

# **The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God**

**The Mother Church of the Faithful of the Archdiocese of Kingston**

**The Most Reverend Michael Mulhall, Archbishop of Kingston**

**279 Johnson St., Kingston, ON. 613-546-5521 [www.stmaryscathedral.ca](http://www.stmaryscathedral.ca)**



## **Mass Schedule**

**Masses:** Monday thru Friday in *St. James* at 7:45 am & in the Cathedral at 12:10 pm; *Doors Open ½ hour prior to Mass*

Sunday Vigil: Saturday at 5pm,  
Sunday at 8 am, 10:30 am and 7:30 pm

## **Opportunities for Confession: The Light is On!**

**Weekday Confessions:** 11:30 am to 12 noon: **Saturday Confessions:** 4:00pm to 4:50 pm

**Sunday Confessions:** 7:30 to 7:55 am, 9:50 to 10:20 am & 7:00 to 7:25 pm

**Adoration and Confession: Wednesday 6 pm – 9 pm in the Cathedral**

## **Adoration In St. James Chapel**

**Monday- Friday 8:15am-9pm: Saturday : 9am-4pm**

## Staff Contacts

**Rector:** Father Shawn J. Hughes,  
**Deacon:** Deacon Blaine Barclay,  
**In Residence:** Father Paul Finn, Father Dan Ryan,  
 Father Timothy Shea and Father Félix Roberge

[rector@stmaryscathedral.ca](mailto:rector@stmaryscathedral.ca)  
[deacon@stmaryscathedral.ca](mailto:deacon@stmaryscathedral.ca)

**Office Administrator:** Liz Ford (On Leave),  
**Interim Office Administrator:** Angela Gambin  
**Co-Ordinator of Evangelization:** Juliet Trolie (On Leave)  
**Interim Co-Ordinator of Evangelization:** Ann Lyng,  
**Drop-In Centre Manager:** Paty Velazquez,  
**5 pm Sat. Mass Music Director:** Brent Nuevo  
**10:30 am Sun. Mass Music Director:** Brent Nuevo  
**7:30 pm Sun. Mass Music Director:** Liam Noronha  
**Sacristan and Custodian:** Domenic Sanfilippo,  
**Custodian:** Rick Menard  
**Rectory chef:** Anjelina Howell  
**IT:** Angela Gambin,  
**Veronica's Veil Shelter Co-Ordinator:** Ann Lyng,  
**Coat Drive Co-Ordinator:** Mike Chase,  
**Queen's Newman House Catholic Chaplaincy:**

[officemanager@stmaryscathedral.ca](mailto:officemanager@stmaryscathedral.ca)  
[officemanager@stmaryscathedral.ca](mailto:officemanager@stmaryscathedral.ca)  
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[coatdrive@stmaryscathedral.ca](mailto:coatdrive@stmaryscathedral.ca)  
[frjankusyk@gmail.com](mailto:frjankusyk@gmail.com)

**Sign Up for the Daily Flocknote at <https://stmaryscathedral.ca/flocknote/>**

## Mass Intentions

<b>Monday October 7<sup>th</sup></b> <b>Tuesday October 8<sup>th</sup></b> <b>Wednesday October 9<sup>th</sup></b> <b>Thursday October 10<sup>th</sup></b> <b>Friday October 11<sup>th</sup></b> <b>Saturday October 12<sup>th</sup></b>	<b>7:45 AM</b> Ivan Jakov <b>7:45 AM</b> Dorothy Mulrooney <b>7:45 AM</b> Frank Andre <b>7:45 AM</b> Maureen Kenney <b>7:45 AM</b> Intentions of Father Shawn <b>11:00AM</b> Funeral of Janice Lumb <b>5:00 PM</b> Intentions of Carol and Robert Mouck on their 50 <sup>th</sup> Wedding Anniversary	<b>12:10 PM</b> Intentions of Kyle & Liz Ford <b>12:10 PM</b> Verna & James Hughes <b>12:10 PM</b> For the King & Zinn Families <b>12:10 PM</b> Dec. Members of the Flurey Family <b>12:10 PM</b> Dec. Members of the Giugouaz Family	
<b>Sunday October 13<sup>th</sup></b>	<b>8:00 AM</b> Mary & James Lyng <b>7:30 PM</b> Bob Pritchard	<b>10:30 AM</b> <i>Pro-Populo Livestream</i>	

MINISTRIES:		First Reading:	Second Reading:
Saturday, October 12 <sup>th</sup>	5:00 PM	Luigia Cimellaro	Mark Murphy
Sunday, October 13 <sup>th</sup>	8:00 AM	Donna Fazari	Ariella Fazari
Sunday, October 13 <sup>th</sup>	10:30 AM	Ed Murray	Gail Murray
Sunday, October 13 <sup>th</sup>	7:30 PM	Mike Chase	Isabel Chase

Sadly, we say good-bye to Liz Ford, our parish office manager, who began her maternity leave this past Friday. Of course, the staff is delighted for Liz and her husband, Kyle, as they look forward to welcoming their new little one and we look forward to Liz's return at the end of her maternity leave.

