

# **The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God**

The Mother Church of the Faithful of the Archdiocese of Kingston

The Most Reverend Michael Mulhall, Archbishop of Kingston

279 Johnson Street Kingston, Ontario 613-546-5521 [www.stmaryscathedral.ca](http://www.stmaryscathedral.ca)



## **Mass Schedule**

### **St. James Chapel:**

Monday to Friday at 7:45 am

### **St Mary's Cathedral**

Monday to Friday at 12:10 pm

Doors open ½ hour prior to Mass

**Sunday Vigil:** Saturday at 5pm **Sunday:**

8am, 10:30am, 7:30pm

### **Adoration of the Blessed Sacrament in St. James Chapel Monday- Friday**

8:15am-9pm **Saturday :** 9am-4pm

## **The Light is On!**

### **Opportunities for Confession**

#### **Weekday Confessions:**

11:30 am to 12 noon

**Saturday Confessions:** 4:00-4:50

#### **Sunday Confessions:**

7:30 to 7:55am, 9:50 to 10:20am &

7:00 to 7:25 pm

**Adoration and Confession: Wednesday**

6-9pm in the Cathedral

## Clergy & Staff Contacts

**Rector:** Father Shawn J. Hughes,

**Deacon:** Deacon Blaine Barclay,

[rector@stmaryscathedral.ca](mailto:rector@stmaryscathedral.ca)

[deacon@stmaryscathedral.ca](mailto:deacon@stmaryscathedral.ca)

**In Residence:** Father Paul Finn, Father Dan Ryan,  
Father Timothy Shea and Father Félix Roberge

**Office Manager:** Liz Ford (On Leave),

**Interim Office Manager:** Angela Gambin

**Co-Ordinator of Evangelization:** Juliet Trolio (Leave)

**Interim Co-Ordinator of Evangelization:** Ann Lyng,

**Drop-In Centre Manager:** Paty Velazquez,

**5 pm Sat. Mass Music Director:** Brent Nuevo

**10:30 am Sun. Mass Music Director:** Brent Nuevo

**7:30 pm Sun. Mass Music Director:** Liam Noronha

**Sacristan and Custodian:** Domenic Sanfilippo,

**Custodian :** Rick Menard

**Rectory Chef:** Anjelina Howell

**Veronica's Veil Shelter Co-Ordinator:** Ann Lyng,

**Coat Drive Co-Ordinator:** Mike Chase,

**Queen's Newman House Catholic Chaplaincy:**

**Chaplain:** Father Jan Kusyk

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**Sign Up for the Daily Flocknote at**  
**<https://stmaryscathedral.ca/flocknote/>**

## Mass Intentions

<b>Monday January 6th</b>	<b>7:45 AM</b> †Guy Brunet	<b>12:10 PM</b> Intentions of Terry & Margie Baxter
<b>Tuesday January 7th</b>	<b>7:45 AM</b> †Mary St Marseille	<b>12:10PM</b> †Kok Tan
<b>Wednesday January 8th</b>	<b>7:45 AM</b> Special Intention	<b>12:10PM</b> †Yolanda and Fernetich
<b>Thursday January 9th</b>	<b>7:45 AM</b> †Mary St Marseille	<b>12:10 PM</b> †Brian Cosgrove and Ivan Jakob
<b>Friday January 10th</b>	<b>7:45 AM</b> †Rita Murray	<b>12:10 PM</b> †Julio Abella
<b>Saturday January 11th</b>	<b>5:00 PM</b> Special Intention	
<b>Sunday January 12th</b>	<b>8:00 AM</b> †Betty Roy	<b>10:30 AM</b> <i>Pro-Populo Livestream</i>
	<b>7:30 PM</b> †Intentions of Aaron Gifford	

<b>MINISTRIES:</b>		<b>First Reading:</b>	<b>Second Reading:</b>
<b>Saturday, January 11th</b>	<b>5:00 PM</b>	Mark Murphy	Maureen Jamieson
<b>Sunday, January 12th</b>	<b>8:00 AM</b>	Anne Hogarth	Elizabeth Neeley
<b>Sunday, January 12th</b>	<b>10:30 AM</b>	Nancy Cosgrove	Sr Maureen Lamarche
<b>Sunday, January 12th</b>	<b>7:30 PM</b>	Maciek Bawol	William Taylor

THIS SUNDAY AFTERNOON,  
JANUARY 5<sup>TH</sup>!  
PLEASE JOIN US!



Come and Sing with our Choir

# EPIPHANY

## CHRISTMAS CAROL CONCERT

January 5th 2025 at 3PM | St Mary's Cathedral

Please bring a goodwill offering for St. Ritas Drop-In Centre, or a non-perishable food donation. Mulled cider and festive cookies to follow.



