The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God

The Mother Church of the Faithful of the Archdiocese of Kingston The Most Reverend Michael Mulhall, Archbishop of Kingston 279 Johnson Street Kingston, Ontario 613-546-5521 www.stmaryscathedral.ca

Mass Schedule

St. James Chapel: Monday to Friday at 7:45 am St. James Chapel: Monday to Friday at 12:10 pm St. Mary's Cathedral: Sunday Vigil: Saturday at 5pm Sunday: 8am, 10:30am, 7:30pm

The Light is On! Opportunities for Confession

Weekday Confessions: Monday to Friday 11:30 am to 12 pm Saturday Confessions: 4:00-4:50 Sunday Confessions: 7:30 am to 7:55 am, 9:50 to 10:20 am & 7:00 to 7:25 pm

Adoration and Confession: Wednesday 6-9pm in St James

Adoration of the Blessed
Sacrament in St. James Chapel
Monday- Friday 8:15am-9pm
Saturday: 9am-4pm



Clergy & Staff Contacts

Rector: Father Shawn J. Hughes, rector@stmaryscathedral.ca
Deacon: Deacon Blaine Barclay deacon@stmaryscathedral.ca

In Residence: Father Tim Shea, Father Félix Roberge & Father Johney Kunnath

Office Manager: Liz Ford (On Maternity Leave)
Interim Office Manager: Angela Gambin
Co-Ordinator of Outreach: Ann Lyng
Drop-In Centre Manager: Paty Velazquez,
5 pm Sat. Mass Music Director: Brent Nuevo
10:30 am Sun. Mass Music Director: Brent Nuevo
7:30 pm Sun. Mass Music Director: Liam Noronha
Sacristan and Custodian: Domenic Sanfilippo

Maintenance: Rick Menard

Rectory Chef: Anjelina Howell (on leave)

Veronica's Veil Shelter Co-Ordinator: Ann Lyng,

Coat Drive Co-Ordinator: Mike Chase,

Queen's Newman House Catholic Chaplaincy:

Chaplain: Father Jan Kusyk

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Sign Up for the Daily Flocknote at stmaryscathedral.ca/flocknote/ St Mary's Youtube Channel: www.youtube.com/@StMarysCathedral

Mass Intentions

Monday September 15th7:45AM Intentions of Nenette O'Donnell12:10 PM †Rosemary CavanaghTuesday September 16th7:45AM †Carmel Morrison12:10PM †Father Stanley BakWednesday September 17th7:45AM †Kathleen Hogarth (2nd Anniversary)12:10PM Intentions of

Honora Ford

Thursday September 18th 7:45AM †Ben Brackenbury 12:10PM†Bob Pritchard

Friday September 19th 7:45AM †Ben Brackenbury 12:10PM Intentions of all Alpha

Leaders and participants

Saturday September 20th 5:00 PM Intentions of Bill Thompson

Sunday September 21st 8:00 AM Intentions of Archbishop Mulhall on the anniversary of his

Ordination to Bishop 10:30 AM Pro Populo

7:30 PM Intentions of all Benefactors of St Mary's, living and decease

MINISTRIES:		First Reading:	Second Reading:
Saturday September 27th	5:00 PM	Lynn Pritchard	Maureen Jamieson
Sunday September 28th	8:00 AM	Dan Kasaboski	Elizabeth Neeley
Sunday September 28th	10:30 AM	Ed Murray	Gail Murray
Sunday, September 28th	7:30 PM	Mike Chase	Isabel Chase



SCAN THE CODE TO GIVE

VISIT: stmaryscathedral.ca/give/



Upcoming Events:

THIS SUNDAY SEPT 14th: Pilgrimmage to St Mary's Cemetery, 3:30PM
Tuesday Sept. 16th: Alpha continues, 6:00PM in the Parish Centre
Thursday Sept. 18th: Seniors Lunch at the Parish Centre, 1PM
Saturday Sept. 20th, 6:30 AM - Camino Walk, Meet at rectory
Vocation to the Single Life Sept. 25th 7 pm
Men's Ministry, Oct. 4th, 2025 7am to 9 am
Declutter Donation Day, Oct. 18, 2 to 4 pm

The Seniors Lunches start next Thursday the 18th!