While Liz is on leave Angela Gambin will be fulfilling the role of office manager on a part-time basis. Suzanne Brown-Stevenson, whom Liz replaced, has agreed to, once again, take care of the accounting remotely.



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ST. MARY'S

SCAN THE CODE TO GIVE

VISIT: [stmaryscathedral.ca/give/](https://stmaryscathedral.ca/give/)



### **BIBLE STUDY:**

**St. Paul's Letter to the Philippians**  
**Life in Christ: The Epistle of Joy**

**This three evening video series will take place in St. Mary's Parish Centre:  
7 pm, Tuesdays, October 15, 22, & 29<sup>th</sup> and will be facilitated by Father Shawn.**

The "mind of Christ." What is it? How do I get it? Learn the key to Christian friendship. Learn how St. Paul is able to rejoice in the midst of suffering. Learn from the Philippians how to become partners in the gospel. Discover what it means to share in the citizenship of heaven. Glory with St. Paul as his eloquent hymn reveals the mind of Christ.

Featuring insightful biblical teaching of Dr. Tim Gray and the hallmark artistry of the Augustine Institute, this dynamic video series explores the power and joy of life in Jesus Christ and the partnership to which we are called in sharing the gospel - in the early and today. To register please email Ann Lyng at [ann@stmaryscathedral.ca](mailto:ann@stmaryscathedral.ca) or call 613-546-5521 ext. 5.



***Life Chain: THIS Sunday October 6<sup>th</sup>, 2024***  
***On Sunday we will gather with St. Joseph's Parish***  
***after our 10:30 am Mass. Life Chain will be 12 noon***  
***to 1 pm followed by a potluck social. Come and***  
***stand up for Life and bring a something for lunch***  
***and enjoy the company of fellow pro-lifers after if***  
***you are able to stay.***



**Life Chain** is a prayerful witness to the sanctity of all human life. This peaceful and silent demonstration brings awareness to the ongoing injustice of abortion and the harm it inflicts on mothers, fathers, and the community at large. It is a simple but powerful reminder to our fellow citizens of our duty to defend the weakest members of our society. St. Joseph's Parish will be hosting this year's Kingston Life Chain after the 11am Sunday Mass. We will gather at the southwest corner of the church for a prayer. Pro-life signs will be available.

We will proceed to the edge of St. Joseph's parking lot facing Sir John A MacDonald Blvd led by our Canadian Flag, followed by St. Joseph's CWL and K of C banners. We will provide silent prayer and witness for one hour. We will then have a potluck lunch in the parish hall where all participants are welcome. Chairs will be available for those who prefer to sit for the one-hour vigil.

As you may know, **Life Chain** is a prayerful witness to the sanctity of all human life. This peaceful and silent demonstration brings awareness to the ongoing injustice of abortion and the harm it inflicts on mothers, fathers, and the community at large. It is a simple but powerful reminder to our fellow citizens of our duty to defend the weakest members of our society. For more general information you may visit: [www.campaignlifecoalition.com/life-chain](http://www.campaignlifecoalition.com/life-chain)

**HOLY FAMILY CATHOLIC WOMEN'S LEAGUE  
COUNCIL CORDIALLY INVITES YOU TO AN  
AFTERNOON WITH  
SIMON WALLEY OF MATERCARE  
SATURDAY OCTOBER 19, 2024  
2:00 PM HOLY FAMILY CHAPEL  
@ CFB KINGSTON  
Q&A AND REFRESHMENTS TO FOLLOW**



Simon Walley will discuss MaterCare and its mission to improve maternal healthcare and provide essential maternity services to reduce maternal and infant mortality. His focus will center on their efforts in Rwanda and Uganda. *Free admission. MaterCare donations are welcomed.* RSVP to [bycokc@gmail.com](mailto:bycokc@gmail.com) (space is limited) by October 12<sup>th</sup>



## **SEASONS OF HOPE**

### **A CATHOLIC BEREAVEMENT SUPPORT GROUP**

St. Mary's Cathedral Parish will host *Seasons of Hope*, a unique support group for the bereaved, rooted in Catholic tradition. By conveying God's consolation through scripture, prayer, reflection and sharing, *Seasons of Hope* puts Jesus at the centre and invites us to entrust our loss and loneliness to Him within the abundant consoling wisdom of our Catholic tradition. Every session builds on a Scripture foundation inviting us to share our experiences in a context of devotion to Mary and the Saints. *Seasons of Hope* is a way to find Him in our midst at this difficult time. The sessions will be facilitated by Ann Lyng and Margit Thompson.

