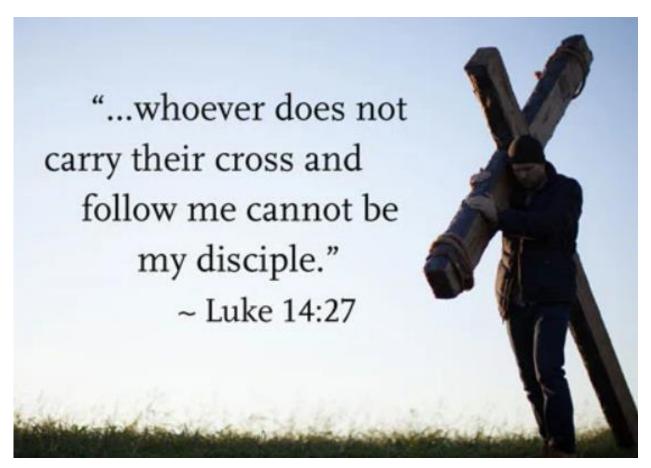
The Cathedral of the Immaculate Conception of the Blessed Virgin Mary, Mother of God

The Mother Church of the Faithful of the Archdiocese of Kingston The Most Reverend Michael Mulhall, Archbishop of Kingston 279 Johnson Street Kingston, Ontario 613-546-5521 www.stmaryscathedral.ca



Mass Schedule

St. James Chapel: Monday to Friday at 7:45 am **St. James Chapel:** Monday to Friday at 12:10 pm

St. Mary's Cathedral: Sunday Vigil: Saturday at 5pm Sunday: 8am, 10:30am, 7:30pm

The Light is On! Opportunities for Confession

Weekday Confessions: Monday to Friday 11:30 am to 12 pm

Saturday Confessions: 4:00-4:50

Sunday Confessions: 7:30 am to 7:55 am, 9:50 to 10:20 am & 7:00 to 7:25 pm

Adoration and Confession: Wednesday 6-9pm in the Cathedral

Adoration of the Blessed Sacrament in St. James Chapel

Monday- Friday 8:15am-9pm **Saturday** : 9am-4pm

Clergy & Staff Contacts

Rector: Father Shawn J. Hughes, rector@stmaryscathedral.ca
Deacon: Deacon Blaine Barclay deacon@stmaryscathedral.ca

In Residence: Father Tim Shea, Father Félix Roberge & Father Johney Kunnath

Office Manager: Liz Ford (On Maternity Leave)
Interim Office Manager: Angela Gambin
Co-Ordinator of Outreach: Ann Lyng
Drop-In Centre Manager: Paty Velazquez,
5 pm Sat. Mass Music Director: Brent Nuevo
10:30 am Sun. Mass Music Director: Brent Nuevo
7:30 pm Sun. Mass Music Director: Liam Noronha
Sacristan and Custodian: Domenic Sanfilippo

Maintenance: Rick Menard

Rectory Chef: Anjelina Howell (on leave)

Veronica's Veil Shelter Co-Ordinator: Ann Lyng,

Coat Drive Co-Ordinator: Mike Chase,

Queen's Newman House Catholic Chaplaincy:

Chaplain: Father Jan Kusyk

officemanager@stmaryscathedral.ca officemanager@stmaryscathedral.ca

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frjankusyk@gmail.com

Sign Up for the Daily Flocknote at stmaryscathedral.ca/flocknote/ St Mary's Youtube Channel: www.youtube.com/@StMarysCathedral

Mass Intentions

Monday September 8th 7:45AM Intentions of Zofia Miksa 12:10 PM †Rosemary Cavanagh
Tuesday September 9th 7:45AM Monoz-Macia family and ancestors 12:10PM Intentions of Edward Powers
Wednesday September 10th 7:45AM Intentions of Alpha Participants 12:10PM Intentions of Patricia Keane

Thursday September 11th
Friday September 12th
7:45AM Intentions of Archbishop Mulhall
12:10PM Amado Marciel
7:45AM Intentions of Father Shawn
12:10PM †Gerard Duggan