THURSDAY SEPT 18th, AFTER THE 12:10 MASS

Seniors Lunch

ST MARY'S PARISH CENTRE, ALL ARE WELCOME

We will be having a harvest feast:

Red pepper soup
Pumpkin bread
Cottage cheese
Fresh vegetable vegetables
Hummus
Peaches and ice cream



Dear Parents and Guardians of Candidates for the Sacrament of Reconciliation, the Sacrament of Holy Eucharist and the Sacrament of Confirmation:

Over the past several years we have adopted a new way of preparing candidates for the three Sacraments that are normally received during elementary school. The school classroom teachers will continue to provide teaching of the sacraments as part of the grade 2 and grade 7 curriculum. The preparation for the Sacraments here

at St. Mary's Cathedral will take place mostly in your homes and will also include several one-hour Saturday catechesis sessions held by our parish catechists, Isabel and Michael Chase. If you have a child ready to receive the sacraments you are asked to contact Father Shawn for a brief appointment, at rector@stmaryscathedral.ca. I look forward to hearing from you and meeting with you. I am praying for you and your children as we enter into Sacramental Preparation at the parish of the Cathedral of St. Mary of the Immaculate Conception.

HAPPENING THIS SUNDAY, SEPTEMBER 14, 3:30 PM

Central Deanery Holy Year Celebration of the Jubilee Year of Hope Sunday, September 14", St. Mary's Cemetery, at 3:30 pm



All are invited to participate in this pilgrimage

When: Sunday September 14 at 3:30 pm

On the Feast of the Exaltation of the Holy Cross Where: St. Mary's Cemetery, 718 Division Street Who: All are invited: priests, deacons, consecrated religious, and all parishes, with banners, vested altar servers, Catholic Women's League members wearing their scarves, Knights of Columbus with their insignia, parishioners, and visitors.

Parking: No parking at the Cemetery. Parishioners of St. Mary's are invited to park at Family and Children Services, 817 Division St. or at Our Lady of Fatima Parish 588 Division St.

Arrive by 3:15 pm

Procession: at 3:30 pm in the cemetery with our Parish Banner.

Handicapped and elderly: Those who are unable to walk are invited to bring a chair and drive directly to the cemetery and set your chair up where the Religious Sisters are buried. If you are able to join the procession in the middle of the cemetery you are invited to do so.

Hats and umbrellas are recommended for the weather.

The Blessed Sacrament will be carried in procession to the altar for Adoration and Benediction, accompanied by the priests, deacons, consecrated religious, and all parishes, with banners, vested altar servers, Catholic Women's League members wearing their scarves, Knights of Columbus with their insignia, parishioners, and visitors.

- Parish Music Ministries will form the choir, leading the singing and serving the liturgy.
- Altar Servers are encouraged to attend in cassock and surplice

This Deanery Pilgrimage provides the opportunity to praise and worship God in the Blessed Sacrament of Christ's Body and Blood and to receive the indulgences of Benediction, visiting the cemetery, and the Holy Year of Jubilee.

May this Central Deanery celebration praise God and bless all who participate as Pilgrims of Hope.

Participating in a Pilgrimage: An essential element of the Jubilee is a pilgrimage. A pilgrimage reminds us that as a Church, we are on a journey in this life to our heavenly home. A pilgrimage is a journey with Christ to the Father. The pilgrimage may take several forms and offers the opportunity for gaining the Jubilee Indulgence. As part of the Pilgrimage, the individual must devoutly participate in the celebration of the Eucharist; or a celebration of the Word of God; or the Liturgy of the Hours; or a penitential celebration, which ends with the individual confessions of the penitents.