**St. Mary's Parish Centre, 260 Brock Street**  
**Tuesday evenings November 5 to December 10**  
**6:30 pm to 8:00 pm**

To register or for more information, contact Ann at 613-546-5521 Ext 5 or [ann@stmaryscathedral.ca](mailto:ann@stmaryscathedral.ca)

### **Veronica's Veil**

With the onset of the shorter days and slightly cooler temperatures, thoughts turn to the coming winter and the plight of the homeless during the cold winter months. In order to help alleviate the homelessness crisis, Veronica's Veil Shelter will reopen for its third season on Thursday January 2, 2025. It will be open each night from 9 pm to 8 am until April 30, 2025. As in previous years, volunteers are needed to staff each of the three four-hour shifts: 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am. Training sessions will be provided for new volunteers in the upcoming weeks. I am also making inquiries about training sessions in first aid and crisis management.

All volunteers at the shelter must be screened for High Trust ministry according to the Screening Policy of the Archdiocese of Kingston. If you haven't been screened and wish to volunteer, please contact me. If you have already been screened, the only requirement to maintain your current screening status is to complete an annual Offence Declaration for 2024. Please see the attached document and return the signed form if you haven't already done so.

I hope you will prayerfully consider volunteering once again this winter season. I also ask that you reach out to anyone you know who may be interested in volunteering at the shelter. Perhaps you and a good friend or family member could work together on one shift? Please let me know if you can help out again this year as well as your availability, which day / shift you prefer.

Thank you in advance for your assistance in this very important outreach to those who are in need. I look forward to working with everyone again this season. If you are unable to help at this time please keep the shelter very much in your prayers.

Please do not hesitate to contact me if you have any questions. I can be reached at this email address or by phone at 613-572-4892 (c) or 613-546-5521 Ext 5.

St. Veronica, pray for us.  
God bless you!

PLEASE JOIN US FOR A

# Seniors' Lunch

AT ST MARY'S PARISH CENTRE

Thursday October 10th  
After the 12:10PM Mass



## All Saints FAMILY PICNIC

WELCOMING ALL FAMILIES

**27 OCTOBER 2024**

**DRESS UP AS YOUR FAVOURITE SAINT**  
ACTIVITIES AND GAMES FOR THE KIDS

Lunch and Fellowship following the 10:30 AM Mass  
\$10 per family

St. Mary's Parish Centre (corner of Brock and Clergy)



Located at St. Mary's Parish Centre, 260 Brock Street, Kingston, ON



**St. Rita's Drop-in Centre of St. Mary's Cathedral**

### Winter Coat Drive

**2024-2025**

### Become a Coat Drive Champion!

The coat drive collection is **now** underway. Do you have extra winter coats, boots, scarves, hats, toques, gloves, mitts, or backpacks around your home? Do you have family members, friends, neighbours, fellow parishioners, or co-workers you could ask the same? The cold weather is coming and others in need are counting on our collective generosity to help keep them warm this winter. Please consider becoming a coat drive champion and gather what you can. The need is great!

Donations can be dropped off at the Drop-in Centre Monday to Friday between 1:00 pm and 3:30 pm. If no one answers the door bell at the Brock St. Entrance, go to the side door (in the parking lot) and there will be volunteers to assist you there. If you would prefer your donations are picked up, we're happy to do that, too. Simply email to arrange a time convenient to you:

**[coatdrive@stmaryscathedral.ca](mailto:coatdrive@stmaryscathedral.ca)**





# A GREAT IDEA FOR A CHRISTMAS GIFT & ADDITIONALLY WOULD HELP OUT OUR OVERNIGHT SHELTER FOR MEN



## CHRISTMAS SALE

Sale Starts October 1<sup>st</sup>.

All profits to Veronica's Veil, a ministry of St. Mary's Cathedral, Kingston  
25 boards available at this promotional price



Laser Engraved Butcher Block Cutting Board  
\$125

- Black Walnut and Maple
- 1.5 " x 11.75" x 20"
- Juice groove
- Custom Laser engraved family Monogram
- 1" hard plastic bumper feet



Laser Engraved Charcuterie Board  
\$125

- Choice of Black Walnut or Maple
- Choice of Paddle or traditional rectangle with hardware handles
- Laser engraved monogram bottom right
- Approx. .75" x 18" x 22"
- Food Grade Walrus Oil finish

Order at [Shop | Barnmill Woodworks |](https://shop.barnmillwoodworks.com/)

THURS  
OCT

17



## **PREGNANCY AND INFANT LOSS PRAYER SERVICE**

**St. Mary's Cathedral  
7:00pm - 8:00pm**

There's no blueprint for parents to know how to grieve or commemorate their baby's life after the loss of an infant *in utero* or early in their short life after delivery. It can be confusing and disorienting on top of the sorrow.

The prayer service is a time to honour your baby, a time to reflect and a time to receive comfort from our Lord Jesus Christ.

If this resonates with you or you know of someone who might benefit from this service, then please pass it along and join us.

Women, men, couples, children, grandparents, friends and relatives are all welcome. Light refreshments to follow.

Contact Maria Magee [mariap.magee@gmail.com](mailto:mariap.magee@gmail.com) for any questions.