Saturday September 6th 5:00 PM Intentions of Margie Baxter

Sunday September 7th 8:00 AM †Betty Roy 10:30 AM Pro Populo

7:30 PM Intentions of the Benefactors of St Mary's, living and deceased

MINISTRIES:		First Reading:	Second Reading:
Saturday September 20th	5:00 PM	Luigia Cimellaro	Isabel Chase
Sunday September 21st	8:00 AM	Elizabeth Neeley	Ariella Fazari
Sunday September 21st	10:30 AM	Mark Levac	Kutis Tighe
Sunday, September 21st	7:30 PM	Hilary Legault	William Taylor



SCAN THE CODE TO GIVE

RY'S VISIT: stmaryscathedral.ca/give/



Upcoming Events:

Tuesday Sept. 9th: Alpha at St Mary's begins, 6:00PM in the Parish Centre Thursday Sept. 11th: Knights of Columbus Meeting, 7PM Widows & Widowers Group Sept. 11th 1 pm to 3 pm. Sunday Sep 14th: Jubilee of Hope Pilgrimage to St Mary's Cemetery, 3:30 to 4:30 PM, 718 Division St

Vocation to the Single Life Sept. 25th 7 pm Men's Ministry, Oct. 4th, 2025 7am to 9 am Declutter Donation Day, Oct. 18, 2 to 4 pm

ST. MARY'S CATHEDRAL



AFTER ALL MASSES ON THE WEEKEND OF SEPTEMBER 13 / 14

Where is GOD calling YOU to serve?

TALK WITH MINISTRY LEADERS AND OTHER PARISHIONERS INVOLVED IN MINISTRY

LEARN MORE ABOUT THE OPPORTUNITIES TO SERVE IN OUR PARISH COMMUNITY

DISCOVER WHERE GOD IS CALLING YOU TO SHARE YOUR GIFTS OF FAITH, TIME AND TALENTS

BECOME MORE ACTIVE IN PARISH LIFE AND MEET NEW FRIENDS

Central Deanery Holy Year Celebration of the Jubilee Year of Hope Sunday, September 14", St. Mary's Cemetery, at 3:30 pm



All are invited to participate in this pilgrimage

When: Sunday September 14 at 3:30 pm

On the Feast of the Exaltation of the Holy Cross Where: St. Mary's Cemetery, 718 Division Street Who: All are invited: priests, deacons, consecrated religious, and all parishes, with banners, vested altar servers, Catholic Women's League members wearing their scarves, Knights of Columbus with their insignia, parishioners, and visitors.

Parking: No parking at the Cemetery. Parishioners of St. Mary's are invited to park at Family and Children Services, 817 Division St. or at Our Lady of Fatima Parish 588 Division St.

Arrive by 3:15 pm

Procession: at 3:30 pm in the cemetery with our Parish Banner.

Handicapped and elderly: Those who are unable to walk are invited to bring a chair and drive directly to the cemetery and set your chair up where the Religious Sisters are buried. If you are able to join the procession in the middle of the cemetery you are invited to do so.

Hats and umbrellas are recommended for the weather.

The Blessed Sacrament will be carried in procession to the altar for Adoration and Benediction, accompanied by the priests, deacons, consecrated religious, and all parishes, with banners, vested altar servers, Catholic Women's League members wearing their scarves, Knights of Columbus with their insignia, parishioners, and visitors.

- Parish Music Ministries will form the choir, leading the singing and serving the liturgy.
- Altar Servers are encouraged to attend in cassock and surplice

This Deanery Pilgrimage provides the opportunity to praise and worship God in the Blessed Sacrament of Christ's Body and Blood and to receive the indulgences of Benediction, visiting the cemetery, and the Holy Year of Jubilee.

May this Central Deanery celebration praise God and bless all who participate as Pilgrims of Hope.

Participating in a Pilgrimage: An essential element of the Jubilee is a pilgrimage. A pilgrimage reminds us that as a Church, we are on a journey in this life to our heavenly home. A pilgrimage is a journey with Christ to the Father. The pilgrimage may take several forms and offers the opportunity for gaining the Jubilee Indulgence. As part of the Pilgrimage, the individual must devoutly participate in the celebration of the Eucharist; or a celebration of the Word of God; or the Liturgy of the Hours; or a penitential celebration, which ends with the individual confessions of the penitents.

