclay,

rector@stmaryscathedral.ca
deacon@stmaryscathedral.ca

In Residence: Father Paul Finn, Father Dan Ryan,
 Father Timothy Shea and Father Félix Roberge

Office Administrator: Liz Ford (On Leave),
Interim Office Administrator: Angela Gambin
Co-Ordinator of Evangelization: Juliet Trolio (Leave)
Interim Co-Ordinator of Evangelization: Ann Lyng,
Drop-In Centre Manager: Paty Velazquez,
5 pm Sat. Mass Music Director: Brent Nuevo
10:30 am Sun. Mass Music Director: Brent Nuevo
7:30 pm Sun. Mass Music Director: Liam Noronha
Sacristan and Custodian: Domenic Sanfilippo,
Custodian: Rick Menard
Rectory Chef: Anjelina Howell
Veronica's Veil Shelter Co-Ordinator: Ann Lyng,
Coat Drive Co-Ordinator: Mike Chase,
Queen's Newman House Catholic Chaplaincy:
 Father Jan Kusyk

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Sign Up for the Daily Flocknote at
<https://stmaryscathedral.ca/flocknote/>

Mass Intentions

Monday December 2nd	7:45 AM †Kike Oyewumi	12:10 PM Intentions of Monica Zuiker
Tuesday December 3rd	7:45 AM †Joe Smith	12:10 PM †Brian Cosgrove and Ivan Jakov
Wednesday December 4th	7:45 AM Special Intention	12:10 PM †Mary Lyng (21 st Anniversary)
Thursday December 5th	7:45 AM †Bradley Sumner	12:10 PM †Dr Matthew McDonald
Friday December 6th	7:45 AM †Guy St Marseille	12:10 PM †Edward Mack (1 st Anniversary)
Saturday December 7th	5:00 PM †Leo Deuette	
Sunday December 8th	8:00 AM †Betty Roy	10:30 AM <i>Pro-Populo Livestream</i>
	7:30 PM Intentions of Maureen Powers	

MINISTRIES:		First Reading:	Second Reading:
Saturday, December 7th	5:00 PM	Luigia Cimellaro	Elizabeth Neeley
Sunday, December 8th	8:00 AM	Janet Woo	Anne Hogarth
Sunday, December 8th	10:30 AM	Mark Levac	Avery Collins
Sunday, December 8th	7:30 PM	Mike Chase	Isabel Chase



ADVENT

AT ST MARY'S CATHEDRAL

Sunday December 1st at 3PM in the Cathedral

THIS SUNDAY AFTERNOON! Advent Lessons and Carols

Lessons and Carols is a service of Scripture and song that dates to the late 19th century. In this service, we listen to Scripture lessons which recount the Fall, the promise of a Messiah, the Incarnation, and the Great Commission to preach the Good News. *Mulled cider and shortbread treats to follow, in the vestibule.*

Wednesday December 11th and 18th at 7PM in the Cathedral

Advent Catechesis with Archbishop Mulhall will begin Wednesday, December 11th
Please join us for Advent Reflections with Archbishop Mulhall. Wednesdays during Advent, 7:00 PM in the Cathedral in the context of Adoration.

Friday December 6th at 7PM

St Nicholas Day Taizé Prayer

Friday December 6th at 7:00 PM in the cathedral. Taizé is a simple, meditative form of worship, calling us to dwell deeply on Christ's presence around and within us. Songs, prayerful silence, and short readings guide the focus of the prayer in candlelight.

Monday December 9th at 10:30 AM (no other Masses offered this day)

Patronal Feast Day, Holy Mass for the Immaculate Conception

Archbishop Mulhall will celebrate Mass in the Cathedral.

Monday December 9th at 7PM in the Cathedral

Solemn Vespers for the Immaculate Conception

Vespers is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray always." Through this prayer, the people of God sanctify the day by continual praise of God and prayers of intercession for the needs of the world.

Thursday December 19th at 7PM in St James Chapel

Holy Mass for those who are Bereaved

All are welcome, especially those who have lost a loved one this past year.

St Mary's Cathedral

ADVENT
LESSONS & CAROLS

**THIS SUNDAY DECEMBER 1
AT 3:00 PM**

Lessons and Carols is a service of Scripture and song that dates to the late 19th century. In this service, we listen to Scripture lessons which recount the Fall, the promise of a Messiah, the Incarnation, and the Great Commission to preach the Good News. Each lesson is followed by a carol or other song that reflects on the lesson's message and a brief prayer.

***Mulled cider and shortbread treats
to follow, in the vestibule.***

Advent Confessions At Neighbouring Parishes

Holy Family Parish
200 Weller Ave
Saturday Dec 21st 3pm-5pm

St John the Apostle
88 Patrick St
Sunday Dec 8th at 1pm

St Joseph's Parish
392 Palace Rd
Sunday Dec 15th at 2pm

Our Lady of Lourdes
490 Days Rd
Friday Dec 20th at 10am

St Paul the Apostle
1111 Taylor Kidd
Saturday Dec 7, 14, 21, 4pm-4:30pm

Christmas Eve Children's Pageant Updates

Practices for the Christmas Pageant will be held on Saturday December 7, 14 and 21 at 9:30 am.

