

A collection of autumn leaves and berries scattered around the text. The leaves are in various shades of brown, orange, and yellow, with some showing detailed vein patterns. The berries are small, round, and orange-red, clustered together on thin stems. The background is a plain, light color, making the natural elements stand out.

A Prayer of Thanksgiving

Gracious and loving God,

In this season of Thanksgiving, we, the people of the
Archdiocese of Kingston, come together as one in gratitude
for Your abundant blessings.

We thank You for the gift of faith that unites us as a community
for our families and friends who enrich our lives,
and for the beauty of creation that surrounds us in this region we call home.

Guide us to always walk in Your light,
mindful of Your presence in our daily lives.

We ask that You bless the food we are about to share,
the hands that prepared it, and the loved ones who gather with us.

Help us to be generous with the gifts we have received,
that we may reach out to those in need,
offering them comfort, hope, and love in Your name.

May the spirit of this Thanksgiving extend beyond today,
filling our hearts with peace, compassion,
and a deepened sense of Your grace throughout the year.

We offer this prayer through Jesus Christ, our Lord,
with hearts overflowing in thanks and praise.

Amen.

The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God

The Mother Church of the Faithful of the Archdiocese of Kingston
The Most Reverend Michael Mulhall, Archbishop of Kingston

279 Johnson St., Kingston, ON. 613-546-5521 www.stmaryscathedral.ca



Mass Schedule

Masses: Monday - Friday in *St. James* at 7:45 am & in the Cathedral at 12:10 pm; *Doors Open ½ hour prior to Mass*

Sunday Vigil: Saturday at 5pm,
Sunday at 8 am, 10:30 am and 7:30 pm

Opportunities for Confession: The Light is On!

Weekday Confessions: 11:30 am to 12 noon: **Saturday Confessions:** 4:00pm to 4:50 pm

Sunday Confessions: 7:30 to 7:55 am, 9:50 to 10:20 am & 7:00 to 7:25 pm

Adoration and Confession: Wednesday 6 pm – 9 pm in the Cathedral

Adoration In St. James Chapel

Monday- Friday 8:15am-9pm: Saturday : 9am-4pm

HAPPY THANKSGIVING TO ALL

Staff Contacts

Rector: Father Shawn J. Hughes,	rector@stmaryscathedral.ca
Deacon: Deacon Blaine Barclay,	deacon@stmaryscathedral.ca
In Residence: Father Paul Finn, Father Dan Ryan, Father Timothy Shea and Father Félix Roberge	
Office Administrator: Liz Ford (On Leave),	officemanager@stmaryscathedral.ca
Interim Office Administrator: Angela Gambin	officemanager@stmaryscathedral.ca
Co-Ordinator of Evangelization: Juliet Trolio (On Leave)	juliet@stmaryscathedral.ca
Interim Co-Ordinator of Evangelization: Ann Lyng,	ann@stmaryscathedral.ca
Drop-In Centre Manager: Paty Velazquez,	paty@stmaryscathedral.ca
5 pm Sat. Mass Music Director: Brent Nuevo	brent@stmaryscathedral.ca
10:30 am Sun. Mass Music Director: Brent Nuevo	brent@stmaryscathedral.ca
7:30 pm Sun. Mass Music Director: Liam Noronha	liam@stmaryscathedral.ca
Sacristan and Custodian: Domenic Sanfilippo,	domenic@stmaryscathedral.ca
Custodian: Rick Menard	officemanager@stmaryscathedral.ca
Rectory chef: Anjelina Howell	officemanager@stmaryscathedral.ca
Veronica's Veil Shelter Co-Ordinator: Ann Lyng,	veronicasveil@stmaryscathedral.ca
Coat Drive Co-Ordinator: Mike Chase,	coatdrive@stmaryscathedral.ca
Queen's Newman House Catholic Chaplaincy:	frjankusy@gmail.com

Sign Up for the Daily Flocknote at <https://stmaryscathedral.ca/flocknote/>

Mass Intentions

Monday October 14th	7:45 AM Intentions of Jomon Joy And Mary Ross	12:10 PM Intentions of Father Shawn
Tuesday October 15th	7:45 AM †Charlotte Light	12:10 PM †Ruth Sardinski (19 th anniversary)
Wednesday October 16th	7:45 AM †Katie Hogarth	12:10 PM †John Jong Seo O
Thursday October 17th	7:45 AM †Katie Hogarth	12:10 PM Intentions of Angie Briceland
Friday October 18th	7:45 AM †Ivan Jakov	12:10 PM Special Intention
Saturday October 19th	5:00 PM †Julio Abella	
Sunday October 20th	8:00 AM †Betty Roy	10:30 AM <i>Pro-Populo Livestream</i>
	7:30 PM Intentions of John Jordan	

MINISTRIES:		First Reading:	Second Reading:
Saturday, October 19th	5:00 PM	Elizabeth Neely	Lynn Prichard
Sunday, October 20th	8:00 AM	Ann Lyng	Dan Kasaboski
Sunday, October 20th	10:30 AM	Kurtis Tighe	Pat Brady
Sunday, October 20th	7:30 PM	Lionel Ryan	Michelle Savoie

Scan this QR Code for Online Giving at St Mary's Cathedral



SCAN THE CODE TO GIVE

VISIT: stmaryscathedral.ca/give/



BEGINS THIS TUESDAY

BIBLE STUDY:

St. Paul's Letter to the Philippians
Life in Christ: The Epistle of Joy

This three evening video series will take place
in St. Mary's Parish Centre:
7 pm, Tuesdays, October 15, 22, & 29th and
will be facilitated by Father Shawn.