What is an Indulgence? An indulgence is "the remission before God of the temporal punishment due for sins already forgiven as far as their guilt is concerned" (Canon Law, no. 992; Catechism of the Catholic Church, no. 1471). An indulgence is not to be confused with the forgiveness of sins. Sins are forgiven In the Sacrament of Reconciliation (Confession); however even after the forgiveness there remains a state of spiritual weakness, which is called "temporal punishment." An indulgence is the healing of this temporal punishment, that is the spiritual weakness or inclination which sin has caused. As Pope Francis wrote: "Still, as we know from personal experience, every sin "leaves its mark". Sin has consequences, not only outwardly in the effects of the wrong we do, but also inwardly, inasmuch as 'every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death, in the state called Purgatory'. [CCC, no. 1472]

How to Gain an Indulgence? To obtain an indulgence, a) one must be in the state of grace; b) have complete detachment from sin, even venial sin; c) celebrate the Sacrament of Reconciliation (Confession of sins); d) receive the Holy Eucharist (Communion); e) pray for the intentions of the Pope; f) and perform the required charitable work, that is the Pilgrimage, as listed above.



ST MARY'S PILGRIMAGE TO CAMINO DE SANTIAGO OCTOBER 2027

St Mary's is forming a group to walk the **Camino de Santiago**, the ancient Catholic pilgrimage route across Spain that leads to the tomb of St. James the Apostle in Santiago de Compostela. For over a thousand years, Christians have walked the Camino as a journey of prayer, penance, and a renewal of faith. We are planning a 35-day journey from approximately September 28 to November 1, 2027, culminating with arrival in Santiago on All Saints' Day.

Parish training walks will be held to prepare us spiritually and physically, and **all are welcome** - whether you hope to join the 2027 pilgrimage or simply hope to walk the Camino in future. Monthly training walks will take place on Kingston's scenic trails, beginning this September. We will meet at the Rectory at 6:30 AM to carpool. Contact Angela Gambin for more information or to join the email list for walks: officemanager@stmaryscathedral.ca

Next Walk: September 20th, 6:30 AM, Meet at Rectory Parking Lot Perth Road to Stonehouse Cave (12km trail)



QUILTING BEE AT ST MARYS



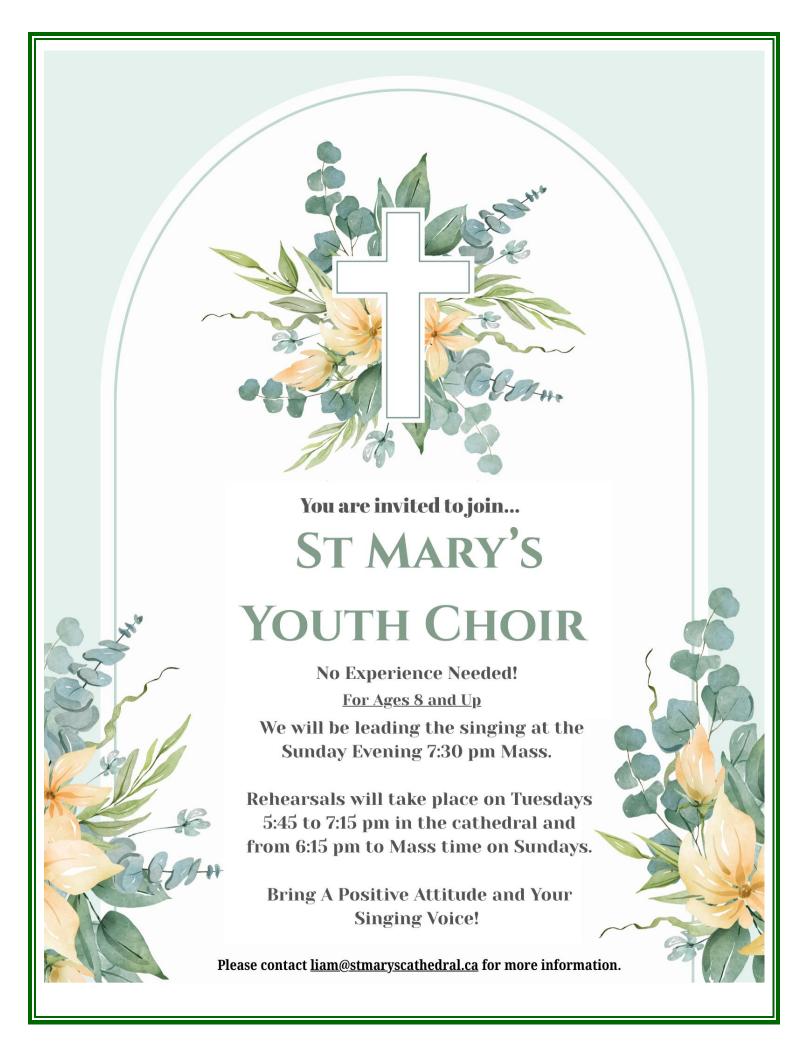
Experienced and novice quilters, please join us for a weekly quilting bee where we will work on quilting a few already beautifully made quilt tops and create new ones. These quilts will be sold or raffled off to provide funds for the Drop In Centre.