Please contact Donna Fazari:
Christmaspageant@stmaryscathedral.ca

Nota Bene: Our life-size camel puppets will be taking part in the pageant. We still need more teenagers OR adults who would be willing to help manoeuvre these wonderful creatures. Please contact Donna if you would like to be part of the puppetry.

St. Rita's Drop-in Centre of St. Mary's Cathedral

Winter Coat Drive

Thank you again to everyone who donated to the coat-drive. On November 18th, we started to distribute items to those in need, and the process has been going smoothly.

However, gloves for men and women, and large and extra-large men's coats are going fast. If anyone still has these to donate, in particular, it would be much appreciated.

We are operating until January 17th. Further donations can be dropped off at St. Mary's Parish Centre between 1:00 and 3:30 Monday to Friday; use the Drop-in Centre entrance in the parking lot. Alternatively, as before, you can email coatdrive@stmaryscathedral.ca to arrange for pick-up of your donations.

Thanks again for your generosity and please keep the coat-drive in your prayers.





Jubilee 2025

WHAT IS A JUBILEE OR HOLY YEAR?

In the Catholic tradition, a Holy Year, or Jubilee is a great religious event. It is a year of forgiveness, of reconciliation between adversaries, of conversion, and consequently of solidarity, hope, justice, commitment to serve God with joy and in peace with our brothers and sisters. A Jubilee year is above all the year of Christ, who brings life and grace to humanity.

Biblical Background: The origin of the Christian Jubilee goes back to Biblical times. The Law of Moses prescribed a special year for the Jewish people: "You shall hallow the fiftieth year and proclaim the liberty throughout the land, to all its inhabitants; it shall be a jubilee for you when each of you shall return to his property and each of you shall return to his family. This fiftieth year is to be a jubilee year for you..." (*Leviticus 25, 10-13*)

Catholic Background: At Christmas in 1299, during a time of plagues, suffering and wars, so many Christians traveled to Rome to pray at the tombs of the Apostles Peter and Paul, receive the Pope's blessing, and obtain the strength to carry on, that Pope Boniface VIII enquired about the reason for their coming. Admiring their faith he proclaimed 1300 a "year of forgiveness of all sins". This was the first Holy Year or Jubilee. At first the Jubilee was held every 50 years, but, proving to be so popular, in 1470 Pope Paul II fixed the Jubilee for every twenty-five years.

Purpose of the Jubilee: The Jubilee is also called Holy Year because its purpose is to encourage and intensify a holy way of life. It is convoked to strengthen faith, encourage works of charity and communion within the Church and in society. It calls Christians to be more sincere and coherent in their faith in Christ, the only Saviour. Two traditional features of a Jubilee are a pilgrimage to Rome to pray at the tombs of Saints Peter and Paul and the opening of a Holy Door with the ability to obtain a plenary indulgence.

Theme of Jubilee 2025: In addition to calling the Church to renewed vigor through repentance and acts of faith, hope and charity, each Jubilee Year has a particular focus. Pope Francis has designated this Jubilee with its motto: *Pilgrims of Hope*. After the effects of the pandemic and unsettled condition throughout the world, he writes: "We must fan the flame of hope that has been given us, and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision. ... This will indeed be the case if we are capable of recovering a sense of universal fraternity and refuse to turn a blind eye to the tragedy of rampant poverty that prevents millions of men, women, young people and children from living in a manner worthy of our human dignity. Here I think in particular of the many refugees forced to abandon their native lands. May the voices of the poor be heard throughout this time of preparation for the Jubilee, which is meant to restore access to the fruits of the earth to everyone." [Letter of Pope Francis]

The Jubilee will begin in Rome with the Opening of the Holy Door on Christmas Day, and then in the dioceses of the world, the Jubilee will begin on Holy Family Sunday, December 29, 2024.

Ways of Participating in the Jubilee and Gaining the Indulgence: The main aim of the Jubilee is to assist us in drawing closer to Christ by works of mercy and penance. This is a means of uniting ourselves to the sacrifice of Christ for the salvation of all people. This may be accomplished by a pilgrimage, an act of devotion or a work of mercy. The Decree establishing the Jubilee Year reads: "During the Ordinary Jubilee of 2025, all the faithful, who are truly repentant and free from any affection for sin, who are moved by a spirit of charity and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory in the following ways:

A. Participating in a Pilgrimage: An essential element of the Jubilee is a pilgrimage. A pilgrimage reminds us that as a Church, we are on a journey in this life to our heavenly home. A pilgrimage is a journey with Christ to the Father. The pilgrimage may take several forms and offers the opportunity for gaining the Jubilee Indulgence. As part of the Pilgrimage, the individual must devoutly participate in the celebration of the Eucharist; or a celebration of the Word of God; or the Liturgy of the Hours; or a penitential celebration, which ends with the individual confessions of the penitents.