The "mind of Christ." What is it? How do I get it? Learn the key to Christian friendship. Learn how St. Paul is able to rejoice in the midst of suffering. Learn from the Philippians how to become partners in the gospel. Discover what it means to share in the citizenship of heaven. Glory with St. Paul as his eloquent hymn reveals the mind of Christ.

Featuring insightful biblical teaching of Dr. Tim Gray and the hallmark artistry of the Augustine Institute, this dynamic video series explores the power and joy of life in Jesus Christ and the partnership to which we are called in sharing the gospel - in the early and today. To register please email Ann Lyng at ann@stmaryscathedral.ca or call 613-546-5521 ext. 5.

THIS SATURDAY

HOLY FAMILY CATHOLIC WOMEN'S LEAGUE
COUNCIL CORDIALLY INVITES YOU TO AN
AFTERNOON WITH
SIMON WALLEY OF MATERCARE

SATURDAY OCTOBER 19, 2024
2:00 PM HOLY FAMILY CHAPEL
@ CFB KINGSTON

Q&A AND REFRESHMENTS TO FOLLOW



Simon Walley will discuss MaterCare and its mission to improve maternal healthcare and provide essential maternity services to reduce maternal and infant mortality. His focus will center on their efforts in Rwanda and Uganda. *Free admission. MaterCare donations are welcomed.* RSVP to bycokc@gmail.com (space is limited) by October 12th

SEASONS OF HOPE



SEASONS OF HOPE

A CATHOLIC BEREAVEMENT SUPPORT GROUP

St. Mary's Cathedral Parish will host *Seasons of Hope*, a unique support group for the bereaved, rooted in Catholic tradition. By conveying God's consolation through scripture, prayer, reflection and sharing, *Seasons of Hope* puts Jesus at the centre and invites us to entrust our loss and loneliness to Him within the abundant consoling wisdom of our Catholic tradition. Every session builds on a Scripture foundation inviting us to share our experiences in a context of devotion to Mary and the Saints. *Seasons of Hope* is a way to find Him in our midst at this difficult time. The sessions will be facilitated by Ann Lyng and Margit Thompson.

St. Mary's Parish Centre, 260 Brock Street
Tuesday evenings November 5 to December 10
6:30 pm to 8:00 pm

To register or for more information, contact Ann at 613-546-5521 Ext 5 or
ann@stmaryscathedral.ca

THIS THURSDAY

THURS
OCT

17



PREGNANCY AND INFANT LOSS PRAYER SERVICE

St. Mary's Cathedral
7:00pm - 8:00pm

There's no blueprint for parents to know how to grieve or commemorate their baby's life after the loss of an infant *in utero* or early in their short life after delivery. It can be confusing and disorienting on top of the sorrow. The prayer service is a time to honour your baby, a time to reflect and a time to receive comfort from our Lord Jesus Christ.

If this resonates with you or you know of someone who might benefit from this service, then please pass it along and join us. Women, men, couples, children, grandparents, friends and relatives are all welcome. Light refreshments to follow.

Contact Maria Magee mariap.magee@gmail.com for any questions.

Veronica's Veil

With the onset of the shorter days and slightly cooler temperatures, thoughts turn to the coming winter and the plight of the homeless during the cold winter months. In order to help alleviate the homelessness crisis, Veronica's Veil Shelter will reopen for its third season on Thursday January 2, 2025. It will be open each night from 9 pm to 8 am until April 30, 2025. As in previous years, volunteers are needed to staff each of the three four-hour shifts: 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am. Training sessions will be provided for new volunteers in the upcoming weeks. I am also making inquiries about training sessions in first aid and crisis management.

All volunteers at the shelter must be screened for High Trust ministry according to the Screening Policy of the Archdiocese of Kingston. If you haven't been screened and wish to volunteer, please contact me. If you have already been screened, the only requirement to maintain your current screening status is to complete an annual Offence Declaration for 2024. Please see the attached document and return the signed form if you haven't already done so.

Located at St. Mary's Parish Centre, 260 Brock Street, Kingston, ON



St. Rita's Drop-in Centre of St. Mary's Cathedral

Winter Coat Drive 2024-2025

Become a Coat Drive Champion!

The coat drive collection is **now** underway. Do you have extra winter coats, boots, scarves, hats, toques, gloves, mitts, or backpacks around your home? Do you have family members, friends, neighbours, fellow parishioners, or co-workers you could ask the same? The cold weather is coming and others in need are counting on our collective generosity to help keep them warm this winter. Please consider becoming a coat drive champion and gather what you can. The need is great!

Donations can be dropped off at the Drop-in Centre Monday to Friday between 1:00 pm and 3:30 pm. If no one answers the door bell at the Brock St. Entrance, go to the side door (in the parking lot) and there will be volunteers to assist you there. If you would prefer your donations are picked up, we're happy to do that, too. Simply email to arrange a time convenient to you:

coatdrive@stmaryscathedral.ca



I hope you will prayerfully consider volunteering once again this winter season. I also ask that you reach out to anyone you know who may be interested in volunteering at the shelter. Perhaps you and a good friend or family member could work together on one shift? Please let me know if you can help out again this year as well as your availability, which day / shift you prefer.

Thank you in advance for your assistance in this very important outreach to those who are in need. I look forward to working with everyone again this season. If you are unable to help at this time please keep the shelter very much in your prayers.

Please do not hesitate to contact me if you have any questions. I can be reached at this email address or by phone at 613-572-4892 (c) or 613-546-5521 Ext 5.

St. Veronica, pray for us.
God bless you!



All Saints
FAMILY PICNIC

WELCOMING ALL FAMILIES

27 OCTOBER 2024

DRESS UP AS YOUR FAVOURITE SAINT
ACTIVITIES AND GAMES FOR THE KIDS

Lunch and Fellowship following the 10:30 AM Mass
\$10 per family

St. Mary's Parish Centre (corner of Brock and Clergy)