SCAN THE CODE TO GIVE

VISIT: [stmaryscathedral.ca/give/](https://stmaryscathedral.ca/give/)



## Looking Ahead:

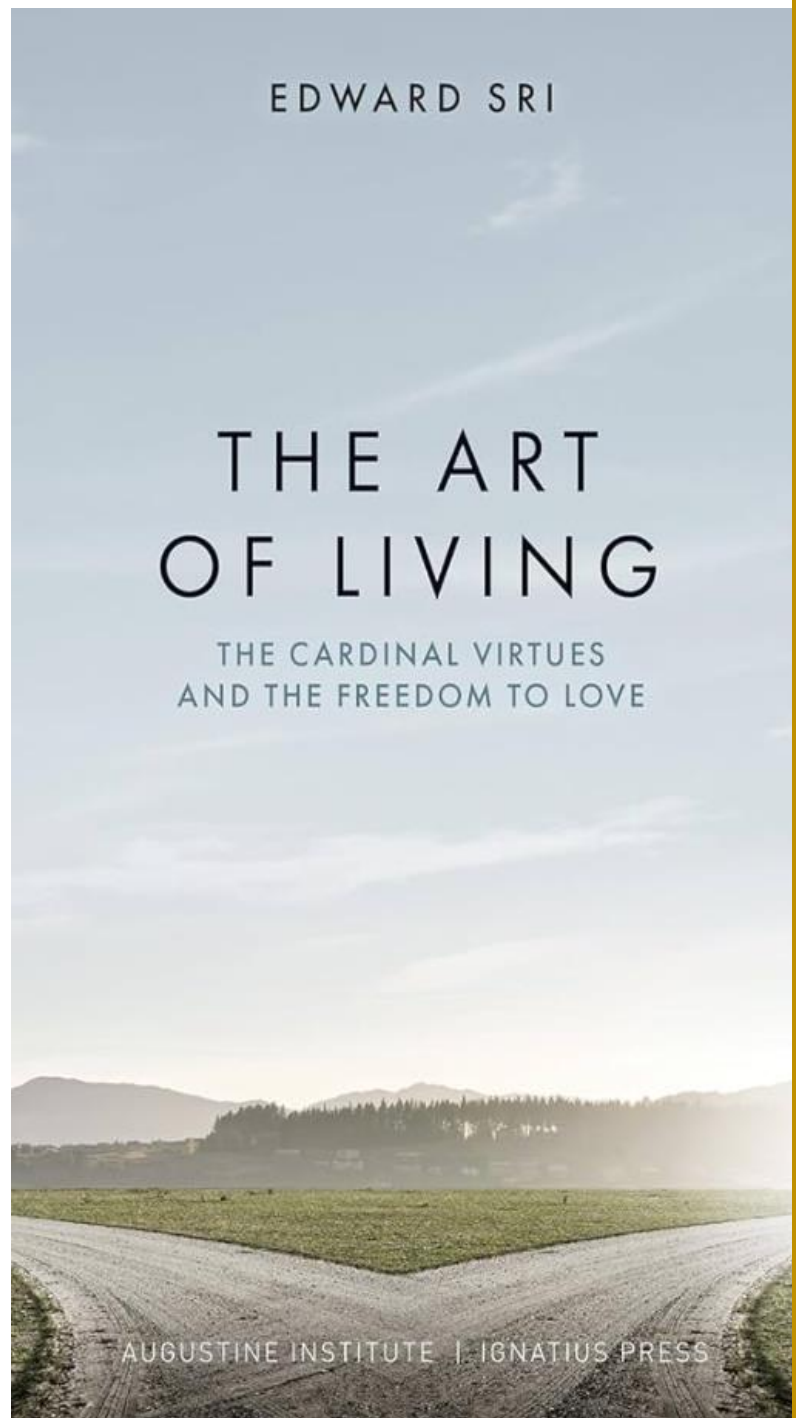
Teaching Series beginning Thursdays, Jan. 23<sup>rd</sup>, 30<sup>th</sup> & Feb 6, 13<sup>th</sup> & 27<sup>th</sup> at 7 pm

## The Art of Living : Cultivating The Virtues

Father Shawn will facilitate this series. Pope Francis has declared this Jubilee Year as a Year of Hope. We will walk through Dr. Edward Sri's book *The Art of Living: The Cardinal Virtues and the Freedom to Love*. Additionally, we will also explore the intellectual tradition of virtue beginning with Plato and Aristotle and how they have been incorporated into the thinking of Christian thinkers especially that of St. Thomas Aquinas. We will delve into the cardinal and theological virtues and their associated sub virtues.

This will be a very practical course which focuses on our relationships and activities in this world and how we can improve them by living a life of Virtue. The Virtues are "the basic life skills we need to give the best of ourselves to God and the people in our lives". The extent to which we live each virtue has an impact on how well we're able to love others.