1) To the Holy Door in Rome: By visiting one of the four Major Papal Basilicas: St. Peter's in the Vatican, the Archbasilica of the Holy Saviour (St John Lateran's), Saint Mary Major's, and St. Paul's Outside the Walls;

2) To the Holy Land: By visiting at least one of the three basilicas: the Basilica of the Holy Sepulchre in Jerusalem, the Basilica of the Nativity in Bethlehem, or the Basilica of the Annunciation in Nazareth;

3) To the Diocesan Cathedral: By visiting the Cathedral or other church or sacred place designated by the Bishop.

B. Personal Visits to Sacred Places: Likewise, the faithful can obtain the Jubilee Indulgence if, individually or in a group, they devoutly visit any Jubilee church for a suitable period of time, engage in Eucharistic Adoration, concluding with the Our Father, the Profession of Faith (Creed), and invocations to Mary, the Mother of God, so that in this Holy Year everyone "will come to know the closeness of Mary, the most affectionate of mothers, who never abandons her children" (*Spes non confundit*, 24).

C. Works of Mercy and Penance: The faithful will be able to obtain the Jubilee Indulgence if they visit, for an appropriate amount of time, their brothers and sisters who are in need or in difficulty (the sick, prisoners, lonely elderly people, disabled people...), in a sense making a pilgrimage to Christ present in them (cf. Mt 25, 34-36) according to the usual spiritual, sacramental and prayer conditions listed above.

What is an Indulgence? An indulgence is "the remission before God of the temporal punishment due for sins already forgiven as far as their guilt is concerned" (Canon Law, no. 992; Catechism of the Catholic Church, no. 1471). An indulgence is not to be confused with the forgiveness of sins. Sins are forgiven in the Sacrament of Reconciliation (Confession); however even after the forgiveness there remains a state of spiritual weakness, which is called "temporal punishment." An indulgence is the healing of this temporal punishment, that is the spiritual weakness or inclination which sin has caused. As Pope Francis wrote: "Still, as we know from personal experience, every sin "leaves its mark". Sin has consequences, not only outwardly in the effects of the wrong we do, but also inwardly, inasmuch as 'every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death, in the state called Purgatory'. [CCC, no. 1472] In our humanity, weak and attracted by evil, certain residual effects of sin remain. These are removed by the indulgence, always by the grace of Christ, who, as Saint Paul VI wrote, "is himself our 'indulgence'". [Apostolic Letter: *Apostolorum Limina*, 23 May 1974, II] For example, if a husband and wife have a major breakup. They may forgive each other, but the relationship needs healing and the restoration of trust before it can return to what it was before the breakup. An indulgence is this healing of the breakup and weakness that sin causes. It is accomplished by extra-ordinary acts. These are the making of a pilgrimage, giving alms, works of mercy, and practices of prayer and sacrifices as described above.

How to Gain an Indulgence? To obtain an indulgence, a) one must be in the state of grace; b) have complete detachment from sin, even venial sin; c) celebrate the Sacrament of Reconciliation (Confession of sins); d) receive the Holy Eucharist (Communion); e) pray for the intentions of the Pope; d) and perform the required charitable work, as listed above.

Veronica's Veil Winter Overnight Shelter for Men Gentlemen! We still need more to sign up!

With the onset of the shorter days and slightly cooler temperatures, thoughts turn to the coming winter and the plight of the homeless during the cold winter months. Veronica's Veil Shelter will reopen for its third season on Thursday January 2, 2025. It will be open each night from 9 pm to 8 am until April 30, 2025. As in previous years, volunteers are needed to staff each of the three four-hour shifts: 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am.

Training sessions will be provided for new volunteers or others who would like a refresher in the upcoming weeks. New volunteers please plan on attending one of the following sessions in the Parish Centre: Sat. Dec. 7 or Sat. Dec. 14 at 10 am or Tuesday, December 10 at 7 pm .

All volunteers at the shelter must be screened for High Trust ministry according to the Screening Policy of the Archdiocese of Kingston. If you haven't been screened and wish to volunteer, please contact me. If you have already been screened, the only requirement to maintain your current screening status is to complete an annual Offence Declaration for 2024.

I hope you will prayerfully consider volunteering this winter season. I also ask that you reach out to anyone you know who may be interested in volunteering at the shelter. Perhaps you and a good friend or family member could work together on one shift? Please let me know if you can help out again this year as well as your availability, which day / shift you prefer.

Thank you in advance for your assistance in this very important outreach to those who are in need. I look forward to working with everyone again this season. If you are unable to help at this time please keep the shelter very much in your prayers.

Please do not hesitate to contact me if you have any questions. I can be reached at this email address or by phone at 613-572-4892 (c) or 613-546-5521 Ext 5. Ann@stmaryscathedral.ca St. Veronica, pray for us. God bless you

16 More Volunteers Needed!

Shift 3(4:30 am -8:30 am):

Monday - 4 volunteers
Tuesday - 2 volunteers
Thursday - 4 volunteers
Friday - 2 volunteers
Saturday - 3 volunteers
Sunday - 3 volunteers

Shift 2 (12:30 am - 4:30 am):

Sunday - 1 volunteer

Substitutes: Volunteers are also needed to cover occasional shifts when regular volunteers are absent