What is an Indulgence? An indulgence is "the remission before God of the temporal punishment due for sins already forgiven as far as their guilt is concerned" (Canon Law, no. 992; Catechism of the Catholic Church, no. 1471). An indulgence is not to be confused with the forgiveness of sins. Sins are forgiven In the Sacrament of Reconciliation (Confession); however even after the forgiveness there remains a state of spiritual weakness, which is called "temporal punishment." An indulgence is the healing of this temporal punishment, that is the spiritual weakness or inclination which sin has caused. As Pope Francis wrote: "Still, as we know from personal experience, every sin "leaves its mark". Sin has consequences, not only outwardly in the effects of the wrong we do, but also inwardly, inasmuch as 'every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death, in the state called Purgatory'. [CCC, no. 1472]

How to Gain an Indulgence? To obtain an indulgence, a) one must be in the state of grace; b) have complete detachment from sin, even venial sin; c) celebrate the Sacrament of Reconciliation (Confession of sins); d) receive the Holy Eucharist (Communion); e) pray for the intentions of the Pope; f) and perform the required charitable work, that is the Pilgrimage, as listed above.



ALPHA AT ST. MARY'S CATHEDRAL

ALPHA is an OPPORTUNITY to unpack life's big questions in a SAFE environment!

ALPHA is for anyone who's CURIOUS about the Christian faith!

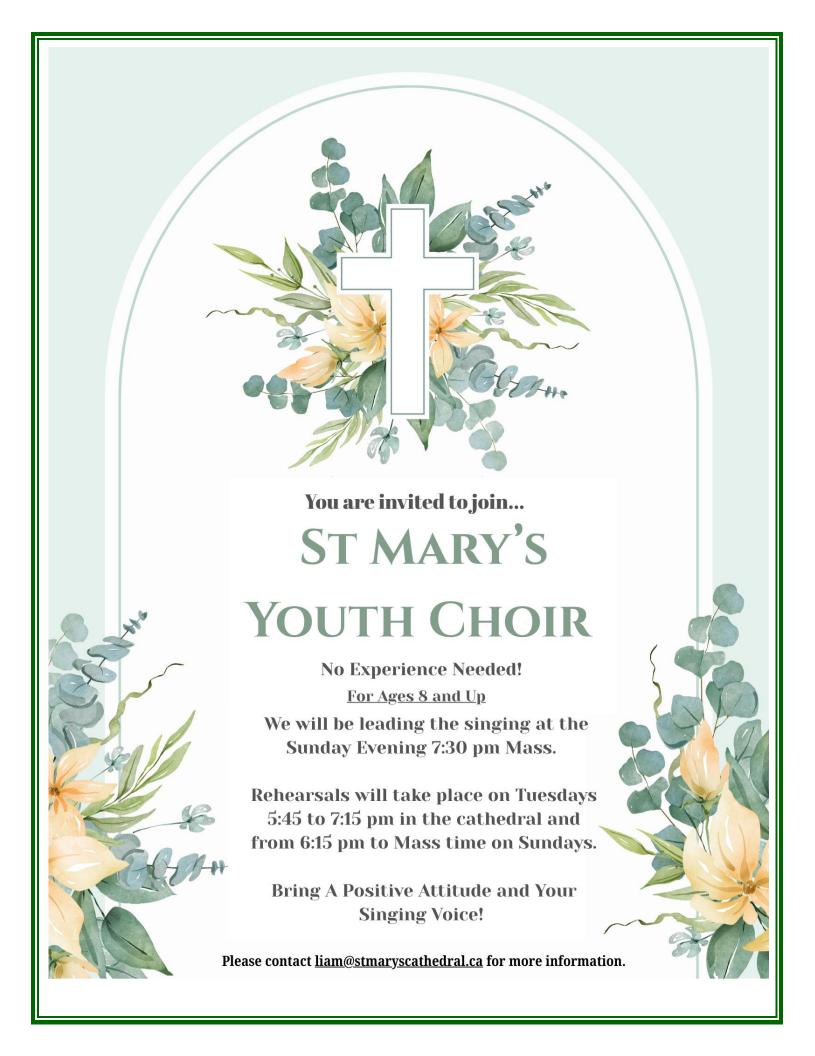
This opportunity is for Catholics who have dropped away from the practice of the Faith, people who are interested in becoming Catholics and all those who have not been part of any Christian community and want to explore it. I encourage you to reach out to those in your life who fall into any of the above categories. If you want be supportive and join them that would be great but this course is not for people already practising. Meet new people and explore the Christian faith together. Alpha is for anyone who's curious. **No judgement, no pressure.** Each session starts with a meal followed by a DVD presentation and discussion groups to unpack the big questions of life, faith, and purpose, and is designed to spark conversation.