Please pre register with Ann Lyng:  
[ann@stmaryscathedral.ca](mailto:ann@stmaryscathedral.ca) or 613-546-5521. The books are here and available for \$15 contact Angela at [officemanager@stmaryscathedral.ca](mailto:officemanager@stmaryscathedral.ca)  
This course will be livestreamed.



Veronica's Veil Winter Overnight Shelter for Men  
**OPENS THIS MONDAY, JANUARY 6<sup>TH</sup>. PLEASE KEEP ALL  
OUR VOLUNTEERS AND GUESTS IN YOUR PRAYERS.**

## **NEW RCIA (Rite of Christian Initiation of Adults)**

We have had so many people enquire about exploring the Catholic Faith and joining the Church that we have had to add a second class. The Tuesday evening class is bursting at the seams. The additional class will be Saturday mornings from 10 am to 12 noon beginning January 11<sup>th</sup> and facilitated by Father Shawn. If you or someone you know might be interested, please email Father Shawn for an appointment to discuss at [rector@stmaryscathedral.ca](mailto:rector@stmaryscathedral.ca)

## **THIS THURSDAY, JANUARY 9<sup>TH</sup> MEETING REGARDING THE REDESIGN OF OUR SANCTUARY**

Over the past few years, we have heard a lot about the Renovations of the Cathedral. As you know a committee of His Grace and four priests over the past eighteen months, have been doing the theological discernment of the renovations. The Committee has come to the point where we want to share our decisions with the parish.

On THURSDAY, JANUARY 9<sup>TH</sup> at 7 pm, here in the cathedral, Carlos Nunes, the designer, myself and members of the committee, will present the thinking behind our decisions and the artistic explanation of how this will be achieved in design.

**PLEASE MARK YOUR CALENDARS AND JOIN US!**



## *Jubilee 2025*

### **WHAT IS A JUBILEE OR HOLY YEAR?**

In the Catholic tradition, a Holy Year, or Jubilee is a great religious event. It is a year of forgiveness, of reconciliation between adversaries, of conversion, and consequently of solidarity, hope, justice, commitment to serve God with joy and in peace with our brothers and sisters. A Jubilee year is above all the year of Christ, who brings life and grace to humanity.

**Biblical Background:** The origin of the Christian Jubilee goes back to Biblical times. The Law of Moses prescribed a special year for the Jewish people: "You shall hallow the fiftieth year and proclaim the liberty throughout the land, to all its inhabitants; it shall be a jubilee for you when each of you shall return to his property and each of you shall return to his family. This fiftieth year is to be a jubilee year for you..." (*Leviticus 25, 10-13*)

**Catholic Background:** At Christmas in 1299, during a time of plagues, suffering and wars, so many Christians traveled to Rome to pray at the tombs of the Apostles Peter and Paul, receive the Pope's blessing, and obtain the strength to carry on, that Pope Boniface VIII enquired about the reason for their coming. Admiring their faith he proclaimed 1300 a "year of forgiveness of all sins". This was the first Holy Year or Jubilee. At first the Jubilee was held every 50 years, but, proving to be so popular, in 1470 Pope Paul II fixed the Jubilee for every twenty-five years.

**Purpose of the Jubilee:** The Jubilee is also called Holy Year because its purpose is to encourage and intensify a holy way of life. It is convoked to strengthen faith, encourage works of charity and communion within the Church and in society. It calls Christians to be more sincere and coherent in their faith in Christ, the only Saviour. Two traditional features of a Jubilee are a pilgrimage to Rome to pray at the tombs of Saints Peter and Paul and the opening of a Holy Door with the ability to obtain a plenary indulgence.

**Theme of Jubilee 2025:** In addition to calling the Church to renewed vigor through repentance and acts of faith, hope and charity, each Jubilee Year has a particular focus. Pope Francis has designated this Jubilee with its motto: *Pilgrims of Hope*. After the effects of the pandemic and unsettled condition throughout the world, he writes: "We must fan the flame of hope that has been given us, and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision. ... This will indeed be the case if we are capable of recovering a sense of universal fraternity and refuse to turn a blind eye to the tragedy of rampant poverty that prevents millions of men, women, young people and children from living in a manner worthy of our human dignity. Here I think in particular of the many refugees forced to abandon their native lands. May the voices of the poor be heard throughout this time of preparation for the Jubilee, which is meant to restore access to the fruits of the earth to everyone." [Letter of Pope Francis]

The Jubilee will begin in Rome with the Opening of the Holy Door on Christmas Day, and then in the dioceses of the world, the Jubilee will begin on Holy Family Sunday, December 29, 2024.