Our first gathering, on September 25 will be a time to meet one another, share refreshments, look at the quilt tops that we have already and discuss future projects

When: Thursdays between 1:00-3:00

Where: Room 9A upstairs at the Parish Centre, parking can be found on the street or at Chown parking lot.

What to bring: yourselves, your experience if any, and your favourite sewing notions
Why: to gather and enjoy each other's company
If interested, please contact Liz Neely at lizbrentneely@gmail.com



Notice Regarding the Church of the Good Thief (St. Dismas), Portsmouth Village, Kingston

The Archdiocese of Kingston, through its Diocesan Building & Property Committee, has been mandated to divest of the Church of the Good Thief property. In doing so, preference will be given to a local buyer who will respect the heritage of the property and repurpose it in harmony with the Portsmouth community and, more broadly, with Kingston's historical character.

If you or someone you know may be interested in assuming ownership of this historic church, please contact: Kenneth Hall Chancellor of Temporal Affairs Archdiocese of Kingston 613-548-4461 chancellortemporal@archkingston.ca



Declutter Donation Day

Kingston Fundraiser for the homeless

Sanctuary Support Team at St. Paul the Apostle Church is proud to partner with St Mary's Drop-In Centre of St Mary's Cathedral and the Veronica's Veil Overnight Shelter for men to raise fund in support of the less fortunate and the homeless. The Drop-In Centre serves over 300 meals every week. The Shelter accommodates 12 men overnight during the winter months. Your clothing and houseware donations are sold to the FUNDrive For Charities program, with the proceeds going to help our vital programs.



To donate on behalf of yourself, your family or in memory of a loved one, scan the QR code to visit and follow us on Facebook. Any questions, please contact Cathy at Cathy.Robichaud@gmail.com

KEEP YOUR ITEMS OUT OF LANDFILLS WHILE HELPING US RAISE FUNDS

VE EARN FUNDS FOR THESE ITEMS: LESS GAS, MORE GREE I ELECTRICAL ITEMS SHOES TOYS & GAMES MAKE ONE TRIP BEDDING / TOWELS KITCHEN ITEMS CDS DVDS

Sorry, no furniture, mattresses or large items

WHEN: Saturday, October 18,2025

10:00am - 2:00pm

WHERE: Mercedes-Benz Kingston

1432 Bath Rd, Kingston, ON

RAFFLE

Grand Prize valued at \$400

Every large green garbage bag or Med/LG box donated will receive a raffle ticket.

The more bags/boxes, the more tickets and more chances to win!



"Create in me a clean heart, O'God"

SATURDAY, OCTOBER 4TH, 2025

ST. MICHAEL CATHOLIC HIGH SCHOOL KEMPTVILLE, ONTARIO 9:00AM - 3:30PM REGISTRATION FEE:\$50

KEYNOTE SPEAKER: ANGÈLE REGNIER



Angèle Regnier is co-founder, with her husband André, of Catholic Christian Outreach (CCO). A natural teacher, Angèle pioneered CCO's programs for evangelization and discipleship, as well as the faith study series used by CCO for over 37 years. In 2015, André and Angèle received the Pro Ecclesial et Pontifice medal, the highest award that can be given to the laity by the pope, from Pope Francis. In 2018, she spearheaded and was the media spokesperson for a national pilgrimage of the relic forearm of St. Francis Xavier. Together with their eight children, they spoke at Pope Paul VI Hall in Vatican City sharing on the universal baptismal call to mission in 2019.

REGISTER: www.womensfallretreat.com