TRY ALPHA! YOU'RE INVITED TO REACH OUT TO THOSE YOU KNOW WHO MIGHT BE OPEN TO THIS.

WHEN: Tuesday evenings: 6-9 pm September 9 – October 28, 2025 WHERE: St. Mary's Parish Centre 260 Brock Street,

RCIA (Rite of Christian Initiation of Adults)

Classes will be commencing again this year. If you are not a Catholic and are thinking of becoming a Catholic or if would like to explore the Catholic Church's teachings as a non-Catholic or perhaps you are a baptized Catholic but never finished the Sacraments of Initiation (Confirmation and Holy Communion) RCIA classes will commence once again on Tuesday evenings beginning September 9th. As in the past Deacon Blaine will be the primary instructor of these classes. Please be in touch with Father Shawn at rector@stmaryscathedral.ca to arrange an initial meeting.



Notice Regarding the Church of the Good Thief (St. Dismas), Portsmouth Village, Kingston

The Archdiocese of Kingston, through its Diocesan Building & Property Committee, has been mandated to divest of the Church of the Good Thief property. In doing so, preference will be given to a local buyer who will respect the heritage of the property and repurpose it in harmony with the Portsmouth community and, more broadly, with Kingston's historical character.

If you or someone you know may be interested in assuming ownership of this historic church, please contact:
Kenneth Hall
Chancellor of Temporal Affairs
Archdiocese of Kingston
613-548-4461
chancellortemporal@archkingston.ca



Declutter Donation Day

Kingston Fundraiser for the homeless

Sanctuary Support Team at St. Paul the Apostle Church is proud to partner with St Mary's Drop-In Centre of St Mary's Cathedral and the Veronica's Veil Overnight Shelter for men to raise fund in support of the less fortunate and the homeless. The Drop-In Centre serves over 300 meals every week. The Shelter accommodates 12 men overnight during the winter months. Your clothing and houseware donations are sold to the FUNDrive For Charities program, with the proceeds going to help our vital programs.



To donate on behalf of yourself, your family or in memory of a loved one, scan the QR code to visit and follow us on Facebook. Any questions, please contact Cathy at Cathy.Robichaud@gmail.com

KEEP YOUR ITEMS OUT OF LANDFILLS WHILE HELPING US RAISE FUNDS

WE EARN FUNDS FOR THESE ITEMS: CLOTHING SHOES BEDDING / TOWELS ACCESSORIES KNICK-KNACKS CDS, DVDS LESS GAS, MORE GREEN PRECOLLECT WITH YOUR FRIENDS AND MAKE ONE TRIP TO DROP OFF ALL YOUR ITEMS!

Sorry, no furniture, mattresses or large items

WHEN: Saturday, October 18,2025

10:00am - 2:00pm

WHERE: Mercedes-Benz Kingston

1432 Bath Rd, Kingston, ON

RAFFLE

Grand Prize valued at \$400

Every large green garbage bag or Med/LG box donated will receive a raffle ticket.

The more bags/boxes, the more tickets

and more chances to win!



"Create in me a clean heart, O'God"

SATURDAY, OCTOBER 4TH, 2025

ST. MICHAEL CATHOLIC HIGH SCHOOL KEMPTVILLE, ONTARIO 9:00AM - 3:30PM REGISTRATION FEE:\$50

KEYNOTE SPEAKER: ANGÈLE REGNIER



Angèle Regnier is co-founder, with her husband André, of Catholic Christian Outreach (CCO). A natural teacher, Angèle pioneered CCO's programs for evangelization and discipleship, as well as the faith study series used by CCO for over 37 years. In 2015, André and Angèle received the Pro Ecclesial et Pontifice medal, the highest award that can be given to the laity by the pope, from Pope Francis. In 2018, she spearheaded and was the media spokesperson for a national pilgrimage of the relic forearm of St. Francis Xavier. Together with their eight children, they spoke at Pope Paul VI Hall in Vatican City sharing on the universal baptismal call to mission in 2019.

REGISTER: www.womensfallretreat.com