**Ways of Participating in the Jubilee and Gaining the Indulgence:** The main aim of the Jubilee is to assist us in drawing closer to Christ by works of mercy and penance. This is a means of uniting ourselves to the sacrifice of Christ for the salvation of all people. This may be accomplished by a pilgrimage, an act of devotion or a work of mercy. The Decree establishing the Jubilee Year reads: "During the Ordinary Jubilee of 2025, all the faithful, who are truly repentant and free from any affection for sin, who are moved by a spirit of charity and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory in the following ways:

**A. Participating in a Pilgrimage:** An essential element of the Jubilee is a pilgrimage. A pilgrimage reminds us that as a Church, we are on a journey in this life to our heavenly home. A pilgrimage is a journey with Christ to the Father. The pilgrimage may take several forms and offers the opportunity for gaining the Jubilee Indulgence. As part of the Pilgrimage, the individual must devoutly participate in the celebration of the Eucharist; or a celebration of the Word of God; or the Liturgy of the Hours; or a penitential celebration, which ends with the individual confessions of the penitents.

**1) To the Holy Door in Rome:** By visiting one of the four Major Papal Basilicas: St. Peter's in the Vatican, the Archbasilica of the Holy Saviour (St John Lateran's), Saint Mary Major's, and St. Paul's Outside the Walls;

**2) To the Holy Land:** By visiting at least one of the three basilicas: the Basilica of the Holy Sepulchre in Jerusalem, the Basilica of the Nativity in Bethlehem, or the Basilica of the Annunciation in Nazareth;

**3) To the Diocesan Cathedral:** By visiting the Cathedral or other church or sacred place designated by the Bishop.

**B. Personal Visits to Sacred Places:** Likewise, the faithful can obtain the Jubilee Indulgence if, individually or in a group, they devoutly visit any Jubilee church for a suitable period of time, engage in Eucharistic Adoration, concluding with the Our Father, the Profession of Faith (Creed), and invocations to Mary, the Mother of God, so that in this Holy Year everyone "will come to know the closeness of Mary, the most affectionate of mothers, who never abandons her children" (*Spes non confundit*, 24).

**C. Works of Mercy and Penance:** The faithful will be able to obtain the Jubilee Indulgence if they visit, for an appropriate amount of time, their brothers and sisters who are in need or in difficulty (the sick, prisoners, lonely elderly people, disabled people...), in a sense making a pilgrimage to Christ present in them (cf. Mt 25, 34-36) according to the usual spiritual, sacramental and prayer conditions listed above.

**What is an Indulgence?** An indulgence is "the remission before God of the temporal punishment due for sins already forgiven as far as their guilt is concerned" (Canon Law, no. 992; Catechism of the Catholic Church, no. 1471). An indulgence is not to be confused with the forgiveness of sins. Sins are forgiven in the Sacrament of Reconciliation (Confession); however even after the forgiveness there remains a state of spiritual weakness, which is called "temporal punishment." An indulgence is the healing of this temporal punishment, that is the spiritual weakness or inclination which sin has caused. As Pope Francis wrote: "Still, as we know from personal experience, every sin "leaves its mark". Sin has consequences, not only outwardly in the effects of the wrong we do, but also inwardly, inasmuch as 'every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death, in the state called Purgatory'. [CCC, no. 1472] In our humanity, weak and attracted by evil, certain residual effects of sin remain. These are removed by the indulgence, always by the grace of Christ, who, as Saint Paul VI wrote, "is himself our 'indulgence'". [Apostolic Letter: *Apostolorum Limina*, 23 May 1974, II] For example, if a husband and wife have a major breakup. They may forgive each other, but the relationship needs healing and the restoration of trust before it can return to what it was before the breakup. An indulgence is this healing of the breakup and weakness that sin causes. It is accomplished by extra-ordinary acts. These are the making of a pilgrimage, giving alms, works of mercy, and practices of prayer and sacrifices as described above.

**How to Gain an Indulgence?** To obtain an indulgence, a) one must be in the state of grace; b) have complete detachment from sin, even venial sin; c) celebrate the Sacrament of Reconciliation (Confession of sins; d) receive the Holy Eucharist (Communion); e) pray for the intentions of the Pope; d) and perform the required charitable work, as listed above.

**THURSDAY, JANUARY 16<sup>TH</sup>**

**7 PM**

**in**

**ST. MARY'S CATHEDRAL**

# **PARISH MEETING**

**HOW DO WE AS A PARISH  
COMMUNITY BECOME POWERHOUSE  
WITNESSES OF HOPE TO EACH OTHER  
AND TO THE WIDER CHURCH AND  
SECULAR COMMUNITY?**

**This will be an evening of prayer, reflection and input  
from you regarding how we can take full advantage of the  
graces of this Jubilee Year of Hope.**

**I AM VERY EXCITED ABOUT THIS GREAT  
YEAR OF GRACE. I'D ENCOURAGE EVERYONE  
TO COME OUT AS WE PRAYERFULLY  
PREPARE FOR AN OUTPOURING OF GRACE!**